For the Love of Learning

Osher Lifelong Learning Institute at Duke University

OLLII at Duke

Fall 2021
Dear OLLI Members:

We want to offer a warm welcome to our new members and Duke Alumni who are joining us from across the country to participate in our online courses. We are also glad to see so many returning members.

We are especially grateful to our devoted OLLI volunteers who helped us manage all things COVID over the last 16 months. Our instructors, Advisory Board members, moderators, and special interest group leaders made an enormous difference for our OLLI learning community. We couldn’t have done it without you! We are encouraged by what we are hearing from you—lots of good news about vaccinations and traveling adventures!

While many of our local members are anxious to return to in-person courses, OLLI at Duke is committed to offering online courses via Zoom long after we are able to return to campus. We are eager to continue to build engagement with Duke Alumni and meet the needs of our local members who are no longer able to attend in-person classes. We are planning to return to some in-person classes in the winter term.

Keep in mind that while all our classes are online this Fall, we anticipate offering a series of tours, outings, and in-person social events on the campus of Judea Reform Congregation. Details will be forthcoming in the OLLI Newsletter.

Registration will open on Tuesday, August 24, for classes scheduled for Monday and Tuesday. On Wednesday, August 25, you may register for courses scheduled for Wednesday, Thursday, and Friday. Most courses will begin the week of September 13. As we open the fall term, please keep in mind the following:

- Think of Zoom as a Virtual Classroom. Imagine yourself in your favorite OLLI classroom, and follow the classroom etiquette that is the norm in our physical classroom space.

- Please consider enabling your camera. We’ve made a change in protocol to no longer require cameras to remain off in classes. Even though this will no longer be a requirement, there may be some instructors who will still request it from you, or our staff may request that you stop your video to help in unstable Internet situations. Our instructors have been so generous and flexible in moving to the Zoom platform. Many of them have expressed that it is more challenging to teach online when they cannot feed off the energy shown on the faces of their participants. If you don’t have a camera or prefer to keep it off for other reasons, that’s okay; don’t let it be an obstacle to your participation!

Are you new to Zoom? Click here to view our tips for getting started.

Questions? Email olli@duke.edu.

In partnership,

Chris McLeod
Our History: Lifelong learning began at Duke in 1977 as the Duke Institute for Learning in Retirement (DILR). When the Bernard Osher Foundation made a significant gift in 2006, DILR was renamed the Osher Lifelong Learning Institute (OLLI) and joined the national network of 125 university-based OLLI programs. Over the past 44 years membership grew from the original 42 members to more than 2,000 members in 2019. Today, even amid the challenges of COVID-19, OLLI at Duke is still one of the oldest and largest institutes within the Osher Lifelong Learning Network.

Our Mission Statement: The Osher Lifelong Learning Institute at Duke University seeks to engage the minds, elevate the spirits, and foster the well-being of its members through a wide range of educational programs and opportunities for volunteer service and social activity.

We are a learning community. OLLI members have wide-ranging interests in history, literature, the natural and social sciences, fine arts, and current events. Most of our course and workshop offerings are based on members’ requests and the expertise of instructors and workshop leaders. Our curriculum is curated by the Curriculum Committee, which is composed of 30 member volunteers who recruit instructors and coach them through the course proposal process.

We embrace “learning for the love of it.” Our members and instructors appreciate the fact that there are no tests, grades, or educational requirements. While OLLI courses rarely require homework, active engagement is encouraged.

OLLI at Duke is a cooperative venture. Dozens of volunteers are involved in making the magic happen online for OLLI members. Getting involved is a great way to make new connections and build community. Members teach courses, serve as course moderators, provide technical support for classes, lead small-group discussions, and serve on the Board of Advisors, to ensure the excellence of OLLI at Duke. If you are interested in serving as a moderator or volunteering in other ways, please email volunteer@olliatduke.org.

Becoming a member of OLLI at Duke is easy. Our membership fee of $50 entitles members to enroll in courses, participate in special interest groups and virtual/in-person social events, and vote in elections. Scholarship assistance is available. For information about scholarship support or other issues, please email Kathy.Parrish@duke.edu.
Planning Your Course Schedule

OLLI at Duke courses are organized by subject in the catalog. The following indices may be helpful when choosing your courses:

- The Courses by Day index is helpful if you are interested in courses on a particular day or at a particular time. There are no evening courses this fall.

- The Short Courses index, sorted by day and start date, is helpful if your schedule doesn’t allow for participation in a course that runs the entire term.

- The Courses by Instructor index is useful if you are interested in courses being taught by a particular instructor.

**Tip:** Course ID numbers make registering easy. Refer to them while registering online and when tracking course confirmations or wait-list status.

**Zoom Links:** Once you register, the Zoom links for your courses will be in your Student Portal at learnmore.duke.edu/olli. For details, refer to www.olliatduke.online/studentlink.
OLLI at Duke Board of Advisors & Administration

OLLI at Duke is a program of Duke Continuing Studies, reports to the Office of the Provost. Officers of the OLLI Board are elected by OLLI members in the spring term. The OLLI Board of Advisors serves as a resource for the director of OLLI and meets ten times a year. The OLLI Board president appoints committee chairpersons. Board members and several hundred volunteers work together to ensure the excellence of OLLI at Duke. If you are interested in getting involved in or learning more about volunteering and leadership opportunities, please contact OLLI@duke.edu.

We are always looking for people to help with events and committees. If you would like to talk to someone about volunteering at OLLI, or if you have ideas for a new activity or improvements to an existing program, please contact the Director via email at Chris.McLeod@duke.edu.

2021–2022 Officers (one-year elected term)
President: Marion Jervay
Vice-President: Alan Teasley

Advisors at Large (two-year elected term)
To 2022: Susan Dennison, Chris Abrons
To 2023: Ben Edwards, Bobbie Hendrix

Committee Chairs (one-year appointed term)
Community Engagement: Diane Hundley
Curriculum: Beth Anderson
Information Technology: Howard Koslow
Instructor Relations: Howard Koslow
Legacy: Lisa Gabriel
Leadership Development: Alan Teasley
Member Engagement: Vacant
Social Activities & Hospitality: Vacant
Space: Peter Blaufeux

Ex-Officio Board Members
Board Recording Secretary: Virginia Lee
Director: Chris McLeod

Staff
Operations/Administration: Kathy Parrish
Technical/Communications: Betina Huntwork
OLLI Course Support Staff: Beth Bowling,
    Jo Ann Dubberley, Annette Gooch, Jay Starks,
    Mary Thompson and Beverly Thorpe

Fall Registration

Registration for Fall courses opens at 9:00am on Tuesday, August 24, for Monday and Tuesday courses, and at 9:00am on Wednesday, August 25, for Wednesday, Thursday and Friday courses.

To register, go to learnmore.duke.edu/olli and create a user login and password. Once you have an account, you can register for a course by logging in to the registration system. If you do not already have an account, we recommend you create an account in advance of registration days. (Note: You will also use this login information to access your online class sessions during the term).

Two Tips
• A helpful video posted in the righthand menu at learnmore.duke.edu/olli provides tips and strategies for successful online registration.
• When you create an account, you will be assigned a password. We recommend you change this password to one that is easier to remember.

For Scholarship information, see page 7. For Registration FAQs, see page 55.

Refund Policy
• Membership dues are nonrefundable.
• To request a refund for an OLLI course, please email learnmore@duke.edu within five business days of the first class meeting. There is a $20 service charge per course dropped, $10 if the course fee is $50 or less.
• No refunds will be issued after five business days from the first class meeting, except in the case of an emergency.
• To request a refund due to a medical emergency, please email Kathy.Parrish@duke.edu.
• If a course is canceled by OLLI at Duke, your course fees will be refunded automatically.
Help Shape the OLLI Curriculum

As you browse the catalog, keep in mind many courses being taught were suggested by our members. While you are selecting your courses, ask yourself: Is there a course I would like to take that is not offered? Do I know someone who would be a great instructor? Am I interested in teaching a course in an area of my interest/passion? Let us know how you would like to make a difference!

Contact Beth Anderson, chair of the Curriculum Committee, at curriculum@olliatduke.org if you are interested in teaching. We value your ideas!

Our Instructors

If you are new to OLLI, you might not fully appreciate the important role OLLI instructors play in the OLLI learning community. OLLI at Duke is fortunate to have truly extraordinary instructors teach at least 150 courses every year. OLLI instructors are volunteers. They teach because they love teaching and especially enjoy teaching adults. No tests and no grades means they can focus on what is most important to them—teaching.

OLLI at Duke is nationally recognized for our outstanding instructors. Our reputation for excellence is one that has been built over the 44 years since our program was founded. We mention this to remind you of the generous contribution our instructors are making to our learning community. We encourage you to share your gratitude directly with your instructor(s) if you find a particular class inspiring or interesting. We’re all human, and positive feedback goes a long way to ensuring our instructors understand how much we appreciate their contributions to the OLLI learning community.

Looking for a favorite OLLI instructor? See the Courses by Instructor index on page 12. Interested in teaching an OLLI course? Contact Beth Anderson, chair of the Curriculum Committee, at curriculum@olliatduke.org.

Technology Needed for Zoom Courses

Here is the basic technology you’ll need to take an OLLI online course via Zoom:

- A laptop computer, desktop computer, smartphone, or tablet
- Speakers, either built-in or external, or a headset or earbuds
- A microphone, either built-in or external (but only needed if speaking in a class)
- A webcam, either built-in or external (but only needed if showing your own video)
- A reliable Internet connection (minimum 20 Mbps download speed)

Any modern laptop, all-in-one desktop computer, or tablet is equipped with a good-quality speaker, microphone, and webcam that are more than adequate for attending online classes. A stand-alone desktop computer may lack one or more of these items, or may have poor quality or malfunctioning items, such as a microphone with distortion or a blurry webcam. For more details and specific suggestions for audio and video equipment, please visit www.olliatduke.online.

For New Members

Meet & Greet

Thursday, September 9, 2:00pm, via Zoom

We invite you to join us for a virtual get together to provide you with an overview of the OLLI learning community and the opportunity to meet Marion Jervay, Law ’76, President of the OLLI Board of Advisors, and Chris McLeod, Director of OLLI at Duke.

If you plan to attend, please respond by email to MeetAndGreet@olliatduke.org, so we can send you the meeting link.

We look forward to seeing you!
About OLLI at Duke continued

OLLI Contact Information

For Information about OLLI at Duke, OLLI Membership, and Registration for Courses:  
learnmore.duke.edu/olli

For General Questions:  
olli@duke.edu

For Instructor Concerns/Feedback:  
Director, OLLI at Duke,  
Chris.McLeod@duke.edu

For Operations/Administration/Special Interest Groups (SIGs)/Instructor Support:  
Kathy.Parrish@duke.edu

For Communications/Technology/Member Support:  
Betina.Huntwork@duke.edu

For Technical Support:  
techsupport@olliatduke.org

For Registration Issues/Drop Courses:  
learnmore@duke.edu

Fall 2021 Highlights

Tue, Aug 24: Registration for Mon/Tue courses opens at 9:00am; learnmore.duke.edu/olli

Wed, Aug 25: Registration for Wed/Thu/Fri courses opens at 9:00am; learnmore.duke.edu/olli

Thur, Sep 9: Meet&Greet for New OLLI Members

Mon, Sep 13: OLLI fall courses begin

Thu, Sep 16: No classes, Yom Kippur

Fri, Nov 19: Last day for most fall courses

Mon–Fri, Nov 22–26: Thanksgiving break

Mon–Fri, Nov 29–Dec 3: Make-up courses

Scholarship Support

We want OLLI at Duke courses to be available to all who have a passion for lifelong learning. Thanks to the generosity of an OLLI member who made a gift through her estate, scholarship support is available to those who may not otherwise be able to afford course fees. If you would like to request financial support to attend OLLI courses, please email Kathy.Parrish@duke.edu and ask about our “Community Membership.” All requests are confidential.

OLLI at Duke Code of Conduct

Curiosity + Connection + Kindness + Compassion = Community

OLLI at Duke endeavors to create a positive and affirming environment that fosters learning and social connection. Members, instructors, and staff are expected to demonstrate mutual respect, personal and academic integrity, kindness, and a commitment to civil discourse. Ensuring OLLI at Duke is a welcoming, inclusive and affirming learning community is a responsibility we all share. These principles apply to all OLLI courses, in person and via Zoom. We welcome the lively and passionate exchange of ideas and perspectives. Opposing viewpoints are welcomed and appreciated.

Instructors are responsible for leading and moderating classroom discussion. Instructors have the prerogative of inviting/allowing questions throughout the class or asking members to hold their questions to the end of class or other designated time. Members, instructors, and staff of the OLLI at Duke Community are encouraged to contact the director (Chris.McLeod@duke.edu) if they observe behavior that is a significant violation of this code of conduct. The director shall investigate, and if there is a problem, address it directly with the alleged violator and determine the consequences.

Violations of the code of conduct may result in the suspension or termination of membership/teaching privileges or a disciplinary warning/termination of employment of a staff member.
Over the past year, OLLI at Duke was challenged to dramatically reimagine and re-create our learning community by moving online. OLLI members responded generously to our first annual fund appeal in several years. We are especially touched by gifts from OLLI members, instructors, volunteers, and the OLLI Advisory Board members who contribute so much to the OLLI learning community.

Together we raised close to $49,000 to support honoraria for instructors and guest speakers, community memberships, and OLLI operations. Your gifts will also support our efforts as we plan a safe and sustainable path forward in a post-pandemic world.
Cynthia & Jim Kinney
Mimi & Maury Krystel
Carol Leet
Gladwyn Leiman
Carole Molder
Margaret Reiner Morris
Sonna & Norman Loewenthal
Steven Markey
Anthony Massari
Margaret F. McCann
Sandra & Ned McClurg
Ann M. McLamb
Richard Melanson
Ann Melchior & Art Gonzales
Eileen & Don Mitchell
Melanie Mitchell
Susan E. Monahan
Joan & Gustavo Montana
Elizabeth & R. E. Morrissett, Jr.
Susanne G. Moulton
Helen M. Murphy
Richard “Dick” Oline
Warren Ort
Pinafore Wealth Counsel, Inc.
Marilyn Pizer
Susan & Walter Price
Linda Rapuano
Carol Rist
Snow Roberts
Arjen Roelse
Carol D. Saur
Jerome Schiller
David Sieffken
Sally & Eldon Senner
Charles Seten
Mary & Ken Snyder
Donna & Dallas Stallings
Terri Strug
Mark Stryshak
Kristine & Keith Sullivan
Dennis Swartout
Steven Tabak
Hugh Tilson
Beth Timson
Mary Tonges
Sandra & Leigh M. Vaughan
Nancy S. Waddington
Abdul Hafeez Waheed
Joan & Henry Walker
John F. Weis
Jeanne Yocum

**Honor Roll**

Anonymous (2)
Catherine Alguire
Mary Lou Athearn
Douglas Anderson
Susan Antle
John Baublitz
Tobi Bear
Doris Berger
Brian Bornstein & Anne Emler
Leslie G. Brinson
Ann Bushyhead & John Valentine
Chris Chato
Mary Rushing & Wayne Cherry
Jean Chitwood
Carolyn Cole
Melanie Crain
Sue & Michael Crane
Mary & Thomas Dent, Jr.
Stephen Dong
Deborah Durham
Cecilia Eichenberger
Emily Jean Eisenlohr
Margaret & James Emshoff
Dana M. Euler
Marlienne Goldin
Judith Grauer
Cathy & Michael Halloran
Mary Hanna
Suzanne Harp
Connie Hiller
Sandra Hoffman
Helen Hutchings
Jack Johnson
Patricia & Stephen Johnson
Adelina Kelly
Thomas Liebtag
Irene Lofstrom & Stephen Combs
Margie & Marvin Maddox
Marion Mahar
Margaret & William McCulloch
Susan McKee
Dorothy McKelvie
Stephanie A. Modolo-Burrell
Morris Living Trust
Cynthia A. Murphy
Lynda Myers
Joanne Napoli
Julie Blume Nye
Nancy Nye
Pamela & George O’Keefe
Helen & Thomas O’Neal
Bonnie J. O’Neal
Christopher M. Palmer
Sharron & Kenneth Parker
Paul Family Fund
Shannon Perfect
Cheryl Prince
Carol Sirota
Slattery Family Trust
Laura & George Stillman
Georgiana & Stephen Snyderman
Christine & David Sokal
David Stein
Anna Manis Tabor
Patricia Thompson
Joseph Tikvart
Eleanor Lewis Toy
Walter Travers
Janet & Walter Turyn, Jr.
Toney Young
Eric Vander Elst
Gloria & Robert Varley
Carmen Ward
Suzanne C. Ward
Bruce W. Wieland

**Special Recognition Gifts**

In memory of Bruce Curran:
  Linda Bassler, Anne Chisolm
  Dowling & Dereck Hess,
  Joan Taub, Eileen Welsh
In memory of Barbara Karski:
  Robert Karski
In honor of Ginny Knight:
  Alan Teasley
In honor of Marian Krugman:
  Janet & Walter Turyn, Jr.
In honor of Gerry McKeon:
  Margaret McKeon, Carol Saur
In honor of John & Lilyan Napoli:
  Joanna Napoli
In honor of Suzette Snyder
  & John Bird:
  Susanna Chabinak-Uhlig
In honor of Frank Princiotta:
  Barbara & Michael Goodman
## Courses by Day

### Monday

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Title (Number of Sessions)</th>
<th>Page</th>
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</thead>
<tbody>
<tr>
<td>9:00-10:15</td>
<td>Both Sides Now (6)</td>
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<tr>
<td>9:00-10:15</td>
<td>The Literature of Plague (10)</td>
<td>29</td>
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<tr>
<td>9:00-10:15</td>
<td>Writing Fiction (6)</td>
<td>54</td>
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<tr>
<td>11:00-12:15</td>
<td>Exploring Mysteries (6)</td>
<td>27</td>
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<td>11:00-12:15</td>
<td>Planet Earth (10)</td>
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<td>11:00-12:15</td>
<td>The Backstory of a Poem (6)</td>
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<td>11:00-12:15</td>
<td>The Supreme Court in America (10)</td>
<td>22</td>
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<td>1:30-2:45</td>
<td>Legendary Foods of Europe (3)</td>
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<td>1:30-2:45</td>
<td>Writing a Legacy Letter (4)</td>
<td>54</td>
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<tr>
<td>1:30-3:00</td>
<td>Community Engagement (10)</td>
<td>43</td>
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<td>1:30-3:00</td>
<td>Exploring the Queer South (7)</td>
<td>25</td>
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<td>1:30-3:00</td>
<td>Fall Photography Seminar (10)</td>
<td>32</td>
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<td>3:30-4:45</td>
<td>Baba Ram Dass Seminar (6)</td>
<td>48</td>
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<tr>
<td>3:30-4:45</td>
<td>Yoga Nidra (5)</td>
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### Tuesday

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<th>Time</th>
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<tbody>
<tr>
<td>9:00-10:15</td>
<td>Abraham Lincoln &amp; Slavery (10)</td>
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<tr>
<td>9:00-10:15</td>
<td>Artistry in Glass (10)</td>
<td>14</td>
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<tr>
<td>9:00-10:15</td>
<td>The Early Middle Ages (10)</td>
<td>23</td>
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<tr>
<td>11:00-12:15</td>
<td>Inside the Artists Studio (6)</td>
<td>15</td>
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<tr>
<td>11:00-12:15</td>
<td>Teachers in Fiction &amp; Film (8)</td>
<td>28</td>
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<tr>
<td>11:00-12:15</td>
<td>The Story of London, Part 1 (6)</td>
<td>24</td>
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<tr>
<td>11:00-12:30</td>
<td>Think Again (10)</td>
<td>39</td>
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<td>1:30-2:45</td>
<td>History of the Black Press (8)</td>
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<td>1:30-2:45</td>
<td>From Low Art to High Art (6)</td>
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<td>1:30-2:45</td>
<td>Intro to iPhone Photography (6)</td>
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<td>1:30-2:45</td>
<td>Jasper Johns in 10 Works (10)</td>
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<td>1:30-2:45</td>
<td>Optics for the Curious (6)</td>
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<td>1:30-2:45</td>
<td>Symposia (10)</td>
<td>44</td>
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<td>3:30-4:45</td>
<td>10 Great Opera Arias in 10 Weeks (10)</td>
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<tr>
<td>3:30-4:45</td>
<td>Home Alone in the Universe (10)</td>
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<tr>
<td>3:30-4:45</td>
<td>Introduction to Travel Writing (6)</td>
<td>52</td>
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<tr>
<td>3:30-5:30</td>
<td>Modern Bridge Bidding I (10)</td>
<td>49</td>
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### Wednesday

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<th>Time</th>
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<tr>
<td>9:00-10:15</td>
<td>A Hitchhiker’s Guide to AI (10)</td>
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<td>9:00-10:15</td>
<td>Fitness at Home (10)</td>
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<tr>
<td>9:00-10:15</td>
<td>Reading Northern Soldiers’ Civil War Letters (6)</td>
<td>24</td>
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<tr>
<td>9:00-10:15</td>
<td>The Opioid Crisis in America (6)</td>
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<tr>
<td>11:00-12:15</td>
<td>Art Nouveau 1890-1910 (3)</td>
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<tr>
<td>11:00-12:15</td>
<td>Bringing Forward New Medicines (10)</td>
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<tr>
<td>11:00-12:15</td>
<td>Cast (6)</td>
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<tr>
<td>11:00-12:15</td>
<td>Introduction to Meditation (6)</td>
<td>50</td>
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<tr>
<td>11:00-12:15</td>
<td>The Science of the Big Bang (4)</td>
<td>37</td>
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<tr>
<td>11:00-12:30</td>
<td>The World Today (10)</td>
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<tr>
<td>1:30-2:45</td>
<td>American Foreign Policy (10)</td>
<td>21</td>
</tr>
<tr>
<td>1:30-2:45</td>
<td>New Lens (6)</td>
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<tr>
<td>1:30-2:45</td>
<td>Using Google Maps (4)</td>
<td>39</td>
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<tr>
<td>1:30-3:00</td>
<td>It Took a Village (6)</td>
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<tr>
<td>1:30-3:00</td>
<td>Everyone Has a Story (4)</td>
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<tr>
<td>1:30-3:30</td>
<td>Short Form Memoir (7)</td>
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<tr>
<td>3:30-4:45</td>
<td>Art &amp; Women I (9)</td>
<td>14</td>
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<tr>
<td>3:30-4:45</td>
<td>Computer Security &amp; Privacy (10)</td>
<td>36</td>
</tr>
<tr>
<td>3:30-4:45</td>
<td>Icons of Architecture (8)</td>
<td>17</td>
</tr>
<tr>
<td>3:30-5:30</td>
<td>Memoirish 2.0 (6)</td>
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### OLLI Fall Registration

Registration for fall term opens 9:00am on **Tue, Aug 24**, for Mon/Tue courses, and 9:00am on **Wed, Aug 25**, for Wed/Thu/Fri courses.

Register at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).
Courses by Day

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11:00-12:15 .... Toward a More
                Equitable Durham (10) ......................... 47
11:00-12:30.... Federal Budget & Debt (6) .............. 18

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1:30-2:45....... Modern Political Theory (10) .......... 34
1:30-2:45....... Neurologist Meets Art Historian (8) .... 37
1:30-3:30...... The Zentangle Art Method (6).......... 20

3:30-4:45....... If You Can Walk, You Can Dance (10)... 49

Friday

1:30-2:45...... British Novelist
              Kazuo Ishiguro (10)............................ 26
1:30-3:00...... Storytelling
              Through Photography (9)...................... 33

Short Courses

Courses with 1-6 Sessions

Monday

Sep 13 (6).... 9:00-10:15...Writing Fiction.................. 54
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Interested in teaching an OLLI Course? Contact Beth Anderson, Chair, OLLI Curriculum Committee, curriculum@olliatduke.org
Art & Architecture

Art Nouveau 1890–1910
This three-part lecture series is a preface to the Fall 2021 North Carolina Museum of Art exhibition Alphonse Mucha: Art Nouveau Visionary (October 23, 2021, to January 23, 2022). Art nouveau, popular between 1890 and 1910, was the first important international style to follow the Gothic art of the Middle Ages. The aesthetic philosophy of art nouveau, typified by sinuous organic curves, aimed to reunite the fine and decorative arts. Lectures will detail the stunning structures and interior designs of Victor Horta in Brussels and Hector Guimard in Paris, and the iconic Catalan modernism of Antoni Gaudi in Barcelona. This “new art” style began with the graphics of Toulouse-Lautrec in Paris and Aubrey Beardsley in London, and reached its height in the illustrations and graphic design of internationally famous Czech artist Alphonse Mucha. October 13—Art Nouveau, Brussels, Paris, and Influences. October 20—Antoni Gaudi, Barcelona. October 27—Alphonse Mucha • Lecture + Q&A.

Kristine Door, PhD, taught art history at the University of North Dakota for over a decade before moving to Raleigh in 1995. Until her retirement, she lectured at the North Carolina Museum of Art and directed the docent program. Kris has offered an OLLI art history class each year since 2007.

• 3 Wed, Oct 13–Oct 27, 11:00am–12:15pm
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $40; Course ID: 3290

Neurologist Meets Art Historian
See listing on page 37.

Jasper Johns in 10 Works
“Take an object / Do something to it / Do something else to it. [Repeat.]” In 1964, Jasper Johns jotted these lean phrases in a sketchbook as a statement of his artistic practice. Behind them, though, lies a complex, dogged exploration of the nature of art and vision, a theme that has run consistently through Johns’s art from his early works in 1954 to the recent ones of 2019. We will use these words as our guide to explore the simplicity and complexity, the uniformity and diversity of the art that he has been creating for over 65 years, art that has made him one of our most important living artists. Organized around 10 works, but referencing dozens of others, the course will look at a broad range of his productions in various media, including his iconic Flag and Target paintings, his use of gray, his abstractions, and his often-cryptic references to the paintings and photographs of others. • Lecture + Q&A.

Please note: The instructor will provide a bibliography at the beginning of the course.

James Boyles recently retired from teaching art history at NC State University. He has an MA and a PhD in art history, focusing on modern and contemporary art.

• 10 Tue, Sep 14–Nov 16, 1:30–2:45pm
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $100; Course ID: 3298

OLLI Fall Registration
Registration for fall term opens 9:00am on Tue, Aug 24, for Mon/Tue courses, and 9:00am on Wed, Aug 25, for Wed/Thu/Fri courses. Register at learnmore.duke.edu/olli.

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom: www.olliatduke.online
Art & Architecture continued

Art & Women I
This small discussion-based course will investigate European and American art featuring women, from ancient times to the 19th century, considering woman as subject and woman as artist. We will discuss interdisciplinary trends in feminist scholarship in art history and consider the issue of differences between art made by women and art made by men. We will examine the impact of the prevailing institutional structures of the art world and attitudes toward women artists. We will evaluate the various strategies employed by successful women artists over the centuries. And we will look at wonderful art created by women you may not know, but should. (P.S. Men are welcome in this course—do not be intimidated!) • Facilitated discussion.

Recommended text:
• Whitney Chadwick, Women, Art, and Society (9780500204054); early editions are fine, used copies are available at substantial discounts.

Ruth Caccavale has taught a variety of art history courses for OLLI. She works in the education department of the Nasher Museum. Ruth taught art history at Rutgers University for 10 years. She has worked in a number of museums including the Cloisters and the Metropolitan Museum of Art in New York City. Ruth earned an undergraduate degree in art history and psychology from Duke and a master’s in art history with a museum studies certificate from Rutgers.

• 9 Wed, Sep 15–Nov 10, 3:30–4:45pm
• Online via Zoom
• Maximum: 14; Fee: $100; Course ID: 2877

Artistry in Glass: Antiquity to the 21st Century
The explosion of glass as an art form over the last 30 years has roots that extend back over 3,500 years. After a brief introduction to glass chemistry and structure, this course follows the historical development of both utilitarian glass and art glass from Phoenicia, Egypt, Rome, Islamic lands, Venice, England, Germany, and the United States. Material covers artistic methods along with the people who advanced both glass art and art craftsmanship—Galle, Daum(s), Tiffany, Littleton, Chihuly, and many others. There is particular emphasis on the glass objects of the art nouveau and art deco periods and their relationship to the other art movements of the time, as well as post-World War II and contemporary glass art objects. Many examples of art glass pieces and forming methods will be shown.

• Lecture + Q&A.

Rob Vandewoestine graduated from Purdue University with a PhD in engineering and spent over 35 years working for Corning Glass Works in a variety of areas, mostly in research and development. In addition to having an interest in art history, he has been active in the restoration and display of antique automobiles.

• 10 Tue, Sep 14–Nov 16, 9:00–10:15am
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $100; Course ID: 3303

Zoom Links In Online Student Portal
OLLI members who register for online courses will find the Zoom links in their Student Portal at learnmore.duke.edu/olli.

For details, refer to www.olliaduke.online/studentlink.
Inside the Artists Studio:
Artists Who Challenge Us

Inspired by James Lipton’s Inside the Actors Studio, this course will feature seven outstanding contemporary artists from around the US. This diverse group varies in ethnicity, geographic representation, age, and approach to creative expression. Each artist will present an overview of the arc of their creative expression, which will be followed by an interview between the instructor and artist. Students will then be encouraged to ask questions of the artist. The creative works of these artists include public art, socially and politically informed and/or engaged art, painting, sculpture, and performance and conceptual art. The interviews will probe the content of each artist’s work, their medium of expression, and what informs them, all in the interest of better understanding the complexity of what it evokes in us. We’ll explore the changing perception of aesthetics in contemporary art and the role of the artist in society as it evolves with these cutting-edge artists. • Facilitated discussion.

Guest Speakers:

Sept 14: Pedro Lasch is a visual artist born in Mexico City. He produces works of conceptual art, institutional critique, social practice, and site-specific art, often touching on the international immigrants’ movement, colonialism, and other political arenas. His work has been shown in many national and international institutions. He is the author of four books and director of the Social Practice Lab at the Franklin Humanities Institute at Duke. His online course ART of the MOOC—which is both a teaching tool and a work of art in itself—has enrolled 29,000 students from 134 countries.

Sept 21: Elizabeth Alexander is an interdisciplinary artist specializing in sculptures and installations made from castings or deconstructed domestic materials. Her highly evocative works unearth elements of human behavior and the hidden emotional lives that exist within us, our homes, and our culture. Alexander holds degrees from the Cranbrook Academy of Art and Massachusetts College of Art and Design. Her work has been featured as a Burke Prize finalist at the Museum of Arts and Design, and in the Crystal Bridges Museum of American Art. Her paper artistry was included in the Women to Watch 2020 exhibition at the National Museum of Women in the Arts.

Sept 28: Mark Steven Greenfield’s remarkable and prolific work delves into complexities of the African American experience, with themes that include African American stereotypes, spiritual practices, social justice, and the Black Madonna. Greenfield has held many positions including being a graphic design instructor, a police artist, and an arts administrator for the Los Angeles Department of Cultural Affairs (including for the Watts Towers and Los Angeles Municipal Art Gallery). He served as head of the 1998 US delegation to the World Cup Cultural Festival in Paris. Greenfield has an art degree from UCLA and has been a visiting scholar at the Getty Museum. His work has been shown extensively throughout the US and internationally.

Oct 5: Stacy Levy is a sculptor who works with ecological natural processes. Her installations often involve the flow of rain, watersheds, bodies of water, gardens, and landscapes, along with weather and light, to create memorable pieces alive with nature, sensations, and questions. With degrees from Yale and Temple Universities, her work has won many awards. She has installed commissions in Ontario (Lotic Meander), Seattle (Cloudstones), Pennsylvania (Water Map, Kept Out, River Eyelash), New York (Tide Flowers), Arkansas (Spiral Wetland), and elsewhere.

Oct 12: Stacy Lynn Waddell notes her art is characterized by “repetitive motifs, gilding and other forms of embellishment combined with alchemical and heat-based methods [to] create a system of emphatic marks and disintegrating
tones that highlight my anxieties . . . in a New Age . . . that is uniquely American.” With an MFA from UNC and numerous artist residencies, her work has been shown widely, including at the Nasher Museum of Art, Ackland Art Museum, North Carolina Museum of Art, Weatherspoon Art Museum, Bechtler Museum of Modern Art, MINT, Pennsylvania Academy of the Fine Arts, Crystal Bridges Museum of American Art, Sackler Center for Feminist Art, Institute of Contemporary Art, the Studio Museum in Harlem, and elsewhere. She will be doing a residency as a Civitella Ranieri fellow in Umbria, Italy, next year.

Oct 19: Nora Ligorano and Marshall Reese have collaborated for over 30 years. They have embraced hardware and software art, limited edition multiples, videos, sculptures, and installations, with both traditional and digital processes. In the late 2000s, they began installing a series of temporary public monuments during the political conventions called Melted Away. These sculptures of words carved in ice are filmed and streamed as they melt away and disappear. They have presented seven of these sculptures in eight different cities including the conventions in 2008, 2012, and 2016. Articles about their work have been published in the New York Times, Artforum, Art in America, the Huffington Post, on television, and elsewhere. They have received many awards, grants, fellowships, and artists residencies.

Please note: The instructor recommends students conduct Internet research on each artist prior to their interview. Each featured artist has an extensive website with biographical information, professional accomplishments, images of their work, and links to publications of their work including some videos.

Suzanne Fetscher is a former nonprofit executive director with more than 25 years of experience. An artist herself, she currently works as a consultant helping nonprofits with organizational and programmatic evolution. In 2017, Suzanne retired from McColl Center for Art + Innovation in Charlotte after founding the organization and serving more than 400 artists from around the world.

- 6 Tue, Sep 14–Oct 19, 11:00am–12:15pm
- Online via Zoom; Sessions are recorded
- Maximum: 290; Fee: $70; Course ID: 3191

From Low Art to High Art: Genres and Genre Painting in the Early Modern Era

“I would rather be the first painter of common things, than second in higher art.”

—Diego Velazquez

What motivated major artists of the early modern era to produce paintings of minor subjects? In the Renaissance and Baroque, the most highly regarded subjects in art were so-called histories: religious, mythological, or historical narratives. Yet many of the era’s most progressive artists poured their creative energies into the less-esteemed genres of portraits, still lifes, landscapes, and scenes of daily life. This course highlights landmark paintings from each of the four genres and explores how their creators—El Greco, Leonardo, Vermeer, Velazquez, and others—transformed “lowly” subjects into works of “high” art greatly valued by collectors across Europe. Many inventive painters created new hybrid subjects that blurred the distinctions among the genres and ultimately contributed to the transformation of the prestigious genre of history painting itself. • Lecture + Q&A.

Carolyn Wood has a PhD in art history with a specialty in Renaissance and Baroque art. She has taught art history and museum studies at Bowdoin College, the University of Georgia, and UNC–Chapel Hill. She worked at the Ackland Art Museum for many years, serving as educator for university audiences and as assistant director for art and education. Now retired, she has been teaching OLLI art history courses since 2012.

- 6 Tue, Sep 14–Oct 19, 1:30–2:45pm
- Online via Zoom
- Maximum: 24; Fee: $70; Course ID: 3302
Icons of Architecture: World-Renowned Buildings and Their Creators

Join us as we explore eight timeless icons of architecture from the earliest days of recorded history to the present. Who created them, and why? What engineering innovations shaped them and made them work? What makes them great? How has their impact spanned the centuries and influenced our world? Some of these icon creators thought themselves gods. Others were devoted to God. A few were driven by arrogance and power. Some were creative poets, and some were pragmatic. Several iconic buildings had large cost overruns that nearly bankrupted their communities. Some generated controversies. One was built by 80,000 slaves. Another, still in construction, will have taken 147 years when it is completed in 2026. One took just two years to complete. Six are UNESCO World Heritage sites. Slides and videos will highlight the Great Pyramid, Parthenon, Colosseum, Eiffel Tower, Sagrada Familia basilica, Sydney Opera House, Burj Khalifa, and the Heydar Aliyev Center. • Lecture + Q&A.

Peter Blaufeux is an emeritus member of the American Institute of Architects with a BFA in design from Temple University and a B Arch from City University. He was a licensed architect in multiple states, the principal of his own architectural design firm for 20 years, and the director of healthcare design for the New York region of a multinational architecture, engineering, and construction corporation. He has taught previous OLLI courses, and is a member of the OLLI Board of Advisors

• 8 Wed, Sep 15–Nov 10 (no class Oct 20), 3:30–4:45pm
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $90; Course ID: 3312

Computers

A Hitchhiker’s Guide to AI: Where We Are, How We Got Here, and Where We’re Going

See listing on page 35.

Computer Security & Privacy: Practical Steps to Stay Safe

See listing on page 36.
Federal Budget & Debt: So What?

The federal budget is $5-plus trillion, the federal debt is $28-plus trillion ($85,000-plus per person) and growing, with critical unmet needs. The US and North Carolina economies and services rely heavily on the federal budget. Join us to understand how the budget is constructed, how spending decisions are made and by whom, how our tax dollars are used and accounted for, who benefits, what makes up the debt, and whether the debt can be reduced. These and other similar topics will be discussed with class engagement and participation. Let’s learn together and see if we can “have our cake and eat it too.” Past participants are welcome: data and information are ever changing. The course content is updated in light of recent developments. • Facilitated discussion.

Please note: Website suggestions and articles may be provided before class for review if participants choose, but are not required.

Ed Johnson is a retired federal executive and federal budget and finance expert (former chief financial officer, budget director, financial manager, strategic planner). Ed’s highly recognized experience is top to bottom, having worked for/with the White House, Congress, many federal agencies, state/local governments, and oversight entities.

Dale Pahl is a former Environmental Protection Agency executive whose expertise includes strategic planning, science policy decision making, planning/budgeting/accountability, and program design/evaluation. Dale worked directly with EPA senior leadership, the White House Office of Science and Technology Policy, congressional members and staff, the Government Accountability Office, and others.

- 6 Thu, Oct 7–Nov 18 (no class Oct 28), 11:00am–12:30pm
- Online via Zoom
- Maximum: 24; Fee: $75; Course ID: 2885

Modern Political Theory: 16th Century to the Contemporary Period

See listing on page 34.

New Lens: A New Way of Looking at Important Topics

See listing on page 42.

The Supreme Court in America

See listing on page 22.

American Foreign Policy

See listing on page 21.

Toward a More Equitable Durham: Parables, Paradoxes, and Partnerships

See listing on page 47.

OLLI Fall Registration

Registration for fall term opens 9:00am on Tue, Aug 24, for Mon/Tue courses, and 9:00am on Wed, Aug 25, for Wed/Thu/Fri courses. Register at learnmore.duke.edu/olli.
The World Today

This course is for those interested in current events. Each week we will discuss news and issues from around the world and at home. The facilitator will provide an agenda, and members of the class are permitted to propose additional discussion topics. Active participation is encouraged (but not mandatory), as it expands our understanding of the many perspectives that might, and do, affect us. Discussions are enriched by the variety of class members’ backgrounds, expertise, and viewpoints. Topics are discussed knowledgeably, respectfully, and, sometimes, with passion, but we always end with humor. Each facilitator is a news/politics junkie and has led discussions many times. Each brings his/her own distinctive style and background to the course, and, most importantly, each will encourage a wide selection of views from class members. We are especially looking for members who represent points of view from across the political spectrum.

• Facilitated discussion.

Henry Blinder served as city attorney for the City of Durham for many years prior to retirement. He is past president of the North Carolina Association of Municipal Attorneys and a former deputy attorney general for the State of New Jersey. He has a JD degree from Duke’s School of Law, and has lived in Durham for more than 35 years.

Dean Block has served in municipal government in three cities, as budget director, deputy city manager, and public works director, prior to retirement. He began his career as an officer in the US Navy. Dean holds a master’s degree and has lived in the Triangle since 2009.

Ginnie Gruendel held senior level positions in Fortune 100 companies as well as biotech start-ups as a human resource professional and change management leader. Later, she started a career coaching practice to continue doing the work she loved, helping individuals find their best-fit career. Originally from Philadelphia, she came to Wake Forest 13 years ago.

Stuart Kaplan performed agricultural research for over 40 years. He earned his MS and PhD degrees in crop physiology from Purdue University. Since retiring, Stuart typically volunteers weekly at Red Cross blood drives throughout the Triangle. He has taken over 30 OLLI courses, covering a wide range of subjects, and lectured on GMO crops.

Doug Longman spent 25 years in marketing management for Fortune 100 firms. He holds a doctorate in business administration and taught at the University of Texas, UNC—Chapel Hill, and the University of Chicago. Over the past 15 years, he has taught more than 30 OLLI courses in international political economy, public policy, economics, and politics/political science.

Virginia Gray, PhD, taught political science at the Universities of Kentucky, Minnesota, and North Carolina. She participated in election night survey analysis for NBC News in the 1980s. She is an expert on state politics; public policy, including health care reform and criminal justice; and interest groups. Dr. Gray has published widely on these and other topics.

• 10 Wed, Sep 15–Nov 17, 11:00am–12:30pm
• Online via Zoom
• Maximum: 85; Fee: $100; Course ID: 0393

Questions about Registration?

To make your registration experience easier and less stressful, see the answers to some frequently asked questions on pages 55–56.

Answers to more general FAQs can be found at learnmore.duke.edu/olli.
The Zentangle Art Method
In this six-week course, students will learn how to draw using the Zentangle® art method. The first class will be Intro to Zentangle, which will teach the history and philosophy of Zentangle. In this class, students will also learn how to draw at least eight tangles (patterns) along with some basic shading techniques. Each subsequent class will add new tangles and more advanced patterns, giving students a thorough experience with this fascinating art method. This course is for beginners as well as experienced students.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $20. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Please note: Please have supplies for the first class!

Recommended text:
• Rick Roberts, Zentangle Primer, Vol. 1 (9780985961459)

Cathy Boytos is an artist, graphic designer, photographer, and certified Zentangle teacher (CZT). She lives in Raleigh with her husband, Greg, and their cat, Annie. She is currently teaching Zentangle classes and workshops in the Triangle area. Her wish is to be your guide on a journey toward enjoying an art method that is easy to learn, simple to comprehend, and fulfilling beyond expectations.

• 6 Thu, Sep 23–Oct 28, 1:30–3:30pm
• Online via Zoom; Sessions are recorded
• Maximum: 50; Fee: $120; Course ID: 3204

Watercolor Painting: Mallards
If you have always wanted to paint with watercolors, this may be your opportunity. In this course, you will learn through a combination of demonstration, instructor guidance, and doing. At the end, you will have completed a ready-to-frame waterscape of a charming family of mallard ducks swimming through an ethereal pond of lotus blossoms and giant lily pads. You will be sent, in advance, the drawing of what you will be painting and the instructions on how to transfer it to your watercolor paper. During the course, we will use a wide variety of techniques and tricks to render this lovely painting. This is a particularly good painting to teach perspective and composition principles. • Active participation.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $300. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Please note: Closely review the list of required supplies and allow plenty of time to order them. Your initial investment is costly, but you will have everything you need to paint for years to come. For more details, see the instructor’s website, Watercolor Wings, at carollizfynn.com.

Carol Fynn is a master teacher, artist, and demonstrator who has taught watercolor painting across the US and Europe for 25 years.

• 5 Thu, Sep 23–Oct 28 (no class Oct 21), 9:00–11:00am
• Online via Zoom; Sessions are recorded
• Maximum: 14; Fee: $110; Course ID: 3320

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom:
www.olliatduke.online
**Abraham Lincoln & Slavery: We Cannot Escape History**

No US president affected American history more than Abraham Lincoln. Slavery and civil war threatened the country during his presidency. Lincoln’s views on slavery, race, and a perpetual union warrant examination from the perspective of his own time without prejudice of hindsight. Lincoln hated slavery and he championed “Liberty to all,” but he never fully endorsed racial equality. We will examine Lincoln’s essential characteristics, his rise to political prominence, and his leadership as president. Was Lincoln prejudiced against Black people and a reluctant liberator? Or was he an egalitarian with genuine abolitionist beliefs and purpose? Did Lincoln’s pragmatism disable his ability to compromise and avoid war? Were integrity, empathy, and prescient wisdom indispensable to Lincoln becoming the abolition president? Was Lincoln an adept commander in chief? All are important subjects that keep Lincoln relevant today and are worth study. The truth can be brutal, and history is dangerous. • Lecture + Q&A.

Please note: The instructor will post suggested readings and other information on the course website.

Joe Simpson has a BA in history from UNC–Chapel Hill. He has studied the Civil War era, slavery, and Abraham Lincoln for 30 years. In 2020–2021, Joe taught online OLLI Lincoln courses at Duke and NC State University. He has written extensively about Abraham Lincoln for a future book, and is an active member of the Lincoln Forum.

**American Foreign Policy**

The course American Foreign Policy addresses the constitutional and conceptual foundations of American foreign policy in terms of international relations theory and the specific context of “American exceptionalism.” The course traces the institutions and historical political framework of American foreign policy and then focuses on the American post-World War II policies in Europe, the Asia-Pacific region, Latin America, Africa, and the Middle East. Conceptual presidential “doctrines” will be addressed throughout. • Lecture + Q&A.

Please note: There is no recommended text. The instructor will provide his handout narratives on his website.

William Davidshofer holds a PhD in political science with a specialization in Russian and Eastern European studies from the University of Notre Dame. He has taught many OLLI courses, after finishing a 40-year teaching career at the University of Maine at Presque Isle. He has recently published a work entitled Marxism and the Leninist Revolutionary Model.

• 10 Wed, Sep 15–Nov 17, 1:30–2:45pm
• Online via Zoom
• Maximum: 35; Fee: $100; Course ID: 3313

**Artistry in Glass: Antiquity to the 21st Century**

See listing on page 14.

**Everyone Has a Story: Exploring Memory, Family History, and Jewish Poland**

See listing on page 41.
The Supreme Court in America

The Supreme Court has always been among the most revered institutions of American society. It represents legality, integrity, and America stability. Yet in recent times, politics have eroded the reputation of the court, and its moral position has lessened even as its importance has become ever more apparent. This course examines SCOTUS throughout American history, including the documents that it interprets, the people who make its decisions, and the impact of those decisions on American life. The law is often considered meticulous and dull, but the history of SCOTUS is full of mystery, drama, and excitement. Figures of vast importance stride through the dusty pages of court history, and the decisions they made continue to set the parameters of national life. Americans often claim their rights as citizens, while not fully appreciating the court that provides for and limits them. In this course, you will gain an appreciation of the vital role that SCOTUS has played in our history. • Lecture + Q&A.

Recommended texts:
• Alexander M. Bickel, The Least Dangerous Branch (9780300032994)
• David A. Kaplan, The Most Dangerous Branch (9781524759919)

George Lankevich is a retired professor emeritus of history, the City University of New York, where he taught for three decades. He has written and edited over 30 books, including volumes on SCOTUS, the justices of the court, and the Bill of Rights. A resident of Fearrington Village in Pittsboro, he often lectures to local groups.

• 10 Mon, Sep 13–Nov 15, 11:00am–12:15pm
• Online via Zoom
• Maximum: 290; Fee: $100; Course ID: 3293

French Revolution & Napoleon

Most historians look to the French Revolution as the time when the modern age began, when Western society, economics, culture, and politics began to be altered at fundamental levels, transforming Europe from an essentially medieval landscape where traditional forms dominated to one where democracy, free market capitalism, and ingrained tech-driven notions of social “progress” took hold. To understand this transition, one needs to understand the French Revolution and the spread of revolutionary values across Europe that came with the Napoleonic wars and reforms. Students will develop an appreciation of how much our modern 21st-century world is linked to that of France between the years 1789 and 1815. • Lecture + Q&A.

Jared Day, PhD, taught American history at Carnegie Mellon University in Pittsburgh for 16 years. His areas of specialization are US political, urban, and cultural history as well as world history from the 15th century to the present. He is the author of several books along with numerous popular and peer-reviewed articles. He now teaches at Three Rivers Community College in Norwich, Connecticut.

• 5 Thu, Oct 21–Nov 18, 9:00–10:15am
• Online via Zoom
• Maximum: 290; Fee: $60; Course ID: 3295

OLLI Fall Registration

Registration for fall term opens 9:00am on Tue, Aug 24, for Mon/Tue courses, and 9:00am on Wed, Aug 25, for Wed/Thu/Fri courses.

Register at learnmore.duke.edu/olli.
China & American Primacy: US Strategy in the Asian Century

How should the United States respond to a China that seems determined to overturn the liberal international order? In the aftermath of its recent America First strategy, should the US seek to rebuild its Indo-Pacific formal and informal alliances? If so, how might these countries respond to our overtures? Is the US still viewed as a reliable partner, or has its recent actions destroyed trust in America? What kinds of relationships with these regional allies and partners would best help to frustrate Chinese ambitions? How might China react to such a strategy? In this discussion course, we will explore these questions, and others, by reading *US Strategy in the Asian Century: Empowering Allies and Partners* by Abraham M. Denmark. • Facilitated discussion.

Please note: Students must commit to the weekly readings of approximately 25 pages in order to participate fully in the discussion. There are no prerequisites for this course.

Required text:
- Abraham M. Denmark, *US Strategy in the Asian Century: Empowering Allies and Partners* (9780231197656)

Richard Melanson received his PhD in international relations from the Johns Hopkins University and enjoyed a 38-year academic career. He was on the faculty at UCLA, Kenyon College, Brown University, and the National War College. He has written several books on US foreign policy since World War II and has been an OLLI instructor at George Mason and Duke for several years.

- 10 Thu, Sep 23–Dec 2 (no class Nov 25), 11:00am–12:15pm
- Online via Zoom
- Maximum: 14; Fee: $100; Course ID: 3286

Hannah Arendt: On Human Nature, Jewish and German Identity, and the Holocaust

See listing on page 34.

The Early Middle Ages: Late Antiquity to the Norman Conquest

This course will look at the history of Western Europe from the Roman Empire’s Crisis of the Third Century through the Norman Conquest of England in the 1000s. Among the topics that will be covered are the decline and fall of the western half of the Roman Empire, the rise of Christianity and monasticism, and the Arab conquests. The course will also cover the early history of England, France, and Germany, including the rise and fall of the Carolingians, the Vikings, and the early days of the Holy Roman Empire. • Lecture + Q&A.

Please note: This is the first of a two-part course on the Middle Ages. The instructor anticipates covering the period from around 1100 to the end of the Middle Ages in a later course.

Pat Gaegler received her BA in history from UNC–Chapel Hill, and her JD from the University of Michigan. Although Pat spent her career practicing law, history has remained her lifelong passion. Pat has previously taught several history courses at OLLI.

- 10 Tue, Sep 14–Nov 16, 9:00–10:15am
- Online via Zoom; Sessions are recorded
- Maximum: 290; Fee: $100; Course ID: 3294

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom:
www.olliatduke.online
Reading Northern Soldiers’ Civil War Letters

Civil War soldiers’ letters have often been relegated to supporting information on military events. Today, thousands of letters are now accessible through our major universities, public libraries, and historical societies. By including the soldier’s voice, we can better understand Northern soldiers, their ideologies, and the war. First, we must familiarize ourselves with the soldier and the genre. The purpose of this course is to provide a framework for reading Civil War letters to enrich your understanding of the war and perhaps embark on your own study of a soldier’s letters. The course will have five major units: the Northern soldier’s social composition, 19th-century literacy, epistolary theory, common features of letters, and ways of classifying soldiers’ letters. Sample letters drawn from several subgroups of Northern soldiers will be illustrated throughout the course, with students having opportunities to read and analyze letters by using the suggested framework for reading. • Lecture + Q&A.

Steven M. Gates is a retired educator from Sioux City, Iowa, who served as faculty, academic dean, chief academic officer, and president during his career. His present scholarship includes 19th-century literacy and culture, and Civil War studies. He is nearing completion of a manuscript that considers his great-grandfather’s social and political transformations as revealed through his letters. He holds a BA and an MA in English and a PhD in English education from the University of Iowa.

• 6 Wed, Oct 13–Nov 17, 9:00–10:15am
• Online via Zoom
• Maximum: 40; Fee: $70; Course ID: 3299

Caste: A Discussion Group

See listing on page 41.

The Story of London, Part 1: From the Romans to the Restoration

What comes to mind when you think of London? Buildings, such as the Tower of London, Hampton Court Palace, or St. Paul’s Cathedral? People, like Chaucer, Queen Elizabeth I, or Milton? The River Thames, flanked by the Globe Theatre, the London Docks, and the Houses of Parliament? This great city has also seen many events that shaped the course of history. In part 1 of this course, we’ll explore the history of the buildings, people, and culture of London from the Romans to the Restoration (43–1714 CE) and discover how London grew from a tiny settlement to become one of the world’s great cities. Part 2, planned for the winter term, will cover Georgian London to the Swinging Sixties. As Samuel Johnson said, “When a man is tired of London, he is tired of life; for there is in London all that life can afford.” • Lecture + Q&A.

Margaret Brill was the British history librarian at Duke. She was also head of reference, maps librarian, and librarian for medieval and Renaissance studies. She grew up just outside London, and has a BA in history from the University of London, a master’s in library science from North Carolina Central University, and a master’s in liberal studies from Duke. Her primary interest is social history, especially women’s history.

• 6 Tue, Oct 12–Nov 16, 11:00am–12:15pm
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $90; Course ID: 3310
Exploring the Queer South

People often believe that Queer culture resides only in large coastal cities in the US. The study of the Queer South remains at the very edges of academic scholarship, and the modern Queer South is at best a cautionary tale and at worst a loose collection of classist stereotypes. This course seeks to unpack and explore the wide variety of Southern Queer culture and its impact on the rest of the country. Using primary sources, podcasts and blogs, new scholarship, and popular culture, this course will help students understand the diversity of Southern Queer experience as we look back at the communities that have organized, fought, hurt, healed, and bled together in order to build strong and stable communities of grassroots networks and political structures. We will be working with existing Queer archival organizations to create new research in the Queer South, and over the course of the term we will build a blueprint of the landscape of the Queer South. • Lecture + Q&A.

Please note: As this is a small-group lecture course students will have ample opportunity to ask questions and should be prepared to engage in a robust discussion. Students are expected to read the required weekly readings (of varying lengths). The instructor suggests students do weekly posts after reading, so they capture their thoughts and are able to refer to them in class.

Required texts:
• Connie Griffin, Crooked Letter “i”: Coming Out in the South (9781588383136)
• John Howard, Carryin’ On in the Lesbian and Gay South (9780814735602)

Josh Burford is an archivist, an activist, and a radical educator with over 20 years’ experience working with Queer communities. Josh is the director of outreach for the Invisible Histories Project. Josh is passionate about the preservation and documentation of Southern Queer history and how we can make it more accessible to the Queer community. Josh holds a master’s in American studies with a focus on Queer history and a master’s in library and information studies with a focus on archiving.

• 7 Mon, Sep 13–Nov 8 (no class Oct 4, Oct 11), 1:30–3:00pm
• Online via Zoom
• Maximum: 20; Fee: $90; Course ID: 3300

History of the Black Press

See listing on page 40.

OLLI Fall Registration

Registration for fall term opens 9:00am on Tue, Aug 24, for Mon/Tue courses, and 9:00am on Wed, Aug 25, for Wed/Thu/Fri courses.

Register at learnmore.duke.edu/olli.

Zoom Links In Online Student Portal

OLLI members who register for online courses will find the Zoom links in their Student Portal at learnmore.duke.edu/olli.

For details, refer to www.olliaduke.online/studentlink.
British Novelist
Kazuo Ishiguro:
From Butlers to Robots

The winner of the 2017 Nobel Prize in Literature, best-selling author Kazuo Ishiguro is one of the most highly acclaimed contemporary writers. While relating an apparently straightforward autobiographical tale, his first-person narrators bring us to confront such profound issues as what it means to be a human. In The Remains of the Day, Stevens is an impeccable English butler late in his career. Never Let Me Go presents cloned children raised for the purpose of harvesting their organs to cure diseased adults. Klara and the Sun creates a dystopian world much like our own, except, in it, genetically enhanced children are given robot Artificial Friends to combat their loneliness. Closely examining the novels helps us appreciate the subtleties of Ishiguro’s deceptively simple style, and his many Internet interviews reveal an impressive generosity of spirit. We will also briefly consider the filmed versions of the first two novels, which students are encouraged to watch on their own. • Facilitated discussion.

Please note: Print and Kindle editions of the novels are acceptable. Interested students can watch the delightful Kazuo Ishiguro Nobel Lecture on YouTube.

Required texts:
• Kazuo Ishiguro, The Remains of the Day (9780679731726)
• Kazuo Ishiguro, Never Let Me Go (9781400043392)
• Kazuo Ishiguro, Klara and the Sun (9780571364886)

L’Histoire des Francaises

The course will endeavor to relate the history of French women throughout the centuries. Loved, admired, sung, idealized but also reviled, vilified, mocked: the French woman was all of these. Dependent on her father or husband, she endured submission for centuries, with a few exceptions, like Christine de Pisan, Blanche de Castille, Alienor d’Aquitaine, and Olympe de Gouge. Others fought to prove that they could get a degree and think. The World Wars were a turning point, showing that women could perform men’s jobs and stand on their own. The period of submission would slowly be replaced by a period of rebellion, such as Le Mouvement de Liberation des Femmes. We will consider to what extent women have reached equality today. Examples from history and literature as well as paintings and YouTube videos will illustrate how the fate of French women evolved. • Facilitated discussion.

Prerequisites: Students should have a high-intermediate or low-advanced level of French and an ability to access documents on the instructor’s website and on the Internet.

Claire Davidshofer, a native of France, has lived in Africa, France, England, and Maine. She has an MA in English and American literature from L’Universite d’Aix-en-Provence. Her experience includes teaching high school, adult education, and college French at the University of Maine at Presque Isle, as well as translating and interpreting. So far, she has taught 17 different courses at OLLI.

• 10 Thu, Sep 23–Dec 2 (no class Nov 25), 1:30–2:45pm
• Online via Zoom
• Maximum: 24; Fee: $100; Course ID: 3301
Exploring Mysteries: Solving the Mystery of Mysteries

In six sessions, students will dive into mystery, thriller, and crime fiction. The course will be led by five published mystery and crime authors, all of whom are members of Triangle Sisters in Crime. The Sisters will reveal clues on the history of mystery, golden age of mystery rules, mystery elements, the hero’s journey, and the role of humor and suspense in keeping us glued to the page. Students will learn to recognize clue types and red herrings, and how to spot the unreliable narrator a mile away. Have pad and pen ready, because one session will focus on subgenres of mystery—cozy, sports, humor, historical, horror, pot boiler, legal, PI—with the latest and greatest recommended titles for each. The class will debate the pros and cons of mystery tropes such as the femme fatale, country manor, or cerebral detective. Students will gain a deeper understanding of the craft of mystery fiction and its many components. • Lecture + Q&A.

Guest Speakers:

Melissa Bourbon is the national bestselling author of more than 25 mystery books, including the Book Magic mysteries, the Lola Cruz Mysteries, the Magical Dressmaking Mystery series, and the Bread Shop Mystery series, written as Winnie Archer. Visit Melissa’s website melissabourbon.com, follow her on Facebook MelissaBourbonWinnieArcherBooks, or follow her on Instagram @bookishly_cozy.

Diane Kelly, a former assistant state attorney general and tax adviser, writes funny mysteries that feature feisty female lead characters and their furry, four-footed friends. She is the author of over 30 novels and novellas, including the Death and Taxes, Paw Enforcement, and House-Flipper Mystery series. Her Southern Homebrew Moonshine mystery series and her Mountain Lodge mystery series are coming soon. Find her at dianekelly.com, on Twitter @DianeKellyBooks, and on Facebook DianeKellyBooks.


Molly Weston has reviewed and lectured about mysteries for some three decades. She hosts the virtual Molly on Mysteries for Cary’s Page Walker Cultural Arts Center. For many years she organized and hosted author minitours in the Triangle. In 2015 the Mystery Writers of America gave her the Raven Award for outstanding achievement in the mystery field outside the realm of creative writing. She edited the Triangle Sisters in Crime quarterly for 10 years.

Please note: Before the first class meeting, students are expected to read one mystery of their choosing and be eager to discuss it.

Sara E. Johnson, a former educator, is the author of Molten Mud Murder and The Bones Remember, forensic mysteries set in New Zealand. Her third book, The Bone Track, comes out February 2022. She is president of Triangle Sisters in Crime and a member of the North Carolina Writers’ Network. Find Sara at sarajohnsonauthor.com, on Instagram @sarajohnsonwrites, or search “Sara-Johnson-Author” on Facebook.

• 6 Mon, Sep 13–Oct 18, 11:00am–12:15pm
• Online via Zoom
• Maximum: 290; Fee: $70; Course ID: 3287

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom: www.olliatduke.online
Teachers in Fiction & Film: An Examination

The smug adage “Those who can, do; those who can’t, teach” fails to acknowledge the profound influence teachers can exert. In this course we will consider how fictional teachers are portrayed and what these depictions say about how society views education and educators. After an overview of types of teachers seen in fiction and film, we will zoom in—pun intended!—on three novels in which teachers play significant roles in and out of the classroom. From the Scottish girls’ school where the formidable Jean Brodie reigns, to the rural African American plantation class taught by a former student, to a Midwestern university English department where two grad students are studying to be professors, we will examine how master writers craft memorable characters who both positively and negatively affect their students and their wider worlds. Each week we will also watch and discuss film clips from plays and movies such as The History Boys, Master Class, Dead Poets Society, and Whiplash. • Facilitated discussion.

Please note: Any edition of the required texts, either in print or digital form, is acceptable.

Required texts:
- Muriel Spark, The Prime of Miss Jean Brody (9780061711299)
- Ernest Gaines, A Lesson before Dying (9780375702709)
- Wallace Stegner, Crossing to Safety (9780375759314)

Having spent much of her life as both a student and a teacher, Marjorie Lancaster has an undergraduate degree from Duke and a graduate degree from Tulane University. Since 2015, she has taught several interdisciplinary courses at OLLI. She believes that a good class is fueled by the participants’ curiosity, a guided scrutiny of the texts, and inclusive participation that brings out the many facets of the artistic work.

- 8 Tue, Sep 14–Nov 2, 11:00am–12:15pm
- Online via Zoom
- Maximum: 24; Fee: $90; Course ID: 3317

The Backstory of a Poem: Sources of Inspiration

Most of us were taught poetry by counting lines, identifying metaphors, and searching for symbolism. But that is not what this course will do. Instead, we will explore and discern poems’ catalysts. The ancient Greeks counted nine goddesses as Muses. Three Muses prompted the creation of poems. Today, however, Muses are unconstrained in number and variety. For example, a painting, a piece of music, a person, or an event can grab the poet’s attention and inspire the poem’s growth. We will identify these catalysts and examine their unspoken appearance in the poems we study. If music was the inspiration, together we will listen to it; if the inspiration was a painting, the class will examine it. By the end of the course, you will be able to identify what may have been the catalyst for a poem, and consider whether knowledge of a poem’s backstory affects how you relate to the poem itself. • Facilitated discussion.

Please note: Before each class meeting, students are expected to read the assigned poems. The poems, or links to them, will appear on the course’s website. Class momentum will be fueled by discussion; each participant is to read the poem at hand and come to class prepared to join in a lively exchange of views.

Terri Strug holds the PhD in English and comparative literature from UNC–Chapel Hill. She worked with the Musikverein’s director to assemble Richard Strauss’s working letters, stage designs, and documents. She taught English literature, women’s studies, and world literature at Salem College, the College of Charleston, and Winston-Salem State University, and has contributed to a volume in the Oxford Companion series. Terri was active with Dartmouth’s OSHER before moving south in 2018.

- 6 Mon, Sep 13–Oct 18, 11:00am–12:15pm
- Online via Zoom
- Maximum: 18; Fee: $70; Course ID: 3296
Reading Northern Soldiers’ Civil War Letters

See listing on page 24.

The Literature of Plague: Fiction and Pandemic from the 18th Century to the Present

COVID-19 has so thoroughly upended everyday life for people around the world that it is easy to think that this public health crisis is an unprecedented event. However, mass-scale disease and death have been part of the history of humanity since time immemorial, and just as this pandemic was not the first, it is unlikely to be the last. In this course, students will read four novels, one from each century since the 18th century, dealing explicitly with contagion and its consequences: Daniel Defoe’s *A Journal of the Plague Year* (1722), Mary Shelley’s *The Last Man* (1826), Albert Camus’s *The Plague* (1947), and Ling Ma’s *Severance* (2018). While some attention will be paid to historical, cultural, medical, and philosophical contexts, class discussions will focus on how these novels not only addressed the anxieties and concerns of their time but also potentially inform our own current reality.

• Facilitated discussion.

Please note: Students should acquire the specified editions and translations of required books.

Required texts:
• Daniel Defoe, *A Journal of the Plague Year* (9780140437850)
• Albert Camus, *The Plague* (9780679720218)
• Mary Shelley, *The Last Man* (9780199552351)
• Ling Ma, *Severance* (9781250214997)

Charles Joseph Del Dotto received his undergraduate education at Princeton University and holds master’s and doctoral degrees in English from Duke University. This course is the 20th he’s taught for OLLI at Duke since 2014.

• 10 Mon, Sep 13–Nov 15, 9:00–10:15am
• Online via Zoom
• Maximum: 24; Fee: $100; Course ID: 3292

Help Shape the OLLI Curriculum

Is there a course you would like to see offered? Do you know someone who would be a great instructor?
Are you interested in teaching a course in an area of your interest/passion?
Contact Beth Anderson, chair of the Curriculum Committee, at curriculum@olliatduke.org.
We value your ideas!
Performing Arts

**Herman, Bock & Harnick 101: More Musicals from Broadway’s Golden Age**

Composer and lyricist Jerry Herman and the team of composer Jerry Bock and lyricist Sheldon Harnick gave us several of the most popular and well-regarded musicals of Broadway’s “golden age,” including *Hello, Dolly!, Mame, La Cage aux Folles, She Loves Me, The Apple Tree, and Fiddler on the Roof*. Each online session in this course will be primarily a lecture with video and audio clips, but there will be opportunities during class to submit questions and make comments. A course website will provide handouts as well as links to online videos and other resources.

- **Lecture + Q&A.**

**Recommended text:**

**Alan Teasley** began his career as a high school English and drama teacher. He retired in 2006 after working for 31 years in the Durham Public Schools. A member of the OLLI Board of Advisors, he is an avid theatergoer with a particular fondness for American musicals. His previous OLLI courses have focused on the works of Stephen Sondheim, Rodgers and Hammerstein, Kander and Ebb, Frank Loesser, Lerner and Loewe, and the 10 musicals that have won the Pulitzer Prize for Drama.

- **9 Thu, Sep 23–Nov 18, 9:00–10:30am**
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: $100; Course ID: 3305

**Visit our Online Learning website for helpful hints, tips, and tricks for Zoom:**
[www.olliatduke.online](http://www.olliatduke.online)

**10 Great Opera Arias in 10 Weeks**

This course will open up understanding of opera for all, especially newcomers. We will delve into the meaning behind the words and show, using new and old videos, how the best singers have interpreted 10 great arias. Along the way, we will discuss some musical terms, some opera terms, and some singing terms. This course is an in-depth look at 10 of the greatest arias ever written—and how they have been performed. Each week, we will take just one aria, explore the opera from which it comes, examine the meaning of the aria using translation(s), consider the aria’s role within the opera (for example, does it advance the plot?), and, finally (critically), enjoy videos of the greatest performers of the aria from the 20th and 21st centuries. This will be an interactive course, where all opinions will be encouraged. • Lecture + Q&A.

**Please note:** The recommended books are a great introduction for reading at your own pace. The instructor will not be referring to them in class.

**Recommended texts:**
- Liddy Lindsay, *Opera A to Z: A Beginner’s Guide to Opera* (9780692632673)
- George Jasmine, *Opera for Beginners* (9789526433914)

**Barry Schoenfeld** graduated from Cornell University—but not in musicology! His passion for opera started in the fifth grade, when he studied La Traviata and then attended the New York City Opera. He was hooked. He has since attended opera all over the world and taught himself what opera is all about—the history, the composers, the singers, and, most important, the art form of opera. He considers himself an “amateur opera snob” and hopes this course will make one of you as well.

- **10 Tue, Sep 14–Nov 16, 3:30–4:45pm**
- Online via Zoom; **Sessions are recorded**
- Maximum: 290; Fee: $100; Course ID: 3284
It Took a Village: How Greenwich Village Gave Birth to the Music of the 1960s

The 1960s was a time when everything was questioned and many things changed. The music of that time reflected the dramatic changes in popular culture but was also a catalyst for change, and it was born, to a large extent, in New York City. Greenwich Village was a magnet for musicians who were ready to expand the boundaries of the popular song to add meaning and tackle subject matter that was both personal and political. This course will explore the evolution of the music scene of the 1960s and the artists who surfaced in Greenwich Village during that decade. We will listen to and discuss songs by musicians ranging from Bob Dylan, Joan Baez, and Richie Havens to Phil Ochs and Tom Rush. We will also consider how those artists nurtured other artists, some who were widely popular such as Simon and Garfunkel and Billy Joel, and others who were not but were nonetheless influential, such as Laura Nyro, the Youngbloods, and the Velvet Underground. • Lecture + Q&A.

Supplies/fee: Although optional, the instructor recommends that students subscribe to Spotify Premium at $9.99 per month (first 14 days free) to have full access to music playlists he will publish each week. Full details are at www.spotify.com.

Marv Meyer majored in chemical engineering in the 1960s while he minored in Fillmore East. That legendary concert venue was just a few blocks from Cooper Union, his alma mater, as was Greenwich Village. He’s since continued to attend many concerts and amassed a vast collection of vinyl and CDs in a relentless search for the lost chord.

• 6 Wed, Oct 6–Nov 10, 1:30–3:00pm
• Online via Zoom
• Maximum: 24; Fee: $75; Course ID: 3073

Zoom Links In Online Student Portal

OLLI members who register for online courses will find the Zoom links in their Student Portal at learnmore.duke.edu/olli.

For details, refer to www.olliatduke.online/studentlink.
Photography

Fall Photography Seminar

Have you just started down the road to becoming a digital photographer? Or, does your journey need a jump start? In either case, this seminar may be what you're looking for to help you create better photographs. The course will alternate a week of lecture with a week of sharing and discussing student photographs. Lectures will be on a photographic technique or artistic topic selected by students, with an opportunity for group discussion. Weeks of sharing photographs will provide participants a forum to discuss their work with others and obtain feedback, tips, and new ideas. The Duke campus and the surrounding area provide many wonderful opportunities for photographs—from landscapes to outdoor portraits—to practice techniques learned in class. Join the journey with other photographers and digital camera enthusiasts and see where it leads you. • Active participation.

Please note: Students will share photographs by uploading them to a Dropbox folder supplied by the instructor. No special camera type is required.

John Sehon is a lifelong photographer. He has taught over 60 courses at OLLI since retiring to North Carolina in 2001. John experimented with early digital cameras in the 1990s and made a complete transition to digital from film in 2000. His teaching style encourages sharing and class participation.

• 10 Mon, Sep 13–Nov 15, 1:30–3:00pm
• Online via Zoom
• Maximum: 12; Fee: $100; Course ID: 2599

Intro to iPhone Photography

The best camera is the one that you have with you. Maybe that's why the iPhone has become the predominant camera in use today, and “iPhoneographers” take and share more images than photographers with any other camera. Today’s iPhones and iPads are completely self-contained and designed to capture, edit, store, and share images, all from the same platform. This course will enable iPhone users to understand and master this feature-rich camera. Topics will include: how to access and use the built-in camera app; how to improve images using Apple and third-party apps; how to store files through Apple and other cloud providers; how to share files on social media, including Instagram, email, and messaging; and in-class practice using the iPhone for travel, portrait, and abstract photography. Throughout the course, students will have opportunities to practice and share images in an open, noncritical environment. • Lecture + Q&A.

Please note: Students should have an iPhone 8 or later with adequate storage available to add one or two apps. Familiarity with the use of the Internet and email is required. Students should attend class using a desktop or laptop computer.

Supplies/fee: Additional iPhone apps will be recommended for use at an estimated cost of $5.

Dennis Szerszen retired from the software industry to become a full-time fine art photographer. He is a member of Triangle Visual Artists and a staff photographer for a local magazine. Dennis also volunteers with FRANK Gallery’s Karen Youth Arts Group, mentoring refugee youth in using photography as a means of socialization and self-expression. He exhibits his photography locally and nationally.

• 6 Tue, Oct 12–Nov 16, 1:30–2:45pm
• Online via Zoom
• Maximum: 14; Fee: $70; Course ID: 2478

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom: www.olliatduke.online
Storytelling Through Photography

This is a hands-on course where, as a group, we will explore several different forms of storytelling using photographs. Students will be introduced to topics and develop their own examples of single images that express an emotion or idea, a photo essay, and a photo journalism project. In addition, we will examine how storytelling applies to activities such as product marketing and process illustration. We'll also look at different types of story arcs and discuss how to apply them to our photographic work. Students will be asked to shoot and edit photos related to the topic of the week to share and discuss with the class. At the end of the course, we hope to share the work done by students in an online gallery for members of the OLLI community to view. • Facilitated discussion.

Please note: Students must have a digital camera or a smartphone and be familiar with using it. In addition, though not required, access to and experience using some type of photo-editing software is encouraged. We will not be teaching how to use these tools. Students will be uploading pictures for projects to be shared with the class, so experience using a service like Dropbox is helpful.

Bill Marriott is no stranger to OLLI, having primarily been a participant in photography-related courses and seminars. He also has experience as a seminar leader and online facilitator in his professional role and at OLLI. Bill has a BA in English from the State University of New York at Buffalo and an MEd from UNC–Chapel Hill in educational media and instructional design. He’s a lifetime photographer with a passion for storytelling and visual communication.

• 9 Fri, Sep 17–Nov 12, 1:30–3:00pm
• Online via Zoom
• Maximum: 14; Fee: $100; Course ID: 3324
**Modern Political Theory: 16th Century to the Contemporary Period**

This course will critically examine several major authors in Western political theory from the 16th century to the contemporary period: Machiavelli, Hobbes, Nietzsche, Weil, Arendt, and the authors of the United Nations’ *Universal Declaration of Human Rights*. We will discuss select elements in the evolution of modern political thought, including: human nature, the origin of political society, morality and power, political obligations and rights, the purpose of political life, the connection between freedom and political action, legitimacy of the state and citizenship, along with the relationship between truth and politics. The goal will be to help develop our ability to think critically about some of the main questions and concerns, and the significance, of these authors’ judgments regarding politics. Emphasis will be placed on the theory presented in the text, rather than the historical context, in order to expand our foundational vocabulary in the field of modern political thought. • Facilitated discussion.

**Please note:** This course will be a seminar with a highly interactive approach. Class time will be devoted to discussion. All readings for this course will be available for free online through the course website. Please have the text available for reference during each class. Although we will only be reading short selections from each of these works, if you prefer to purchase paperback copies, they are listed under “recommended books.” Most available modern translations of these texts should be acceptable.

**Recommended texts:**
• For a list of books referenced in the course, please see the course details at [learnmore.duke.edu/olli](http://learnmore.duke.edu/olli).

Kennith M. Chiha earned BA degrees with departmental honors in religious and political philosophy and in government from Franklin and Marshall College, an MTS degree in moral theology from the University of Notre Dame, and an MA degree, along with PhD work, in Christian ethics from Loyola University Chicago. His areas of interest include theology, ethics, and political theory.

• 10 Thu, Sep 23–Dec 2 (no class Nov 25), 1:30–2:45pm
• Online via Zoom
• Maximum: 24; Fee: $100; Course ID: 3321

**Home Alone in the Universe**

See listing on page 36.

**Hannah Arendt: On Human Nature, Jewish and German Identity, and the Holocaust**

Hannah Arendt, a Jew born in Germany about a century ago, studied with the leading philosophers working in phenomenology and existentialism. She immigrated to New York when the Nazis came to power, taught at the New School, and wrote powerfully insightful books and essays on how totalitarianism gets its footing, and particularly on how Germans came to believe and act as they did. She covered the Adolf Eichmann trial for the *New Yorker* magazine. We will read and discuss some of her influential work on national identity, human nature, and humane political systems. Expect to find in these reflections on human nature, a clearer focus on the dangers democratic institutions face, and how the quality of political discourse can defend against them. • Facilitated discussion.

**Required text:**
• Hannah Arendt, *The Portable Hannah Arendt*, ed. Peter Baehr (9780142437568)

Richard Prust is professor emeritus of philosophy at St. Andrews University. He is an organizer and regular participant in the International Forum on Persons and coauthor of Personal Identity in Moral and Legal Reasoning. He is currently working on a book about how people understand their actions.

• 9 Thu, Sep 23–Nov 18, 11:00am–12:15pm
• Online via Zoom
• Maximum: 24; Fee: $100; Course ID: 3285
Bringing Forward New Medicines: A Behind-the-Scenes Look

Drugs! Modern medicine depends on them. There are many prescription medications on the market approved by the Food and Drug Administration for a variety of illnesses, diseases, and symptoms; but not for all. Why is that? Join us to learn about drug discovery, drug development, and the commercialization of new medicines. We will cover a bit of the history and context that inform contemporary research and development efforts. We will explore the challenges of getting new medicines from test tube to bedside. Finally, we'll look at what happens when a new medicine is “approved” and how the marketplace comes to bear in terms of who can be treated and what a medicine is worth. It is a nuanced journey, and, through this course, you will better understand the steps of the process and the challenges of getting lifesaving, life-enhancing drugs to those who need or can benefit from them. • Lecture + Q&A.

Please note: The two recommended books are for those interested in additional background information. We will not directly discuss these in class.

Recommended texts:
• Barry Werth, The Billion Dollar Molecule: One Company’s Quest for the Perfect Drug (9780671510572)
• Rebecca Skloot, The Immortal Life of Henrietta Lacks (9781400052189)

Jim Demarest spent more than 30 years in biomedical research and pharmaceutical research and development at the National Institutes of Health, Duke, Glaxo Wellcome, GSK, ViiV Healthcare, AbbVie Immunology, and as an independent consultant. He has worked primarily in infectious disease but also in autoimmune diseases and umbilical cord blood transplantation. Jim is also adjunct faculty at Duke in immunology. He and his wife (and their labradoodle) reside in Durham; they have four grown children.

• 10 Wed, Sep 15–Nov 17, 11:00am–12:15pm
• Online via Zoom
• Maximum: 290; Fee: $100; Course ID: 3182

A Hitchhiker’s Guide to AI: Where We Are, How We Got Here, and Where We’re Going

Over the last few years, artificial intelligence has become a major player in many spheres—industry, commerce, social media, arts and entertainment, among others—and its influence is certain to become both broader and deeper. Many of these advances are for the common good, but some, less so. The aim of this course is to explain what AI is, examine its trajectory, and set expectations for its impact on society in general and jobs in particular. We will look at both narrow and general AI; what makes AI different from traditional IT/programming; a brief history of AI from Turing forward; some case studies, successful and otherwise; the footprint of AI (both overt and covert) today; and where AI is headed, as forecast by academics and industry specialists. Along the way, we will look at classic AI milestones, AI in games, as well as the current state of the art. We will end by considering the “singularity,” the point in time predicted by some when AI growth becomes uncontrollable. • Lecture + Q&A.

Dr. John Prager has recently retired from a career in AI research at IBM. John has built many intelligent systems over the last 45 years, including the Watson system that won on Jeopardy! in 2011. He has known and worked with many of the pioneers in the field. John has degrees in AI, computer science, and mathematics from the University of Cambridge and the University of Massachusetts, and has about 100 publications, including books, research papers, and patents.

• 10 Wed, Sep 15–Nov 17, 9:00–10:15am
• Online via Zoom
• Maximum: 290; Fee: $100; Course ID: 3047

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom: www.olliatduke.online
Computer Security & Privacy: Practical Steps to Stay Safe

How secure is your computer right now? Computers and the Internet have revolutionized our world, but if you’re like most people, you have no clue how they work or what the real threats are. While there are tons of resources on cybersecurity for technology experts, there are very few for average computer users. That’s where this course comes in. The instructor will explain the basics of computers, the Internet, security, and privacy—in plain English, using simple analogies—and then show you basic steps to keep your computer secure. The course will cover: an overview of cybersecurity, how the Internet and encryption work, passwords, computer and network security, online privacy, safe Web surfing, secure communication, and mobile security. Optional reading and activities will be available in the recommended textbook. The course includes eight lectures and two sessions of optional “office hours.” During office hours, students can receive individual help and/or ask detailed questions. • Lecture + Q&A.

Recommended text:
- Carey Parker, Firewalls Don’t Stop Dragons
  (9781484261880)

Carey Parker has a master’s in electrical engineering from Purdue University and has been writing software for over 28 years at various companies. He is now semiretired. Passionate about computer security and online privacy, Carey is the author of Firewalls Don’t Stop Dragons. He writes a blog and hosts a podcast with the same name. Carey has taught this course at OLLI since 2016.

- 10 Wed, Sep 15–Nov 17, 3:30–4:45pm
- Online via Zoom
- Maximum: 40; Fee: $100; Course ID: 2008

Home Alone in the Universe

Are we alone in the universe? Let us explore this question together. We will begin with a survey of stars, galaxies, and the universe, and then discuss great outstanding questions: What are dark matter, dark energy, and black holes? How did the universe begin? How will it end? Then we use recent advances in the Fermi paradox, the Rare Earth Hypothesis, the doomsday calculation, the Drake equation, the Great Filter, and other theories to help explore the question of whether or not we are alone. We finish with a far-ranging discussion of the philosophical and religious implications of either answer to that burning question, and what the question means for our quest to find knowledge, meaning, and purpose in the cosmos. • Lecture + Q&A.

Please note: If you enjoyed the special short course of the same name last summer, you need to join us for this much expanded and updated version. We will be able to explore the implications of recent discoveries in much greater depth, and have highly interactive discussions on the topics.

Brand Fortner is teaching professor in physics at NC State University and adjunct professor of physics at UNC–Chapel Hill. His PhD in theoretical high energy astrophysics is from the University of Illinois at Urbana-Champaign. A founder of two software companies, he previously held positions at NASA, NCSA, and Johns Hopkins University.

- 10 Tue, Sep 14–Nov 16, 3:30–4:45pm
- Online via Zoom; Sessions are recorded
- Maximum: 290; Fee: $100; Course ID: 3126

OLLI Fall Registration

Registration for fall term opens 9:00am on Tue, Aug 24, for Mon/Tue courses, and 9:00am on Wed, Aug 25, for Wed/Thu/Fri courses.
Register at learnmore.duke.edu/olli.
The Science of the Big Bang
This course will cover the general ideas behind the big bang and expansion of the universe. It will present the physics of the universe as accurately as possible while keeping jargon and mathematics to a minimum. The course will begin with some historical background on the discovery that the universe “began” about 13.8 billion years ago, and then will follow the evolution of the universe to the present time. The discoveries made in cosmology in the last half century or so rank with the greatest intellectual achievements in all of history. Students will gain a reasonable grasp of these great ideas while bypassing the complicated mathematics necessary for a full understanding. • Lecture + Q&A.

Recommended texts:
• Paul Parsons, The Beginning and the End of Everything: From the Big Bang to the End of the Universe (9781782439561)
• Katie Mack, The End of Everything (Astrophysically Speaking) (9781982103552)
• Dan Hooper, At the Edge of Time: Exploring the Mysteries of Our Universe’s First Seconds (9780691183565)

Professor Don Ellison earned a PhD from the Catholic University of America. He has been on the physics faculty of NC State University since 1987 and emeritus since 2013. He was previously a researcher at NASA’s Goddard Space Flight Center, the University of Maryland, and CEA, France. He has taught and done research on the theory of cosmic rays, particle acceleration in high-energy astrophysics, and the modeling of supernova remnants.

• 4 Wed, Oct 27–Nov 17, 11:00am–12:15pm
• Online via Zoom
• Maximum: 50; Fee: $40; Course ID: 3314

Neurologist Meets Art Historian
This is a series of eight lectures that broadly looks at medicine, neurology, psychiatry, and quackery through the use of the visual arts: paintings, sculpture, rarely seen video clips, and vintage advertisements. The lectures survey medicine from ancient times through the modern era. There is a heavy emphasis on topics such as migraine, epilepsy, Alzheimer’s disease, Parkinson’s disease, MRI, and general neuroscience, all seen through the lens of art. It is a unique and unconventional journey through topics of interest to the lay public that illustrates and explains obscure subjects by way of exploring the world of art. For the nonphysician, it is a new look at artworks that we studied in college art history courses and that we have seen in museums. For the physician and neuroscientist, it is a bridge from the world of science into the realm of the arts. The lectures are full of many surprises. The intent of the series is to be thought-provoking, satisfying, and just plain fun. • Lecture + Q&A.

Mitch Freedman was born and raised in Philadelphia, received a BA from Haverford College, an MD from the University of Pennsylvania, and neurology training at Duke. After serving in the US Army at Fort Bragg, he began the practice of neurology in Raleigh in 1978, cofounding Raleigh Neurology Associates in 1983 from which he retired in 2021. He is an adjunct professor of neurology at UNC–Chapel Hill. He and his wife enjoy classical music, art museums, and fine dining.

• 8 Thu, Sep 23–Nov 11, 1:30–2:45pm
• Online via Zoom
• Maximum: 50; Fee: $90; Course ID: 3322

Scholarship Support
We want OLLI at Duke courses to be available to all who have a passion for lifelong learning. If you need assistance with course fees, please email Kathy.Parrish@duke.edu and ask about our “Community Membership.” All requests are confidential.
Optics for the Curious: A Survey of the Study, Properties, and Uses of Light

This course begins with a historical survey of humankind's understanding of light and continues with chapters covering: the nature of light, color, making light, vision, atmospheric phenomena, and light in the cosmos. The course offers to the nonspecialist a view of the properties and behaviors of light as well as an understanding of human efforts to unlock the secrets of light. Learn how humankind has discovered and exploited the elusive properties of light to inform and improve our world—from rainbows to black holes, from illumination to the nature of color science, from ecological advances to the miracle of vision. Appreciate the marvels that the study of light reveals in technological advances (e.g., color printers and flat-panel TVs) and the hues of our universe (e.g., solar halos and butterfly wings).

• Lecture + Q&A.

Please note: No prerequisites and no special knowledge of mathematics will be assumed.

Recommended text:
• Michael Paesler, From Rainbows to Lasers (self-published); the book will be made available online to students free of charge

Emeritus professor Michael Paesler is former head of the physics department at NC State University. Over the past 40 years, he has taught at all levels from beginning undergraduate to advanced graduate courses in the NC State physics department, as well as courses for OLLI at NC State. He is a member of Phi Beta Kappa and NC State’s Academy of Outstanding Teachers, and is a fellow of the American Physical Society.

• 6 Tue, Oct 12–Nov 16, 1:30–2:45pm
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $70; Course ID: 3318

Planet Earth

This course will be an introduction, from a largely geologic perspective, to the major components of our planet, to the processes that shape the planet, and to the long history of the planet, with some emphasis on how our present understanding was acquired. A major objective is to foster an appreciation for the unique nature of our planet and how that uniqueness has provided a benign environment for life for over four billion years. There will be 10 lectures on the following topics:
(1) Measuring the Earth; (2) Weighing the Earth; (3) The Atmosphere; (4) The Hydrosphere; (5) Sedimentary Rocks; (6) The Crust of the Earth; (7) The Continents; (8) Deep Earth, Mantle and Core; (9) The History of Life on Earth; (10) Anthropocene, the Effect of Humans.
• Lecture + Q&A.

Please note: No prior geologic background is required. Further details are available on the course website.

Arch Reid is a retired professor of geology with a history of research and teaching at the University of St Andrews, the University of Western Ontario, the Mellon Institute, the University of Pittsburgh, Scripps Institute of Oceanography, the Australian National University, NASA’s Johnson Space Center, the University of Cape Town, and the University of Houston.

• 10 Mon, Sep 13–Nov 15, 11:00am–12:15pm
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $100; Course ID: 3288
Think Again

The human brain, a remarkable organ with over 200 billion cells and hundreds of trillions of connections, developed through evolution for survival and procreation, not accuracy or perception of objective reality. It is designed to accomplish extraordinary tasks, but thinking is not one of them. As amazing as its capacities may be, it is equally amazing what our conscious minds cannot do, what we miss, what we sense that is not there, and why our brains developed that way. Why are there optical illusions? Why do we believe obvious lies? How are conservatives’ and liberals’ brains different? Advertisers and politicians use this knowledge. We will discuss how to overcome some of the limitations of our brains and how to keep our brains active and healthy. Designed for the layperson, this course does not require a science background. It will include presentations, discussions, and videos. Footnotes will be provided for those wishing to look deeper into the science. • Lecture + Q&A.

Matt Epstein’s careers included law; directing university-based centers; teaching high school, college, and law and medical schools; starting businesses; working with youth, prisoners, and addicts. He teaches math and is a principle in consulting and nonprofit organizations. He has a BA in psychology from Yale University and law degrees from the University of New Hampshire and Boston University.

- 10 Tue, Sep 14–Nov 16, 11:00am–12:30pm
- Online via Zoom
- Maximum: 290; Fee: $100; Course ID: 2169

Using Google Maps: Sharing Adventures and History

Getting directions or finding restaurants is the tip of the iceberg for Google Maps. Imagine adding geographic, visual, and audio components to a map to tell the story of your family history, or a travel adventure. We will start the course by creating custom Google Maps and adding pins on a shared map indicating where students and their relatives are from. Next, we’ll add photos, descriptions, and other enhancements. We’ll move on to creating maps of our own family origins, or of our personal travels or other interests. On the way, we’ll discover easy ways to grab related images and video, including by digitizing family photos. Finally, we’ll explore an outreach project to share our skills in using these tools. • Active participation.

Please note: Participants should have access to a desktop, laptop, or iPad. It would be very challenging to try to work from a smartphone. No additional software or apps are needed as our tool, Google Maps, is easily accessible across all platforms.

For the last 20 years, David Stein has been creating programs for Duke and the eight Duke partnership schools. Many of the most rewarding ones have introduced stop motion animation, green screens, augmented reality, artificial intelligence, and other education technology to teachers (of all ages) and students.

Bob Karski delights in visual storytelling using creative tools that have evolved from technological advances, particularly those that push the limits of immersive multimedia presentations. Most recently, he has shown Durham students how to create podcasts and “bring a book to life,” and has taught OLLI courses on making eye-catching and entertaining videos with just an iPhone.

- 4 Wed, Sep 15–Oct 6, 1:30–2:45pm
- Online via Zoom
- Maximum: 14; Fee: $40; Course ID: 3206

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom:
www.olliatduke.online
Both Sides Now: Reflections on Women at Midlife

In the midst of the difficulties and good times of late adulthood, there is an amazing grounding and balancing that takes place, allowing us to find more joy and peace than ever before. In this course, we will reflect on our lives and culture to understand how and why we are who we are at this time in our lives. Just as importantly, we will consider what we want for the rest of our lives, and how we can stay vibrant and alive throughout the joy and pain. Specifically, we will explore how everything that we have known and built in the first stages of our lives starts to change, including our relationships. Despite all the ups and downs in our lives, we still have dreams for the future. What are they now? We'll also look at ways the media has influenced our society, and why it has affected our self-image as women who are part of the Boomer and Gen X generation, giving us a better understanding of the impact of our culture on us as aging women. • Facilitated discussion.

Please note: All that is needed for this course is an open mind and a willingness to have open dialogue! This is going to be quite an adventure!! While Empowering Women is not required reading, the instructor believes it is a fitting supplement for this course, as the author was an amazing leader, author, and speaker and a great influencer for women of our generation.

Recommended text:
• Louise Hay, Empowering Women (9781561706099)

Carl Kenney has been a business development leader and college instructor for most of her career, which spans more than three decades. She is founder and executive director of Education for Growth, which works with underserved students and young adults to teach skills such as emotional intelligence, positive psychology, empathy, self-compassion, and soft skills that can be considered the arts of living. She has a master’s in psychology.

History of the Black Press

This course is an introduction to the origins of the Black press in America, along with its impact as a trusted voice of resistance. From Samuel E. Cornish and John B. Russwurm’s first publication of Freedom’s Journal in 1827 and David Walker’s Appeal to the Colored Citizens of the World in 1829, to Frederick Douglass’s North Star, Robert Abbot’s Chicago Defender, Louis Austin’s Carolina Times, and the investigative reporting of Ida B. Wells that chronicled the lynching of Black men and women in the 1890s, Black-owned newspapers have reported on the lives and perspectives of Black people with the passion of fighting for freedom throughout American history. This course will also examine the role and local impact of the Black press with a focus on the work of Louis Austin. Austin began working at Durham’s Carolina Times in 1921. The closure of the Carolina Times in 2020 will serve as the backdrop for conversations related to the future of the Black press. • Lecture + Q&A.

Required text:
• Todd Vogel, The Black Press (9780813530055)

Carl Kenney was named the best serious columnist of 2011 by the North Carolina Press Association. His blog Rev-elution is committed to offering local, independent Black journalism in Durham. He was previously adjunct professor at the University of Missouri School of Journalism. He is a freelance writer whose commentary has appeared in the Washington Post, Religious News Service, the Independent Weekly, Durham Magazine, and the Durham Herald-Sun.

Recommended text:
• 6 Mon, Oct 11–Nov 15, 9:00–10:15am
• Online via Zoom
• Maximum: 24; Fee: $70; Course ID: 3307
Everyone Has a Story: Exploring Memory, Family History, and Jewish Poland

In this experiential workshop, participants will explore their family histories and share their stories as they learn about the rescue of Jewish memory being done by non-Jews today in Poland. Because 90 percent of Polish Jews were murdered during World War II, the remembrance of the prewar Jewish population has been left to non-Jews. In an intimate environment, we will immerse ourselves in our own stories and memories and apply lessons from these Polish Rescuers of Memory. These lessons include: appreciating fragments, holding history for the other, and accepting that everyone has a story. Participants will write, share, and discuss. We will read one article and watch a video. We will be visited by a Polish Rescuer of Memory. Participants need not have any connection to Jewish Poland, merely an openness to learn. Participants who are curious about family history and remembrance, and willing to share their own stories and hold the stories of other participants, will enjoy this workshop. • Active participation.

Please note: In this workshop we create an intimate atmosphere where we get to know each other. Students are asked to be well-lit and to join from a computer (not a phone) in a place where they will not be distracted.

Leora Tec is the founder and director of Bridge to Poland, which seeks to educate people about Jewish history in Poland with an emphasis on how the Jews of Poland are being remembered by non-Jewish Poles today. Leora produced the online video library “The Neshoma Project: Conversations with Poles Rescuing Jewish Memory.” A frequent lecturer in the US and abroad, she holds a BA from Wellesley College and a JD/LLM from Duke’s School of Law.

• 4 Wed, Oct 27–Nov 17, 1:30–3:30pm
• Online via Zoom
• Maximum: 10; Fee: $60; Course ID: 3291

Exploring the Queer South

See listing on page 25.

Caste: A Discussion Group

Pulitzer Prize winner Isabel Wilkerson’s newest book, Caste: The Origins of Our Discontents, analyzes American hierarchy through the lens of a caste system. Comparing power in the United States with historical hierarchies in India and Nazi Germany, Wilkerson argues that race is a “visible agent of the unseen force of caste” in the US. In this course, we will read Caste and gather each week to discuss Wilkerson’s work and its implications as a group and in smaller Zoom breakout rooms. Please note that while we will be discussing the book in sections, the book is lengthy, and students will likely find it easier to prepare for discussion by reading the entire book before the course begins and then revisiting sections each week. • Facilitated discussion.

Required text:
• Isabel Wilkerson, Caste: The Origins of Our Discontents (9780593230251)

Irene Newman is a doctoral student in American studies at UNC–Chapel Hill. Her dissertation research is on contemporary White power organizing, with a focus on North Carolina in the early 1980s. She is a field scholar for the Southern Oral History Program for the 2021–2022 academic year. Before graduate school, she worked in editorial leadership for a major digital media company.

• 6 Wed, Sep 15–Oct 20, 11:00am–12:15pm
• Online via Zoom
• Maximum: 24; Fee: $70; Course ID: 3304

Visit our Online Learning website for helpful hints, tips, and tricks for Zoom: www.olliatduke.online
New Lens: 
A New Way of Looking at Important Topics

Join us to hear new views on six timely and vital topics. (1) David Maxwell—Higher Education Challenges and the Future. How colleges can thrive in a complex world. (2) Peter Hanson—Hollywood’s Long Road to Racial Inclusivity. The complex history from the silent era to recent celebrated achievements by persons of color. (3) Shelley Crisp—Elliott Daingerfield: Landscapes of a North Carolina Visionary. From the post-Civil War South to the New York City Gilded Age studios, the Appalachians, and the West, his story is as fascinating as his works are sublime. (4) Joseph Groves—The Middle East Through the Lens of Yemen. This conflict is at the center of three rims of the Middle East. Iran is part of all three. (5) Robby Layton—The People’s Ground: The History, Meaning, and Purpose of Urban Parks. During the pandemic, parks and other green spaces are vital to public health. (6) Beth Timson—The Historic Triangle: Religion, Magic, and Science. Once, religion, magic, and science were the same thing. How and why did they evolve? • Lecture + Q&A.

Guest Speakers:
Shelley Crisp is a native North Carolinian with a career in education and the humanities. She directed the North Carolina Humanities Council and has served on the boards of the FRANK Gallery, the Raleigh Little Theatre, and the United Arts Council of Raleigh and Wake County. She joined OLLI in 2019, and also serves as a docent at the North Carolina Museum of Art.

Joseph Groves, PhD, was professor of religious studies and peace and conflict studies at Guilford College, adjunct professor of international peace and conflict resolution at American University, and director of Eyewitness Palestine. He has worked on Middle East peace issues for over 50 years.

Peter Hanson is a director of films that include the documentary Tales from the Script, an author of three books about cinema, and a screenwriter of upcoming projects including Two Fathers. He is also a film instructor at Pepperdine University and UCLA Extension, a contributing editor at Written By magazine, and a script consultant. A Michigan native, Hanson did his undergraduate film studies at New York University and earned his MFA in screenwriting at UCLA.

Robby Layton, PhD, FASLA, is a landscape architect whose career has focused on the relationship between the built environment, especially outdoors, and the health and happiness of people.

David Maxwell, PhD, served on the faculty and administration at Tufts University, as president of Whitman College and Drake University, and as director of the National Foreign Language Center. He has served on numerous boards of directors of higher education organizations and is now a member of Grinnell College’s Board of Trustees and a senior fellow and senior consultant with the Association of Governing Boards. He received his BA from Grinnell, and his MA and PhD in Slavic languages and literatures from Brown University. He was a Fulbright fellow in Moscow.

Beth Timson is a retired college professor, landscape architect, and city planner who likes to look at patterns in human intellectual history and think about how and why they happened. She has presented several OLLI courses on North Carolina history and culture.

Recommended texts:
• Galen Cranz, The Politics of Park Design: A History of Urban Parks in America (available at direct.mit.edu/books)
• The Case for More Inclusive—and More Effective—Peacemaking in Yemen, International Crisis Group, March 18, 2021 (available at crisisgroup.org or the course website)

Dick Chady is an accomplished journalist, communications manager, and advocate in the human service
field. He developed the popular magazine-format New Lens course in 2016 to present an engaging new viewpoint for prominent issues. He is a former member of the OLLI Board of Advisors and is now a member of the Instructor Relations Committee. As an advocate for aging causes, he maintains the @NCThirdAge Twitter and Facebook sites for news in that field.

- 6 Wed, Sep 15–Oct 20, 1:30–2:45pm
- Online via Zoom
- Maximum: 290; Fee: $70; Course ID: 1977

Legendary Foods of Europe
See listing on page 50.

Community Engagement:
Finding Your Path to Meaningful Involvement in Durham

What are you seeking from community engagement at this point in your life? The overarching goal for this course is for participants to identify a path for themselves to personally and meaningfully engage with the Durham community. Designed and facilitated by members of OLLI’s Community Engagement Committee, the course will interweave insights into the events and forces that made Durham what it is today; discuss the pressing issues we face as a community today, including education, housing, and health; encourage structured reflection; and present a variety of opportunities for engaging with and building a better community for all Durham’s citizens. Whether you are new to the area or have called Durham home for a long while, whether you are a new or seasoned retiree—everyone is welcome.

- Active participation.

Please note: While the course will incorporate short presentations and guest speakers from the community, there will also be a high level of participant engagement, including: structured reflection, sharing and discussion in small groups (in breakout rooms) and large groups, and Q&A. We want the class itself to become a community and participants to learn from one another and meet others who share similar interests and commitments. For this reason, we encourage participants to miss as few classes as possible. Classes will not be recorded.

Matt Epstein currently lives in Hillsborough and has lived or worked in the Durham area for 27 years. He has engaged with the community as the executive director of several service organizations, a high school and university teacher, and a board member of various nonprofits.

Diane Hundley came to Durham about three years ago as a new retiree. She spent her career working as a staff member, board member, and volunteer for a variety of nonprofit organizations, including homeless services, a chamber of commerce, a retirement community, and a hospital. She has a special affinity for food programs, but post-COVID-19 is looking for a way to connect in Durham.

Virginia Lee is a 30-year resident of Durham who engages with the community in a variety of ways with a special interest in high school completion and postsecondary school access and success. For more than 20 years, she was an administrator and consultant in the field of educational development in higher education, working to improve teaching and learning on college campuses.

- 10 Mon, Sep 13–Nov 15, 1:30–3:00pm
- Online via Zoom
- Maximum: 24; Fee: $100; Course ID: 3297

L’Histoire des Francaises
See listing on page 26.

The Backstory of a Poem:
Sources of Inspiration
See listing on page 28.
Symposia: Mind-Expanding Excursions and Diversions

Symposia returns to provide deep dives into a thoughtfully curated array of topics. Our goal is to provide you with valuable new insights into important aspects of contemporary life that may not have caught your attention otherwise. This term, we will take full advantage of virtual classroom technology to hear speakers from far-off places, as well as those close at hand. The opportunity to pose questions to these experts is a key feature of Symposia. • Lecture + Q&A.

Guest Speakers:

Sept 14. Landscape Planning for Biodiversity. Sam Sinclair, PhD. The enormous variety of living organisms on our planet—its biodiversity—is an invaluable treasure that is under tremendous threat by the activities of humans. The mastery and deployment of energy and technology at a massive scale to fulfill our needs and wants must be done with great forethought and planning if we are to avoid collapse of the ecosystems that sustain us. Our speaker will describe how his UK firm, Biodiversify, advises businesses, nongovernmental organizations, and academics on avoiding and mitigating their impacts on the biosphere. Arranged by Ed Cox.

Sept 21. Vaccine in the Era of the COVID-19 Pandemic. James Coppola, MD, PhD. This talk will cover the immune system, progress and probable success toward herd immunity, the COVID-19 vaccines developed, decisions on the possible need for booster vaccines, the serious clotting events seen after Johnson and Johnson and AstraZeneca vaccine exposure and their likely cause, the latest Centers for Disease Control and Prevention guidance, and going into 2022. Arranged by Mike Smith.

Sept 28. Quaternary Science. Laura Boyall, MSc. Quaternary glaciation refers to the current “ice age,” the fourth such time in Earth’s history that ice sheets have been present. The team of which our speaker is a member at Royal Holloway, University of London, focuses on how climate change is affecting Antarctica and the remaining glaciers, and, in turn, how it is expected to affect us. She will share time-lapse photography images of ice shelves breaking up and glaciers dissipating, and discuss the research team’s forecasts and projections. Arranged by Tony Waraksa.

Oct 5. Neuroscience and Psychology. Lisa Barrett, PhD. Professor Barrett of Northeastern University, Harvard Medical School, and Massachusetts General Hospital will be talking with us about the intersection of neuroscience and psychology and how our brains interact with stimuli that affect our well-being. Her professional papers are among the 1 percent most cited in the world, and she has the gift of being able to make her work understandable to nonscientists as well as scientists. Arranged by Tony Waraksa.

Oct 12. Bending Bamboo in Vietnam. Dan Wessner, PhD, JD, MDiv. For most of the year, Professor Wessner teaches and writes in the Mekong Delta, where he works alongside Vietnamese scientists and educators developing Bending Bamboo. This cascading teaching strategy answers Vietnam’s most vexing challenges—the climate crisis, pandemic responsiveness, rapid urbanization, and a countrywide shift to bilingualism. Its premise is that, to live in harmony, everyone must learn new norms and communicate across boundaries. Arranged by Jim Hollowood.

Oct 19. A History of US and Global Air Pollution: Still Hazy After All These Years. John Bachman, MAT, MEHE. The landmark Clean Air Act of 1970 and subsequent rapid development of expertise at all levels of government, industry, and science have done much to stem the tide of air pollution that resulted from the industrial and energy transformations of the 19th and 20th centuries. Our speaker, who worked at the Environmental Protection Agency for 33 years in leadership roles,
will discuss the successes of pollution mitigation programs, including research, monitoring, and accountability, and outline remaining challenges, including linkages between air pollution and climate programs. Arranged by Beth Friedman.

Oct 26. The High Costs of Changing the Clock Twice a Year. William F. Shughart II, PhD. The ascendency of train travel in the 19th century motivated a national standard of timekeeping. Various anticipated benefits stimulated the controversial 20th-century revision known as daylight saving time, once again under review. There are substantial economic and physiological costs associated with being forced to adjust clocks twice every year. Dr. Shughart, an economics professor from Utah State University, will tally up those costs and make the case for why he now favors permanent standard time. Arranged by Beth Friedman.

Edwin Cox is a retired oncologist whose second act is “learning by teaching” at OLLI. He has tackled subjects ranging from healthy eating to renewable energy, climate change, and 3D printing. He is gratified to be playing a role in organizing Symposia, a course he has enjoyed for many years.

Beth Friedman is a mostly retired Environmental Protection Agency contractor who worked on national air quality regulations. A longtime Symposia member and relentless consumer of lifelong learning opportunities, Beth is excited to have a hand in crafting the Symposia program.

Jim Hollowood was a manager in educational and nonprofit organizations. He has helped create an OLLI public policy interest group and is a member of the Duke Medical Institutional Review Board.

Mike Smith is a retired marketing executive. For five years, he organized the OLLI at Duke Wine Society. He also sits on the Duke Medical Institutional Review Board. He has been an OLLI instructor and class assistant.

Tony Waraksa started Symposia in the winter 2006 term and notes it’s the job he’s held the longest in his career. His checkered past includes the design and development of clinical/analytical instrumentation and executive positions in small high-tech companies.

- 10 Tue, Sep 14–Nov 16, 1:30–2:45pm
- Online via Zoom
- Maximum: 290; Fee: $100; Course ID: 3096

Society & Culture continued

Secure Voting with Verifiable Results. Carey Parker. The speaker has extensive experience with cybersecurity, and now focuses his expertise on voting. The integrity of elections in the United States is being called into question more than at any time in recent memory. What measures should we be taking to make voting secure? And, perhaps more importantly, what can we do to increase the general public’s confidence in election results? Arranged by Jim Hollowood.

Nov 9. Resilience to Late-Life Stressors. Heather Whitson, MD, MHS. Seniors with complex medical conditions encounter extra challenges in the face of stressors such as surgery, sensory loss, and infections. The director of the Duke Center for the Study of Aging and Human Development will describe strategies being developed to improve the response to these situations, including a novel approach to rehabilitation for those with coexisting visual and cognitive impairments. Arranged by Ed Cox.

Nov 16. Duke Forest: Celebrating 90 Years of Research, Teaching, Forestry, and Conservation. Sara Childs, MS. Much more than a wonderful hiking venue, Duke Forest is a vital anchor for ecosystem services in the Triangle region. The director of the Duke Forest Teaching and Research Laboratory will tell the story behind this unique land base, exploring how it evolved over millennia of human history and became the dynamic outdoor classroom and living laboratory that it is today. Arranged by Beth Friedman.

Tony Waraksa

Society & Culture continues...
The Opioid Crisis in America: Faceless No More

The leading cause of accidental death in the United States is not car wrecks, but wreckage of a different sort. Drug overdoses are now the leading cause of death from unintentional injury in this country. Drug overdoses have a devastating impact on individuals, families, and communities. In this course, we will examine the changing scope and nature of drug addiction. We will challenge preconceptions, consider the stigma that exists around addiction, and learn about multiple pathways to treatment. We'll be joined by various experts and hear directly from people who have experienced addiction themselves or have had a family member overdose. This is the latest in a continuing series of OLLI courses on incarceration called Faceless No More, so we'll also be looking at how addiction overlaps with the criminal justice system. This is a great opportunity to learn about an issue that affects many American families. • Lecture + Q&A.

Recommended text:
• See the course website

Nearly two years have passed since Mark Hall completed his 10-year prison journey. Since then he has taught several well-received courses for OLLI students and others about incarceration and related issues. In this new course, Mark will turn the focus to addiction—not only in the criminal justice system but more broadly. He now works full time with people dealing with addiction.

Freida MacDonald became an advocate for those affected by the opioid epidemic after losing her beautiful 22-year-old daughter, Dakota, in May 2019 to fentanyl poisoning following a three-year battle with addiction. Danette Jernigan became an advocate for those affected by the opioid epidemic after losing her beautiful 22-year-old daughter, Dakota, in May 2019 to fentanyl poisoning following a two-year battle with addiction. Freida retired from BB&T after 33 years and founded the nonprofit Know Hope North Carolina, whose mission is to remember those we have lost and help those struggling or in recovery. She works with several advocacy groups and facilitates a support group for the NC Victim Assistance Network. She is also a student at Wake Technical Community College, studying substance abuse counseling and intervention.

Danette Jernigan became an advocate for those affected by the opioid epidemic after losing her beautiful 22-year-old daughter, Dakota, in May 2019 to fentanyl poisoning following a three-year battle with addiction. Danette spends most of her time volunteering with advocacy groups that focus on drug awareness, including serving as the public information officer at JoCo Angels Opioid Awareness and Support. She is trying to break the stigma associated with addiction, and to educate the public about the dangers of fentanyl and other drugs.

• 6 Wed, Sep 15–Oct 20, 9:00–10:15am
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $70; Course ID: 3283

The Story of London, Part 1: From the Romans to the Restoration

See listing on page 24.

Using Google Maps: Sharing Adventures and History

See listing on page 39.

Zoom Links In Online Student Portal

OLLI members who register for online courses will find the Zoom links in their Student Portal at learnmore.duke.edu/olli. For details, refer to www.olliatduke.online/studentlink.
Toward a More Equitable Durham: Parables, Paradoxes, and Partnerships

This course will examine both the historical origins and the current manifestations of racial inequality in Durham in every system, including wealth and the economy, the criminal legal system, health and environmental justice, housing, education, and public history and governance. Using the report of the Durham Racial Equity Task Force as our primary source, along with additional recommended readings on each topic covered, and guided by guest speakers from the task force plus leading community experts, we will explore deeply the report’s recommendations. While our discussion will be framed by an analysis of racism that focuses on the historical, systemic, and institutional roots of inequality, participants will also have the opportunity to explore and reflect on how their own personal experiences in Durham have been shaped by racism and White supremacy. • Lecture + Q&A.

Guest Speakers:

**Camryn Smith**, Executive Director of Communities in Partnership

**DeDreana Freeman**, City Councilwoman and Special Assistant to the Director, Durham Children’s Initiative

Dr. **Henry McKoy**, Faculty Member and Director of Entrepreneurship at NC Central University.

Dr. **Ronda Taylor Bullock**, Executive Director of we are (working to extend anti-racist education)

**Andrea (“Muffin”) Hudson**, Director of Durham’s Participatory Defense and North Carolina Community Bail Fund

**Jennifer Zuckerman**, Director of Strategic Initiatives at the World Food Policy Center, Sanford School of Public Policy

Additional members of Durham’s Racial Equity Task Force

Please note: Students will be assigned sections of the Racial Equity Task Force’s report to read prior to each class session along with additional (optional) recommended reading resources relevant to each topic covered.

**Recommended text:**


**Required text:**


**Cathy Rimer-Surles** (she/they), JD, MLS, is an attorney, educator, and committed champion for equity in every facet of her personal and professional life. A longtime resident of Durham deeply influenced by her experiences growing up as a queer White woman in the South, she organizes, educates, and agitates for equity, justice, and liberation in this city she loves as a cofounder of both Organizing Against Racism (OAR Durham) and Episcopalians United Against Racism (EUAR).

- 10 Thu, Sep 23–Dec 2 (no class Nov 25), 11:00am–12:15pm
- Online via Zoom
- Maximum: 290; Fee: $100; Course ID: 3323

Please visit our [Online Learning website](www.olliatduke.online) for helpful hints, tips, and tricks for Zoom.
Wellness Activities

Baba Ram Dass Seminar: Be Here Now with Loving Awareness
This course will share the life, wisdom, teachings, and cultural significance of the American spiritual teacher, psychologist, and author Ram Dass, born Richard Alpert (1931–2019). Students will learn about skills that this seminal leader popularized and pioneered in the West: self-care, service, spirituality, yoga practice, mindfulness, coping with uncertainty, and quality time at end of life. Building on the instructor’s direct experiences with Ram Dass, the course will show how Ram Dass’s teachings evolved since the publication of his still popular book Be Here Now. There will be two guest teachers: Sitaram Dass was a caregiver of Ram Dass’s at his home in Maui. He will share his experience and his integration of Ram Dass’s teachings in his life. Sylvér Quevedo, MD, a former codirector of Duke Integrative Medicine and an expert in contemporary scientific psychedelic research, will speak of Richard Alpert’s research and his own research featured recently in the New York Times. • Lecture + Q&A.

Guest Speakers:

Sylvér Quevedo, MD, Associate Professor of Medicine, University of California, San Francisco

Sitaram Dass, MSW, Hospice Grief Counselor, Humboldt County, California

Please note: Brief facilitated Zoom breakout rooms are planned for two sessions.

Jon Seskevich, RN, helped create the Duke Hospital Stress Management Consult Team and saw over 40,000 hospitalized patients. He is a trailblazer in integrative medicine and palliative care and has won numerous nursing awards. He is a lifelong student and friend of Ram Dass’s and has been devoted to helping people skillfully navigate the sufferings and joys of life, right up to their last breath. Ram Dass has written, “Jon is truly a brilliant example of compassion in action.”

• 6 Mon, Sep 13–Oct 18, 3:30–4:45pm
• Online via Zoom; Sessions are recorded
• Maximum: 290; Fee: $70; Course ID: 3319

Fitness at Home
The objectives of this course are to improve your balance, agility, aerobic endurance, and muscular strength by participation in a fun workout. Use the fitness equipment you’ve accumulated over the years or household objects like pots and pans for resistance exercises. Use step stools and stairs to develop hip and leg strength. Use physio balls (i.e., stability balls, optional) for seated and standing exercises that promote balance and core strength. You will learn some muscular and skeletal anatomy along the way, as well as how these two systems interact to support movement. Our upbeat music will keep you motivated, while fundamental fitness cues challenge the brain simultaneously. Stretches throughout and during the cooldown will reduce post workout “soreness.” Join us and work up a sweat while experiencing the virtual support of a group of individuals pursuing active aging through movement. • Active participation.

Please note: Comfortable clothing and water are suggested as well as mats for floor work. Access to a chair, wall, or counter may be helpful. Links to workout routines for use at home can be found on our course website and in the weekly class letter.

Required supplies/fee: Students can utilize what they already have at home. Additional equipment like resistance tubes and stability balls are optional, and can be purchased independently by the student.

Julia Rose has been a certified personal trainer since 2006, senior fitness instructor, and TRX and water aerobics trainer. She is currently employed at the Forest at Duke and teaches fitness classes on Zoom and in other settings. Her courses with OLLI have evolved since 2006 to meet the needs of our actively aging population.

• 10 Wed, Sep 15–Nov 17, 9:00–10:15am
• Online via Zoom
• Maximum: 14; Fee: $100; Course ID: 3273
If You Can Walk, You Can Dance

As told in an African proverb, “If you can talk, you can sing; if you can walk, you can dance,” and in this course we will dance to celebrate special occasions and just to have fun. Beginning with the ballet barre (great for improving posture and balance and increasing core strength and flexibility), we will relevé, plié, and stretch our bodies from head to toe. Next, we will take to the dance floor, where we will move to a different beat, song, and style each week. We will end each class with floor exercises (which can be done in a chair) to relax, rejuvenate, and revitalize our spirits. No prior dance experience is necessary, just a willingness to explore the exciting and challenging ways we can move our bodies.

- Active participation.

Required supplies/fee: Students will want a yoga type mat ($10), or any mat or thick towel, for floor exercises.

Sue Wartell has been in love with dance and movement of all kinds since she was a four-year-old ballerina/tomboy. She has a BS in physical education, an MA in elementary education, and an MS in health education, and has taught physical education and health in high schools for over 30 years. She is currently a certified personal trainer and aerobics instructor with a specialty in Pilates mat and equipment training. She is entering her 14th year of teaching for OLLI.

- 10 Thu, Sep 23–Dec 2 (no class Nov 25), 3:30–4:45pm
- Online via Zoom
- Maximum: 20; Fee: $100; Course ID: 0442

Modern Bridge Bidding I

This course is designed to help you improve your enjoyment of bridge. It is only suitable for people who have previously played bridge, in college or socially, and is not for new players with no knowledge of bidding or playing. In this interactive online class, participants will learn how the partnership communicates their hand strength and shape to reach an optimum contract. This includes hand reevaluation, types of bids, opening and responding to no-trump, and major and minor suits. It will also cover ways to enter the auction using modern competitive bidding tools such as doubles, overcalls, and other conventional tools. Each class consists of a mini-lecture followed by playing practice hands to apply the concepts learned, using Zoom and state-of-the-art teaching and playing platforms.

- Active participation.

Prerequisites: OLLI’s Introduction to Bridge course and/or knowledge of basic bidding and card play techniques are required. On a weekly basis, students will be using their computer or laptop to play bridge. Mobile devices are not recommended. Students need to complete reading and homework assignments. The reading material will be provided either as downloadable documents or as links.

Required supplies/fee: There is a $20 fee, payable to the instructor, to offset the cost of using various online playing platforms.

Henry Meguid is the current president of the American Bridge Teachers’ Association (ABTA) and the winner of the 2018 ABTA Teacher of the Year award. He is an American Contract Bridge League (ACBL) certified online teacher and an ABTA master teacher, the highest bridge teacher certification in North America.

- 10 Tue, Sep 14–Nov 16, 3:30–5:30pm
- Online via Zoom
- Maximum: 24; Fee: $100; Course ID: 2820

Both Sides Now: Reflections on Women at Midlife

See listing on page 40.
Legendary Foods of Europe

Legendary Foods of Europe is a new “food-tainment” presentation that celebrates the foods of Italy, France, and the Mediterranean. We’ll enjoy the history, culture, and flavors of each country. From the coast of Normandy to the Eiffel Tower, the vineyards of Burgundy to the Appian Way, and the villages of Tuscany and the Eternal City to the crystal-blue Mediterranean, Mount Olympus, and Athens, we’ll explore the foods, traditions, and famous dishes of these culinary destinations. • Lecture + Q&A.

Chef Larry P Canepa is a certified culinary educator, author, researcher, food historian, and lecturer on food and culture topics. Chef Larry has a dynamic, innovative, and engaging style that incorporates food history, culinary arts, education, and “food-tainment” into every class and event. He is a subject matter expert in food history, food and wine, tea, culinary trends, and food and beverage culture.

• 3 Mon, Nov 1–Nov 15, 1:30–2:45pm
• Online via Zoom
• Maximum: 290; Fee: $40; Course ID: 3316

Introduction to Meditation: Cultivating Everyday Mindfulness

Do you want to learn how to meditate or expand upon your current meditation practice? Then this is the course for you. In our six sessions, you will learn the basics of mindfulness meditation and be supported in establishing a regular practice. The skills you will learn are useful for addressing stress and anxiety and becoming more present and less reactive in daily life. The mindfulness curriculum has been scientifically proven to be effective in helping to manage stress, reduce anxiety, increase focus and attention, improve sleep, and increase self-compassion and gratitude for others as well as oneself. In this small group setting, you will learn a variety of techniques with space to participate, ask questions, and discuss what is learned. • Active participation.

Please note: No props or special equipment are needed for this course. You may wish to wear comfortable or loose-fitting clothing and have a comfortable chair or cushion for sitting or a blanket to lie upon. The instructor will reference the Jon Kabat-Zinn book several times and will suggest optional passages to read that correspond with the upcoming week’s lesson. You may enjoy having your own copy to follow along or to read in its entirety.

Recommended text:
• Jon Kabat-Zinn, Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life (9781401307783)

Betsy Dessauer, MFA, RYT, is an accredited and experienced yoga and mindfulness teacher. She is a certified Koru Mindfulness teacher, is a Mindful Leader certified workplace mindfulness facilitator, is the founder of Mindful Anytime, trained in the Mindful Schools curriculum, completed the mindfulness-based stress reduction training with Duke Health and Well-Being Coach Training, and currently is working on her advanced trauma-sensitive mindfulness training with David Treleaven.

• 6 Wed, Sep 15–Oct 20, 11:00am–12:15pm
• Online via Zoom
• Maximum: 16; Fee: $70; Course ID: 3192
**T’ai Chi:**
**Mindfulness in Motion**

T’ai chi (taijiquan or t’ai chi ch’uan) is a traditional Chinese moving meditation, martial art, and health exercise. It arose out of the discovery that slow, continuous motion, combined with an internal focus on subtle changes, enhances energy, well-being, and mental, emotional, and physical balance. Scientific studies have verified many of its benefits, and medical professionals now endorse it for arthritis, balance difficulties, Parkinson’s disease, fibromyalgia, pulmonary and cardiovascular conditions, and more. It is easy to practice, requires no special space or equipment, and integrates natural movement with a joyful, reflective approach to daily life. This fall, we welcome those new to the art as we focus on the Starlight sequence (complementary to this past winter’s Moonlight sequence) from Wu Hao style taiji. Those with experience from previous courses will extend and deepen their practice. • Active participation.

**Recommended text:**
- Tsung Hwa Jou, *The Dao of Taijiquan: Way to Rejuvenation* (9780692034057)

**Jay Dunbar** (MA, Duke, English literature; PhD, UNC–Chapel Hill, education) is director of the Magic Tortoise Taijiquan School (magictortoise.com). An “indoor” student of Grandmaster Jou Tsung Hwa, he has studied taijiquan and qigong since 1975, and has taught in the Triangle area since 1979 and for OLLI since 2003.

- 10 Thu, Sep 23–Dec 2 (no class Nov 25), 9:00–10:15am
- Online via Zoom; Sessions are recorded
- Maximum: 290; Fee: $100; Course ID: 0420

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**Yoga Nidra:**
**Systematic Relaxation**

Yoga nidra offers a systematic approach to relaxation. Research has shown that yoga nidra can get people into the same brain wave pattern as deep sleep while they remain aware. Students often remark on how relaxed and refreshed they feel after a 30-minute practice. Through lecture, gentle movement, guided breathing, and yoga nidra, students will learn about and experience specific techniques that they can use in their own practice. Each class will have a different focus. The practice will always include deep relaxation, but, for example, it may focus on general healing, improving cognition, or connecting to the heart. Students of all levels can benefit from yoga nidra. • Active participation.

**Please note:** Students of all levels of yoga nidra experience are welcome. However, the instructor does not recommend signing up for this course if you have physical issues that would make movement or lying on your back difficult.

**Eileen Friars** is a ParaYoga certified yoga nidra teacher. While taking master trainings with Yagarupa Rod Stryker, Eileen was so impressed with the effects of yoga nidra that she became certified to teach it. She has taught classes in person and, over the last year, on Zoom. She has experienced great benefits from the practice herself and enjoys sharing it with others.

- 5 Mon, Oct 18–Nov 15, 3:30–4:45pm
- Online via Zoom
- Maximum: 14; Fee: $60; Course ID: 3315

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**Questions about Registration?**

To make your registration experience easier and less stressful, see the answers to some frequently asked questions on pages 55–56.

Answers to more general FAQs can be found at learnmore.duke.edu/olli.
Introduction to Travel Writing

Introduction to Travel Writing offers participants an elementary foundation in travel writing for both personal satisfaction and potential publication. This six-week course will explore a variety of travel writing formats from journals and blogs to travel logs and service articles. Participants will learn about: perspective and voice, storytelling elements, how to engage readers, story structure, finding good ideas, finding appropriate platforms, travel writing ethics, and the business of travel writing. The course is most appropriate for novice and unpublished writers with an enthusiasm and curiosity for travel writing and will focus on process rather than technical writing elements. In-class exercises and optional “homework” assignments are offered in each class.

- Lecture + Q&A.

Please note: Optional homework will not be reviewed, but there will be ample classroom time to answer questions and share your writing experiences.

Michael J. Solender launched a freelance writing career in 2008 after 25 years in corporate communications, instructional design, and human resources. His work is found at the New York Times, Smithsonian, Southern Living, Metropolis, Charlotte, the Charlotte Observer, and others. His travel writing appears in SouthPark, Foodie Travel USA, Carolinas Golf, and PGA Magazine. He is a member of the Society of American Travel Writers (SATW).

- 6 Tue, Sep 14–Oct 19, 3:30–4:45pm
- Online via Zoom
- Maximum: 14; Fee: $90; Course ID: 3289

Help Shape the OLLI Curriculum

Is there a course you would like to see offered? Do you know someone who would be a great instructor?

Are you interested in teaching a course in an area of your interest/passion?

Contact Beth Anderson, chair of the Curriculum Committee, at curriculum@olliatduke.org.

We value your ideas!
Memoirish 2.0: Write Your Life Stories

Memoirish 2.0 is a six-week course offering participants the opportunity to delve deep and be part of a small community of fellow aspiring memoir writers. This course is most appropriate for those who have done some writing and editing of family stories and who are prepared to share their writing in class. With the exception of a few warm-up exercises, most of the writing will happen outside of class. Participants will learn how to navigate many of the challenges common to memoir, including where to start, what to include and leave out, how to tell your truth, and how to address writing about those who are still alive. The course is limited to 10 participants so the instructor can spend class time each week with members, ensuring each has the chance to read portions of their work and receive in-class feedback. • Active participation.

Joanne Spataro is a writer, ghostwriter, and writing teacher living in New York City. Her work has appeared in the New York Times, Forbes, and HuffPost. Her essay “Rallying for Regular Lives in North Carolina” appeared in We Are Not This, which featured writers with ties to North Carolina who donated their proceeds to LGBTQ charities in the state. Joanne’s memoir, Preconceptions, will be released on Audible this fall.

• 6 Wed, Sep 15–Oct 20, 3:30–5:30pm
• Online via Zoom
• Maximum: 10; Fee: $120; Course ID: 3198

Short Form Memoir: Stories from the Heart

“Write what should not be forgotten.”
—Isabel Allende

Write about the people, places, and times from your life. Write for yourself, for your friends and family, or for eventual publication. Together, we will explore short forms like personal essays, vignettes, and narrative poems. You will have opportunities to read what you’ve written and receive positive feedback. At the end of the course, you will have increased trust in your creative intuition, and you can expect to leave with the beginnings of 12-plus stories from the heart (prose or verse). You may focus on a project, or go with the flow. This approach works for writers at all levels, including beginners. Your instructor will provide source materials: craft essays and examples of writing selected to demonstrate literary techniques and elicit memories from your life and the lives of others you’ve encountered. Requirements: a notebook and pen, an open mind, a kind heart. • Active participation.

Please note: A two-hour group reading is planned for week 7 (optional).

Synchronicity attracted recovering CEO Maia Williams to the central highlands of Mexico in 2011 for a “year of living creatively.” Over the next four years, she was named codirector of San Miguel de Allende’s international writers’ conference, founded Prose and Poetry Cafés, launched a bilingual arts and culture magazine, and began leading creative writing workshops focused primarily on short-form memoir written in prose and verse.

• 7 Wed, Sep 15–Oct 27, 1:30–3:30pm
• Online via Zoom
• Maximum: 14; Fee: $120; Course ID: 3197
Writing a Legacy Letter

This four-session online course is designed to introduce the concept of legacy letters and to encourage participants to craft their own legacy document. A legacy letter (also called an ethical will) is a written document that allows people to share their life lessons, express their values, and transmit their blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for children, grandchildren, and other loved ones. The course includes discussion and brief writing exercises to help participants examine their life histories, explore their values, and capture important insights. It offers advice, encouragement, and a model structure to help participants draft and complete their own legacy letter. • Facilitated discussion.

Please note: The course does include some in-class writing exercises and short homework assignments.

Jay Sherwin has practiced law, given away money for five different charitable foundations, and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy letters, ethical wills, and other legacy documents. Jay has extensive experience facilitating online adult learning programs, and he has taught this course for OLLI programs nationwide.

• 4 Mon, Oct 25–Nov 15, 1:30–2:45pm
• Online via Zoom
• Maximum: 24; Fee: $60; Course ID: 3250

Writing Fiction

Thinking about writing a novel or short story? “Most people know what a story is until they sit down to write one,” the great Flannery O’Connor observed. This course will introduce the tools of fiction writing, including character development, act structure, conflict, outlines and beat sheets, obstacles, resolutions, surprise versus suspense, and professional tips to raise the level of your writing. Each class will include writing exercises and opportunities to share our work. The course is designed for writers ready to begin writing fiction. By the end of the course you can expect to have drafted a firm foundation for your story. • Active participation.

Recommended texts:
• David Mamet, Three Uses of the Knife (9780375704239)
• Jonathan Gottschall, The Storytelling Animal (9780547391403)
• Samantha Shad, The Write to Happiness (9781642798098)

Samantha Shad, the award-winning author of The Write to Happiness and Write Through the Crisis, is an author, attorney, and Hollywood screenwriter. Her first screenplay was for the Gene Hackman film Class Action. She went on to a screenwriting career, writing features for major film studios. As a writing consultant, she works with screenwriters, novelists, and nonfiction writers privately and in writing workshops. She is now excited to share her creative writing skills with OLLI students.

• 6 Mon, Sep 13–Oct 18, 9:00–10:15am
• Online via Zoom
• Maximum: 290; Fee: $90; Course ID: 3306

Zoom Links In Online Student Portal

OLLI members who register for online courses will find the Zoom links in their Student Portal at learnmore.duke.edu/olli. For details, refer to www.olliatduke.online/studentlink.
Registration FAQs

Where do I go to register online?
Go to learnmore.duke.edu/olli to view courses.

I’m new to OLLI. How do I join?
You need to create an account first. Go to learnmore.duke.edu, click on “Student Login,” then fill in the information requested under “I am a new user.” After clicking “Continue,” you will be taken to a page where you can create an account. You can purchase a membership in one of two ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI membership; (b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart). You pay for your membership and courses with a credit card upon checkout. We encourage you to do this before Registration Days to help avoid delays.

How do I change my Password to something I can actually remember?
Log in to the student portal at learnmore.duke.edu/olli. On the left side menu, click on the third option, “Change My Username or Password.” There, on the right side of the screen you will see three boxes to enter a new password. Then click the blue “Save” button.

I know my Username and Password, but they don’t seem to be working.
Unless you have changed your username, it will start with a capital “X” followed by all numbers. The system will not accept a lowercase “x.” Also, if you are copy/pasting, make sure there are no spaces or other symbols in your password. Passwords are case-sensitive.

I tried that and it still doesn’t work.
Stop! Do not try it a third time or you will be locked out of the system! Please contact olli@duke.edu to reset your account.

How can I tell if I have a paid Membership?
Log in to the student portal. Click on “My Profile” on the left menu. Next, scroll down to “Membership Information.” There you will find the date your membership was purchased.

Despite moving to a two-day registration, members can often find registration to be challenging. To make your registration experience easier and less stressful, here are answers to some frequently asked questions. You can find more general FAQs on the website learnmore.duke.edu/olli.

3. Now go to the student login page and log in using the username you just received to login.

To recover your password:

4. On the student login page, click “Forgot Password.”

5. Enter your username and click continue. The system will email a new password that is valid for 30 minutes. If you miss this window, you have to start this process over again.

6. Now go to the student login page and use this new password to log in. Once you have successfully logged in, you can change the password in the profile section of the menu.

We encourage you to confirm your username and password before Registration Days to help avoid delays.

I can’t find my Username or Password. Can you help me?
Yes. If you have registered before, you have an account in our registration system. To reestablish your username or password:

1. Go to learnmore.duke.edu and click on “Student Login.”

2. On the next page (in the left column labeled “I already have an account”), click “Forgot Username” and enter the email you used when you joined OLLI at Duke. The system will email you your username (from learnmore@duke.edu). Look in your email to find the username and write it down or use the copy-and-paste function on your computer.
Registration FAQs continued

If you do not see “Membership Information,” then you do not have an active OLLI membership. To purchase a membership, either: (a) log in to your account, click on “Special Requests” on the left, and add the OLLI Membership to your cart and proceed to check out; or (b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart).

What’s the fastest way to add courses to my Shopping Cart?

Our website offers different ways to search for courses:

1. **Search Courses Link:** The most direct way to find your course is to go to learnmore.duke.edu, click on “Search Courses” located under the photo on the black horizontal menu at the far right, and enter the name of the course or the four-digit course number. Click on the link to the course, click on the “Add to Cart” button, and follow the steps to checkout.

2. **By Day of the Week or by Category:** Go to learnmore.duke.edu/olli, click the down-triangle labeled “Show” under “Courses,” and use the tab “View by day” or “View by category.” Click on the course title to get to the course page, click on “Add to Cart” and follow the steps to checkout.

3. **Course Search Box:** You may also enter the course number or part of the title into the search box that appears on every page at the top right, under the shopping cart symbol. This will search the entire site and may also retrieve results from the PDF version of the course catalog. Click on the appropriate link for the course, click on “Add to Cart” and follow the steps to checkout. **Please note:** Because this is a Google search box refreshed by Google, it may not have the most up-to-date information.

Why do I have to give my Username and Password again when I go to check out?

For security reasons, the system requires that you log into your student portal when you are checking out. This is to protect your personal and credit card information. **Note:** It is not required to log in to the portal before you add courses to your cart. **We encourage** you to practice logging in before Registration Days so that you are comfortable with the process.

I entered my credit card number at checkout, but the system seems to lock up. What happened?

It is important that you check the correct brand of a credit card when you are checking out. For example, if you entered a Visa card number and checked MasterCard by mistake, the system will go into a long hold while it tries to reconcile that the number and card don’t match. It will eventually return to normal, with an error message alerting you to re-enter your payment information.

Where is the paper form? Can I register by calling the office?

No, there is no paper form this term. All the OLLI staff and OLLI registration team are working remotely; we are not in the office to answer the phone or use the credit card terminals. The only way to register is through the online system.

Where will I find the Zoom links to my online courses?

OLLI members who register for online courses will find the Zoom links in their Learnmore Student Portal, which is the same website used for course registration. For details, please refer to www.olliatduke.online/studentlink.

Can I register and enroll in a course and only watch the recordings?

Yes, you can. Recorded courses are listed in the catalog. By registering for the course, you will receive all emails and communication from the instructor(s). Recordings are available in the Learnmore Student Portal; however, you must be registered for the course to view the recordings.

I’m having tech issues. Are there helpful hints?

Please refer to our Online Learning website for more details and helpful hints, tips, and tricks for Zoom: www.olliatduke.online.