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*Please note: For classes involving
physical activity, you will be asked
to sign a liability waiver. You should
always consult your medical doctor before
undertaking any new form of exercise.
COMPUTER SECURITY & PRIVACY 101: Tips and Techniques for Regular People

How secure is your computer right now? Chances are you probably don't know. Computers and the Internet have revolutionized the modern world, but if you’re like most people, you have no clue how these things work or what the real threats are. It’s not your fault. Where would you have learned about this? Who would have taught you? While there are tons of resources on “cyber security” for people who already understand computers and networking, there are almost none for regular, everyday folks. That’s where this course comes in. The instructor will explain the basics of computers, networking, security, and privacy—in plain English, using simple analogies—and then will explain to you what you can do at home to make your computer and mobile devices more secure, protecting against criminals and hackers as well as corporations and governments. Covers Mac and PC.

Recommended text:

CAREY PARKER has a master’s degree in electrical engineering from Purdue University and has been writing telecom software for more than twenty-two years for large and small companies. Carey is passionate about computer security and online privacy and is the author of the book Firewalls Don’t Stop Dragons.

6 Saturdays, April 23–May 28 (please note dates), 9:00–10:30am. The Bishop’s House. Maximum: 30.
 Fee: $60. Course ID: 2008

RE-ENGINEER YOURSELF: Alignment of Body, Mind, and Spirit

This course will help you understand how your body, mind, and spirit work together. It will give you tools to get an alignment between your body, mind, and spirit in order to achieve greater happiness and peacefulness in your life. The course will help you understand the power of thought and its impact on your body and mind both. Learn the deep connection between body, mind, and spirit, how your emotions are a big part of your happiness, and how they impact your peacefulness or keep you from having a joyful life. The tools include breathing and laughing yoga as well as meditation.

MADHU SHARMA was born in India and has lived in five countries on three continents. She attended two Big Ten universities for both graduate education and teaching. Madhu balances left and right brain skills, demonstrated through her engineering and business careers at two Fortune 500 companies and running a small international business, as well as doing social work, community leadership, and executive and personal coaching.

BHARAT VEDAK was born in India and has lived in the US for more than forty years. He is retired after forty-one years in two Fortune 500 companies, twenty-five of those years in senior executive positions. He has degrees in agricultural engineering and business administration. He is a fellow of SAE International, a professional society for mobility engineers.

1 Saturday, April 23, 9:00am–1:00pm (please note date and times). The Bishop’s House. Maximum: 15.
 Fee: $30. Course ID: 2006

PORTRAITS OF SELF & OTHERS: A Couples Workshop Exploring Photographic Portrait-Making

This is a hands-on workshop for “couples” (any pair of individuals) who wish to explore some practical techniques on photographic portraiture while practicing with each other to capture more interesting and creative imagery. In the morning, participants will share three distinct photos of themselves from significant periods of their lives. In the afternoon session, couples will make new photographs of each other, with attention to camera control such as exposure, depth of field, and motion blur. Creative technique such as compositional design, lighting, and posing will be demonstrated with the group and critiqued during the final hour of the class. Students need to bring three carefully selected favorite photographs of themselves from significant periods of their lives, on paper or in a family album on iPad or a fully charged laptop.

With an MFA in digital art and MEd in education, BARBARA TYROLER uses photography in collaborative multimedia art projects that address social and cultural issues. She currently teaches an independent master’s-level photography class and offers workshops at Duke’s Center for Documentary Studies and Cullowhee Mountain Arts Workshops.

1 Saturday, April 30, 10:30am–4:30pm (please note date and times). The Bishop’s House. Maximum: 12.
 Fee: $40. Course ID: 2007
THE HISTORY OF SUBMARINES: From Item of Curiosity to Strategic Weapon

This course begins with the scientific principles that underlie the ability to create a submersible to the development of the modern submarine. Then we will review the impact of submarines on warfare and examine the current capabilities of the forty nations that currently employ submarines as part of their national security forces. Guest speakers and current news updates will give us a picture of the day-to-day life of a submariner and the characteristics of the men and women who choose to become them. Several texts are recommended for those who wish to explore the course subject in depth, but others are welcome to merely enjoy the presentations and discussion that are central to the course.

Recommended texts:

JIM KINNEY is a graduate of the US Naval Academy and a retired Captain, US Naval Reserve with twenty-three years' service. He served on two nuclear submarines, commanded several submarine reserve units, and remains active in the submarine community.

6 Mondays, April 18–May 23, 9:00–10:30am. The Bishop’s House. Maximum: 25. Fee: $60. Course ID: 0834

DIGITAL SINGLE LENS REFLEX (DSLR): Beyond Automatic!

It is said that the best tip for getting good pictures is “have your camera with you”—and it is true that great pictures can be made with pocketable cameras, from simple point-and-shoot cameras to iPhones. But true photo enthusiasts quickly realize the limitations of those cameras and desire the versatile lens offerings, high-quality optics, and controls of a digital single-lens reflex (DSLR) camera. A DSLR opens up a whole new world of possibilities, especially when you understand how to creatively use apertures, shutter speeds, depth of field, selective focus, ISO settings, white balance, flash, zoom, and prime lenses, and so on. This course will inspire you to take your camera off “automatic” or “program” mode and experiment with the incredible flexibility DSLR cameras offer. Included will be an outdoor photo walk where we can practice what we’ve learned. A discussion of lighting and composition, combined with your new understating of your DSLR’s capabilities, will help create pictures that delight.

Prerequisite: A DSLR camera with one or more lenses.

JOHN VAETH was a professional photographer and photography instructor for Kodak for more than fifteen years. He has conducted hundreds of workshops and photo walks in national parks, on cruise ships, and at photography seminars and is passionate about helping others get inspired to do more with their cameras.


PAGES, KEYNOTE & NUMBERS: An Advanced iPad Class

Here is a chance to learn or improve your skills on the essential iWorks apps on the iPad. Pages can become your word processing friend. Keynote creates compelling presentations, whether for a program or for a family slide show. Numbers serves as a spreadsheet or a sorting database. These three apps will open your eyes to the power of your iPad.

Requirements: Pages, Keynote, and Numbers installed on your iPad; iOS 8 or iOS 9 as your operating system; iPad skills with the Settings app, the keyboard, photos, and either Notes, a daily Journal, or general word-processing program.

MELANIE CRAIN finishes her second full year teaching the iPad at OLLI with this advanced class. Prior to this, she taught computer classes or was a class assistant in the OLLI Computer Lab.


SPORTS & SOCIETY

How are sports and society related? Sports play a major role in today’s world. In the United States, sports touch many aspects of our lives and have assumed a unique status. We will cover the history of sports, eligibility, gender, race, violence, and economics, touching on all levels from Little League to professional. Against this background, we can
explore the question, “Do sports reflect society or do they often lead society?” Class participants will have the opportunity to relate personal experiences.

ELLIOTT VINES has been a teacher, coach, and administrator in New York City; a director of athletics in two high schools; a district director for Health, Physical Education, and Recreation in New York; president of the Nassau County Directors of Athletics; and, in 1982, the director of the New York State Special Olympics.


A NEW LENS: A New Way of Looking at Important Topics

Malcom Gladwell and others have advanced our knowledge by looking at familiar topics in new ways. Getting a new perspective broadens our understanding of important topics such as international relations, climate change, wealth inequality, uncivil discourse—and the neuroscience of close-up magic. Our topics will be the following:

- Are Nations Obsolete? Multinational corporations, ethnic and religious groups, terrorists, and breakaway regions all undermine the traditional idea that the world is controlled by nations. We will examine how these forces effect politics, trade, and conflicts and what some policy options are for the international community. (Dick Chady)

- Five Views of Wealth and Inequality. Many of the “99%” are indignant about income and wealth inequality. This session will review the data on wealth inequality, explore various ways of looking at it, briefly outline effects and remedies, and raise some provocative questions for discussion. (Alan Vaux)

- The US Budget: What Does Simple Arithmetic Tell Us about the Challenges and Choices We Face? A national budget is the blueprint for the kind of society a country wishes to have. Political principles frame the contours of that society but, ultimately, dollar-and-cent realities separate ideological wheat from chaff. What are those realities in the US today? (Russell Leiman)

- The Science Behind Close-Up Magic. Magicians use many types of deception. This session covers some of the brain’s abilities and limitations that lead to the success of several close-up magic tricks and includes the revelation of at least one secret. You will be sworn to secrecy. (David Sokal)

- The Prophets and Profits behind the Hate Industry in the United States. In recent years, a multimillion dollar industry involving books, radio, cable TV, and the Internet has grown by exploiting fears and hatreds. This session explains who the principals are, how the industry grew and thrived, and what the implications are for politics and civic life in the United States. (Dick Chady)

DICK CHADY is an experienced journalist, communications director, and advocate for progressive causes. He has developed materials or presented training on how nonprofits may improve their public relations efforts, health topics, the living wage, and Medicaid expansion.

ALAN VAUX is a retired college professor and administrator. While not an economist, he has read and thought extensively about wealth and inequality.

RUSSELL LEIMAN grew up in South Africa. For almost thirty years, living in London, Hong Kong, Tokyo, and New York, he worked in international finance focused primarily on emerging markets in Asia. He was executive director of the Asia-Pacific region for the Nature Conservancy for thirteen years (to 2012).

DAVID C. SOKAL is a semiretired medical researcher who has been interested in magic tricks since his father taught him a sleight-of-hand card trick. He has done magic for family and friends for many years and teaches the OLLI course “Magic for Grandparents” with Lee Werley.


AN INTRODUCTION TO SPECIAL RELATIVITY: Relativity for Smarties

More than a hundred years ago (1905) Einstein published his landmark paper on special relativity that drastically changed the way we look at space and time. But today it still remains a mystery to most people owing to the fact that relativistic effects become noticeable only when objects approach the speed of light, an infrequent event in our everyday lives. Just as one can argue that a well-educated person should know what entropy is and how it relates to the second law of thermodynamics, one can also argue that one should know about time dilation and the Lorentz contraction. Reality is what one observes, and special relativity tells us that there is more than one reality. These lectures provide an introduction to special relativity,
including the basic math (algebra and a touch of calculus), and some of its major consequences to make us all better educated folk.

**D. B. CHESNUT** taught physical and theoretical chemistry at Duke University for thirty-five years.

6 Mondays, April 18–May 23, 9:00–10:30am.

**Judea Reform Education Building.** Maximum: 20.

Fee: $60. **Course ID: 1455**

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**STRENGTH & POWER FOR 50+: Resistance Training for Muscular Strength and Endurance**

Resistance training is a key component of staying fit as we age, but many of us need the support of a group under the guidance of an expert to get it done. Fight sarcopenia (age-related muscle loss) by challenging your muscles and bones with a variety of equipment such as dumbbells and tubes with handles as well as with body-weight exercises. Stretching will be an integral part of the workout. The ability to get down to and up from the floor mats is required.

**Please note:** Students will need at least one resistance tube with handles, costing around $10–$15.

**JULIA ROSE** is a certified personal trainer with the American Council on Exercise and a TRX suspension trainer and is Silver Sneakers certified. She leads fitness classes on land and in the water and has been helping adults get more fit at OLLI since 2006.

6 Mondays, April 18–May 23, 9:00–10:30am.

**Judea Reform Education Building.** Maximum: 15.

Fee: $60. **Course ID: 1607**

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**ANNA KARENINA: The Greatest Novel Ever Written?**

A 2007 poll of 125 contemporary authors in Time ranked *Anna Karenina* at the top of the list. Why is *Anna Karenina* one of the most loved and revered novels in all of world literature? Much more than just a tragic love story, it provides a broad view of Russian society (from the landed aristocracy to peasants), politics, philosophy, and customs during a period of great change and progress in many areas. It presents one of the best intimate portrayals of marriages and various kinds of loves. Among the topics we will consider: Tolstoy was often described as a misogynist, but some recent critics consider him to be a proto-feminist for his treatment of “the woman question,” so important in the latter half of the nineteenth century. We will also see and compare excerpts from some of the many filmed-versions of the novel. Please read Part 1 before the first class.

**Required text:**


**LOUISE MASURAT** has a BA from the University of Pennsylvania, an MA from Middlebury’s Graduate School of French in France, and she completed doctoral studies (ABD) at Harvard in Romance languages with a specialty in medieval literatures. She especially enjoys teaching fiction with film tie-ins.

6 Mondays, April 18–May 23, 10:30am–12:00pm (please note times). **Galloway Ridge at Fearrington, 3000 Galloway Ridge Road, Pittsboro. Maximum: 44. Fee: $60. Course ID: 2013**

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**BUILDING DUKE CHAPEL**

Duke Chapel is the central building of West Campus. This course will review the history of the entire campus building plan, with an emphasis on those who built the chapel and their artistry and skills. Details of the chapel, including stone, woodwork and stained glass, and the organs will be presented. The last class will meet in the chapel itself, all restored and beautiful.

**LOIS OLIVER** is a retired pediatrician and former associate dean at Duke Medical School. She is head docent at Duke Chapel and has been giving tours there for fifteen years. Her other volunteer activity is at Sarah P. Duke Gardens.

6 Mondays, April 18–May 23, 11:00am–12:30pm. **The Bishop’s House** (final session meets at Duke Chapel, Duke West Campus). Maximum: 30. Fee: $60. **Course ID: 1588**

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**THE ART OF THE STORY: Contemporary International Short Stories**

This course on Daniel Halpern’s *The Art of the Story* anthology of short stories is a continuation from Fall term, and we will read and discuss additional stories not covered in the Fall course. Represented in the anthology are writers from thirty-five countries, including Haiti, Nigeria, Canada, and Australia. For the most part, these writers are not tethered to the classical literary modes characterized by traditional Western writers; instead, they explore
fictional worlds as they envision imaginatively and literally in hopes of bridging the gap between vastly different cultures and literary conventions.

**Required text:**

ANN EVANGELISTO taught English in Pennsylvania and North Carolina. She has taught two dozen OLLI courses.

6 Mondays, April 18–May 23, 11:00am–12:30pm.
**The Bishop’s House.** Maximum: 15. Fee: $60.
**Course ID: 1795**

**DISCOVERING YOUR HAPPY PLACE THROUGH MEDITATION:**
*Explore Different Forms of Meditation and Find What Works for You*

Meditation is an amazing way to achieve inner balance and harmony, to find center and focus, and to derive a plethora of scientifically proven physical, mental and emotional health benefits. When most people think “meditate,” they see a Buddha-like figure sitting cross-legged, fingers pinched, eyes closed, possibly chanting “om.” While this method is relaxing and effective for some, it does not hit the mark for all. In this course, we will explore multiple ways to find your center, using tools such as movement, music, visual aids, creative art making, sensory exercises, and guided and unguided meditation. By the end of this course, you will discover what forms of meditation really work for you so you can move forward into creating Your Happy Place, your way, every day!

**Required:**
- Comfortable walking shoes and appropriate clothing for outdoor activities (one week’s notice will be given for outdoor field trips)
- 1 box of crayons or colored pencils or markers (approx. $2–$8)
- 1 puzzle box (approx. $2–$8)
- 1 Shadow Box + materials (approx. $25–$30)
- An open mind, a willing heart, and a great sense of humor

STACEY BROWN is a trained opera singer, certified empowerment coach, blogger, shadowbox artist, author, and recording artist of guided meditations, including Creating Your Happy Place and the series *Wings*. She is currently working on the next *Wings* meditation and her first novel, to be released in the spring of 2016.

6 Mondays, April 18–May 23, 11:00am–12:30pm.
**Judea Reform Education Building.** Maximum: 20.
**Fee: $60. Course ID: 1965**

**A HISTORY OF THE KNIGHTS TEMPLAR, KNIGHTS HOSPITALLER & THE TEUTONIC KNIGHTS: God’s Holy (?) Warriors in the Middle Ages**

The Crusades, during the twelfth to fourteenth centuries, have remained a controversial subject for the three major religions involved with the Jerusalem/Holy Land area. The popes at that time blessed the formation and activities of three holy orders, the Templars, Hospitallers, and Teutonic Knights. This course will concentrate on their histories and actions as well as on some of the current myths and legends, particularly those surrounding the Templars. Slides and videos will supplement the lectures. There are many good reference books you may use to gain further information—the instructor will provide a bibliography and other handouts during the classes.

BAZ CUNNINGHAM has been teaching at OLLI for three years. His “formal training” degrees are in chemistry, and he has an interest in early history (from the year 1 to the Renaissance). He has written four books, two plays, and a musical and loves to read, travel, and play the piano. This is his sixth class for OLLI.

6 Mondays, April 18–May 23, 11:00am–12:30pm.
**Judea Reform Education Building.** Maximum: 30.
**Fee: $60. Course ID: 1134**

**MEDICARE MADE CLEAR**

Every day, ten thousand baby-boomers turn age sixty-five, and questions begin to surface for them regarding Medicare. Suddenly, these boomers find themselves in an avalanche of very confusing information. At this point, they ask themselves, “What exactly is Medicare?” In the last several years, asking this question has become more relevant because of how the aging population and the Affordable Care Act are affecting the Medicare system. To unravel the confusion, this course will focus on Medicare’s history; its parts A, B, C, and D; laws and regulations; and the effects of our aging population. We will also address the changes
affecting Medicare as a result of Affordable Care Act. Each class will consist of a lecture, a small break, and questions and answers.

DARYL COSTON is a licensed independent insurance agent in North Carolina representing Mutual of Omaha and other insurance companies. He sells various insurance products specializing in Medicare. He is a certified health coach, has operated a vitamin business, and was a sales representative for several nutritional companies.

6 Mondays, April 18–May 23, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 20. Fee: $60. Course ID: 1497

KEEPING YOUR MUSCLES & BONES FIT: Body Mechanics, Flexibility, Strength, Balance, and Coordination—How to Extend the Quality of Your Life

As we age, it is important to maintain strength, flexibility, balance, and coordination to prevent injury and increase quality of life. Disease processes, such as arthritis, require extra attention to prevent injury and maintain function. This course will focus on strength, flexibility, balance, coordination, and prevention of injury. As we age, we need to modify what we have done in the past but continue to do what we have liked in the past. Modifications of exercises are an integral part of the class.

SHEILA TAYROSE is an occupational therapist and is interested in exercise and fitness as a hobby.

6 Mondays, April 18–May 23, 11:00am–12:00pm. Judea Reform Education Building. Maximum: 15. Fee: $60. Course ID: 1206

WHAT BELONGS IN AN ART MUSEUM? Exploring the Nature of Art and Museums from the Personal Experience of a Curator

What belongs in an art museum may seem obvious—art, of course, or maybe “great art.” But what are “art” and “great”? And how great should art be to belong in a museum? Over his forty years working in museums, the instructor formed personal answers to these questions. This course will present those and test them against your own ideas about the subject. Beginning with a look at the history of art museums, the instructor will present his definition of art as a basis for deciding what goes in them, and then discuss how it works in practice. Talk about questions of quality and authenticity, the role of reproductions, the nature of collecting (private and public) and the art market, and, finally, the challenges museums face today in preserving their collections and themselves. The course includes illustrated talks, with some recommended (but not required) readings, and a possible field trip to the Ackland Art Museum.

With a PhD in the history of art, TIMOTHY RIGGS has worked as a curator at the Worcester Art Museum in Massachusetts and the Ackland Art Museum at UNC–Chapel Hill. His research interests have included painting and sculpture; drawings, prints, and photographs; and ceramics, from about 1400 to the present.


THE GLOBAL CRISIS & LESSONS OF HISTORY

This course is designed to examine whether the lessons of history and current human efforts offer effective approaches to address the current global crisis. Do we have what it takes to achieve sustainability—to deal with climate change, overpopulation, migration, extraction of ocean and land resources, poverty, floods, storms, droughts, famine? The instructor will provide copies of source materials, such as court documents and international accords, to inform classroom discussions. Topics for the class sessions will include the definition of sustainability; understanding the legal system (documents from seminal cases: Scenic Hudson Preservation Conference, People v. US Steel); US and international documents; the history of law, science,
politics—UN World Climate Conference, 2015, Paris; and lessons of success and failure—the will to survive. The final session will include student presentations, class discussion, and hand-outs (chronology in US and global environmentalism, bibliography). No specific educational background is required—only an interest in the subject matter.

ALAN R. SHARETT is an environmental pioneer and educator; former professorial director, New York University Public Liability Institute; Fellow, Eco-Ethic International Union; past general counsel for Friends of the Everglades (organizational recipient of Presidential Medal); former assistant attorney general of New York and chair of its Constitutional Law Committee; and ABA author and editor.

6 Mondays, April 18–May 23, 1:30–3:00pm. The Bishop’s House. Maximum: 15. Fee: $60. Course ID: 1973

WRITING SHORT, SHORT STORIES (That May Become a Chapter in Your New Novel)

The title of this course tells it all: students will write short, short stories, which may become chapters in their next novels—or not. The number-one stress will be creating the “Grabber”—the opening lines, scenes, or description that will “grab ahold” of the reader's attention and imagination and make him or her want to know—can't wait to know—what happens next. Each week students will read their work aloud to the class. Those listening will have copies in hand for making notes during (and after) the reading. After critiques have been written out, students will turn them over to the author to take home and enjoy. He or she can rewrite—or not—his or her choice. Each short story will be limited to about four pages, double-spaced to allow for the handwritten notes, which is equal to a short short two-page, single-spaced story. An amazing amount can be said in a two-page story vignette.

LUCIA PEEL POWE has several degrees and teacher certification from a variety of schools in Georgia and North Carolina. She has taught creative writing, performed TV interviews, written radio commercials, performed and taught on Romper Room on CBS TV, and established the first Kidznotes in the South.

6 Mondays, April 18–May 23, 1:30–3:00pm. The Bishop’s House. Maximum: 10. Fee: $60. Course ID: 2017

BEGINNING PHOTOGRAPHY SEMINAR

Have you just started down the road to becoming a digital photographer, or does your journey need a jump start? In either case, this seminar may be what you're looking for to help you down the path to better photographs. It will provide participants a forum to share their photographs with others and obtain feedback, tips, and new ideas. Each session will present a different photographic technical or artistic topic and an opportunity for group discussion. Spring provides many wonderful photographic opportunities, from landscapes to outdoor portraits. We will take advantage of these opportunities by visiting at least two locations to take photographs together as a group. Come share the path with two photographers and other digital camera enthusiasts—and see where it leads you.

JOHN SEHON has been an amateur photographer for fifty years and a teacher at OLLI for fifteen. He adopted digital technology early on (he bought his first digital camera in 1994) and has just purchased his tenth digital camera.

DENNIS SZERSZEN has been an avid photographer since his high school days more than forty years ago. Dennis is working to craft images that capture a sense of the aesthetics and wonder of the world around us.

6 Mondays, April 18–May 23, 1:30–4:30pm (please note times). Smith Warehouse Computer Lab, Bay C. Maximum: 10. Fee: $60. Course ID: 2010

PAPER MARBLING

Don’t be intimidated by the intricate details of marbleized design or the fact that the technique dates back to twelfth-century Asia. You too can learn this relaxing and beautiful practice. Make elegant papers for correspondence, bookbinding, and wrapping. Create a beautiful marbleized cover for your new special journal for writing notes. Leave class knowing a variety of techniques to continue at home.

Please note: There will be a $10 fee for supplies. Please bring the exact amount to the first class. Refunds at the discretion of the instructor.

CATHERINE CROSS TSINTZOS has more than thirty years’ experience as a professional museum, school, and arts organization educator. She is a lifelong learner, artist, educator, designer, and “arts for all” advocate. She is a presenter at art and early childhood conferences and has spent her life working to engage people of all ages and abilities with the creative process.
3 Mondays, April 25–May 9, 1:30–4:30pm (please note dates and times). **Judea Reform Education Building.** Maximum: 12. Fee: $30. **Course ID: 1963**

**CURSO DE CULTURA Y CONVERSACIÓN:**
**Poner a Punto Tu Español**
Una “mesa de tertulia” más que un curso, donde juntos vamos a descubrir las perlas poco conocidas de los escritores hispanos, tanto de España como de América Latina y charlar sobre temas contemporáneos. Pensado para los estudiantes con un dominio medio a medio-alto (ver Prerequisites) del idioma, lo suficiente para la lectura de los diarios y de la literatura moderna con poca ayuda. La sesión de cada semana se centra sobre un tema presentado en una noticia, un artículo de prensa, o bien en un corto extracto de novela suministrado por el lector (facilitador). Se incluirán notas de vocabulario si la complejidad de la selección lo justifica. A partir de la segunda sesión, los asistentes podrán participar en la selección de temas. (Para averiguar el nivel de tus conocimientos, ver los ejemplos de texto en la página web del curso, olliduke-culturahispana.weebly.com.)

**Prerequisites:** Participants should have attained B Level (upper intermediate) and acquired some knowledge and understanding of subjunctive and conditional. This means being able to
- understand the main points of texts and speech on familiar matters regularly encountered in work, school, leisure, and so on
- deal with situations likely to arise while travelling in an area where Spanish is spoken
- produce simple connected text on topics that are familiar or of personal interest
- describe experiences, events, dreams, hopes, and ambitions
- comment on issues, give reasons and explanations for opinions and plans.

MURAT TASAR studied, lived, worked, ran workshops, and managed businesses in Spain and South America, starting in the sixties. After leaving corporate management, he passed qualifying exams in the US for prospective teachers and taught advanced placement Spanish to high school seniors.

6 Mondays, April 18–May 23, 3:15–4:45pm. **Judea Reform Education Building.** Maximum: 12. Fee: $60. **Course ID: 1979**

**GOTHIC CALLIGRAPHY:**
**The Art of Gothic Writing**
Create written works in amazing Gothic calligraphic script while learning the basic strokes and embellishments of Gothic lettering. A folder for your work is suggested.

**Required materials:**
- a broad felt tip calligraphic pen (2.5 mm suggested, available at AC Moore and Michaels)
- a ruler
- pencil
- unlined white copier paper

ANNE BAUGH has taught calligraphy at Durham Arts Council and OLLI for several years.

6 Mondays, April 18–May 23, 3:15–4:45pm. **Judea Reform Education Building.** Maximum: 12. Fee: $60. **Course ID: 1975**

**THE ART OF COOKING**
David Sovero, who is a chef for a local restaurant, believes you can create a good, healthy, and inexpensive meal using ingredients you already have in your pantry. Each week, he will provide meat (chicken, beef or seafood); students will each provide one fruit and one vegetable. (If you are vegetarian, please let the instructor know by e-mail at daviraymi@yahoo.com.) David will show how to create a meal with the combinations provided. This is a hands-on course, with everyone participating in the preparation of the meal. During each class, David will explain different methods of preparing the meat and additional variations on the meal being prepared.

DAVID SOVERO was born in Lima, Peru, and graduated from the Peruvian National Arts College. In addition to being an artist who explores his Incan ancestral roots, he also trained and was a chef at the Fearrington House Restaurant.

**Please note:** There are two sections of this course open for enrollment, one on Monday and one on Thursday (see page 35). When registering online, enter the four-digit **Course ID (1336)** into the course search. You will then need to choose between the two sections. If registering by paper, write the preferred section on the line.

**Section 1:** 6 Mondays, April 18–May 23, 5:30–8:00pm (please note times). **Orange County Senior Center,** 103 Meadowlands Drive, Hillsborough. Maximum: 10. Fee: $60. **Course ID: 1336-008**
IMPROVING INVESTOR OUTCOMES: Avoiding The Major Pitfalls Investors Make

There are various transitions within retirement that we all face at one point, and there are many things that you can do to increase your odds of success. Each session of this course will include a different transition stage and provide an analysis of your options as an investor. We will explore the major pitfalls of investor behavior, decisions that affect your taxes, distribution strategies that increase your odds of your money lasting longer, understanding hidden fees, preparing for high medical costs and the biggest mistakes investors make when it comes to leaving a legacy.

JULIE KELLY has been teaching at OLLI for more than five years and has been in the financial industry for more than ten. Prior to being a financial advisor, she worked for two large-asset management firms in New York: Lord Abbett and AllianceBernstein. In 2012, she became a certified retirement planning counselor.

6 Tuesdays, April 19–May 24, 9:00–10:30am. 
The Bishop’s House. Maximum: 18. Fee: $60. Course ID: 1724

HOW TO DOCUMENT YOUR STORY: Learn to Use Video and Audio to Capture Your Personal History

This course will help you get started recording your own personal stories and memories or those of a friend or loved one. If you have so much you want documented to pass on to others, but you don’t know where to begin, we can help. Classes will cover topics such as how to structure your stories, what to do with family photos and videos, what questions to ask and answer, what type of equipment is needed, how to best use cameras and microphones to capture interviews, and the preferred formats for your final products. Practice recording your own stories as homework and receive basic help and feedback from the instructors. Suggested equipment includes an iPhone or iPad, but any device with a camera and microphone can be used.

ANGELA ALFORD started her own video production company in 2007. Her love of telling personal narratives led her into documentary work. She holds a Certificate in Documentary Arts from Duke University. Her first film, Granny’s Got Game, played in film festivals across the country and received several distribution deals. MARTHA MOORE relishes harnessing the power of media to uplift, inspire, and cultivate progressive change. After a two-decade career as a director/writer/producer in Nashville, Tennessee, family ties brought Martha back to North Carolina to pursue professional development in documentary storytelling. She holds a Certificate in Documentary Arts from Duke University. Together, Angela and Martha run Document Your Story Productions, LLC.

6 Tuesdays, April 19–May 24, 9:00–10:30am. 

CAMPAIGN 2016: A Reporter’s Perspective

This course is a discussion of the 2016 presidential campaign, covering events as they happen, with history and background from a retired reporter who covered national politics for more than forty years. There will be no textbooks, but participants will need to inform themselves on campaign events—primaries and the like—as they happen. We will keep it as current as possible.

WALTER MEARS covered national politics for the Associated Press from 1960 until 2000. He won the Pulitzer Prize for National Reporting. He was bureau chief in DC and executive editor overseeing AP’s worldwide staff.

6 Tuesdays, April 19–May 24, 9:00–10:30am. 

MUSIC & EMOTION: How Do Composers Manipulate Your Moods?

Hearing music is a whole-brain, whole-body, holistic experience. Music awakens emotions and feelings in mind and body. Yet music is fundamentally a nonverbal form of expression that does not require semantic interpretation. How, then, does music reflect emotions? What causes the listener to react in certain ways? How do composers manipulate feelings, thoughts and energies, particularly when there are no lyrics to influence reactions and responses? What is causing certain sensations and feelings? What is your brain doing? Discover what and how various music components (there are at least six) alter awareness and physical and emotional responsiveness. This course includes lecture, listening, and music-making participation, using
CD and live performance samples and periodic audience participation in nonverbal self-expression. Come learn, listen, feel, and enjoy.

DORITA BERGER, PhD, is a former concert pianist and currently is an educator, author, board certified music therapist, and international lecturer on the topics of music in human adaptation and music in science and medicine. She has published numerous articles on music physiology, music-based therapeutic treatments.

6 Tuesdays, April 19–May 24, 9:00–10:30am.
Judea Reform Education Building. Maximum: 15.
Fee: $60. Course ID: 1737

BORN DYING: Interfaith Perspectives of Death, Grief, and the Afterlife

Humans, though tremendously diverse, share one common experience: we all die. What’s different, though, is what we believe about what happens after death and how that belief shapes our lives. This course will inform participants about different theological perspectives on death and dying from the world’s major religious and spiritual traditions. In addition, participants will be given the opportunity to explore the “Death Café” model becoming increasingly more common in America, where ordinary people come together for philosophical explorations on what happens next. Come, learn, and explore with us!

DANA TRENT is the award-winning author of Saffron Cross: The Unlikely Story of How a Christian Minister Married a Hindu Monk. Her work has appeared on Time.com, The Christian Century, Patheos, NPR, and in The Huffington Post. She is a Duke Divinity School graduate and served as a palliative care resident chaplain at UNC Health Care.

6 Tuesdays, April 19–May 24, 9:00–10:30am.
Fee: $60. Course ID: 1985

THE WARS OF THE MIDDLE EASTERN SUCCESSION: From Old Order to New, 1917 to ?

Join us for a review of the recent evolution of the politics of the Middle East, as revealed by an analysis of its major wars. We will give special attention to the effects of the jihadist movement on a transition from a region under intrusive foreign influence to a new order of regional autonomy.

Recommended text: To be determined

CURTIS JONES has an MA in foreign affairs from George Washington University and was a part of the program at the US Naval War College. After serving in the US Army from 1946 to 1975, he became a foreign service officer with the Department of State. He writes and speaks on US foreign policy.

6 Tuesdays, April 19–May 24, 9:00–10:30am.
Fee: $60. Course ID: 1957

TREE CAMP:
Duke Forest and New Hope Creek

Join naturalist and herbalist Riverdave Owen as we study the trees located at six locations in Duke Forest just west of Durham along New Hope Creek. This is an opportunity for you to be mentored in the nearly one hundred species of native trees and shrubs found in the Piedmont region of North Carolina. A course outline, tree checklist, and locations of meeting points will be posted at www.theborderlife.com. Participants should be able to comfortably walk one and a half miles in a two-hour class.

Recommended text:

RIVERDAVE OWEN is a Durham native who has taught natural history locally and internationally for twenty-six years.

6 Tuesdays, April 19–May 24, 9:00–11:00am (please note times).

BEGINNING OIL PAINTING

This course is a general introduction to art history including styles/schools of classical, realism, impressionism and expressionism, modern and contemporary. Students will discuss how to prepare a canvas. Class will begin with still-life sketching followed by learning to paint still lifes, landscapes, portraits, abstracts, and modern art.

Required materials:
- canvas (any size)
- paint palette (any size or solid material)
- oil brushes numbers 1, 2, 4, 6, 8, and 10 and a 1"-wide brush
- cleanup rags
- odorless turpentine or turpentine oil
refined linseed oil (small size/save receipt in case it is incorrect)
two containers—small for linseed oil and larger for cleaning
Winsor-Newton paints in the following colors: white titanium, ultramarine blue, cerulean blue, yellow ochre, cadmium yellow medium, lemon yellow, cadmium red, cadmium orange, permanent rose, cobalt violet (purple), dioxazine purple, brown umber
pictures that may be used for painting. (Some students may choose to create from their minds or imaginations.)

David Sovero was born in Lima, Peru and recognized as having a talent for art at an early age. He graduated from the Peruvian National Arts College, having been awarded a complete scholarship. In addition to painting, David has a strong interest in cooking, training at Fearrington House Restaurant.

6 Tuesdays, April 19–May 24, 10:00am–1:00pm (please note times). Seymour Senior Center, 2551 Homestead Rd, Chapel Hill. Maximum: 10. Fee: $60. Course ID: 1600

Sacred Ecologies: Native American Views of Land

Although spiritual beliefs among Native American cultures vary in their particulars, all tribes regard the earth as a sacred living entity. Moreover, spiritual ties to tribal homelands are particularly strong, serving as foundations of indigenous philosophies and ceremonial practices. Various tribes’ traditional views of land as sacred ecologies will be explored in-depth. We will then critically examine how colonizers’ views of land conflicted with those of this continent’s indigenous peoples and the history of how the US legal system has used “property law” to dispossess tribes from their homelands. Contemporary land and environmental issues on reservations will also be touched on. Finally, we will explore the current messages and prophecies from tribal elders regarding global warming and other impending ecological crises. What can mainstream American society learn from indigenous philosophies of sacred ecologies that might help spare this planet for future generations?

Lisa Aldred has a PhD in anthropology as well as a JD. She was a professor of Native American studies at Montana State University, publishing numerous academic journal articles. She has taught courses in social theory and cultural diversity that used film to explore cultural diversities.

The Fierce Urgency of Now: Liberation and the Prophetic Imagination

“We are confronted with the fierce urgency of now. In this unfolding conundrum of life and history, there ‘is’ such a thing as being too late... This is a time for vigorous and positive action.” —Martin Luther King, Jr.

Sometimes it feels like the world is falling apart. We witness many forms of violence, oppression, and injustice. We may become overwhelmed, immobilized, or discouraged and wonder if the soul of humankind is broken. While we yearn for a just society where everybody lives vibrant and safe lives, we may not know how to become part of the solution. Join this conversation series with others actively engaging in heart-centered conversations, mindful contemplation, prophetic visions, and dreams of what an equitable, just world looks and feels like. We will read essays, watch videos, play music, draw, talk, move, write, collage, sit quietly, and most of all listen deeply to our own hearts and minds.

Malaika Pettigrew is a life coach, energy healer, and dance movement instructor. Her passion for dance began as a child and will always be an essential part of her life. She has studied, taught (to all ages), and performed diverse dance styles of West Africa, Cuba, Latin America, and Brazil.

6 Tuesdays, April 19–May 24, 11:00am–12:30pm. The Bishop’s House. Maximum: 15. Fee: $60. Course ID: 1836

The Power of Picture Books: Creating Stories that Speak to Children

What are important qualities of successful children’s books? What inspires a read-it-again experience? What keeps children turning pages? Enter the world of children’s books with Susie Wilde, columnist for the Raleigh News and Observer. Wilde, a children’s book devotee, has more than thirty years of writing and reviewing experience. In this course, participants will focus on story structure in fictional picture books. They will examine characters, motivations, conflicts, and resolutions in current children’s books and apply what works to the books they are creating. Each class blends hands-on exploration of children’s books with writing exer-
SUSIE WILDE, children's book columnist for the Raleigh News and Observer, has a broad perspective after thirty years of reviewing and writing. Her classes unite reading, writing, discussion, thought, and wonder. Nothing excites her more than sparking writers and readers of every age and stage.

6 Tuesdays, April 19–May 24, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 12. Fee: $60. Course ID: 2024

MAGIC TRICKS FOR GRANDPARENTS: Tricks that will Impress Grandkids Ages Six and Up

Two experienced amateur magicians will take turns teaching some tricks that are not technically difficult, and will teach you how to make some of the tricks yourself. Based on their experience doing magic for family and friends of all ages, they will give you an idea of what to expect with kids of different ages: young children often just express amazement, but as your grandkids get older, they will work hard to figure out how you've done it. The magic demonstrated and explained will include vanishing handkerchiefs, tricks for untying ropes, mind-reading tricks, the classic cups-and-balls tricks, how to eat a burning candle, and card tricks. You might also enjoy doing these tricks at adult parties or dinners with friends.

Please note: There will be a $30 materials fee for magic tricks. Please bring the exact amount to the first class. Refunds at the discretion of the instructor.

DAVID SOKAL has been doing magic ever since his father taught him a sleight-of-hand card trick. He did shows for his children's birthday parties and has since performed at numerous gatherings of family and friends for the enjoyment of young and old. Before retiring, David led international clinical studies of family planning methods and HIV prevention. LEE WERLEY became a Carolina Clown in 1989. He has attended clown school and numerous magic conventions. He has performed at schools, churches, retirement centers, hospitals, scouts, 4-H, children's parties, etc. Before retiring, Lee served as director of pharmacy, working with infectious diseases (STD, Tuberculosis, HIV), MCH, and Durham County jail inmates.

6 Tuesdays, April 19–May 24, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 15. Fee: $60. Course ID: 1750

MINDFUL WELLNESS THROUGH MUSIC, RHYTHM & MOVEMENT: Healing Mind and Body

Explore the self and release body tensions and psycho-emotional anxieties with a mindfulness brought about through music and rhythmic movement activities. Coordinate mind-body; strengthen muscles; balance body movement to decrease risk of falling; increase visual focus and attention to surroundings; enhance creativity, self-awareness, and socialization, and much more. Mindfulness activities will include breath control, relaxation, drum circle, and music making. No music experience required. Come, relax, communicate, enjoy, and just "Be.”

DORITA S. BERGER, PhD, is a board certified music therapist, former concert pianist, and educator, and she has authored several published books and journal articles. Her music-based clinical work includes treatment of autism, dementias, stroke, cancer rehabilitation and pain management, psycho-emotional rehabilitation, motor and language deficits, and more.

6 Tuesdays, April 19–May 24, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 10. Fee: $60. Course ID: 1993

CHINESE BRUSH PAINTING: Landscape

Landscape is one of the three major categories of brush painting. Students will learn how to paint various landscapes, including mountains, rivers, trees, and figures. Each person will complete a beautiful painting in every class, while practicing basic brush painting techniques. This course is for both experienced and beginning students.

Required materials:
- a pad of newsprint and a roll of rice paper
- a small bottle of black ink
- a set of water colors
- a small dish to hold the ink and a plastic container to hold water
- a medium-sized and small-sized brushes

(The instructor has good brushes and rice paper from China that students may purchase, if they choose.)

JINXIU ZHAO (Alice) is a professional brush painting artist who specializes in the teaching of Chinese brush painting and calligraphy to both children and adults. She has taught calligraphy and brush painting in North Carolina for twenty years at all levels of the public schools, teacher training programs, and in private classes.
The Big Bang: Cosmology and the Early Universe

Although called a “theory,” the Big Bang theory is now supported by a wealth of observational evidence. We will work our way through the theory, its predictions, and the observational evidence to date. In the process, we will talk about Hubble’s law, the age and fate of the universe, dark matter, and dark energy. We will also talk about the first few minutes, seconds, and very small fractions of a second after the Big Bang and how the physical conditions of the universe changed as it expanded and cooled.

Dr. Dan Reichart is a professor of physics and astronomy at UNC. His dissertation research on distant, cosmic explosions called gamma-ray bursts was ranked by Science Magazine as one of the top ten discoveries in science in 1999, and in 2003 it earned him the Robert J. Trumpler Award for top astrophysics dissertation research in North America. In 2005, he and his students discovered the most distant explosion in the universe yet known, a gamma-ray burst that occurred 12.9 billion years ago, when the universe was only 6 percent its current age.

Soveti to Dance About: American Cross-Over Dance Artists

A new wave of modern dance took hold in the early decades of the twentieth century, while dance pioneers laid the foundations for training, creating, performing and building audiences across America. In the 1950s, a new breed of creative dancers began to emerge, focusing on merging the movement techniques of ballet with those of modern dance, jazz dance, and ballroom, while exploring alternative venues, including Broadway, film, television, and concert dance. This course explores the creative work of the cross-over American choreographers who transformed dance in theaters, concert halls, and film and television media during their highly productive careers. These breakthrough artists include Jerome Robbins, Agnes DeMille, Carmen De Lavallade and Geoffrey Holder, Pilobolus, and more.

Registration opens at 9:00am on Tuesday, April 5. www.learnmore.duke.edu
THE NEAR-DEATH EXPERIENCE: A Spiritual Catalyst

In literature concerning near-death experiences (NDEs), there are numerous reports of persons who have had such experiences and who have, as a result, become spiritually transformed. They themselves claim to be aware of this change, and those who knew them before their NDE attest that this has occurred. Indeed, to those who knew them previously, they sometimes seem not even to be the same person. Their interests, values, relationships, views of reality and the meaning of life—all have been altered (in some cases, radically) and always in the direction of their having become far more oriented in a direction universally regarded as “spiritual.” Whatever may be the reason for this change, whether the NDE is, as some insist, some sort of hallucination or, as others maintain, an encounter with a transcendent reality, this change does sometimes occur. In this course we will examine a number of these transformative NDEs and will discuss possible explanations for the spiritual changes for which these experiences are, in some way or other, the catalyst.

JEROLD CLACK taught philosophy for thirty years, primarily in the Triangle area. At OLLI, he has offered a number of courses dealing with the spiritual nature of human beings.

6 Tuesdays, April 19–May 24, 1:30–3:00pm.
Course ID: 1982

POETRY & DESTINY: “All the World’s a Stage”

This course will look at our “one wild and precious life” as possibly one in a series of related lives. For each life, we are “costumed” appropriately in a physical body, differently endowed with intellect, artistry, and practical gifts, equipped for our part in the “play.” We will hear poems and write poems. There will be writing prompts and no requirements for rhyme or recognized form. We will take images from the life we have been living, discover the gestures inherent in this destiny, and in broad sweeps paint word pictures of our journey. This course is open to all—those who write and those who have never written a poem before.

Recommended text:

NOW WHAT! A Roadmap into Retirement

Most of us look forward to our retirement from full-time work, eagerly anticipating more free time and opportunities to play. But the reality of retirement can be very different. Roles differ, relationships with family and friends can change, and unexpected challenges may present themselves, leading us to wonder who we really are and what we can reasonably expect in the retirement years. This course will provide guidance on the psychological and emotional adjustments we make in retirement. The purpose of the class is to provide guidelines—a roadmap—to help us navigate this next stage in life. There will be a combination of lecture, online videos, written exercises, and class discussion as an opportunity to gain personal insight and learn from each other.

Recommended text:

CORINNE SCHILLIN is retired. In Massachusetts, she was involved with and on the board of a program called Discovering What’s Next: Revitalizing Retirement, which provided workshops, lectures, discussions, and a resource library. She attended the National Conference on Positive Aging. She is a certified teacher but worked for years as a technical writer/manager for computer software companies.

6 Tuesdays, April 19–May 24, 1:30–3:00pm.

BOOK MARKETING: Promoting Your Book Online and Offline

Learn ways to identify and reach an audience for your writing. This course guides you through the stages of a writing career, from the first draft to getting a proof copy of your book. Traditional publishing? Self-publishing? E-books? Learn what’s
right for you. Find out how to start your writer platform or expand your existing one to reach more readers. We will have in-depth author marketing sessions, review how to optimize your website, and more. Whether you are a poet, novelist, or memoirist, you will refine your skills and understand new ways to market your words. Beginner social media experience preferred but not required.

TARA LYNNE GROTH is a full-time freelance writer and former marketing manager. She writes search engine–optimized content and magazine articles and coordinates events for her group, Triangle Writers. She received honorable mention in the 2015 Carolina Woman Writing Contest and was a semifinalist for the 2015 James Applewhite Poetry Prize.

6 Tuesdays, April 19–May 24, 1:30–3:00pm. **Judea Reform Education Building**. Maximum: 15. Fee: $60. **Course ID: 1553**

**THE GENIUS OF CHRISTOPHER WREN**

From humble beginnings and sickly as a youth, Sir Christopher Wren went on to become a founding member of the elite Royal Society, Surveyor of the King’s Works for Charles II, and later the foremost architect of London’s urban landscape following the great fire of 1666. This course will examine six of his major projects in depth from an architectural and engineering perspective: Hampton Court Palace, St. Paul’s Cathedral, fifty-two city churches, the Sheldonian Theatre, and the Observatory, as well as the Naval buildings at Greenwich and Cambridge’s Trinity College Library. Can his genius be questioned? Are these designs appropriately attributed to Wren or could they be the work of someone else? Through a journey examining the architectural drawings themselves, you’ll be able to answer those questions and better explore the sites when you visit them in England.

**Please note:** There will be a $15 materials fee for handouts. Please bring the exact amount to the first class. Refunds at the discretion of the instructor.

With a classical education in studio art and interior design and a master’s in architectural history, ALVA HORTON owns and operates Gingham Creative, a marketing firm dedicated to promoting the building, design, and historic preservation sectors in both the US and the UK.

6 Tuesdays, April 19–May 24, 1:30–3:00pm. **Judea Reform Education Building**. Maximum: 25. Fee: $60. **Course ID: 1986**

**IMPROV THEATER: Discover your Creativity**

Improv is a popular, informal theater art form that uses a playful mindset and the accepting environment of “Yes and . . . ” to unleash group creativity and discovery. This course is designed for you to “play” while learning how to create imaginary scenic worlds. Your improv journey in this class takes place through warm-ups and exercises that promote living in the present moment through self-discovery, laughter, mindfulness, and collaboration. Your life experiences (as you choose to share them) will be a valuable contribution as we go on to build memorable scenes with your classmates in the here and now. Learn how to create characters, relationships that join laughter and truth, unforgettable environments, and group mind. Many people find that taking improv classes helps them build social confidence, improve memory, and renew energy. Then again, just having fun may be the best takeaway.

**Recommended text:**


CAROLYN COLE performs improv as a “Lunatic” at Moonlight Stage Company, Raleigh. She also teaches improv at the Durham Arts Council. Trained at Second City and UCB/NYC, she believes that improv wisdom can make a positive difference in your everyday life. Her motto: “Try improv. You will become ageless.”

6 Tuesdays, April 19–May 24, 1:30–3:00pm. **Judea Reform Education Building**. Maximum: 15. Fee: $60. **Course ID: 1984**

**SYMPOSIA: Scientific Excursions and Diversions**

Bee colonies continue to decline, but bees are important to our state’s agriculture. What’s going on? Wolves in North Carolina were hunted to extinction, but coyotes are settling in. Now what?

You’ll learn some answers about these questions, and about exercise, posture, and managing a hospital, and we will hear about constructional law, a science created by Professor Adrian Bejan, whose careful observations about how nature works has made him one of the most cited scientists in the world.

The following is Symposia’s spring program.
April 26
The evidence is in: the surest way to age gracefully and to maintain your independence is to stay fit and strong and to practice specific movements that improve balance and posture. If you are between 55 and 105, you will learn ten essentials that are important for you to understand and practice. Salli Benedict has been a fitness instructor in Chapel Hill and Carrboro for almost thirty years, and she will share her insights with us.

May 3
Honeybees and their role in pollination and the diseases they suffer have not been in the news lately, but the decline of bee colonies is still with us. Dr. Hongmei Li-Byarlay is a postdoc at NC State and is researching bees in the laboratories there and at Museum of Natural History in Raleigh. We’re going to be briefed on the lethal virus infection to bee pupae as well as on honeybee aggressive behaviors, honey production, and how bees remain an important link in our own state’s ecological wellbeing.

May 10
The eastern coyote is an excellent example of fast track adaption to an urban environment. Dr. Roland Kays of the NC Museum of Natural Sciences will be talking about how opportunistic cross-breeding with wolves and dogs helped equip these predators to thrive among us. We’ll learn about some of their survival and feeding habits, and, incidentally, if you're a cat lover, you're going to learn a new reason to keep your domestic cat indoors.

May 17
Nature has shown us the natural tendency of flow systems (rivers, trees and branches, lungs, and tectonic plates) to generate and evolve structures that increase flow access. If we pay careful attention, she teaches us best practices in stacking wood in a fireplace or designing a nuclear reactor. The study of such systems, called constructional law, was created by Duke’s Dr. Adrian Bejan, one of most cited scientists in the world, with six hundred peer-reviewed articles, twenty-eight books, and more than a dozen honorary doctorates. He is gifted with the ability to make his work understandable to lay audiences.

May 24
If you want to imagine conflicting executive demands try this: manage a hospital so that it can provide its region with excellent healthcare and so that it remains financially viable. Meet Katie Galbraith, president of Duke Regional Hospital, which in 2016 celebrates forty years of service to our community. Katie will share the hospital's rich tradition of caring for Durham and surrounding communities and explain how the hospital is positioning itself to meet the healthcare needs of our community for generations to come.

HARRIET SANDER and ANTHONY WARAKSA arrange and host this program but want to give credit to the OLLI members who attend and offer speaker suggestions for the upcoming terms. Harriet, after retiring as a psychologist, was a guardian ad litem, representing the interests of disadvantaged children in Durham's courts. When she left that position, she partnered with Tony in offering the Symposia program. Tony, a retired general manager and CEO, has been serving on the Duke University Medical Center's Institutional Review Boards for about as long as he's been hosting Symposia.

6 Tuesdays, April 19–May 31, 2:00–3:30pm (please note dates and times). Croasdaile Village, 2600 Croasdaile Farm Pkwy, Durham. Maximum: 150. Fee: $60. Course ID: 0373

HOW TO WRITE CHICKEN SOUP FOR THE SOUL: Writing the Personal Essay

In this course, the student learns to write a personal essay that evokes an emotion in the reader. Chicken Soup for the Soul publishes nonfiction stories that are inspirational—sometimes poignant, sometimes humorous, and sometimes thoughtful. Students mastering this style of conversational writing can submit to other venues wanting Chicken Soup–type tales. Each week, students will write a three-hundred-word piece of creative nonfiction on an
assigned theme. In class, we will discuss what works and what doesn’t in the students’ stories. Students will become writers, not just oral storytellers.

ERIKA HOFFMAN taught high school English for ten years. She has her undergraduate and graduate degrees from Duke University. Since she started writing in 2009, with the goal of publication, she has had 180 different pieces published. And for most of them she has been paid. Her stories have appeared in twelve Chicken Soup for the Soul anthologies. Her nonfiction has been published in magazines, e-magazines, newspapers, and other compilations of essays.

6 Tuesdays, April 19–May 24, 3:15–4:45pm.  
Course ID: 2022

**WRITING YOUR LIFE AS STORY: A Creative Nonfiction Workshop**

In this workshop, participants will bring short nonfiction pieces to share with the group (by reading aloud). Using strict feedback guidelines, the group will write about what they hear and share their written comments with the reader. The instructor will provide additional constructive comments for further development. Participants will not read every week but will learn from the readings and comments of others. The instructor will offer prompts and other resources. Come to the first meeting with something to read, no more than one thousand words.

CAROL HENDERSON has published two memoirs and written widely for magazines and newspapers. She leads nonfiction workshops in the US and abroad. She has private clients, helping generate material and shape individual stories into personal essays and memoirs. She is training support staff of Heartland Hospice nationwide to integrate reflective writing into the hospice environment.

6 Tuesdays, April 19–May 24, 3:15–4:45pm.  
Course ID: 1969

**USING TECHNOLOGY TO EXPLORE & EXPAND EDUCATION: Education and Technology**

Technology is everywhere and is becoming an integral part of education at every level. This course will provide an overview of technology, including the Internet, the web, security, hardware, and software. We will also explore how technology can be used to continue or advance education. Online education has become available to everyone and much of it is free. Participants will be introduced to Massive Open Online Courses (MOOCs) and other models of online learning. To participate in the class, students should have an interest in technology and education. If you have a tablet or a laptop, it would be helpful to have it in class.

Please note: There will be a $10 materials fee for handouts. Please bring the exact amount to the first class. Refunds at the discretion of the instructor.

ROCHELLE NEWTON has more than thirty years of IT experience. She has worked for both private and public entities and is currently employed by Duke University School of Law. She will complete her doctorate of education in May.

6 Tuesdays, April 19–May 24, 3:15–4:45pm.  
Fee: $60.  
Course ID: 2016

**THE PROGRESSIVE MOVEMENT**

The Progressive Movement developed during a time when the United States was becoming an increasingly urbanized and industrialized nation. At the turn of the century, the country was divided by extremes of want and wealth. On one hand, abject poverty, overcrowding, lack of adequate housing, and political corruption were rampant in America’s burgeoning urban centers. On the other hand, big business owners (Rockefellers, Vanderbilts, etc.) controlled vast stores of wealth. There was an ever-widening gap between the rich and the poor. As a result, many Americans called for a balance among business, consumers, and labor. The Progressives campaigned to strike down big business while promoting honest government, social awareness, economic regulation, and economic and social justice. We will study the origin of this movement, its development and propagation within the Presidencies of Theodore Roosevelt, Woodrow Wilson, Franklin D. Roosevelt and Lyndon B. Johnson, and maybe its march into the twenty-first century.

WENDELL MUSSER, MD, is a retired academic physician who held faculty positions at Indiana, Duke, George Washington, and Emory Universities and the University of Kentucky. He is a longtime book collector,
NARRATIVE WRITING WORKSHOP: Fiction, Memoir, and In Between
This workshop-centered course will guide participants, both experienced and not, through the process of narrative writing. You will learn about narrative craft, story structure, the demands of different genres, and more. You should be prepared to submit five new pages each week and to read and comment on the five pages submitted by your classmates. (The first five pages are due the first day of class.) Through the workshop process, you will learn to be better readers, editors, and writers.

Required text:

KATIE ROSE GUEST PRYAL is the author of Entanglement and Love and Entropy, and her new novel is forthcoming in 2016. She contributes regularly to The Huffington Post, The Chronicle of Higher Education, The Toast, Dame Magazine, and other national venues. She earned her master’s degree in creative writing from Johns Hopkins University and her PhD in English from UNC–Greensboro. She has also published more than five books on writing, the most recent with Oxford University Press.

6 Wednesdays, April 20–May 25, 9:00–10:30am.

THE SERIOUS BUSINESS OF JEWISH HUMOR:
It’s Not Just about Entertainment—It’s about Four Thousand Years of Survival
When we think “black” humor, we think of M*A*S*H. Let’s discuss how “blue and white” humor has served and saved the Chosen (for what, exactly?) People throughout the centuries; not to block out reality but to help us navigate our way through it.

JACQUELINE MARX was ordained by Hebrew Union College–Jewish Institute of Religion. She is teaching this course because music, Judaism, and humor drive her spirit forward and because humor informs every aspect of what keeps us going in tough times. When not teaching, singing, or praying, she can be found enjoying life with her two children and four cats.

6 Wednesdays, April 20–May 25, 9:00–10:30am.

AN INVESTOR’S GUIDE TO FINANCIAL MARKET HISTORY:
How to Profit From History
This course will address financial market history from a practical investor’s viewpoint. We will look at issues like sovereign defaults, bubbles and panics, the role of credit, valuations, and scams and financial frauds. The instructor’s first OLLI course looked at the history of financial markets from an academic perspective. This course will cover the same topics from an investor’s perspective. The instructor has a contract for a book on this subject; all class members will get a free copy of the book when it is published in the fall.

KEN NELSON, MBA, Duke, started on Wall Street just after the crash of 1987. He has provided economic and investment commentary on radio and TV for twenty-five years and has guest lectured at Duke’s Fuqua School of Business. In Raleigh, he works with graduate students at Duke, UNC, and NC State to research financial markets, and the resulting book will be published in the Fall of 2016.

6 Wednesdays, April 20–May 25, 9:00–10:30am.

GET DOWN & BACK UP AGAIN:
Excerpts from the Change Your Age Program
In these classes excerpted from the Change Your Age Program, you will remember and refine your ability to move from standing to lying on your back and back to standing. Effortlessly. Without falling or going “bump.” Playfully and safely. Like a child. Why? Because this movement requires and refines all the skills of a healthy human system: coordination, flexibility, strength, balance, breath, and awareness. The loss of these skills makes us afraid of falling. Once afraid, we increasingly limit ourselves as we get older. Practicing this skill a few minutes twice a week will increase your fitness level and sense of self-assuredness. P.S. You’ll find that...
getting in and out of bed, getting up and down from a chair, and bending will become simple and safe. And you'll feel and act so much younger so much longer.

Please note: Both women and men of Baby Boomer age are welcome, but (ironically), you must be able to get down to, and lie on, the floor. Please bring a thick blanket or sleeping bag on which to lie, and a big towel to fold to create support for your head if you need it. Wear comfortable clothes for movement, and dress in layers. Please call the instructor (919-967-8013) to discuss any concerns you might have about your ability to participate.

KAREN DOLD, Feldenkrais method practitioner and movement educator, has changed her age and delights in watching her students do the same. “The older I get, the younger I feel.” She has been teaching classes throughout the Triangle area since 2000 and offers private sessions in her Chapel Hill and Cary offices.


ART & SOCIETY IN SEVENTEENTH-CENTURY EUROPE: The Age of the Marvelous

Seventeenth-century Europeans shared a passion for the extraordinary, the astounding, and the miraculous in nature and in art. Indeed, a vogue for the marvelous is a distinguishing feature of this period, which valued above all else the power of art to excite wonder and awe. We will consider several catalysts for this intense fascination with the marvelous, including: the religious conflicts that fueled a fever for depictions of miracles and martyrdoms; advances in science and technology (the invention of the telescope and microscope, for example) that introduced Europeans to the wonders of nature, large and small; the expansion of trade and travel that brought exotic plants and animals back from the New World to the Old; and the revival of classical literature, Ovid’s Metamorphoses in particular, that engendered a taste for astonishing transformations and other supernatural phenomena. Bernini, Caravaggio, Rembrandt, and Vermeer, among other masters, will be our guides as we explore the age of the marvelous and the events that gave rise to it.

CAROLYN H. WOOD has a PhD in art history, with a specialty in Renaissance and Baroque art. She has taught art history and museum studies at Bowdoin College, the University of Georgia, and UNC–Chapel Hill. She worked at the Ackland Art Museum for many years, serving as educator for university audiences and as assistant director for art and education.

6 Wednesdays, April 20–May 25, 11:00am–12:30pm. The Bishop’s House. Maximum: 30. Fee: $60. Course ID: 1130

SCREENWRITING: Cinematic Storytelling for All Writers

Maybe you’re interested in writing a script for a short video, feature film, or webisode. Maybe you want to enrich your prose with visual storytelling techniques. With lectures, film clips, discussions, in-class writing, and feedback, this course will cover topics such as characterization, dialogue, conflict, exposition, and show-don’t-tell. Students will be encouraged to share their work in a safe and positive environment. All writing levels are welcome.

SUSAN EMSHWILLER is a filmmaker, playwright, screenwriter, director, novelist, actress, script-doctor, painter, and chicken wrangler. She is cowriter of the Academy Award winning film Pollock. She has written and directed several plays, including Dominoes, published by Dramatists Play Service, and Defrosting Popsicles, through Playscripts.

6 Wednesdays, April 20–May 25, 11:00am–12:30pm. The Bishop’s House. Maximum: 15. Fee: $60. Course ID: 2019

WHY DON’T WE TALK ABOUT SEX? An Exploration of Human Sexuality and How It Intersects with Aging

Sex and football can be contrasted: with football everyone talks about it but no one plays; with sex, everyone does it but no one talks about it. Why is this? Let’s openly talk about human sexuality in all of its diversity. Sexuality persists throughout the lifespan, but seniors are commonly thought to be asexual. Using videos, lectures, and class discussion, we will explore the basics of sex education you never got as a youth and how sexuality changes as we age. Aging sexuality is not an oxymoron. There will be some suggested reading on the class website (OLLIsexualdiversity.weebly.com) and in a suggested text. Internet familiarity is good to have, but not required. The only prerequisites are a curiosity about sex and a sense of humor.

Wednesday courses continue on page 24
Challenged by Registration Day? Want to know how to deal with situations that have come up for many of our members before? Read on! We have lots to share that should make your experience easier and less stressful. Here are the answers to some frequently asked questions:

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Where do I go to register online?</strong></td>
<td>Go to the URL learnmore.duke.edu.</td>
</tr>
<tr>
<td><strong>I'm new to OLLI. How do I join?</strong></td>
<td>Go to the URL learnmore.duke.edu. Click on the “Osher Lifelong Learning” tab and then the down triangle labeled “show” under “Membership &amp; Registration” on the left side. Then click the link for “OLLI 2015–2016 Membership” and follow the directions. Alternatively, you can call the registration office at 919-684-6259 and ask the staff member to help you purchase a membership. We strongly encourage you to do this before Registration Day.</td>
</tr>
<tr>
<td><strong>I can’t find my User Name or Password. Can I get a new one?</strong></td>
<td>Yes. If you have registered before, you are in the system. Click on the Student Login link on the top right of the page on the main image from the learnmore.duke.edu home page. On the next page, click on the “Forgot User Name” link above the boxes and enter the email you used when you joined OLLI at Duke. The system will send a User Name to your email. Look in your e-mail to find the User Name and write it down or, better yet, use the copy-and-paste function on your computer. Now go back to the website, which should have returned you to the Student Login page, and click the “Forgot Password” link above the second box. Here you will enter your User Name by typing it in or pasting from your clipboard. The system will send a new Password to the same e-mail account. Copy that and enter it into the password field on the Student Login page, and enter or copy-and-paste your User Name and click “Continue” to log in.</td>
</tr>
<tr>
<td><strong>I know my User Name and Password but it doesn’t seem to be working.</strong></td>
<td>Check to make sure that you are using a capital “X” in your User Name. The system will not accept a small “x.” Also check to see that if you copied and pasted the User Name, you did not include any blank characters at the end of your User Name. See if it works with the recopied User Name and Password.</td>
</tr>
<tr>
<td><strong>I tried that and it still doesn’t work.</strong></td>
<td>Stop! Do not try it a third time or you will be locked out of the system and have to call either the Registration Office at 919-684-6259 or Garry Crites at 919-684-2703 to have them reset the system. Better to get a new User Name and Password using the procedure described above and proceed from there.</td>
</tr>
<tr>
<td><strong>How can I tell if I have a paid membership?</strong></td>
<td>Log in using the procedure above. Then click on “My Profile” on the left menu. Next, either scroll down or click on “Membership Information” to see what OLLI Membership you have and when it expires. If you do not see “Membership Information,” then you do not have an active OLLI Membership. If you do not have an active OLLI Membership, click the “Special Requests” link on the bottom of the left menu to add a current OLLI Membership to your cart and purchase one.</td>
</tr>
</tbody>
</table>
# OLLI at Duke Registration Tips

**I recently changed email addresses and can’t access my old email to get a new User Name and Password.**

Call the Registration Office at 919-684-6259 and ask for help.

**What’s the fastest way to add courses to my Shopping Cart?**

With our new website, there are two ways!

1. **By course number or name.** At the top right, there is a search box under the shopping cart symbol. Type in either a portion of the title or a 4 digit course number from the catalog, and hit “enter.” The first entry that comes up in the search should be your course. Click on it, add it to the cart, and then either close the popup box and type another course into the search box, or click checkout.

2. **By day of the week.** Click “Osher Lifelong Learning Institute,” then click the down triangle labelled “show” under “Courses” (on the left side). Scroll down until you see your course—they are listed by day of the week—and click on it. Now you can add it to your cart.

**I tried to register for a course I wanted and it was listed as full. What do I do now?**

Almost 40 percent of our courses fill on the first day. If there is a Wait List offered, add your name, but don’t depend on it for getting in. Select another course that interests you instead.

**Can I find out where I am on a Wait List?**

It is not simple for the office to do this. If an opening occurs, people on the Wait List are called in the order they were added.

**Why do I have to give my User Name and Password again when I go to checkout?**

Reentering your User Name and Password again is required because a different system is used for credit card payments than is used for the Shopping Cart. This is for your security.

**I entered my credit card number at checkout but the system seems to have locked up. What happened?**

If you entered a Visa card number and checked Master Card by mistake, the system will go into a long hold while it tries to reconcile that the number and card don’t match. It will eventually return control. The same is true for any mismatch between card number and card type.

**I’m not comfortable with online registration. Can I get help?**

Yes. Volunteers will be at JRC at 9:00am on registration day to assist members with online registration. You can also call the Registration Office at 919-684-6259 to register by phone starting at 9:00am. If you want to submit a paper registration, bring it to the Bishop’s House no earlier than 8:00am the day before registration day with a check for the amount of your classes. Staff at the Bishop’s House cannot accept credit card payments on paper forms.

**Will I have the same priority to get classes if I register using a paper form?**

Everyone is equal, but it is a first-come, first-served system. Paper forms cannot be processed as quickly as online registrations. Your best bet to register quickly is to either come to JRC or find a friend who is computer savvy who can help you.

**Anything else I should check as I do my online registration?**

Click on the “My Enrollment History” link on the left side of your profile page before you log out to insure that all the courses you registered for are listed.
Recommended text:

KENNETH R. HASLAM, MD, is a retired anesthesiologist turned senior sex educator. He has been teaching human sexuality and alternative sexualities for fifteen years and is nationally known as a leader in the consensual nonmonogamy community. He founded the Polyamory Archives at the Kinsey Institute, Indiana University, Bloomington, IN. He believes a light-hearted sense of humor is vital in teaching this forbidden topic.

6 Wednesdays, April 20–May 25, 11:00am–12:30pm.
**Judea Reform Education Building.** Maximum: 20.
Fee: $60. **Course ID: 1959**

**THE WORLD TODAY**

This course is for those who are interested in current events. Each week, we will discuss news from the United States, the world, and the Triangle. We will begin each class with a list of proposed topics; class members may also offer topics for discussion. Active participation is encouraged (but not mandatory), since it expands our mutual understanding of the many events that might affect us. Discussions are enriched by the variety of backgrounds, expertise, and viewpoints of class members. Topics are discussed knowledgeably, respectfully, and sometimes with passion, but we always end with humor, looking forward to the next class.

**Please note:** We offer two sections of this course. The discussion leaders will rotate between the two sections. Each has participated in “The World Today” discussions many times, each brings a distinctive style and background to the class, and, most important, each will solicit a wide spectrum of views from class members.

TOM HAUCK grew up overseas and then worked for Texaco managing petroleum marketing companies in West Africa and Central and South America, ending his career in Nigeria.

HENRY BINDER served as the city attorney for the City of Durham for many years prior to his retirement. He is past president of the North Carolina Association of Municipal Attorneys and a former deputy attorney general of the State of New Jersey. He has a JD degree from Duke University School of Law and has lived in Durham for more than thirty years.

RICHARD ELLMAN is a retired New York CPA who has a keen interest in current events. He moved to Durham in 2006 and immediately became involved in OLLI.

DOUG LONGMAN has taught several courses at OLLI on international political economy, public policy, and economics. He has a doctorate in business administration and has taught previously at the University of Chicago, UNC–Chapel Hill, and the University of Texas.

RIC SHEPHERD has been a CPA for thirty-one years, originally in the Boston area. Since 1988 he has lived and practiced in the Triangle area. His specialty is...
financial consulting to business, and he teaches at Wake Tech Community College.

Please note: There are two sections of this course open for enrollment. When registering online, enter the four digit Course ID (0393) into the course search. You will then need to choose between the two sections. If registering by paper, write the preferred section on the line.

Section 1: 6 Wednesdays, April 20–May 25, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 30. Fee: $60. Course ID: 0393-039

Section 2: 6 Thursdays, April 21–May 26, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 30. Fee: $60. Course ID: 0393-040

INTERVAL TRAINING WORKOUTS: High-intensity, Low-Impact Workouts

Numerous studies demonstrate that high-intensity interval training of a shorter duration may be more efficient in burning fat and improving fitness than exercise of a lower intensity and longer duration. In this course, we will use primarily our body weight, a mat, and a variety of other equipment like resistance tubes to perform a different, invigorating workout each week with a specific work-to-recovery ratio. This term, the exercises are all low-impact, but the ability to get down to and up from the mat is essential. It is recommended to check with your doctor before beginning a new exercise program.

Please note: Students will at least one light to medium resistance tube with handles, costing around $10–$15.

JULIA ROSE is a certified personal trainer with the American Council on Exercise since 2006. She teaches fitness classes in a variety of settings and has been helping active adults get fit at OLLI for ten years.

6 Wednesdays, April 20–May 25, 11:00am–12:00pm (please note times). Judea Reform Education Building. Maximum: 15. Fee: $60. Course ID: 1828

THE MARRIAGE OF PAINT & COLLAGE: Enhancing Painting with the Addition of Collage Papers and Other Materials.

In the span of four weeks in this course, we will work on two to three small paintings (your own or provided by the instructor) that can be enlivened with collage materials (most of which will be provided). More experienced painters may produce more or larger pieces, but all students will leave with one finished and frameable work. The goals of the classes are to help the students with basic collage technique as well as with aspects of painting and critical art thinking skills that make for better artwork. Basic supplies will be provided by the instructor, but most students may want to purchase other painting materials or collage papers.

Please note: There will be a materials fee of $40 to cover the cost of supplies. Please bring the exact amount to the first class. Refunds at the discretion of the instructor. Students may pay less if they already own some of the supplies, and they may supplement as they decide which art supplies they wish to add to what the instructor has bought for them.

A recent transplant to the Triangle Area, BERNICE KOFF has been painting for twenty-five years. A love of experimentation led her to switch from transparent watercolor to acrylic and collage work, which has brought her to various galleries, collectors, museums, and juried shows throughout the US.

4 Wednesdays, April 20–May 11 (please note dates), 11:00am–12:30pm. Judea Reform Education Building. Maximum: 10. Fee: $40. Course ID: 1964

SLICES OF THE APPLE: Chapters of New York History

The role of New York City in American life has been extravagant. Its dominance extends from commerce to the arts, from advertising to sports, from finance to cuisine. Its influence on the national psyche is both recognized and resented. This short semester, we’ll examine in detail several episodes of metropolitan history that influenced the nation. We will discuss both the impact of 9/11 and the city’s role as “Skyscraper National Park.” Times Square has long belonged to the nation on New Year’s Eve, and the NYPD logo has launched a hundred TV shows. The class may well suggest other areas for discussion. Let’s all share our New York moments.

GEORGE J. LANKEVICH is professor emeritus of history, CUNY, and the author of more than twenty books.

AMERICAN IMPRESSIONIST:
Childe Hassam

The focus of this course is inspired by a special exhibition coming to the North Carolina Museum of Art titled “American Impressionism: Childe Hassam and the Isles of Shoals (March 19–June 19, 2016).” We will take a close look at American impressionism as it relates to French impressionism and, specifically, at the work of Childe Hassam in this special exhibition.

Please note: This course will be open to eighty students (twenty per section) for both the lectures and gallery sessions; one hundred additional students may register for just the two lectures. All classes will be held at the North Carolina Museum of Art, with the large lecture classes alternating weeks with the smaller gallery session classes.

Lectures—2 Wednesdays, 11:00am–12:30pm (see schedule for dates)

Gallery Sessions (choose 1; see schedule for dates)—
- Section 1: 2 Wednesdays, 10:30–11:30am
- Section 2: 2 Wednesdays, 12:00–1:00pm
- Section 3: 2 Thursdays, 10:30–11:30am
- Section 4: 2 Thursdays, 12:00–1:00pm

Schedule:
April 20 (lecture)
- Monet and American Impression

April 27 & 28 (galleries)
- Monet and American Impressionism in the NCMA

May 4 (lecture)
- Childe Hassam: An American Impressionist

May 11 & 12 (galleries)
- American Impressionism: Childe Hassam

KRISTINE DOOR, PhD, taught art history at the University of North Dakota for over a decade before moving to Raleigh in 1995. Until her retirement, she lectured at the North Carolina Museum of Art and directed the docent program.

Please note: You can sign up for the entire course (which includes the lectures and your choice of available gallery sessions), or you can sign up just for the lectures. All sessions will be held at the North Carolina Museum of Art, 2110 Blue Ridge Rd, Raleigh. When registering online, enter the four-digit Course ID (2012) into the course search. You will then need to choose between the four sections that include both lectures and gallery sessions or the one section that includes only lectures. If registering by paper, write the preferred section on the line.

Section 1: Wednesday lectures, 11:00am–12:30pm, with Wednesday Gallery Sessions, 10:30–11:30am. Maximum: 20. Fee: $40. Course ID: 2012-001

Section 2: Wednesday lectures, 11:00am–12:30pm, with Wednesday Gallery Sessions, 12:00–1:00pm. Maximum: 20. Fee: $40. Course ID: 2012-002

Section 3: Wednesday lectures, 11:00am–12:30pm, with Thursday Gallery Sessions, 10:30–11:30am. Maximum: 20. Fee: $40. Course ID: 2012-003

Section 4: Wednesday lectures, 11:00am–12:30pm with Thursday Gallery Sessions, 12:00–1:00pm. Maximum: 20. Fee: $40. Course ID: 2012-004

Section 5 (lectures only): Wednesday lectures, 11:00am–12:30pm. Maximum: 100. Fee: $20. Course ID: 2012-005

WHY GEOGRAPHY MATTERS
This course focuses on the subject of geography, both physical and human, and why it is important to our understanding of key issues in our world. The first session will be an introduction to geography, a discussion of geographic illiteracy in America, and a survey of population geography. The second class will consider political geography (with some focus on current hot spots) and the geography of energy resource supply and demand. While it is in large measure a lecture class, questions and discussion are encouraged. The class is based in part on the book Why Geography Matters by Dr. Harm J. DeBlij, as well as numerous other sources.

GEORGE PANGBURN is chair of the Leadership Council at the University of Richmond and leads classes in nuclear energy, American foreign policy, and geography. He retired in 2009 as a senior executive with the US Nuclear Regulatory Commission after thirty years. He holds degrees from Pittsburgh and Kansas Universities and did postgraduate study in public administration at Colorado University.

6 Wednesdays, April 20–May 25, 1:30–3:00pm. The Bishop’s House. Maximum: 25. Fee: $60. Course ID: 1990

GREAT LITERATURE ADAPTED INTO FILM: The Vision of Oscar-Winning Director David Lean

Take a cinematic journey into David Lean’s world as we examine this director’s skillful adaptations of great literature into award-winning films. The course will focus on six of Lean’s film adaptations:
Lawrence of Arabia, adapted from Lawrence’s autobiography Seven Pillars of Wisdom; Doctor Zhivago, adapted from Boris Pasternak’s novel of the same name; The Bridge on the River Kwai, adapted from Peter Boulle’s book of the same name; Noel Coward’s Blithe Spirit; E. M. Forster’s A Passage to India; and Charles Dickens’s Great Expectations. Film clips, passages from the books, and discussion on the characters will be the focus of the class.

TRISH FOXWELL is a published author of nonfiction travel books with an historical focus. She is presently working on her third and fourth books. She has also worked as a full-time journalist with the New York Times and the Washington Star and taught courses at Endicott College and San Diego State University.

6 Wednesdays, April 20–May 25, 1:30–3:00pm. The Bishop’s House. Maximum: 15. Fee: $60. Course ID: 2020

PLAYWRITING:
Learning Theatrical Storytelling while Writing Your Short Play

How do you create a character through action and dialogue? How do you create a story through conflict and character? What is dramatic structure? How can we use mystery, reversal, and subtext? With lectures, discussions, in-class writing, and feedback, this course will explore these topics and more as each student works on writing their own short play. You will be encouraged to share your work in a safe and positive environment. All writing levels are welcome.

SUSAN EMSHWILLER is a filmmaker, playwright, screenwriter, director, novelist, actress, script-doctor, painter, and chicken wrangler. She is cowriter of the Academy Award winning film Pollock. She has written and directed several plays including Dominoes, published by Dramatists Play Service, and Defrosting Popsicles, through Playscripts.

6 Wednesdays, April 20–May 25, 1:30–3:00pm. The Bishop’s House. Maximum: 15. Fee: $60. Course ID: 2018

PLANTING A TERRARIUM:
Putting Green in Your Life

Create your own garden in miniature. We will discuss design, care, and construction of a succulent terrarium, and each participant will take home a beautiful open glass terrarium, perfect for display on a table or windowsill.

Please note: There will be a $15 fee for materials. Please bring the exact amount to the first class. Refunds at the discretion of the instructor.

BETH HALL is the plant collections manager at Duke Gardens and has always been fascinated by plants. She enjoys the diversity of the plant world and sharing it with others. She has formal training in floral design and loves helping people unleash their creativity.


JOYFUL DANCE:
How Brazilian Dance Movements Help Us to Heal Body, Mind, Heart, and Soul

Experience the healing power of dance. Dance allows us a freedom of expression, a way to connect with energies greater than ourselves, and a way to move beyond limiting beliefs, obstacles, and barriers to our health and wellness. As we move through the challenges of our life, we begin the healing process. We have only to watch nature—the trees, the rivers, the mountains, the soil, and the sky—to understand how our lives also operate in cycles of survival, rebirth, and transformation. With the movements of Brazilian dance, we connect as the elements of nature: earth, wind, fire, and water. We will use the mediums of movement, sound, rhythm, and dance as means of healing and finding joy. No dance experience is necessary. All levels are welcome. Wear comfortable clothing and bring only a willing body, heart and spirit eager to move with joyful abandon. Come dance with us!

MALAIKA PETTIGREW is a life coach, energy healer, and dance movement instructor. Her passion for dance began as a child and will always be an essential part of her life. She has studied, taught (to all ages), and performed diverse dance styles of West Africa, Cuba, Latin America, and Brazil.

6 Wednesdays, April 20–May 25, 1:30–3:00pm. Carolina Dance Academy, 3101 Guess Rd # E, Durham. Maximum: 14. Fee: $60. Course ID: 1817

THE EXTRAVAGANCY OF NEW TESTAMENT PARABLES

In this course, we will take a look at fifty to seventy-five New Testament sayings and stories that have earned the designation of “parable.” The mystery of these stories that can inform, deepen, and strike
our twenty-first-century living begins not with any religious notions but with the ordinary and profane. There are no gods, demons, angels, nor miracles, just people like us doing what we do—planting, paying employees, parenting, hosting, fishing, selling and buying, getting by. While the stories begin in normalcy, they explode with surprise and exuberant wonder. The course will be primarily concerned with the meanings and interpretations of these stories not in New Testament times but in our current time. We will use Dr. Richard Lischer’s (Duke Divinity School professor of preaching) new book, Reading the Parables. He has agreed to come to our class and present to us at one of the sessions.

**Recommended text:**

**Dr. THOMAS N. COLLEY** is a retired Lutheran pastor, having served thirty-seven years in parishes in New England and North Carolina. He received a MDiv from Christ Seminary and a DMin from Drew University. He taught religion and philosophy as an adjunct professor at Nathaniel Hawthorne College, Catawba Valley Community College, and Lenior-Rhyne University.

6 Wednesdays, April 20–May 25, 3:15–4:45pm.
**The Bishop’s House.** Maximum: 30. Fee: $60.
**Course ID: 1989**

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**IMMIGRATION: Myths, Realities, and the Law**

Immigration is a hot topic these days. The United States, a nation of immigrants, has gone through four major waves of immigration that shaped its culture and economy. We will briefly examine the origins of the immigration laws in the US, review some points of the current laws and policies, and raise some questions to help understand the debate. A few of the questions we will consider are, What are some of the most common misconceptions about immigrants? What are causes for deportation? Do refugees have the same status as immigrants? Real and fictitious cases will occasionally be presented for discussion.

**SUZANNA S. M. ALBANO** is an attorney who has practiced immigration law, family law, international law, and contracts in Brazil and in the US. She received her LLM from Duke University and her JD from the Catholic University of Santos, Brazil. She loves teaching not only legal topics but also English and socio-cultural subjects.

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**NEW HORIZONS CHORUS**

**Men and Women: Lift Up Your Voices and Sing!**

In the fall and winter, the New Horizons Chorus works on preparing pieces for an end-of-semester concert. During the spring, there will be a focus on vocal technique and health, learning music, and simply the joy of singing!

**MELODY ZENTNER,** recently retired from a career as chorus director at Durham Academy Middle School, is now the interim chancel choir director at Watts Street Baptist Church in Durham. **CARMEN WARD** is our piano accompanist.

6 Wednesdays, April 20–May 25, 3:30–5:00pm, in the Chorus Room at Durham Academy Middle School Campus, 3116 Academy Road, Durham. There is ample parking after 3:15pm, when parents have picked up students from school. Fee: $60;

**Course ID: 1757**

You must be a paid member of OLLI ($35 annual dues) for the 2015–2016 academic year.
HOW NUTRIENTS CHANGED CIVILIZATION: A Scientific and Cultural Exploration of Nutrients That Fuel the Brain and Their Consequences on Civilization

This is a new theory of human development. It provides the key to understanding major advancements in civilizations such as Mesopotamia, Ancient Greece, the Renaissance, the Elizabethan Era, and the Enlightenment. Historical and scientific evidence is presented that links the flourishing of civilizations to specific foods in citizens’ diets—foods that are high in nutrients essential for the brain to function well. These nutrients include the familiar omega-3s and various vitamins but also lesser-known ones like tryptophan and choline. Revealing the fundamental role of the nutrients responsible for creating the societies that fostered art, philosophy, literature, and the rest of the humanities lays the foundation for a better understanding of how this knowledge can be applied today to achieve better mental and physical performance and live a long, healthy, productive, and creative life.

Recommended text:

GUY BERETICH’s diverse training in immunology (PhD), marine biology (MS), poultry science (BS), industrial chemistry (Diploma di Stato Italiano), and Italian cooking (home-schooled in Italy), as well as ten years of professional experience in patent law, has enabled him to identify the convergence and divergence of foods high in brain nutrients over time and explain their influence on human evolution and the advancement of civilization.

6 Thursdays, April 21–May 26, 9:00–10:30am.

FREE AT LAST! FREE AT LAST? A Brief History of Slavery and Civil Rights in America

This course will explore the history of slavery, which began before the Pilgrims landed at Plymouth Rock. It will continue through emancipation, segregation, and two aspects of the Civil Rights movement in the twentieth century, the legal challenge of Thurgood Marshall, and the moral challenge of Martin Luther King Jr. Students will be assigned readings from three books—*Before the Mayflower, Simple Justice*, and *Parting the Waters* (readings provided by the instructor)—and to view the film based on *Simple Justice*. Students will be invited to a guided tour at the North Carolina Museum of History in Raleigh to explore the state’s collection on Black contributions to North Carolina history for the final session.

Please note: There will be a $5 fee for materials. Please bring the exact amount to the first class. Refunds at the discretion of the instructor.

JOHN CANZANELLA left a successful career in banking (when it was still an honorable profession) and obtained two graduate degrees from Columbia University. He then taught history, English, philosophy, and economics. He is a docent at the Museum of History in Raleigh and has published two books.

6 Thursdays, April 21–May 26, 9:00–10:30am.

ALLIED COMBINED BOMBER OFFENSIVE IN EUROPE, 1939–1945

The Allied powers conducted a “Combined Bomber Offensive” against the Axis powers in Europe from 1942 until the end of the war in 1945. This campaign was one of the most costly ever fought in terms of lives lost, treasure destroyed, and misery created. Prewar theorists had predicted that a strategic air campaign could decide the outcome of a war independent of the actions of armies and navies. This did not happen in Europe during the Second World War. Historians, strategists, military officers, and others have debated why this failed to happen. They also debate the manner in which the campaign was waged, whether it was worth the cost, and whether it was moral or, for that matter, legal. This course will look at each of these debates and assess the various interpretations.

Recommended text:

JOSEPH CADDELL has a PhD in military history from Duke University. He has taught at a number of schools for the Department of Defense and is currently teaching military and naval history at NC State.
T'Ai CHI: Mindfulness in Motion

Taijiquan (T'ai Chi Ch'üan), a traditional Chinese movement system, arose out of the belief that slow, continuous motion, combined with an internal focus on subtle changes, enhances energy, well-being, and mental, emotional, and physical balance. Scientific studies have verified many of its benefits, and medical professionals now endorse it for arthritis, Parkinsons, Fibromyalgia, balance difficulties, pulmonary and cardiovascular diseases, and a wide variety of other conditions. It is easy to practice, requires no special space or equipment, and integrates natural, easy exercise with a joyful, reflective approach to daily life.

Please note: This special six-week course is open only to those who have taken one or both of Dr. Jay's classes at OLLI, since we will be combining “Moonlight” (taught each Fall term) and “Starlight” (taught each Winter term) into the traditional long form. The next opportunity for students to begin T'ai Chi study through OLLI will be Fall 2016.

Recommended text:
- JAUN DUNBAR (PhD, UNC–Chapel Hill, in education) is director of the Magic Tortoise Taijiquan School. An “indoor” student of Grandmaster Jou Tsung Hwa, he has studied taijiquan and qigong since 1975 and has taught in the Triangle area since 1979.

6 Thursdays, April 21–May 26, 9:00–10:30am.
Judea Reform Education Building. Maximum: 30. Fee: $60. Course ID: 0420

AMERICA'S PASTIME IN THE TAR HEEL STATE: The History of Baseball in North Carolina

This course is about baseball in North Carolina since the Civil War, including minor league teams, Hall of Fame members, and current professional players. The course will begin with baseball’s North Carolina origins in the Confederate prison in Salisbury, cover the state’s numerous minor league teams and famous ballparks, describe the North Carolina members of baseball’s Hall of Fame, and also discuss current professional players from the Old North State. The state’s college baseball programs will be addressed, along with some of the early town and mill teams. Vintage baseball will also be included during the final class session. The class has only one prerequisite—students must have an interest in baseball and its rich history in our state.

DALE COATS recently retired as the deputy director for the NC Division of State Historic Sites and Properties, after thirty-seven years of state service. He is a graduate of NC State and has been involved with baseball since his days as a Little Leaguer—as a player, coach, and umpire.

6 Thursdays, April 21–May 26, 11:00am–12:30pm.

MAKING SUBURBIA HOME: A Study of Twentieth-Century Residential Development

The course will use essays, book chapters, and primary source readings to provide a context for understanding twentieth-century residential development from streetcar suburbs through post–World War II neighborhoods. Readings and in-class discussions will focus on the social and cultural factors, as well as changes in transportation and technology that influenced the design and construction of early suburbs. Through this analysis, students will learn to identify and evaluate major trends in residential development. In addition, common architectural styles will be studied as they relate to the evolution of the suburban neighborhood and reflect the same social and technological advances.

Recommended texts:
HEATHER M. SLANE is an architectural historian and consultant with hmwPreservation, a local firm that specializes in the evaluation and documentation of historic buildings and neighborhoods. She is also an adjunct professor in the interior architecture department at UNC–Greensboro, teaching graduate-level courses in the historic preservation concentration.

6 Thursdays, April 21–May 26, 11:00am–12:30pm. The Bishop’s House. Maximum: 10. Fee: $60. Course ID: 1997

EASY WORDPRESS WEBSITES: Professional-Looking Websites without Advanced Technical Skills

Even if you are a complete beginner, you can learn to build, design, and manage a high-performance Wordpress website. Wordpress powers more than 20 percent of the web because it is an easy, flexible, and powerful way to create a blog or full-blown website. Wordpress, which is accessed over the Internet (there is nothing to download), is free, and many of the “themes” and “plugins” that power Wordpress are also free. Your instructor will provide you with step-by-step class notes along with a “student development site,” equipped with everything you need to make learning Wordpress easy and visual. Text, images, video, audio, calendars, slideshows, and much more are built in to Wordpress. If you want to make a Wordpress website with your own web address, your instructor will show you how to get a privately registered domain name and web hosting for just a few dollars a month.

GREG TENHOVER has worked in high-profile positions as a marketing director, agency art director, and senior graphic designer. At Durham Technical College, he teaches Adobe Photoshop, InDesign, Dreamweaver, and Illustrator, as well as his course “Wordpress Websites That Sell.”

6 Thursdays, April 21—May 26, 11:00am–1:00pm. Smith Warehouse Computer Lab, Bay C. Maximum: 10. Fee: $60. Course ID: 2023

RISKING WORDS: A Writing Group for Women Who Write and Those Who’d Like To

“When women gather in a circle with the intent to support one another in taking personal risks, the circle is sacred space.” Within such a circle, you will find validation and freedom from expectations while exploring the boundaries of your own truth. You will learn “centered writing practice,” a body-centered process that includes writing to prompts, reading, listening to others, and responding to what has been read. Bring your notebook and the willingness to let go of previous definitions of “writing” and of yourself as a “writer.” This is a safe, supportive group for both emerging and accomplished writers.

Recommended text:


PEGGY TABOR MILLIN has offered programs in the written word for women for nearly twenty years. Through her classes, women gain confidence and learn to trust their own voice. She is author of Women, Writing, and Soul-Making and Mary’s Way and editor of the anthology Writing in Circles.

6 Thursdays, April 21–May 26, 11:00am–1:00pm. Judea Reform Education Building. Maximum: 10. Fee: $60. Course ID: 1998

HEART SMARTS: Energy Medicine Tools to Improve and Maintain Your Heart’s Health

This hands-on, interactive course will focus on the myriad ways you can enhance the health of your heart through the use of energy medicine. We will look at the major illnesses and health problems that are common with the heart, then explore how energy medicine addresses each of those health concerns. You will learn several easy techniques to immediately begin improving your heart’s health. Learning is supported by in class demonstrations and practice, handouts with clear and explicit instructions, and videos of all exercises learned in class. Each class offers ample opportunity for skills-building practice and time for questions.

MARY GRIGSBY is a certified clinical practitioner of energy medicine and a psychotherapist in private practice in Durham. She is passionate about spreading the word about the many benefits of energy medicine and our ability to improve our health and lives. Additionally, she enjoys meditation, yoga, exercise, dance, and having fun.

CURRENT ISSUES IN WORLDWIDE ECONOMIC DEVELOPMENT: Challenges and Opportunities

Today's world poses new challenges and opportunities for countries seeking to raise their levels of economic development and improve their economic growth. This course will examine the following topics: different approaches to economic and social development, effectiveness of foreign aid and assistance programs, the importance of institutional structures in developing countries, populism and its effect on development in selected countries, and how globalization has changed the development game.

STEPHAN WITTKOWSKY is a native of Guatemala who now spends about half a year in Chapel Hill. He is a retired economist, businessman, entrepreneur, consultant, and professor. He attended Cornell University. Before undertaking work in the private sector, he worked with a United Nations industrial research institute in Central America.

6 Thursdays, April 21–May 26, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 30. Fee: $60. Course ID: 1961

THE WORLD TODAY

This course is for those who are interested in current events. Each week, we will discuss news from the United States, the world, and the Triangle. See page 24 for full description, instructors, and registration instructions.

Section 1: Meets Wednesdays (see page 24).
Section 2: 6 Thursdays, April 21–May 26, 11:00am–12:30pm. Judea Reform Education Building. Maximum: 30. Fee: $60. Course ID: 0393-040

EXPLORATORY DRAWING: Experimenting with Abstraction

Let loose and learn some new skills and drawing techniques while experimenting with a variety of methods for creating drawings. We will build compositional skills and explore abstraction and formalism as a means for personal expression and dynamic imagery. We will use primarily graphite, charcoal, and paper collage, with the option of bringing in other materials. You will gain greater understanding of art fundamentals such as value, color, space, and form and their application within your artwork, while also engaging in meaningful guided discussions and problem solving with your peers about the work you create during the course. This course could be for beginners or intermediate students, but the focus is on experimental and abstract techniques, not necessarily drawing basics.

Required materials:
- graphite pencils set (range of 4H–8B, selecting at least a variety of four different types)
- compressed charcoal: one to two sticks
- graphite stick
- sanguine conte stick
- colored pencil set of twelve colors
- metal pencil sharpener
- glue stick
- erasers: kneaded and white
- scissors or X-acto knife
- paper: sketchbook 9” x 12”, at least fifty pages
- five sheets of 18” x 24” drawing paper
- Construction paper: approx. three sheets black and ten sheets assorted colors

ERIN OLIVER is an artist, educator, and nature lover living in Durham. She holds an art education degree from Temple University’s Tyler School of Art and diligently works on her painting and installation projects exploring the ephemeral nature of reality, while also teaching art at several arts organizations.


WHO CARES? The Science of Emotions, Their Role in the Global Economy, and How Finding and Refining Your Values Makes a Difference to the World

In our contemporary world, the number of issues of deep and urgent significance can be overwhelming. Sometimes one wonders, “Who cares?” This course responds to the question with a substantive story of the human species. We explore the quintessential characteristics of our species and examine the science underlying human emotion and theories of consciousness. We consider the origin and development of values and their powerful influence on our conscious perception. We discuss the interplay between emotions, values, and reason through the sweep of human history. We will also reflect upon our own values, those of our global economy, and those of human civilization. Are actions in alignment with values? How can we avoid built-in human biases? If we are the product of our genes and our environment, what avenues of free will are open to us?
MELISSA MILLS, MBA, MTS, uses science, history, and common sense to bring to focus familiar teachings in religion and philosophy. She has a thirty-year career in academic administration at Harvard and Duke Universities. She has taught “Ethics in Science” in Duke’s Freshman Focus Program and a growing number of OLLI courses that revolve around what it means to be and to grow as a human in an evolving world.


NEW HORIZONS BANDS

**Concert Band** Where can one expect to play music written by such greats as Gershwin, Sousa, Beethoven, and even The Jersey Boys? Look no farther than the New Horizons Concert Band directed by Jeff Zentner. In true band fashion, a variety of interesting and fun music is the play list for this band comprised of musicians aged 50 and up.

All skill levels are welcome, and musicians range in ability from accomplished to beginning. Even if one has never played before, our mentoring system allows for their integration into the band in a comfortable and sensitive way. Because of the variety of music, the easy pieces allow the newer players to play with ease, and the harder pieces satisfy the more advanced players. The band is comprised of more than seventy-five musicians, and all instruments normally found in a concert band are represented.

The New Horizons Band is part of the New Horizons International Music Association, which includes more than two hundred bands in the US and Canada as well as eight international bands. It is designed to encourage seniors to learn to play an instrument, to welcome back those who may not have played in a long time, and to engage those who may have played all their lives. Its philosophy is one that is accepting of each player’s level of accomplishment in a noncompetitive and enjoyable atmosphere.

**Swing Band** The New Horizons Band umbrella also includes a Swing Band, which plays many of the war-time songs by such iconic musicians as Glenn Miller and Tommy Dorsey. Its repertoire also includes newer jazz and pop pieces suitable for dancing or just listening. This band demands a higher level of musical ability, and participation must be approved by the director.

**Dixie Dukes** In the same fashion, The Dixie Dukes is an additional band playing New Orleans–style Dixieland music. This small band is comprised of one instrument per part and plays scored music that features individual soloists. Participation requires director approval.

**Requirements:**

Members of the Swing Band and the Dixie Dukes must be members of the New Horizons Concert Band. In some cases where certain instrumentation is required in the swing or Dixie but not in the concert band, the policy may be waived at the discretion of the director.

Participation in any of the bands requires you to be a paid member ($35 annual dues) of OLLI at Duke for the current year, in addition to band fees.

**Rehearsals & Cost:**

**Concert Band:** 6 Thursdays, April 21–May 26, 3:30–5:30pm. Durham Academy Middle School. Fee: $30. **Course ID: 0455**

**Swing Band and/or Dixie Dukes:** 6 Wednesdays, April 20–May 25. Swing Band meets 3:30–5:00pm; Dixie Dukes meets 5:00–6:30pm. Durham Academy Middle School. Fee: $20 for either or both (in addition to the $30 Concert Band fee). **Course ID: 0456**

Please note: Members of the Swing Band and/or the Dixie Dukes must be members of the Concert Band. A limited number of persons who play instruments not used in the Concert Band may be admitted, with permission of the director.

All rehearsals are held at Durham Academy Middle School Campus, 3116 Academy Road, Durham. (There is ample parking after 3:15pm when parents have picked up students from school.) For further information, contact Jeff Zentner, Band Director, (919) 489-9118 (x4342); jeff.zentner@da.org; or (919) 218-5015 (cell).
### DARK BACKSTAGE:
**Putting Together a Performance**

Successful live theatre experience depends on an average of ten backstage workers for every performer seen on stage. Class participants will discover, whether the show is kids in elementary school or a Broadway production, that the staging requires detailed attention to topics such as design criteria for set, costumes, and lights. Also covered will be magic, pyrotechnics, weapons, properties, sound and lighting controls, audio sources, publicity, house control, attitudes, special effects, and make-up. Presentation will be lecture based with plenty of visuals and some student hands-on. Outside research is suggested as your own curiosity demands.

**JOHN ANDREWS** has been involved in tech theater since the first grade. A graduate of Purdue University, he was the technical director of theater at NC State for thirty-three years. He was then with the Wake County public school system for eight years as technical teacher/troubleshooter/designer.

6 Thursdays, April 21–May 26, 1:30–3:00pm.
**The Bishop’s House.** Maximum: 15. Fee: $60. **Course ID: 1845**

### DISCOVERING THE GIFT OF YEARS:
**Sharing Insights for Growing Older Gracefully**

“My life has been nothing but a series of new beginnings.”

—Joan Chittister

This guided discussion will explore how we relate to the opportunities and challenges offered at this time of our lives. Each week, students are assigned the reading of two to three brief essays from Chittister’s book, *The Gift of Years*, on topics such as ageism, joy, regret, and wisdom. At the end of each essay, Chittister poses a “burden” and a “blessing,” which we will use as jumping-off points for class discussion. This will provide an opportunity to raise self-awareness and open yourself up to possibilities; it is not a support group. This class is for you, whether a recent birthday just qualified you to join OLLI, or you’re concerned about aging parents, or you’re one of the many who awoke one morning astonished to discover that you were older than you thought you could possibly become.

**Required text:**

### INTELLIGENCE PROCESS:
**Secrets, Espionage, and Our Three Branches of Government**

The collection, analysis, and policy use of foreign intelligence constitute a clandestine and classified process that operates uncomfortably, politically and legally, within a democratic government structure that otherwise stands for the rule of law and strives for transparency. This course examines the complex and evolving roles of our three branches of government, and of the press and public, in the exercise and control of that process.

**TOM NEWCOMB**, a former CIA case officer and chief of station, served at the senior-executive level in all three branches of government before retiring from the White House in 2005 as a special assistant to the president for national security affairs.

6 Thursdays, April 21–May 26, 1:30–3:00pm.
**Judea Reform Education Building.** Maximum: 25. Fee: $60. **Course ID: 2003**

### CONTEMPORARY LATIN AMERICAN CINEMA: A Selection of the Best

A bold new wave of Latin American cinema emerged in the 1990s, as embodied in the work of Mexico’s “tres amigos” (Cuaron, Gonzalez Innaritu, del Toro) and others. Aided by digital advances and favorable production and financing, its technical and artistic merit has brought international recognition. As one critic noted, “[It was] Latin American cinema’s coming-of-age, for it is now considered at par with the world’s best.” We will examine six of the very best films since 2000, their social context and production conditions, and the critical national and transnational issues they illuminate: *The Motorcycle Diaries* (2004), *City of God* (2002), *The Milk of Sorrow* (2009), *Tear This Heart Out* (2008), *No!* (2012), and *The Secret in Their Eyes* (2009).

**A specialist on Latin America, KATHLEEN MORRISON** taught at UCLA and Stanford University for more
than twenty-five years, earning the Walter Gores Prize, Stanford’s top teaching honor. After moving to Durham in 2008, she cofounded KidzNotes, a classical, orchestral music program for underserved children that is based on Venezuela’s renowned El Sistema.

6 Thursdays, April 21–May 26, 1:30–4:00pm (please note times). **Judea Reform Education Building.** Maximum: 20. Fee: $60. **Course ID: 1992**

### THE ART OF COOKING

A hands-on cooking class with David Sovero. See page 10 for full description and registration information. Section 1 meets Mondays, 5:30–8:00pm, in Hillsborough (see page 10).

Section 2: 6 Thursdays, April 21–May 26, 2:00–5:00pm (please note times). **Seymour Senior Center,** 2551 Homestead Rd., Chapel Hill. Maximum: 10. Fee: $60. **Course ID: 1336-009**

### IF YOU CAN WALK, YOU CAN DANCE: Endless Duet with Space

As sure as we can walk, we will dance to celebrate special occasions and just to have fun in this dance/exercise class. Beginning with ballet barre (great for improving posture and balance and increasing core strength and flexibility), we will relevé, plié, and twirl our bodies from head to toe. We will then go to the floor for more exercises designed to relax, rejuvenate, and revitalize our spirits (exercises can also be done in a chair). And finally we will get up and dance each week to a different beat, song, and style. From Classical ballet steps to salsa and Irish jigs, we will get a complete workout. No prior dance experience is required—honest! Just the willingness to explore the exciting ways our bodies can move us.

**Please note:** Students will need a yoga type mat for floor work; a large towel; and dance shoes, slippers, or socks (or you can dance in bare feet). No street shoes are allowed on the dance floor.

SUE WARTELL has been in love with dance and movement of all kinds since she was a four-year-old ballerina/tomboy. She has a BS in physical education, an MS in elementary education, and an MA in health education. She has taught and coached in public and private schools for more than twenty-five years.

6 Thursdays, April 21–May 26, 2:00–3:30pm (please note times). **Carolina Dance Academy,** 3101 Guess Rd #E, Durham. Maximum: 20. Fee: $60. **Course ID: 0442**

### INTRODUCTION TO ISLAM

This course seeks to provide an in-depth introduction into the central principles, beliefs, and theological pillars of Islam as a religion, faith, and way of life. It will examine the basic tenants of Islamic belief and practice as well as explore the topics of Islamophobia and multi(faith) dialogue. This course will be presentation and discussion based.

**Recommended texts:**


**ANNA TORRES-ZEB** is an educator and experienced Muslim leader. She has spoken at universities, mosques, community centers and educational institutions on various Islamic topics. She holds degrees in religion and education from UCSD and UCLA. She has a strong foundation in interfaith relations and has led many dialogues in interfaith community building. Anna currently serves as the Muslim Coordinator at Elon University.

6 Fridays, April 22–May 27, 9:00–10:30am. **The Bishop’s House.** Maximum: 25. Fee: $60. **Course ID: 1819**

### THE PLAYS OF LUIGI PIRANDELLO: Metatheater on the Modernist Stage from Why? to Tonight We Improvise

Considered one of the leading proponents of European theatrical modernism along with such figures as Ibsen, Shaw, Strindberg, and Brecht, Luigi Pirandello (1867–1936) was the leading Italian playwright of the twentieth century, a precursor of the “theater of the absurd,” and the winner of the 1934 Nobel Prize in Literature. This course offers a survey of Pirandello’s major works, starting with his first play, the one-act *Why?*, then examining the early “parable” *It Is So! (If You Think So)*, and proceeding through Pirandello’s greatest masterpieces: *Six Characters in Search of an Author, Henry IV, Each in His Own Way, and Tonight We Improvise.* While some attention will be paid to historical, cultural, and theatrical contexts, class discussions will focus on Pirandello’s greatest innovation, *metatheater,*
the practice of theater about theater best exemplified in the play-within-a-play, and how it shapes our understanding of art, tragedy, interpersonal relations, and human subjectivity itself.

**Required text:**

**CHARLES JOSEPH DEL DOTTO** completed his undergraduate work at Princeton University and earned his PhD in English at Duke University, specializing in Shakespeare, nationalism, and British theatrical modernism from Bernard Shaw to Peter Brook. He has taught seven courses on modern and contemporary drama for OLLI since 2014.

6 Fridays, April 22–May 27, 9:00–10:30am. **The Bishop’s House.** Maximum: 15. Fee: $60. **Course ID: 2005**

**MATRONS OF MERCY: The Role of Women in the Civil War**

In all of the recollections of the most devastating war on American soil, comparatively very little has been recorded about the contributions, the pain, and the sacrifices of the women who engaged themselves, on many levels, during the Civil War. This course, which will include lectures, videos, and possibly guest speakers, will focus on the roles played by women of this war, on both sides, as spies, guardians of the home front, nurses and mediators.

**BILLY YEARGIN,** who is approaching his twenty-first year as an OLLI instructor, is past president/headmaster to Oak Ridge Military Academy and a veteran lecturer for the NC Humanities. In the past, he has been the staff agriculture advisor to US senator Robert Morgan; agriculture liaison to NC governor Jim Hunt; director of Tobacco Growers Information Committee, Inc.; farm news director for WNCT Radio-TV (Park Broadcasting); and director of the North Carolina Sweet Potato Commission, Inc.

6 Fridays, April 22–May 27, 11:00am–12:30pm. **The Bishop’s House.** Maximum: 30. Fee: $60. **Course ID: 1970**

**CONCEPTS OF CALCULUS**

Maybe you took calculus in school and enjoyed it. Or maybe you were totally terrified of it. No matter. This course hopes to show you the beauty and utility of calculus—one of the supreme achievements of the human mind. We'll start by discussing the real line, the simplest locale for numerical work. Then, we will focus on the concept of the limit and learn how we can say sensible things about something infinitely small. The limit concept will then be the means for developing the key concepts of the derivative and integral—the keys to understanding the mathematical basis of most contemporary science. We'll focus on developing a pictorial view of the concepts rather than using technical manipulations. Proofs will be avoided. Anyone with a decent background in high school mathematics should be able to understand much of this class. If you’ve studied a bit of math in college, you should find this class to be a refreshing reminder of some beautiful ideas.

**STEVE BRAVY** has a PhD in mathematics and a life-long interest in physics and history. He welcomes student questions and prefers an informal teaching style, developed over his many years of experience as a teacher.

6 Fridays, April 22–May 27, 1:30–3:00pm. **The Bishop’s House.** Maximum: 30. Fee: $60. **Course ID: 1970**

**BASKETWEAVING**

Weave a round basket of reed with a braided border using natural and dyed reed (no experience necessary). The instructor will provide the weaving materials; cost will be approximately $10, due at first class. You should bring a pencil, a ruler or tape measure, craft scissors or hand pruners to cut reed, an awl or narrow flat blade screw driver, about a dozen spring type clothes pins, a spray bottle, and an old towel to keep you dry. (Extra tools will be available, should you not have some of the required items.)

There is no fee, but you must register to attend.

6 Fridays, April 22–May 27, 11:00am–1:00pm (please note times). **The Emily K Center,** corner of S. Buchanan and Chapel Hill Streets. Limit: 12. Register by April 8 with Lu Howard, instructor, at llhoward@nc.rr.com or 919-309-4925.
Activities are an integral part of the OLLI program, providing opportunities to learn and socialize outside the classroom. If you have general questions or suggestions for activities, call Kathy Parrish at 919-681-3476. If you want to find out more about any of the listed groups, please contact the coordinator for that activity.

**BOOK GROUP**
This informal group reading contemporary literature meets on the second Monday of every month at 3:15pm in The Bishop’s House.

**March**  *Behind the Scenes at the Museum: A Novel*, by Kate Atkinson

**April**  *Our Souls at Night: A Novel*, by Kent Haruf

**May**  *The House of Mirth*, by Edith Wharton

**June**  *Guests on Earth*, by Lee Smith

Coordinator: Judy Grauer at judygrauer@gmail.com or 919-416-0755.

**CRAFT GROUP**
It’s time to dig out that unfinished project from the back of the closet. Knitting, quilting, crocheting, sewing . . . whatever. All are welcome. We will meet every Monday at 3:15pm in The Bishop’s House. For more information, contact Judy Grauer at judygrauer@gmail.com or 919-416-0755. See the facing page for the free Spring Crafts Workshop.

**INTERNATIONAL FOLK DANCE**
Join us for a fun way to get exercise, both physical and mental, and improve your balance. The folk dances we practice are done in a line or circle (no partner is needed) and are low impact (not highly strenuous). Most of the dances originated in Eastern Europe. Our ongoing class meets on Tuesdays, 1:30–2:45pm, at Croasdaile Village Retirement Community. Newcomers are welcome at any time. There is no charge, but you will need to contact coordinator Judy Stafford at 919-383-7172 or judy.stafford@dm.duke.edu for more information.

**LANGUAGE TABLES**
*La table française* avec Emily Lees (emilylees@bellsouth.com) et George Entenman (olli@entenman.net) se réunit le mardi de midi à 1 heure de l’après-midi. Si vous parlez français, venez vous joindre à notre groupe pour des conversations animées. Le groupe se réunit dans “The Studio at the Forest at Duke Retirement Center.”

*Spanish Table* with Margaret Riley (mriley@duke.edu) meets 12:45–2:30pm on third Friday of each month at local Hispanic-themed restaurants.

**MAC COMPUTER USERS GROUP**
Mac users will gather for Q&A and short presentations on topics of interest. The group will meet periodically at a day, time, and place to be announced. Coordinators: Mary Jo Fickle, fickle5@aol.com, and Susan Eure, asure@bellsouth.net.

**RECORER GROUP**
Bring your instrument and join the group, called the Baillie Branslers. All voice categories are welcome, and we are now welcoming viola di gamba players. It is led by Kay Bailey (kaybailey01@yahoo.com) and meets Fridays at 1:15pm at Carol Woods Retirement Community, 750 Weaver Dairy Road, Chapel Hill.

**SCIENCE BOOK CLUB**
We read and discuss books of substance on topics ranging from biology, evolution, and the physical sciences to medicine, the environment, and biographies of famous scientists. You do not have to have a science degree to participate, and no registration is required. You must be an OLLI member to participate in this book club. The group usually meets the first Thursday of the month at 3:15pm at The Bishop’s House. Coordinator: Dan Oldman, 919-544-2686 or daniel.oldman@gmail.com.

**New to OLLI? Let’s Get Together!**

**MEET & GREET AT THE BISHOP’S HOUSE**
**Saturday, April 16, 10:30am**

New to OLLI at Duke? You are invited to join us for a morning program hosted by our Membership Committee. New OLLI at Duke members will have an opportunity to meet other members and supporters, board of advisor members, and our director, Garry Crites. We’ll have refreshments, and after the program (around 12:30pm), we will tour nearby Lilly Library and the Marketplace dining hall on Duke’s East Campus.

If you are planning to attend, please respond by email to OLLIatDuke@aol.com, with the subject “Meet & Greet.” We look forward to seeing you on April 16.
OLLI BOARD OF ADVISORS & ADMINISTRATION

OLLI at Duke is one of the programs under the auspices of Duke Continuing Studies and operating within Duke policies. Officers of the board of advisors of this membership organization are elected at the annual membership meeting, held at the end of the OLLI Winter term. Board members elected by the membership serve as advisors to OLLI staff. They operate under their own by-laws and meet as a board ten times a year. The president appoints committee chairpersons. Board members and countless other volunteers provide the experience and hard work that guide, enrich, and maintain the organization. We often need leaders and committee chairs. Please contact Garry Crites at 919-684-2703 to find out more about volunteer and leadership opportunities.

2015–2016 Officers (one-year elected term)
President: Gregg McPherson
Vice-President: Marvin Teer
Past President: Wendell Musser

Advisors at Large (three-year elected term)
To 2016: Ed Eastman, Pam Somers
To 2017: Betsy Bullen, Charlie Squillante
To 2018: Jack Murray, Margaret Riley

Committee Chairpersons (one-year appointed term)
Board Development: Gregg McPherson
Communications: Raymond Conroy
Curriculum: Ginny Knight
Instructor Relations: Mike Bahnaman
Membership: Margaret McKeon
Recording Secretary: Mike Bahnaman
Space: Marvin Teer

Staff
Director: Garry J. Crites
Assistant to the Director: Kathy Parrish
Representatives at Judea Reform Education Building:
   Susanna Chabinak-Uhlig, Jo Ann Dubberley,
   Roz Wolbarsht

REGISTRATION

You can register online or by phone (with credit card) starting 9:00am on Tuesday, April 5, or by the traditional registration form (with check) starting April 4. See back of registration form for details; see pages 22 & 23 for FAQs.

www.learnmore.duke.edu

REFUND POLICY

If you want a refund for a course you will not attend, please request it from the OLLI office (919-681-3476) by the end of the first week of class (April 8 for most courses). There is a $20 processing fee for each dropped course. Membership fees are not refundable.

SCHOLARSHIPS

We want OLLI at Duke courses to be available to all who wish to participate, so there are a limited number of need-based scholarships available. If you need financial help to attend OLLI classes, please contact Garry Crites at 919-684-2703. All requests are confidential.

ACCESS

Duke University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call the OLLI office at 919-681-3476 in advance of your participation or visit.

DUKE PRIVILEGES

1. A Duke library card, good for print borrowing privileges, when you present your OLLI at Duke nametag at Perkins, Bostock, and Lilly Libraries.
2. Permission to eat in the faculty dining area of the Market Place in the East Campus Union.

OLLI AT DUKE IS A COOPERATIVE VENTURE

Your suggestions for classes and activities are welcome and are necessary to maintain the vitality of our organization. If you are considering coordinating a class or activity, please contact Kathy Parrish at 919-681-3476 or kathy.parrish@duke.edu.

We value your ideas!


**Parking Woes**

As you have undoubtedly noticed, parking is very tight at the Bishop's House and Judea Reform on most days. There are, however, things we can all do to help.

1. Don't leave too much room between your car and the next one.
2. Pull straight into a spot and don't park at an angle. Otherwise, one car ends up taking two spaces.
3. Make sure you pull all the way into your parking space so that the driveways are not blocked.
4. Make sure that you are actually in a parking space. Parking in the fire lane in front of either building and double parking are prohibited and may result in your car being towed and/or a fine being charged to you.

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**Class Assistants**

Class members act as assistants to the instructors, helping to ensure that announcements are made, attendance is taken, and hand-outs are distributed. Class assistants are essential to the smooth functioning of OLLI at Duke and enjoy the benefit of becoming better acquainted with both faculty and fellow class members. If you would like to volunteer to be the class assistant in one or more of your classes, please contact Kathy Parrish at 919-681-3476 or kathy.parrish@duke.edu. **Thank you!**

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**Catalog Distribution**

Because classes are not in session for the summer and OLLI at Duke members often travel, we mail the Fall catalog first class so that members will have it in plenty of time for registration in August. The Winter and Spring catalogs are not mailed. When those catalogs become available during the academic year, they are distributed at The Bishop's House, Judea Reform Education Building, and other locales around the community.

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**Registration FAQs**

Challenged by Registration Day? Want to know how to deal with situations that have come up for many of our members before? See our Registration Tips on pages 22 and 23.

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**OLLI at Duke House Rules**

**Severe Weather and Other Community Emergencies**—OLLI at Duke classes will be cancelled when the Durham Public Schools are closed for reasons of weather. If the situation is ambiguous, or if the schools are delayed, there will be a message on the member website (olliatduke.org) and on the OLLI office voice mail (919-684-2703) by 8:00am describing OLLI’s plan for the day. Listen for details about school closings on WTVD (Channel 11), WDNC (620 AM), or WCHL (1360 AM). The WRAL website (www.wral.com) is also a good source of information about closings and delays. We will also make every effort to send an e-mail announcement by 8:00am about weather or emergency-related closings and delays.

**Keeping Posted**—Check out the member website at www.olliatduke.org for the latest information on OLLI at Duke. Be sure that we have your current e-mail address so that you are on the list to receive occasional messages, last-minute updates, and *The Spotlight*, OLLI's online bulletin, which includes useful information about OLLI matters.

**Housekeeping**—Please help the staff focus on the work that makes OLLI great by picking up after yourself and keeping classrooms and common areas clean and tidy.

**Classroom Decorum**—If, in the opinion of the instructor, activity leader, or class members, a participant interferes with the goals of learning, he or she may be asked to leave the class or activity and ultimately may not be able to continue his or her affiliation with OLLI at Duke.

**Quiet in the Halls and Classes**—We encourage you to socialize, but please be quiet in the halls outside offices and classes in progress. Remember to turn off cell phones and other electronic devices when you are in class.

**Smoking**—The Bishop's House is a smoke-free building. Smoking is not permitted at Judea Reform inside or outside of the building.

**Lunch**—Options at The Bishop's House include bringing a brown-bag lunch, using facilities such as the Marketplace in the nearby East Campus Union, and exploring nearby restaurants. At Judea Reform, you may bring a lunch and eat in the commons area if no classes are scheduled there.

**Please note:** We comply with the dietary guidelines at Judea—no pork, no shellfish, and no meat and dairy on the same plate.
## Spring 2016 OLLI Class Schedule

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
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<tbody>
<tr>
<td>at Judea Reform</td>
<td>at Judea Reform</td>
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<td>The Progressive Movement</td>
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<tr>
<td>History of Submarines</td>
<td>Pages, Keynote &amp; Numbers</td>
<td>Improving Investor Outcomes</td>
<td>Campaign 2016</td>
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<tr>
<td>Anna Karenina*</td>
<td>A New Lens</td>
<td>Tree Camp*</td>
<td>Born Dying</td>
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<tr>
<td>Strength &amp; Power for 50+</td>
<td>Special Relativity</td>
<td>Beginning Oil Painting*</td>
<td>Wars of the Middle Eastern Succession</td>
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<tr>
<td>Building Duke Chapel</td>
<td>Sacred Ecologies</td>
<td>Sacred Ecologies</td>
<td>Art &amp; Society in 17th-Century Europe</td>
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<tr>
<td>Art of the Story</td>
<td>Fierce Urgency of Now</td>
<td>Fierce Urgency of Now</td>
<td>Screenwriting</td>
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<tr>
<td>What Belongs in an Art Museum?</td>
<td>The Big Bang*</td>
<td>The Big Bang*</td>
<td>New York History*</td>
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<tr>
<td>Global Crisis &amp; Lessons of History</td>
<td>Poetry &amp; Destiny</td>
<td>Poetry &amp; Destiny</td>
<td>American Impressionist: Childe Hassam*</td>
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<tr>
<td>Writing Short, Short Stories</td>
<td>Roadmap to Retirement</td>
<td>Roadmap to Retirement</td>
<td>Joyful Dance*</td>
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<tr>
<td>Beg. Photography Seminar*</td>
<td>Book Marketing</td>
<td>Book Marketing</td>
<td>Improv Theater</td>
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<tr>
<td>Curso de Cultura y Conversación</td>
<td>Christopher Wren</td>
<td>Christopher Wren</td>
<td>New Testament Parables</td>
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<tr>
<td>The Art of Cooking* (Sec. 1, 5:30–8:00pm)</td>
<td>Improv Theater</td>
<td>Improv Theater</td>
<td>Immigration</td>
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<td>Writing Your Life as Story</td>
<td>Writing Your Life as Story</td>
<td>New Horizons Chorus*</td>
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<td>Education &amp; Technology</td>
<td>Education &amp; Technology</td>
<td>New Horizons Swing Band*</td>
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<td>New Horizons Dixie Dukes*</td>
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*For classes marked by an asterisk, please read course descriptions carefully—the times, dates, and/or class locations do not follow the standard class schedule.*
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<tr>
<th><strong>WEDNESDAY</strong></th>
<th><strong>THURSDAY</strong></th>
<th><strong>THURSDAY</strong></th>
<th><strong>FRIDAY</strong></th>
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<tbody>
<tr>
<td><strong>at Judea Reform</strong></td>
<td><strong>at Judea Reform</strong></td>
<td><strong>Introduction to Islam</strong></td>
<td><strong>2016 IMPORTANT DATES</strong></td>
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<tr>
<td>Narrative Writing</td>
<td>Slavery &amp; Civil Rights</td>
<td>Plays of Luigi Pirandello</td>
<td>SPRING 2016</td>
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<tr>
<td>Jewish Humor</td>
<td>Allied Combined Bomber Offensive</td>
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<td>Tues, Apr 5</td>
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<tr>
<td>Financial Market History</td>
<td>Tai Chi</td>
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<td>Registration for Spring courses begins at 9:00am</td>
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<td>Get Down &amp; Back Up Again</td>
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<td>Mon, Apr 18</td>
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<td></td>
<td>How Nutrients Changed Civilization</td>
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<td>OLLI Spring classes begin</td>
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<td>Baseball in NC</td>
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<td>Sat, May 21</td>
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<td>Making Suburbia Home</td>
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<td>OLLI at Duke picnic</td>
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<td>Easy WordPress Websites</td>
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<td>Fri, May 27</td>
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<td>Last day for most OLLI Spring classes</td>
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<tr>
<td>Poetry of Robert Frost</td>
<td>Risking Words</td>
<td>Matrons of Mercy: Women in the Civil War</td>
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<td>Why Don't We Talk About Sex?</td>
<td>Heart Smarts</td>
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<td><strong>FALL 2016</strong></td>
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<tr>
<td>The World Today (Sec. 1)</td>
<td>Worldwide Economic Development</td>
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<td>Tues, Aug 9</td>
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<tr>
<td>Interval Training Workouts</td>
<td>The World Today (Sec. 2)</td>
<td></td>
<td>Registration for Fall courses begins at 9:00am</td>
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<tr>
<td>Marriage of Paint &amp; Collage*</td>
<td>Exploratory Drawing*</td>
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<td>Sun, Sept 11</td>
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<td>Opening Convocation</td>
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<td><strong>Mon, Sept 12</strong></td>
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<td>OLLI Fall classes begin</td>
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<td>Mon, Oct 3</td>
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<td>Rosh Hashanah—no classes at JRC</td>
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<td>Wed, Oct 12</td>
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<td>Yom Kippur—no classes at JRC</td>
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<td><strong>Mon–Fri, Oct 24–28</strong></td>
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<td>OLLI Fall Break—no classes</td>
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<td><strong>Mon–Fri, Nov 21–25</strong></td>
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<td>Thanksgiving Break—no classes</td>
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<td>Fri, Dec 2</td>
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<td>Last day for most OLLI Fall classes</td>
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<td><strong>SATURDAY</strong></td>
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<td>Computer Security &amp; Privacy 101*</td>
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<td>(9:00–10:30am)</td>
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<td>Re-engineer Yourself*</td>
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<td>(9:00am–1:00pm)</td>
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<td>Portraits of Self &amp; Others*</td>
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<td>(10:30am–4:30pm)</td>
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<td><strong>PORTS OF SELF &amp; OTHERS</strong></td>
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<td><strong>2016 IMPORTANT DATES</strong></td>
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FROM DURHAM:
The Bishop's House (GPS: N. Buchanan Blvd. and Dacian Ave.) is on the edge of Duke's East Campus, near the intersection of Markham and Buchanan. From Buchanan, enter the campus at the drive opposite Dacian Avenue, following the drive around until it ends at the white frame house marked “Continuing Studies: The Bishop's House.”

FROM CHAPEL HILL & PITTSBORO ON 15-501:
As you approach Durham on 15-501 (Durham-Chapel Hill Blvd.), take the fork marked “15-501 North - To I-85” toward Duke University. Take Exit 108-B (the Durham Freeway, NC 147); then take Exit 14, marked Swift Avenue/East Campus. Turn left onto Swift and then right onto Main Street. Go to the second light and turn left onto Buchanan Blvd. Go 0.4 mile and turn left, opposite Dacian Avenue, into the campus. Follow the drive until you reach The Bishop's House.

FROM RALEIGH ON I-40:
As you approach Durham, take exit 279-B (the Durham Freeway, NC 147) and exit at Chapel Hill Street. Turn right and go two blocks to Buchanan. Turn right onto Buchanan and go nearly 1 mile to Dacian Ave. At that intersection, turn left into the campus and follow the drive around to the right until you reach The Bishop's House.

PARKING:
There are a limited number of parking spaces around The Bishop's House, including three handicapped spaces. The OLLI parking permit should be kept on your dashboard. For the handicapped spaces, you need an official NC handicapped parking tag. DO NOT park in the lower lot that you pass through before reaching The Bishop's House.

Your permit is also valid for the East employee parking lot just inside the Trinity Avenue entrance to East Campus. You may only park in the sections where the signs “EAE Permit Required” or “EAE/RED Permit Required” are located, not where there is a “RED Zone Permit Required” sign. You may also park at Asbury United Methodist Church at the corner of Markham and Sedgefield, or for two hours on the streets adjacent to East Campus.

Under the Federal Campus Security Act (20 USC1092f), prospective students may obtain a copy of the University's annual security report by visiting the Duke University Police Department at 502 Oregon St., Durham, NC, or by calling (919) 684-4602. This report includes campus crime statistics and the University's safety and security policies.
Judea Reform Congregation, **1933 W. Cornwallis Road**, is conveniently located on the west side of Durham. For our students who come from Orange and Chatham counties, it is 6 miles and ten minutes closer than The Bishop’s House. OLLI at Duke contact number at JRC is 919-812-7160.

FROM CHAPEL HILL & PITTSBORO ON 15-501:  
Take 15-501 North. Just past the La Quinta Inn on the left, 15-501 will split; take the right split onto 15-501 Bypass North. Take Exit 106 / Cornwallis Road and turn right onto Cornwallis. After the Western Bypass Service Road, take the third driveway on the right.

FROM RALEIGH ON I-40:  
From I-40 West, take the Durham Freeway (Hwy. 147 North). Go about 10 miles to Exit 16-B / 15-501 South / Chapel Hill. Take 15-501 South to Exit 106 / Cornwallis Road. Turn left onto Cornwallis Road and go under 15-501. After the Western Bypass Service Road, take the third driveway on the right.

FROM GREENSBORO:  
Take I-40 East (stay on I-40 after I-40 and I-85 split) to the exit for 15-501 / Chapel Hill. Turn left (north) onto 15-501. Continue as above “From Chapel Hill.”

**PARKING:**  
If you sign up for a course that meets at Smith Warehouse, you will be issued a special Duke parking pass for the Smith Warehouse parking lot, accessed via Maxwell Avenue (see map at left), good for one semester only.  
**Please note:** You will not be able to park at Smith if you leave the pass at home. Also, a lost parking pass will require a $30 replacement fee. Once your class finishes each day, you will need to vacate the lot to make room for OLLI members in the next class.
Official Call to OLLI at Duke’s Annual Election

The Board of Advisors has decided that voting in OLLI at Duke’s 2016 Annual Election will be conducted online and via paper ballot in lieu of an annual meeting, so that more members may participate in the election process.

The Board’s slate of candidates for President and Vice President has been sent out to all members by email. Additional nominations may be made by any OLLI member provided that the candidate has signified willingness to serve, and that a petition, signed by twenty-five or more members, has been given to the Nominating Task Force at least two weeks before the elections.

Additional information about voting online will be communicated before balloting begins on March 21. For those who prefer a traditional paper ballot, these will be available at The Bishop’s House and at Judea Reform Educational Building. You will have until March 28 to vote, either electronically or by paper ballot.

OLLi at Duke Picnic

Saturday, May 21, 4:00–7:00pm, Duke Homestead
2828 Duke Homestead Rd, Durham

To celebrate the end of another successful OLLI year, we will once again gather at Duke Homestead for our annual picnic. The cost will be $10 per person, for which you will receive fried chicken, drinks, and a great experience with friends at a lovely location. Please bring a dish to share.

Keep an eye out on the Spotlight and the member website for further details.