Welcome to the Osher Lifelong Learning Institute at Duke University.

**Our History:** OLLI at Duke began in 1977 as the Duke Institute for Learning in Retirement (DILR) as part of Duke Continuing Studies under the direction of Dr. Paula Gilbert. We began as a joint venture of Continuing Education and the Center for the Study of Aging and Human Development, and our membership has grown from the original 42 members to more than 2400 members.

DILR became the Osher Lifelong Learning Institute (OLLI) in 2006 when we received the second $1 million grant, and our name was changed to reflect the Bernard Osher Foundation’s generous contribution. Today, OLLI at Duke is one of the oldest and largest (#7) institutes within the Osher Lifelong Learning Network, a group of more than 123 institutes across the country dedicated to meeting the needs of older learners and extending the demographic reach of colleges and universities.

**Our Mission Statement:** The Osher Lifelong Learning Institute at Duke University, called OLLI at Duke, seeks to engage the minds, elevate the spirits, and foster the well-being of its members through a wide range of educational programs and opportunities for volunteer service and social activity. We exemplify Duke University’s commitment to community service and lifelong learning through our collaborative work with academic and professional groups, area retirement centers, various research projects on aging, and other institutes for learning in retirement.

We are a learning community. The OLLI Curriculum Committee, comprised of more than 30 volunteers, is responsible for curating the courses and recruiting the instructors for more than 400 courses a year. These volunteers invest hundreds of hours meeting with prospective instructors and coaching them through the course proposal process. OLLI members have wide-ranging interests in history, literature, the natural and social sciences, fine arts, and current events. While our courses conform to an arts and sciences curriculum, we also offer workshops on a variety of topics that don’t necessarily meet that criterion. Our course offerings are based on members’ requests, the expertise of class leaders, variety, and balance. OLLI at Duke instructors include peer teachers, university professors, graduate students, independent scholars, business professionals, artists, writers, and community experts.

We embrace “learning for the love of it.” Our members and instructors appreciate the fact that there are no tests, grades, or educational requirements. While OLLI courses rarely require homework, active participation is essential, ranging from contributing to class discussion to sharing the results of one’s own research and keeping up with assigned readings.

**OLLI is growing!** OLLI courses are offered at 23 locations in Durham, Wake, Orange, and Chatham Counties. Most classes are held in the education building at Judea Reform Congregation, 1933 W. Cornwallis Road in Durham, and at The Bishop’s House on Duke’s East Campus. Most classes meet once a week for 1½ hours. We have been operating at maximum capacity for several years, so occasionally a new classroom is added to accommodate the growth. An active search for a new classroom hub for OLLI at Duke is currently underway.

**OLLI at Duke is a cooperative venture.** More than 500 volunteers are involved in making the magic happen for OLLI members. Getting involved is a great way to make new connections and build community. We rely on the contributions and participation, both in class and out, of each member. Members teach courses, coordinate lecture series, lead small-group discussions, organize activities and volunteer projects, serve on the Board of Advisors and committees, act as class assistants, help with data management and administration, and volunteer for all the tasks that ensure the excellence of OLLI at Duke.

**Becoming a member of OLLI at Duke is easy.** We have an annual membership fee of $45. Members may participate in activities and social events, receive mailings, and vote in elections, even if they are not taking courses in a given term. For more information, see the registration information and form in the center of the catalog. Each term, we hold a Meet & Greet for new members; see back cover for details.
Planning Your Course Schedule

OLLI at Duke courses are organized by Subject in this catalog (see list at right). We also have several indices you can reference when choosing your courses:

- **Index by Day** is helpful if you are interested in courses on a particular day or time, including weekends.
- **Index by Instructor** is useful if you are interested in which courses are being taught by a particular instructor.
- **Index by Venue** is handy if you are interested in courses at your favorite venue or need to stay close to a particular location.
- The **Short Courses & Workshops** index, sorted by day and start date, is helpful if your schedule doesn't allow for participation in a course that runs the entire term.
- The **Evening Courses** index is helpful for quick reference to courses that meet after 5:00pm, if your schedule doesn’t allow for participation during the day.

Use the **Course Schedule Worksheet** on page 79 to help you plan your schedule. Note that **Course ID #’s** are critical to being able to register. Refer to them while registering online and to track course confirmations or wait-list status.

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Photograph by Les Todd © Duke Photography
About OLLI at Duke

OLLI at Duke Board of Advisors & Administration

OLLI at Duke operates under the auspices of Duke Continuing Studies. Officers of the Board of Advisors of this membership organization are elected by OLLI members in the spring term. The OLLI Board of Advisors serves as a resource for the director of OLLI and meets ten times a year. The OLLI board president appoints committee chairpersons. Board members and more than 500 volunteers provide the experience and hard work that guide, enrich, and ensure the excellence of OLLI at Duke.

If you are interested in getting more involved, please contact Kathy Parrish at kathy.parrish@duke.edu or 919-681-3476 to find out more about volunteer and leadership opportunities.

2019-2020 Officers (one-year elected term)

President: Matt Epstein
Vice-President: Marion Jervay
Past President: Ginny Knight
Recording Secretary: Mike Bahnaman

Advisors at Large (three-year elected term)
To 2020: Stuart Kaplan, Alan Teasley
To 2021: Margaret Brill, Abdul Waheed

Committee Chairs (one-year appointed term)

Community Engagement: Virginia Lee
Curriculum: Beth Anderson
Information Technology: Howard Koslow
Instructor Relations: Ginny Knight
Legacy: Lisa Gabriel
Member Engagement: Beth Timson
Social Activities & Hospitality: Chris Abrons
Space: Peter Blaufeux

Staff

Director: Chris McLeod, JD
chris.mcleod@duke.edu (919-684-2703)
Assistant to the Director: Kathy Parrish
kathy.parrish@duke.edu (919-681-3476)

Winter Registration

Registration for winter term courses opens at 9:00am on Tuesday, December 3, for Saturday, Sunday, Monday, and Tuesday courses, and at 9:00am on Wednesday, December 4, for Wednesday, Thursday, and Friday courses.

Online: The quickest way to register is online. You have the best chance of getting into the most popular courses by registering online. This requires that you create a login and secure a User Name and password in advance of registration day. There is a helpful video posted on the learnmore.duke.edu/OLLI website that provides tips and strategies for successful online registration. You can change the first password you receive to one that is easier to remember.

By Paper: If you wish to register using the course registration form in the catalog, you may drop off forms at The Bishop’s House on the scheduled Registration Days between 9:00am and 4:00pm. There is no priority or preferences given for early drop offs.

By Phone: You can also register over the phone by calling the Registration Team at 919-684-6259. Since we have only two registration staff, you may receive a recording. Leave a message and one of them will call you back in the order your call was received.

See “How to Register” in the registration insert for details. Registration FAQs are on pages 77-79.

Refund Policy

Membership dues are nonrefundable. Requests for refunds for an OLLI course must be made within five business days of the first class meeting. To drop a course and request a refund within this time period, please email learnmore@duke.edu or call OLLI Registration at 919-684-6259. There is a $20 service charge per course dropped. After five business days from the start of the course, no refunds will be issued except in the case of an emergency. To request an emergency refund, please email kathy.parrish@duke.edu. If a course is cancelled by OLLI at Duke, no charge will be incurred.
**Scholarship Support**
We want OLLI at Duke courses to be available to all who have a passion for lifelong learning. Thanks to the generosity of an OLLI member who made a gift through her estate, scholarship support is available to those who would not otherwise be able to afford course fees. If you would like to request financial support to attend OLLI courses, please contact the OLLI office (919-681-3476) and ask about our “Community Membership.” All requests are confidential.

**Access**
Duke University encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact the OLLI office (919-681-3476) in advance of your participation or visit.

**OLLI at Duke Is a Cooperative Venture**
Your suggestions for courses and activities are welcome and necessary to maintain the vitality of our organization. If you are considering coordinating a course or activity, please contact Betina Huntwork at Betina.Huntwork@duke.edu or 919-660-8509. We value your ideas! Interested in becoming a **Class Assistant** and helping instructors to ensure that announcements are made, attendance is taken, and handouts are distributed? Please fill out the Volunteer Form in the registration insert and return it to the OLLI at Duke office. For more information, contact Kathy Parrish at kathy.parrish@duke.edu or 919-681-3476.

Teaching a course, becoming a Class Assistant, helping with administrative tasks, and joining a committee are just a few of the ways you can volunteer for OLLI at Duke and meet other OLLI members. See the **Volunteer Form** in the Registration Insert for more information. We look forward to working with you!

**Help Shape the OLLI Curriculum**
As you browse the winter 2020 catalog, keep in mind the majority of courses being taught were suggested by our members. While you are selecting your courses for the winter term, ask yourself: Is there a course I would like to take that is not offered? Do I know someone who would be a great instructor? Am I interested in teaching a course in an area of my interest/passion? Let us know how you would like to make a difference! **Course Proposal deadline for the spring 2020 catalog is December 1.** Contact Beth Anderson, chair of the Curriculum Committee, at curriculum@olliatduke.org if you are interested in teaching.

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**Important Dates**

**Winter 2020 Highlights**
- Tues & Wed, Dec 3 & 4
  - Winter registration begins
- Sun, Dec 8
  - OLLIday Luncheon
- Mon, Jan 13
  - OLLI winter courses begin
- Mon, Jan 20
  - Martin Luther King Jr Day—no classes
- Mon, March 23
  - Last day for most winter courses

**Spring 2020 Highlights**
- Wed & Thu, Mar 25 & 26
  - Spring registration begins
- Mon, April 13
  - OLLI spring courses begin
- Fri, May 22
  - Last day for most spring courses

**Fall 2020 Highlights**
- Tue & Wed, Aug 4 & 5
  - Registration begins
- Mon, Sep 14
  - OLLI fall courses begin
- Mon, Sep 28
  - Yom Kippur—no classes at JRC
- Mon-Fri, Oct 19-23
  - OLLI Fall Break—no classes*
- Mon-Fri, Nov 23-27
  - Thanksgiving Break—no classes
- Fri, Dec 4
  - Last day for most fall courses

*Some OLLI classes do meet during breaks. Read the course descriptions carefully.
Instructor Appreciation

OLLI at Duke is fortunate to have many instructors who have taught for many, many years. While we appreciate all our instructors, we provide special recognition for instructors who have taught 25 and 50 OLLI courses. On behalf of your many grateful students, thank you!

50+ Courses Taught
Margo Fariss Brewer
Jay Dunbar
Julia Rose
John Sehon
Pete Selleck
Rita Weimer
Billy Yeargin

25-49 Courses Taught
Henry Blinder
Betsy Bullen
Joe Caddell
Janice Ching
Margaret Clemen
Sallye Coyle
Cynthia Dessen
Karen Dold
Gary Duncan
Dick Ellgen
Richard Ellman
Ann Evangelisto
Mary Jo Fickle
Ian Goddard
Tom Hauck
Ken Hoover
Wally Jackson
Arnie Johanson
Juanita Johnson
Doug Longman
Louise Masurat
Char Murphy
Wendell Musser
Florence Nash
Riverdave Owen
Harriet Sander
Ric Shepherd
Tony Waraksa
Susan Wartell
Dot Wilbur-Brooks
Jim Wright
Jeff Zentner

Code of Conduct

Curiosity + Connection + Kindness + Compassion = Community

OLLI at Duke endeavors to create a positive and affirming environment that fosters learning and social connection. Members, instructors and staff are expected to demonstrate mutual respect, personal and academic integrity, kindness, and civil discourse. Ensuring OLLI at Duke is a welcoming and affirming learning community is a responsibility we all share.

These principles particularly apply to our courses that offer a forum for the lively and passionate exchange of views. Opposing viewpoints are welcomed and appreciated. Instructors are responsible for leading and moderating classroom discussion. They have the prerogative of inviting/allowing questions throughout the class or asking members to hold their questions to the end of class or other designated time.

Members, instructors and staff of the OLLI at Duke Community are encouraged to contact the Director if they observe behavior that is a significant violation of this code of conduct. The Director shall investigate and if there is a problem, address it directly with the alleged violator and determine the consequences, which may include suspension or termination of membership/teaching privileges or a disciplinary warning/termination of employment of a staff member.
Courses by Day

Course Venue Abbreviations & Addresses

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<thead>
<tr>
<th>Abbreviation</th>
<th>Venue</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>BA</td>
<td>The Bridge Academy, 2634 Durham-Chapel Hill Rd, Suite 102, Durham</td>
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<tr>
<td>BDS</td>
<td>Barriskill Dance Theatre School, 3642 Shannon Rd, Durham</td>
<td></td>
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<tr>
<td>BH</td>
<td>The Bishop’s House, 8 East Campus Union Dr, Duke University, Durham</td>
<td></td>
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<tr>
<td>CA</td>
<td>Carolina Arbors Retirement Community, 357 Carolina Arbors Dr, Durham</td>
<td></td>
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<tr>
<td>CDA</td>
<td>Carolina Dance Academy, 3101 Guess Rd, #E, Durham</td>
<td></td>
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<tr>
<td>CW</td>
<td>Carol Woods Retirement Community, 750 Weaver Dairy Rd, Chapel Hill</td>
<td></td>
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<tr>
<td>DA</td>
<td>Durham Academy Middle School, 3116 Academy Rd, Durham</td>
<td></td>
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<tr>
<td>DAC</td>
<td>Durham Arts Council, 120 Morris St, Durham</td>
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<tr>
<td>ERU</td>
<td>Eno River Unitarian Universalist Fellowship, 4907 Garrett Rd, Durham</td>
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<tr>
<td>FAD</td>
<td>The Forest at Duke, 2701 Pickett Rd, Durham</td>
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<tr>
<td>FG</td>
<td>FRANK Gallery, 201 S Estes Dr B6, Chapel Hill</td>
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<tr>
<td>GR</td>
<td>Galloway Ridge Retirement Community, 3000 Galloway Ridge Rd, Pittsboro</td>
<td></td>
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<tr>
<td>INS</td>
<td>Instructor’s home/studio</td>
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<tr>
<td>JRC</td>
<td>Judea Reform Congregation, Education Building, 1933 W Cornwallis Rd, Durham</td>
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<tr>
<td>NCMA</td>
<td>North Carolina Museum of Art, 2110 Blue Ridge Rd, Raleigh</td>
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<tr>
<td>NM</td>
<td>Nasher Museum of Art, 2001 Campus Dr, Duke University, Durham</td>
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<tr>
<td>OFT</td>
<td>Offsite field trip</td>
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</tr>
<tr>
<td>PC</td>
<td>Passmore Center, 103 Meadowlands Dr, Hillsborough</td>
<td></td>
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<tr>
<td>STMC</td>
<td>St. Thomas More Church, 940 Carmichael St, Chapel Hill</td>
<td></td>
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<tr>
<td>SW</td>
<td>Smith Warehouse Computer Lab, Bay 6, 114 S Buchanan Blvd, Durham</td>
<td></td>
</tr>
<tr>
<td>WM</td>
<td>Westminster Presbyterian Church, 3639 Old Chapel Hill Rd, Durham</td>
<td></td>
</tr>
</tbody>
</table>

See pages 10-11 for index of courses by venue

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This document contains a list of evening courses offered by a university. Each course is listed with its title, time, and duration. The courses offered cover a wide range of topics, from cooking and writing to art and philosophy. The courses are organized by day, with each day's schedule listing the courses in a clear and concise manner. The document also includes a variety of cultural and historical topics, such as the First Civil War, Henrik Ibsen's plays, and Islamic lands and East. The courses are offered in different time slots throughout the day, from morning to evening, providing flexibility for students to choose the classes that best fit their schedules. The courses are taught by different instructors, indicated by their initials, which adds to the diversity of the offerings. Overall, this document provides a comprehensive overview of the evening course options available to students at this institution.
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Welcome to Our Newest Instructors

Instructors who are new to OLLI at Duke for the winter 2020 term are indicated with an asterisk in this index. We look forward to seeing their names again!

Want to become an OLLI at Duke instructor yourself? See the Volunteer Form in the Registration Insert.

We would love to hear from you.

While we appreciate all our instructors, we provide special recognition for instructors who have taught 25 and 50 OLLI courses. See page 6.
# Short Courses & Workshops

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<td>11:00-12:30</td>
<td>Gothic Calligraphy</td>
<td>JRC</td>
</tr>
<tr>
<td>Jan 13</td>
<td>5</td>
<td>11:00-12:30</td>
<td>Jews/New World</td>
<td>CA</td>
</tr>
<tr>
<td>Jan 13</td>
<td>6</td>
<td>1:30-3:00</td>
<td>Immunity &amp; the Environment</td>
<td>JRC</td>
</tr>
<tr>
<td>Feb 3</td>
<td>2</td>
<td>1:30-4:30</td>
<td>Digital Camera</td>
<td>SW</td>
</tr>
<tr>
<td>Feb 3</td>
<td>5</td>
<td>5:30-8:30</td>
<td>Art of Cooking</td>
<td>PC</td>
</tr>
<tr>
<td>Feb 17</td>
<td>5</td>
<td>1:30-4:30</td>
<td>Watercolor Paint</td>
<td>JRC</td>
</tr>
<tr>
<td>Feb 24</td>
<td>2</td>
<td>11:00-12:30</td>
<td>Fed. Budget &amp; Debt</td>
<td>CA</td>
</tr>
<tr>
<td>Feb 24</td>
<td>5</td>
<td>1:30-4:30</td>
<td>Photog. Seminar</td>
<td>SW</td>
</tr>
<tr>
<td>Mar 2</td>
<td>1</td>
<td>9:00-12:00</td>
<td>Intro to Calligraphy, Sec 1</td>
<td>JRC</td>
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### Tuesday

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<thead>
<tr>
<th>Start Date</th>
<th>Number of Sessions</th>
<th>Time</th>
<th>Course Title</th>
<th>Venue</th>
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</thead>
<tbody>
<tr>
<td>Jan 14</td>
<td>6</td>
<td>9:00-10:30</td>
<td>Latin Language</td>
<td>BH</td>
</tr>
<tr>
<td>Jan 14</td>
<td>5</td>
<td>9:00-11:00</td>
<td>Intro to Zentangle</td>
<td>CA</td>
</tr>
<tr>
<td>Jan 14</td>
<td>5</td>
<td>11:00-12:30</td>
<td>Climate Change</td>
<td>CA</td>
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<tr>
<td>Jan 14</td>
<td>4</td>
<td>1:30-4:30</td>
<td>Intro to iPhone Photography</td>
<td>JRC</td>
</tr>
<tr>
<td>Jan 28</td>
<td>5</td>
<td>9:00-10:30</td>
<td>Weave or Knot!</td>
<td>JRC</td>
</tr>
<tr>
<td>Feb 4</td>
<td>3</td>
<td>9:30-12:00</td>
<td>Adult Attachment</td>
<td>ERU</td>
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<tr>
<td>Feb 25</td>
<td>1</td>
<td>1:30-3:00</td>
<td>WWII Diary of Odd Nansen</td>
<td>STMC</td>
</tr>
<tr>
<td>Mar 17</td>
<td>1</td>
<td>9:00-12:00</td>
<td>Intro to Calligraphy, Sec 3</td>
<td>CA</td>
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### Tuesday/Thursday

<table>
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<tr>
<th>Start Date</th>
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<th>Time</th>
<th>Course Title</th>
<th>Venue</th>
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<tbody>
<tr>
<td>Jan 21</td>
<td>6</td>
<td>11:00-12:30</td>
<td>macOS</td>
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### Wednesday

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<tbody>
<tr>
<td>Jan 15</td>
<td>6</td>
<td>9:00-10:30</td>
<td>Tax-Smart Retirement Strategies</td>
<td>JRC</td>
</tr>
<tr>
<td>Jan 15</td>
<td>5</td>
<td>11:00-1:00</td>
<td>50+ Improvisers</td>
<td>JRC</td>
</tr>
<tr>
<td>Jan 15</td>
<td>4</td>
<td>11:00-1:00</td>
<td>Genealogy VI A</td>
<td>JRC</td>
</tr>
<tr>
<td>Jan 15</td>
<td>6</td>
<td>1:30-3:00</td>
<td>Intro to 3-D Print</td>
<td>JRC</td>
</tr>
<tr>
<td>Feb 19</td>
<td>6</td>
<td>1:30-3:30</td>
<td>Genealogy VI B</td>
<td>JRC</td>
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### Thursday

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<th>Time</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>Jan 16</td>
<td>6</td>
<td>9:00-10:30</td>
<td>One Craft, Two Cultures</td>
<td>BH</td>
</tr>
<tr>
<td>Jan 16</td>
<td>6</td>
<td>9:00-10:30</td>
<td>Highlanders to Tar Heels</td>
<td>STMC</td>
</tr>
<tr>
<td>Jan 16</td>
<td>6</td>
<td>11:00-12:30</td>
<td>Flying Small Aircraft</td>
<td>JRC</td>
</tr>
<tr>
<td>Jan 16</td>
<td>4</td>
<td>1:30-3:00</td>
<td>Wines: Alsace, Germany, Austria, Sec 1</td>
<td>BH</td>
</tr>
<tr>
<td>Jan 16</td>
<td>4</td>
<td>3:15-4:45</td>
<td>Wines: Alsace, Germany, Austria, Sec 1</td>
<td>BH</td>
</tr>
<tr>
<td>Jan 16</td>
<td>6</td>
<td>3:15-4:45</td>
<td>Pagan Origins of Monotheism</td>
<td>BH</td>
</tr>
<tr>
<td>Jan 16</td>
<td>6</td>
<td>5:30-7:00</td>
<td>Artificial Intellig.</td>
<td>BH</td>
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<tr>
<td>Jan 23</td>
<td>1</td>
<td>7:00-8:30</td>
<td>Mayberry Modernism</td>
<td>INS</td>
</tr>
<tr>
<td>Jan 30</td>
<td>6</td>
<td>1:30-3:00</td>
<td>Widowhood</td>
<td>JRC</td>
</tr>
<tr>
<td>Feb 6</td>
<td>6</td>
<td>9:00-10:00</td>
<td>Keeping Muscles &amp; Bones Fit</td>
<td>JRC</td>
</tr>
<tr>
<td>Feb 6</td>
<td>3</td>
<td>11:00-12:30</td>
<td>Cutting the Cable Cord</td>
<td>STMC</td>
</tr>
<tr>
<td>Feb 20</td>
<td>4</td>
<td>1:30-3:00</td>
<td>Pinot Noir, Sec 1</td>
<td>BH</td>
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<tr>
<td>Feb 20</td>
<td>4</td>
<td>3:15-4:45</td>
<td>Pinot Noir, Sec 2</td>
<td>BH</td>
</tr>
<tr>
<td>Mar 5</td>
<td>1</td>
<td>9:00-12:00</td>
<td>Intro to Calligraphy, Sec 2</td>
<td>STMC</td>
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### Friday

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<tr>
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<th>Time</th>
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<th>Venue</th>
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</thead>
<tbody>
<tr>
<td>Jan 17</td>
<td>5</td>
<td>9:00-10:30</td>
<td>First Civil War</td>
<td>BH</td>
</tr>
<tr>
<td>Jan 17</td>
<td>6</td>
<td>1:30-3:00</td>
<td>Philosophy in Islamic Lands/East</td>
<td>BH</td>
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</tbody>
</table>

### Saturday

<table>
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<tr>
<th>Start Date</th>
<th>Number of Sessions</th>
<th>Time</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>Jan 18</td>
<td>6</td>
<td>10:00-11:00</td>
<td>Indonesia</td>
<td>BH</td>
</tr>
</tbody>
</table>

See page 7 for venue abbreviation key and venue addresses
American Art in the 1950s

Irving Sandler entitled his account of American art of the 1950s *The Triumph of American Painting*. In this course, we will look at what may be the most important period in American art (we'll stretch it from 1945 to 1962), when this country’s art became the leading art internationally. Abstract expressionism and its followers, minimalism and pop art, brought to the art world a raw exuberance, theoretical rigor, and pinpoint focus on the postwar political, economic, and social transformation of the emerging global environment. This course will explore the conditions that led to this elevation of American art, the major figures who shaped it, and the lingering influences from this period that still affect art today. • Lecture (plus questions).

James Boyles teaches at NC State University. He has an MA and a PhD in art history, focusing on modern and contemporary art, with the occasional venture into the medieval period and the eighteenth century.

- 10 Tue, Jan 14-Mar 17, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 50; Fee: $100; Course ID: 2971

Hear the Spirits: African Divination Arts and Healing Rituals

This course offers a unique opportunity to delve into the profound importance of the spirit world that infuses traditional African culture. Belief in the spirit world and the unseen is essential to divination processes and healing rituals and finds important expression in art. Learn about sculptures that are works of art and serve as vessels for spirits who speak to the diviner, yielding guidance to supplicants. The belief in the spirit world is further echoed in deeply spiritual African creation stories. We will learn how these creation stories manifest for various African peoples. We will meet Mami Wata, a water spirit among the Ibibio and other groups in Nigeria and nearby countries. We will also draw upon the African art collection of the instructor, part of which is on display at the North Carolina Museum of Art and the Ackland Art Museum (and will be viewed and discussed there) as well as at the instructor’s home. Three outstanding guest speakers will also share their expertise. • Lecture (plus questions).

Please note: Guest speakers will be Amanda Maples, NCMA African art curator, NCMA gallery discussion on February 27; Victoria Rovine, UNC-Chapel Hill professor of art and African studies, Ackland gallery discussion on March 5; and Charlie Jones, nationally recognized African art dealer, discussing the instructor’s extensive private home collection on March 19.

Rhonda Wilkerson is a storyteller, educator (PhD, UNC-Chapel Hill associate professor, School of Education), and passionate collector of African art. She has conducted innumerable presentations for teachers, museum educators, and curators, presenting at numerous museums across the country. She has been an NCMA docent for many years, where her accessible and lively teaching has been highly valued.

- 10 Thu, Jan 16-Mar 19, 10:30am-12:00pm
- North Carolina Museum of Art, Raleigh, and offsite field trips
- Maximum: 35; Fee: $100; Course ID: 2990

Building Duke University Chapel

This course will cover the history of the transformation of Trinity College into Duke University and the buildings that make up the West Campus. The focus will be on the building of the fourteenth-century Gothic style Duke Chapel, the most dominant of these buildings. The stories of the designers, stone masons, stained glass makers, and artisans in wood and iron and of the unusual and elegant touches they produced will all be presented. One guest lecturer will give an in-depth tour of the four chapel organs and their complex inner workings. The last class will meet in the chapel and offer a chance to see all that was
described, including areas that visitors usually don’t see. • Lecture (plus questions); Field trip(s).

Lois Oliver was associate dean for medical education and admissions at Duke and is associate professor emerita of pediatrics. She is head docent at Duke Chapel and a volunteer at Duke Gardens.

- 6 Mon, Jan 13-Feb 24 (no class Jan 20), 9:00-10:30am
- The Bishop’s House, Duke University, Durham
- Maximum: 20; Fee: $70; Course ID: 1588

The Women Artists of Surrealism: An Art Appreciation Class

This course will explore a selection of women artists who significantly contributed to the Dada/surrealist movement of the twentieth century. These female artists are often overlooked in historical narratives of this male-dominated art movement. Critics and collectors tend to focus more on the impact of Salvador Dali, Max Ernst, Pablo Picasso, Rene Magritte, Man Ray, and others. The female artists of surrealism who will be introduced include: Leonora Carrington, Meret Oppenheim, Gertrude Abercrombie, Edith Rimmington, and Hannah Hoch. This course will also include a screening of Maya Deren’s 1943 short film Meshes of the Afternoon, selected by the Library of Congress for being “culturally, historically, and aesthetically significant.” Students will have an opportunity during the last two weeks of the session to create a personal collage inspired by the surrealist artists studied in this course. An art kit will be available from the instructor for $12.
- Lecture (plus questions); Active participation; Viewing videos.

Required supplies/fee: The instructor will provide all supplies for a fee of $12, due at the first class in cash.

Gabrielle Rousso was previously the executive director and school director of the Art Center Highland Park, a fine art school with professional galleries in the Chicago area. She has degrees from the College of New Jersey and attended the Harrington College of Design. She is currently on the board of directors of FRANK Gallery and is an artist, educator, and avid art collector.

- 8 Mon, Jan 13-Mar 16 (no class Jan 20 and Feb 10), 1:30-3:00pm
- FRANK Gallery, Chapel Hill
- Maximum: 20; Fee: $90; Course ID: 3027

Mayberry Modernism

What’s North Carolina’s greatest secret? We have the third largest number of modernist houses in the country. George Smart’s discovery of North Carolina’s large number of “livable works of art” in 2007 led him to start NCModernist, the largest open digital archive of modernist residential architecture and architects in the nation. During this seventy-five-minute talk, you’ll visually explore some of the state’s modernist gems, many still glorious, some endangered, and some destroyed forever. The talk will be given at George’s 2014 Matsumoto Prize-winning home in Durham.
- Lecture (plus questions).

North Carolina’s most passionate advocate for modernist architecture, nationally known George Smart facilitates the public’s discovery of these “livable sculptures” through presentations in many venues and through his NCModernist e-newsletter. George is the founder of the nonprofit organization NCModernist and leads educational tours of these gems throughout the US and abroad.
- 1 Thu, Jan 23, 7:00-8:30pm
- Instructor’s home/studio in Durham
- Maximum: 30; Fee: $25; Course ID: 1861

Nine Artists: Resetting the Course of Modern Art

This course will examine the work of nine artists to understand how their seminal insight impacted a century of art and forever changed the way we see. Through an examination of their work, we
will analyze the influence of Claude Monet, Henri Matisse, Wassily Kandinsky, Salvador Dali, Marcel Duchamp, Jackson Pollock, Jasper Johns, Andy Warhol, and Louise Bourgeois on the world of art. • Lecture (plus questions).

Joyce Nereaux is a private art dealer working with minimal and conceptual painting and sculpture. For the last thirty-seven years, as a gallery owner and director, private dealer, and adjunct professor at the School of Visual Arts, she has represented and worked closely with many of the major figures in contemporary art.

• 9 Mon, Jan 27-Mar 23, 11:00am-12:30pm • The Bishop’s House, Duke University, Durham • Maximum: 20; Fee: $100; Course ID: 3004

One Craft, Two Cultures

In the early 1970s, quilting, once considered the quintessence of American traditional arts, was revived as an art form in the United States. At the same time, thousands of miles away, people in Japan were only just beginning to discover American quilts through popular culture that brought American television shows, magazines, books, and exhibitions of traditional American quilts to Japan. It did not take long for the Japanese to discover an affinity for this new (for them) style of textile art, and, by the end of the twentieth century, the number of active quilters in Japan was about one million. The number has only continued to grow, and today it is estimated there are over three million quilt makers in Japan—next to the United States, one of the world’s largest quilting populations. This course will look at the cultural, social, and aesthetic differences between quilting in Japan and the United States and what influenced these differences. • Lecture (plus questions).

Jacqueline Marx Atkins, formerly chief curator of the Allentown Art Museum, studied the impact of American quilting in Japan under a Fulbright Research Grant. For eight years, she was a judge for the NHK Japan Quilt Grand Prix contest. Using information gathered during her research in Japan, she will discuss what has influenced Japanese quilting and how it differs from Western quilting.

• 6 Thu, Jan 16-Feb 20, 9:00-10:30am • The Bishop’s House, Duke University, Durham • Maximum: 20; Fee: $70; Course ID: 2093

Modern & Contemporary Art: The Nasher Museum at Duke University

We will use the modern and contemporary exhibitions at Duke University’s Nasher Museum of Art as the basis for this course. We will alternate between classroom and gallery spaces, considering some of the broader art movements that have informed the art on view at the Nasher. We will also have in-depth discussions in the galleries. This is a conversation-based course. • Facilitated discussion.

Required supplies/fee: Students will need to be a member of the Nasher Museum; memberships are available for a discounted cost of $25. For additional information, please see the course details at learnmore.duke.edu/olli.

Since her move to North Carolina in 2011, Ruth Caccavale has taught a variety of art history courses for OLLI. She also works in the education department of the Nasher Museum at Duke. For ten years prior to this, Ruth taught art history at Rutgers University in New Jersey.

• 9 Tue, Jan 14-Mar 17, 3:15-4:45pm • Nasher Museum, Durham • Maximum: 15; Fee: $100; Course ID: 3004

The Art of the Album

With the introduction of the LP (long-playing) record in 1948, listeners could enjoy music in a more extended and convenient format than ever before. The advent of the LP also offered exciting new opportunities for artists and designers to create album cover artwork. Beginning in the 1950s, many covers were works of art that would
contribute iconic images in every music genre. This course will highlight memorable and innovative album covers—and the stories behind them—from the LP era (1955-1985). Get ready to be amazed by an art gallery of rock, jazz, country, and classical albums—even punk, heavy metal, and psychedelia. Whether you’re rediscovering a long-forgotten favorite or looking at a brilliantly conceived album cover for the first time, this course will confirm that music is meant to be seen as well as heard.

Cabell Smith spent more than twenty years in radio and music marketing before joining Duke as radio-televison manager in 1997. He has enjoyed album artwork since the 1950s, with a particular interest in the 1960s and ’70s. Among his favorite covers are Born to Run and most any cover designed by Hipgnosis. Some of his best-loved album covers hang on the walls of his home.

- 8 Tue, Jan 14-Mar 3, 1:30-3:00pm
- The Bishop’s House, Duke University, Durham
- Maximum: 20; Fee: $90; Course ID: 3020

See also . . .

“An Eye for an Eye” in the Arts: Revenge in Literature, Theater, and Paintings (page 48)
Introduction to Mosaic Art (page 28)
Philosophy of Art & Aesthetics (page 58)
that’s not on cable? This course will guide you through the maze of TV and streaming technology so you can decide if, and how, you should cut the cable cord. Learn the basics of over-the-air broadcasts, streaming devices (Roku, Amazon Fire TV, Apple TV), and streaming services (Netflix, Hulu, Amazon Prime, and more). Discover online resources and tools to help in planning to cut the cord. View live demos of popular streaming devices and services in class. Students will be encouraged to log their cable viewing and also start a wish list of shows they want to watch in order to create a cord-cutting plan that best suits their individual needs and budget. The course has the same content as prior versions but will be taught at a slower pace (over three sessions), with more time for Q&A during classes. • Lecture (plus questions).

Howard Koslow has over thirty years’ experience as a software developer at IBM. Now retired, he continues to explore technology for creative and productive uses, as well as to teach others to embrace it.

• 3 Thu, Feb 6-Feb 20, 11:00am-12:30pm
• St. Thomas More Church, Chapel Hill
• Maximum: 40; Fee: $40; Course ID: 2795

Intro to 3-D Printing
Additive manufacturing, or 3-D printing, is the process used to create three-dimensional objects by depositing layers of material under computer control. Learn how the different types of 3-D printing technology work, and, through videos, see examples of the broad range of applications to which it’s being applied. Then explore the steps involved in turning ideas into physical objects and the basics of using several free computer-aided design tools (Tinkercad, SketchUp). Students can optionally print simple object designs provided by the instructor or in public repositories (e.g., thingiverse.com) or explore making their own home, hobby, or artistic projects. There will be opportunities outside of class sessions to use the class 3-D printer throughout the term. • Lecture (plus questions); Active participation; Viewing videos.

Required supplies/fee: The instructor will provide 3-D printer supplies for a fee of $15, which will be collected only from students who use the printer.

Howard Koslow has over thirty years’ experience as a software developer, mentor, and trainer. Now retired from IBM, he enjoys teaching others at OLLI to embrace technology for creative and productive purposes.

• 6 Wed, Jan 15-Feb 19, 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 10; Fee: $70; Course ID: 1880

Get to Know Your Digital Camera: A Short Course
This short course is for those who want to get familiar with their digital camera, whether they are using a brand-new camera, refreshing their knowledge of an older camera, or looking to try out additional features. Using a camera is like riding a bicycle: the more you practice, the easier it gets. In two three-hour sessions, students will learn the most important controls on their camera, including automatic and manual modes. Session 1 will be hands-on, learning where all the controls are and how they work, as well as practicing using them. A two-week break will allow students time to practice operating their camera and to solidify the material covered in Session 1. Session 2 will combine sharing photos taken at home and Q&A with the instructor to answer any outstanding questions. • Lecture (plus questions); Facilitated discussion; Active participation.

Required: Students should bring any type of digital camera (DSLR, mirrorless, or pocket), but not a smartphone, to class.

John Sehon is a lifelong photographer. He has taught over fifty courses at OLLI since retiring to North Carolina in 2001. John experimented with early digital cameras in the 1990s and made a complete transition to digital from film in 2000. His teaching style encourages sharing and class participation.
Intro to iPhone Photography
The best camera is the one that you have with you. Maybe that’s why the iPhone has become the predominant camera in use today, and “iPhoneographers” take and share more images than photographers with any other camera. Today’s iPhones and iPads are completely self-contained and designed to capture, edit, store, and share images all from the same platform. This course will enable iPhone users to understand and master this feature-rich camera. Topics will include: how to access and use the built-in camera app; how to improve images using Apple and third-party apps; how to store files through Apple and other cloud providers; how to share files on social media, including Instagram, e-mail, and messaging; and in-class practice using the iPhone for travel, portrait, and abstract photography. Throughout the course, students will have opportunities to practice and share images in an open, noncritical environment. • Lecture (plus questions); Facilitated discussion; Active participation.

Prerequisites: Students should have an iPhone 6 or later with adequate storage available to add one or two apps. Familiarity with the use of the Internet and e-mail is required.

Required supplies/fee: Students will be asked to buy additional apps at an estimated cost of $10.

Dennis Szerszen retired from the software industry to become a full-time fine art photographer. He is a member of Triangle Visual Artists and a staff photographer for a local magazine. Dennis also volunteers with FRANK Gallery’s Karen Youth Arts Group, mentoring refugee youth in using photography as a means of socialization and self-expression.

Intro to Digital Photography
This course will provide new or beginning digital camera photographers with a broad introduction to their chosen medium. We will discuss how digital cameras work, the advantages and disadvantages of various megapixel levels in cameras, and the way these cameras store images, including a review of file formats. There will be a discussion of the basics of photography (exposure, composition, and depth of field) and how those concepts relate to the digital imaging we do today. Exporting of images for social media, storage, organization strategies for files, and how to do basic editing will also be covered in a hands-on, participatory style. • Lecture (plus questions); Active participation.

Required: Students should have an interchangeable lens DSLR or mirrorless digital camera (not a fixed lens, bridge, or pocket camera) and at least one storage card that works with their camera. Nice to have: a computer or tablet device to which you can transfer your images.

Recommended texts:
• Bryant Peterson, Understanding Exposure (9781607748502)
• Henry Carroll, Read This If You Want to Take Great Photographs (9781780673356)

Tom Benson is a local fine art wildlife and nature photographer. With thirty years of experience, he has tried just about every photographic discipline and enjoyed some of them. A North Carolina native, he strives to showcase the natural beauty of the Southeast in his work. When it comes to making compelling images, he feels that “it ain’t the camera!” that makes the difference.

• 2 Mon, Feb 3 & 17, 1:30-4:30pm
• Smith Warehouse, Duke University, Durham
• Maximum: 10; Fee: $55; Course ID: 2882

• 4 Tue, Jan 14-Feb 4, 1:30-4:30pm
• Judea Reform Congregation, Durham
• Maximum: 12; Fee: $55; Course ID: 2478

• 10 Wed, Jan 15-Mar 18, 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 10; Fee: $100; Course ID: 2364

See also . . .
Genealogy V: More Effective Computer Research (page 69)
Photo Editing Refresher: 
PC and Mac

Review and strengthen basic skills in working with digital images and learn more about using the editing tools available in Adobe Photoshop Elements. This course will include practice with the use of layers, selections, and procedures for editing, resizing, and combining photos for special projects. Class content will be adjusted as needed to build skills that will enable students to move forward with personal photo-editing interests. Practice outside class and completion of homework assignments is expected. We will use Photoshop Elements version 19 on lab computers. • Lecture (plus questions); Facilitated discussion; Active participation.

Prerequisites: Beginning Photo Editing course or permission from the instructor, Internet and e-mail proficiency, and a working e-mail account. Students must be able to navigate within Windows or Mac OS and use the mouse proficiently. Knowing how to save, rename, back up, find, and retrieve files and documents without assistance is essential. Please do not sign up for this course unless you can attend all sessions.

Required supplies/fee: Students will purchase a USB flash memory device for an estimated cost of $10.

Mary Jo Fickle has been using computers for over twenty-five years. She has been teaching photo-editing courses for OLLI for over ten years.

• 8 Tue, Jan 21-Mar 10, 1:30-3:00pm
• Smith Warehouse, Duke University, Durham
• Maximum: 8; Fee: $90; Course ID: 1559

Winter Photography Seminar

Have you just started down the road to becoming a digital photographer, or does your journey need a jump-start? In either case, this seminar may be what you’re looking for to help you take better photographs. The seminar will provide participants a forum to share their photographs with others and obtain feedback, tips, and new ideas. Each session will present a different photographic technical or artistic topic and an opportunity for group discussion. The Duke campus and the Durham area provide many wonderful photographic opportunities, from landscapes to outdoor portraits. The course will take advantage of these opportunities by visiting at least two locations to take photographs together as a group. Come share the path with other beginning photographers and digital camera enthusiasts and see where it leads you. • Lecture (plus questions); Active participation; Field trip(s).

John Sehon is a lifelong photographer. He has taught over fifty courses at OLLI since retiring to North Carolina in 2001. John experimented with early digital cameras in the 1990s and made a complete transition to digital from film in 2000. His teaching style encourages sharing and class participation.

• 5 Mon, Feb 24-Mar 23, 1:30-4:30pm
• Smith Warehouse, Duke University, Durham
• Maximum: 10; Fee: $110; Course ID: 2599

macOS: Beyond the Basics

This course is not a beginner’s Mac class; it is for current Mac users who want to know more about using and navigating the Mac operating system. We will look at the Desktop, the Finder, the Finder window, the Dock, and icons. We will cover Preferences for the entire system as well as for individual software. We will review document and file management. We will explore selected software included as part of macOS, as well as the Help files that apply to each application. And, if time allows, we will examine...
Economics, Finances & Retirement

**Consumer’s Guide: Health Care Advocacy**

Do you know how to get the health care you need and deserve or how to keep someone safe in an acute care setting? Learn strategies to become a better health care consumer in a system that shows no signs of getting any easier to deal with. Whether we are advocating for ourselves as consumers or for a loved one as a patient, we may need to navigate different health care environments, such as medical offices, hospitals, rehabilitation centers, or skilled nursing centers. We’ll discuss the roles and motivations of settings, providers, and consumers. And we’ll explore how to get the information needed to make informed decisions, when and how to question or appeal, and what can be done about medical billing disputes. Prepare yourself by becoming a savvy consumer, keeping yourself and others informed and safe. • Lecture (plus questions); Facilitated discussion; Viewing videos.

**Please note:** There will be a suggested reading or video review prior to the course so as to enhance the classroom experience. Optional follow-up reading suggestions are provided after each class, and at the end of the course a robust references list will be distributed.

Nancy Ruffner is a board-certified patient advocate, speaker, and owner of NAVIGATE NC, whose advocacy and case management help families navigate the challenges that come with aging or chronic conditions. She is a frequent speaker across North Carolina on topics relating to health care, aging, and consumer empowerment, and she most enjoys provoking thought and helping others to find solutions.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 50; Fee: $100; Course ID: 2720

**30 Years Without a Paycheck: Navigating Your Way Through Retirement**

There are many financial stages to each individual’s retirement. The decisions you face can be overwhelming and confusing, but they are extremely important as you plan for thirty years without a paycheck. It all starts when you leave your last employer and culminates with your leaving a legacy. This course will take you through the major stages of retirement, providing clear guidance on the investments and strategies needed to create a financially successful retirement. • Lecture (plus questions); Facilitated discussion.

Julie Kelly is a Certified Financial Planner and has been in the industry for sixteen years. Prior to joining Edward Jones, she worked for AllianceBernstein. She trained financial advisers on wealth manage-
ment. Her passion to help families implement wealth accumulation, wealth protection, and wealth transfer strategies is what drew her to Edward Jones.

- 10 Tue, Jan 14-Mar 17, 9:00-10:30am
- The Bishop’s House, Duke University, Durham
- Maximum: 25; Fee: $100; Course ID: 0547

Stay Put or Move On: Age in Place or Move to a Continuing Care Retirement Community

This course explores how to provide for continued independence as aging progresses and needs change. Focusing on aging in place and retirement communities, we explore the challenges and opportunities that come with aging and the options available for extending independence and promoting quality of life. We'll consider your home and community for aging in place and options for home care services. We'll discuss how retirement communities differ from other senior communities. Finally, we'll visit an independent living and a number of continuing care retirement communities (ILRCs and CCRCs) to learn about the services they provide, their contract models, entrance and monthly fees, and the nature of waiting lists. The material in this course builds toward our site visits, so we ask that you sign up only if you are able to attend all class sessions.

- Lecture (plus questions); Facilitated discussion; Viewing videos.

Please note: An internet connection, e-mail address, and access to the web are required to receive course announcements and materials.

Margaret Riley has a BA in education, MA in international affairs, and PhD in intercultural communication. She retired from Duke after fourteen years as the director of Duke’s Global Education Office (study abroad), associate dean, and assistant vice provost for undergraduate global education. SPOMO was her first OLLI course.

Aline Dawson moved to the Triangle in 2005 after eighteen years in the San Francisco Bay Area. She held a variety of management positions at Silicon Valley companies including Apple, Xerox, and Cisco Systems. She holds a BA in business administration from the University of North Texas. SPOMO was her first OLLI course.

- 12 Tue, Jan 14-Mar 31, 10:00am-1:00pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: $150; Course ID: 0997

Federal Budget & Debt: So What?

The current federal budget is $5 trillion, and the federal debt is $22 trillion (that's $90,000 per US adult) and growing! What we don't know, we can't change: Would you write a check every day without knowing what you are buying? This course is an examination of what makes up the federal budget, its benefits to North Carolina, the impact of the increasing federal debt, and a perspective on possible future events. The course objective is to “simplify” the federal budget and provide an understanding of the timing and type of decisions that go into creating it, including discussing trade-offs and IOUs, what “balance the budget” means, choices and their impacts (e.g., Medicare), and what happens when the unexpected occurs (e.g., hurricanes, pandemic flu, stock market crash). The course will be interactive, and participants will get to “decide” on proposed budget actions to send to DC to determine if we can “have our cake and eat it too.”

- Lecture (plus questions); Facilitated discussion; Active participation.

Recommended texts:
- Committee for a Responsible Federal Budget (crfb.org)
- Peterson-Pew Commission on Budget Reform (budgetreform.org)
- White House, President’s Budget (whitehouse.gov/omb/budget)
- Congressional Research Service’s “Introduction to the Federal Budget Process” (fas.org/sgp/crs/misc/98-721.pdf)

This list may be added to or changed prior to
class start date, based on most recent updates and information online.

**Ed Johnson** is a retired federal executive and federal budget and finance expert (former chief financial officer, budget director, financial manager, strategic planner). Ed's highly recognized experience is top to bottom, from working for/with the White House, Congress, many federal agencies, state/local governments, and oversight entities. [linkedin.com/in/edward-h-johnson-4b78a8b0/](https://linkedin.com/in/edward-h-johnson-4b78a8b0/)

- 2 Mon, Feb 24 & Mar 2, 11:00am-12:30pm
- Carolina Arbors, Durham
- Maximum: 25; Fee: $30; Course ID: 2885

**Tax-Smart Retirement Strategies**

Are you making the most of your resources in retirement? Are taxes “cramping” your retirement lifestyle? Is a Roth conversion “tax smart” for you? Position your money wisely, structure an income flow, and minimize taxes to stretch your financial resources. In this course, you will learn ways to lessen “tax drag” on your investments and gain “tax efficiency” by managing income flows. You will learn how your income impacts the taxability of Social Security benefits and your Medicare premiums. And you will learn why positioning investments strategically, managing required minimum distributions, and using “tax-smart” strategies to withdraw money from your investment accounts can increase the years that your money lasts in retirement.

- Lecture (plus questions); Facilitated discussion.

**Lisa Gabriel** has over thirty-five years of investment experience designing integrated, strategic portfolio solutions for high net worth individuals and families as well as institutional investors such as Duke Management Company. Lisa is a Certified Financial Planner professional and also holds the Chartered Financial Consultant designation (ChFC).

- 6 Wed, Jan 15-Feb 19, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 15; Fee: $70; Course ID: 1057

See also . . .

**Aging 101: Preparing for the Future**

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**Help Shape the OLLI Curriculum**

As you browse the winter 2020 catalog, keep in mind the majority of courses being taught were suggested by our members. While you are selecting your courses for the winter term, ask yourself:

- Is there a course I would like to take that is not offered?
- Do I know someone who would be a great instructor?
- Am I interested in teaching a course in an area of my interest/passion?

Let us know how you would like to make a difference!

**Course Proposal deadline for the spring 2020 catalog is December 1.**

Contact Beth Anderson, chair of the Curriculum Committee, at curriculum@olliatduke.org if you are interested in teaching.
Hands-On Art

Foundations of Color

Creating a specific color from scratch can be one of the biggest challenges and rewards of making art. This hands-on course will equip students with the foundational skills to see and replicate the colors they encounter in art and in the world by studying and practicing mixing paints. At the end of the course, students will be able to use color as a tool in work they create as well as experience a deepened appreciation in their encounters with work made by others. The course welcomes artists of all skill levels. • Lecture (plus questions); Active participation; Viewing videos.

Required supplies/fee: Students will need to provide materials for an estimated cost of $90. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Recommended text:
• Josef Albers, Interaction of Color (9780300115956)

Sterling Bowen has had a passion for painting since his days as an undergrad at UNC-Charlotte. He was a graduate fellow in painting at the University of Houston, where he taught drawing and worked in the Art History Department. He leads a critique group in Raleigh for emerging contemporary artists and maintains a blog about his painting and the artists he finds interesting.

• 10 Thu, Jan 16-Mar 19, 11:00am-1:00pm
• Judea Reform Congregation, Durham
• Maximum: 12; Fee: $100; Course ID: 2986

Beyond Knit & Purl: Knit a Sweater That Fits

If you can knit and purl, you are ready to make a sweater. We’ll start with a pattern that comes in sizes newborn to 4XL, so that you can knit for a grandchild, yourself, or another adult. We’ll cover everything you need to know to finish with a sweater that fits! • Active participation.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $50. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Amie Palmer is a lifelong fiber arts enthusiast who has been knitting for over thirty years. Her favorite projects include custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 11:00am-12:30pm
• Westminster Presbyterian Church, Durham
• Maximum: 8; Fee: $100; Course ID: 2974
Learn to Knit a Triangular Shawl

Shawls are a popular fashion accessory that provide color and interest for any outfit. They also provide an extra layer on a chilly day. Learn to knit a shawl using one or two colors of yarn. The instructor will provide the pattern. You provide the 500 yards of knitting worsted yarn, 32-inch circular knitting needle size 10, tapestry needle, and stitch markers. This is a beginner-level course but all levels are welcome. Suggested yarn types are in the materials section.

- Active participation.

Please note: The instructor will provide the pattern. The materials fee varies based on the yarn chosen.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $35. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Amie Palmer is a lifelong fiber arts enthusiast who has been knitting for over thirty years. Her favorite projects include custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.

- 10 Mon, Jan 13-Mar 23 (no class Jan 20), 1:30-3:00pm
- Westminster Presbyterian Church, Durham
- Maximum: 8; Fee: $100; Course ID: 2997

Chair Caning: Fix That Broken Seat

This course is on the art of chair caning. Students will provide their own chair or stool that needs a new handwoven seat (no pressed cane). No experience is necessary, but some dexterity with handwork is recommended. Course materials will be ordered by the instructor after the first class. Students should commit to attending all classes; weekly homework will be assigned and should be completed to ensure the completion of the project.

- Active participation.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $35. The instructor will provide cane and pegs. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Teddie Brown taught chair caning for many years in the adult education program in Simsbury, Connecticut, prior to moving to North Carolina. She earned BS and MA degrees in teaching and English from the University of Connecticut. She retired from Duke in 2008 and presently volunteers in the ESL program at the Durham Literacy Center. She enjoys working with her hands and being with people.

- 8 Wed, Jan 15-Mar 4, 1:30-3:30pm
- Judea Reform Congregation, Durham
- Maximum: 10; Fee: $90; Course ID: 2975

Chinese Brush Painting: Landscapes

Landscape is one of the three major categories of brush painting. Students will learn how to paint various landscapes including mountains, rivers, trees, and figures. Each person will complete a beautiful painting in every class, while practicing basic brush painting techniques. This course is for both experienced and beginning students.

- Active participation.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $35. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Jinxiu Zhao (Alice) is a professional brush painting artist who specializes in the teaching of Chinese brush painting and calligraphy to both children and adults. She has taught calligraphy and brush painting in North Carolina for twenty-four years to all levels of the public schools, to teacher training programs, and in private classes.
Introduction to Calligraphy

This hands-on session will help you look at letters in a new light and explore the possibilities available when using a broad-tip pen. Each student will need to bring a broad felt-tip calligraphic pen (2.5mm suggested, available at A. C. Moore or Michaels), a ruler, a pencil, and a pad of tracing paper. • Active participation.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $12. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Anne Baugh has taught for many years at the Durham Arts Council and at OLLI.

Section 1
• 1 Thu, Mar 5, 9:00am-12:00pm  
  St. Thomas More Church, Chapel Hill  
  Maximum: 12; Fee: $40; Course ID: 1754-006

Section 2
• 1 Mon, Mar 2, 9:00am-12:00pm  
  Judea Reform Congregation, Durham  
  Maximum: 12; Fee: $40; Course ID: 1754-007

Section 3
• 1 Tue, Mar 17, 9:00am-12:00pm  
  Carolina Arbors, Durham  
  Maximum: 12; Fee: $40; Course ID: 1754-008

Introduction to Zentangle

This course is an introduction to the Zentangle drawing method. Students will learn the history and philosophy of Zentangle, the applications and the steps of creating a Zentangle tile, and at least nine “tangles” or patterns. We will work with colored tiles, black tiles, round tiles, white pencil and ink, and colored pencils. We will learn shading and other special techniques. The Zentangle method is an easy-to-learn, relaxing, and fun way for beginners to create beautiful images by drawing structured patterns. It increases focus and creativity, while providing artistic satisfaction along with a sense of personal well-being and empowerment. Zentangle classes are taught by certified Zentangle teachers (CZTs). Students will need to purchase a $25 kit (which contains everything they will need) from the instructor. • Active participation.

Required supplies/fee: The instructor will provide all supplies for a fee of $25, due at the first class.

Cathy Boytos is an artist, award-winning graphic designer, and certified Zentangle teacher. She lives in Raleigh with her husband, Greg. She taught graphic design at community colleges. As a certified Zentangle teacher, her wish is to be your guide on a journey that is easy, simple to comprehend, and fulfilling beyond expectations.

• 5 Tue, Jan 14-Feb 11, 9:00-11:00am  
  Carolina Arbors, Durham  
  Maximum: 12; Fee: $60; Course ID: 2495-1

Gothic Calligraphy

Create written works in elegant Gothic calligraphy. Students will learn the basic strokes of Gothic lettering. Each student will need to bring a broad felt-tip calligraphic pen (2.5mm suggested, available at A. C. Moore or Michaels), a ruler, a pencil, and a pad of tracing paper. • Active participation.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $12. For additional information on supplies,
please see the course details at learnmore.duke.edu/olli.

Anne Baugh has taught for several years at the Durham Arts Council and at OLLI.

• 6 Mon, Jan 13-Feb 24 (no class Jan 20), 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 12; Fee: $70; Course ID: 1975

Introduction to Mosaic Art

Explore the ancient art of mosaics using contemporary materials and techniques. The history of mosaic art will be reviewed, as well as mosaic art examples and installations from artists around the world. Students will learn about mosaic design, using shape, color, and texture, as they experience working with a wide range of materials, including glass, stone, ceramics, and found objects. The best adhesives for indoor and outdoor use and the best cutting and shaping tools for mosaics will be discussed. The use of the color wheel in mosaics will also be explored. Students will complete at least one to two mosaic projects during this course. The course is limited to fourteen students. • Lecture (plus questions); Active participation; Viewing videos.

Required supplies/fee: The instructor will provide all supplies for a fee of $18, due at the first class.

G. Wade Carmichael is a graduate of Indiana University, Herron School of Art and Design, with a focus on historic materials and techniques. He has taught art, history, and other subjects at Indiana University, Queens College, OLLI, and Wake Technical Community College, as well as senior programs at Cary, Apex, and Garner.

• 10 Wed, Jan 15-Mar 18, 9:00-10:30am
• Judea Reform Congregation, Durham
• Maximum: 10; Fee: $100; Course ID: 3002

More Drawing Challenges

This course builds upon the student’s drawing skills and practices, at any experience level. Whether responding to a work in progress or to weekly challenge suggestions, this course is focused on helping each student realize his or her potential in drawing. Materials needed are a drawing surface/board, drawing paper, graphite pencils, charcoal, conte crayons, and an eraser (for graphite). • Lecture (plus questions); Facilitated discussion; Active participation.

Required supplies/fee: The instructor will provide supplies for a fee of $5 to $10, due at the first class. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Gabrielle Rousso was previously the executive director and school director of the Art Center Highland Park, a fine art school with professional galleries in the Chicago area. She attended the College of New Jersey and the Harrington College of Design. She is currently on the board of directors of FRANK Gallery, Chapel Hill, and is an artist, educator, and avid art collector.

• 8 Wed, Jan 15-Mar 18, 1:00-2:30pm
• FRANK Gallery, Chapel Hill
• Maximum: 14; Fee: $90; Course ID: 2993

Paint & Collage Workshop

This course, aimed at intermediate level students, will build on skills in abstract painting and collage techniques. Students will bring their own art supplies, but the instructor will share many unique papers and collage supplies of her own. Class time will balance personal work time with critique and interesting processes, such as mono printing and altering papers to create unique patterns and backgrounds. Conversations about modern art and artists are encouraged. Beginning students who are open to abstraction will be comfortable in the course, as the emphasis is on one-on-one interaction with the instructor. You’ll be challenged and encouraged, and, hopefully, you’ll find your
own unique art style during the course of the workshop. • Active participation.

Please note: Students will receive an e-mail from the instructor in advance of the first class with suggested supplies to purchase (which must be done independently) or advice from the instructor about waiting until the first class for a fuller explanation and opportunity to try out various supplies before purchasing them. This is intended to keep students from purchasing unnecessary and costly supplies that they may not end up using.

Special registration required: Please note that this class takes place at the Durham Arts Council and is jointly sponsored by OLLI and the DAC. Registration is through the Arts Council, not through OLLI. DAC’s registration often occurs before the official OLLI registration, so prospective students should contact the Durham Arts Council directly (919-560-2726) to find out the registration schedule and procedures.

Bernice Koff enrolled in a watercolor class nearly thirty years ago. Rediscovering her dormant passion for painting, she enrolled in art school, studied privately, attended workshops, and quickly began exhibiting her work. Moving to the Triangle area led to membership in the Orange County Artists Guild and teaching art through the OLLI program and Durham Arts Council.

- 8 Wed, Jan 15-Mar 4, 11:00am-1:00pm
- Durham Arts Council, Durham
- Maximum: 10; Fee: $162; DAC registration

Watercolor Painting:
Bluebirds and Blackberries

If you have always wanted to paint but never had success or never even tried, this is the opportunity to learn. In this active, hands-on course, every step and technique will be demonstrated as we work together to complete a ready-to-frame watercolor painting. Bluebirds and Blackberries is a Watercolor Society of North Carolina award-winning composition that teaches precise brush work to render a botanically realistic painting of exquisite bluebirds on lush blackberry bushes. The instructor has often been told, “I will be your first student to fail,” but that hasn’t happened yet. Relax, it’s going to be fun! • Active participation.

Please note: No prior experience is required.

Required supplies/fee: The instructor will provide all supplies (for in-class use) for a fee of $35, due at the first class. For additional information on supplies, please see the course details at learnmore.duke.edu/ooli.

Carol Liz Fynn is a certified master teacher and a professional watercolor artist who gives demonstrations, sells paintings, and teaches workshops across the US and Europe.

- 5 Mon, Feb 17-Mar 16, 1:30-4:30pm
- Judea Reform Congregation, Durham
- Maximum: 10; Fee: $100; Course ID: 3030

More Watercolor

This course is for those who are proficient in basic watercolor painting techniques, such as glazing, wet in wet, saving whites, negative painting, controlling edges, color, values, and composition control. Now students will paint particular subjects, such as skies, trees, buildings, rocks, and flowers. Students will design compositions and complete them. There will be weekly homework. • Active participation.

Required supplies/fee: Students will purchase materials independently for an estimated cost of $150. For additional information on supplies, please see the course details at learnmore.duke.edu/ooli.

Rebecca Raye Russell is trained in biology and taught all ages for more than thirty years. She now shares her hobby of watercolor painting, which she has practiced for around thirty years. This is Becky Raye’s sixth year of teaching watercolor techniques at OLLI.

- 10 Tue, Jan 14-Mar 17, 1:00-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 16; Fee: $100; Course ID: 2462
Weave or Knot!

In this “learn to weave” course, we will build a small rigid heddle, prepare the cotton warp, set up the loom, and weave using standard weaving terminology and, yes, knots. In subsequent classes, we will learn how to weave with yarns of differing materials and thicknesses, add plain weave patterns and design elements, remove the weaving from the loom, and finish our long, thin weaving sample. The course includes a yarn-spinning demonstration and an opportunity to try a four-harness loom. All materials will be provided for a small fee. No previous weaving experience is necessary. • Active participation.

Required supplies/fee: The instructor will provide all supplies for a fee of $5, due at the first class.

Jan French is a fiber artist, arts educator, demonstrator, and collaborator who weaves at schools, arts councils, museums, festivals, and Scrap Exchange events. She is a Triangle Weavers Guild member and has taught hundreds of folks of all ages how to build and weave on a simple handmade loom. Her larger fiber artworks include natural and salvaged materials. See her website, HandwovenHarmony.

- 5 Tue, Jan 28-Feb 25, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 8; Fee: $60; Course ID: 3031

See also . . .

The Women Artists of Surrealism: An Art Appreciation Class (page 16)

Health & Wellness

Change Your Age: Use Your Body and Brain to Feel Younger, Stronger, and More Fit

For baby boomers: Did you know that your movement habits at age sixty will impact how you feel at age seventy and beyond? You can shed your physically limiting habits and learn new habits that make your body and mind more agile and fit. This groundbreaking Change Your Age program, based on the Feldenkrais Method of neuromuscular education, applies the principals of childhood development and neuroplasticity to adult learners. You will learn simple yet powerful exercises that train your brain to move your muscles in healthier, stronger, and more coordinated ways. The program is not stressful and does not involve repetitive routines. With diminished pain and a more intelligent body and brain, you will delight in your newfound youthfulness. • Exercise or dance.

Suggested materials: Please see course details at learnmore.duke.edu/olli.

Karen Dold is a Feldenkrais Method practitioner, movement educator, and avid student of neuroplasticity who teaches her clients how to move from pain and restriction to more youthful ease and agility. She has been teaching throughout the Triangle since 2000. She offers private sessions that are uniquely tailored to client’s individual needs in her Chapel Hill and Cary offices.

- 10 Wed, Jan 15-Mar 18, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 15; Fee: $100; Course ID: 0857

Aging 101: Preparing for the Future

Geriatric care managers often see what happens when someone has not planned for a change in health status or other challenges that sometimes
occur as we get older. This course will help you develop an understanding of the resources and options that are available when the need arises. Discussions will cover community resources, intentional aging, financial planning, estate planning and documents needed, aging in place/community, CCRCs, care communities, a dementia overview, technologies to support aging, making your home aging friendly, end-of-life care options, and advanced funeral planning. By gaining a basic understanding of aging and support options, you will be able to better manage changes and avert what could be a major crisis. Course content will be presented by the instructor and local experts. It is better to prepare for the unexpected, as many already know that the unexpected often happens. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Madelyn Ashley is a nurse and geriatric care manager with over twenty-five years of experience. She has worked at the J. Paul Sticht Center on Aging and Rehabilitation, other medical centers, the Orange County Department on Aging, the GRECC at the Durham VA, and other agencies. As a geriatric care manager, she has gained a wealth of insight into aging and caregiving.

• 10 Fri, Jan 17-Mar 20, 1:30-3:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 20; Fee: $100; Course ID: 2969

If You Can Walk, You Can Dance

As told in an African proverb, “If you can talk, you can sing, if you can walk, you can dance,” and in this course we will dance to celebrate special occasions and just to have fun. Beginning with the ballet barre (great for improving posture and balance and increasing core strength and flexibility), we will releve, plie, and stretch our bodies from head to toe. Next, we will take to the dance floor, where we will move to a different beat, song, and style each week. We will end class with floor exercises designed to relax, rejuvenate, and revitalize our spirits (exercises may be done in a chair). No prior dance experience is necessary, just a willingness to explore the exciting and challenging ways we can move our bodies. • Exercise or dance; Active participation.

Required: Wear comfortable clothing that is easy to move and dance in.

Required supplies/fee: Students will purchase materials (a yoga type floor mat, water bottle and dance shoes or socks with grips to prevent slipping) independently for an estimated cost of $15.

Sue Wartell has been in love with dance and movement of all kinds since she was a four-year-old ballerina/tomboy. She has a BS in physical education, an MA in elementary education, and an MS in health education. She has taught PE/health in high schools for more than thirty years and is currently a certified personal trainer/aerobics instructor with a specialty in Pilates mat/equipment training.

• 10 Thu, Jan 16-Mar 19, 2:00-3:30pm
• Carolina Dance Academy, Durham
• Maximum: 30; Fee: $100; Course ID: 0442

Functional Fitness for 50+

The goal of functional training is to improve our ability to perform the tasks we need to do in activities of daily living; the things we like to do such as gardening and golfing; and the things we aspire to do such as dancing, traveling, and skiing.
This ninety-minute course is divided into segments with rest periods between each: warm-up, low-intensity interval training, a functional fitness workout, strength training with dumbbells, resistance training with tubes, and exercises on the mat. Stretching will be incorporated throughout and as part of the cooldown. If you are looking to stay in shape, recover from surgery, or improve your fitness while having fun, this might be the course for you. Upbeat music will energize our movements, and we will engage our brains with physical cognitive training, a new trend for staying sharp and gamifying exercise. Students can opt to download a fitness app on their own mobile devices to use outside of class. • Exercise or dance; Active participation.

Please note: Wear comfortable clothing and bring a water bottle.

Required supplies/fee: Students will purchase resistance tubes with handles, easy to medium, for an estimated cost of $10.

Julia Rose is a certified personal trainer and senior fitness specialist with the American Council on Exercise. She stays updated on the latest in functional fitness with the Functional Aging Institute. She leads fitness classes at the Forest at Duke and trains at the JCC of Durham/Chapel Hill and in her own fitness studio. Her personal fitness passions are swimming and dancing.

• 10 Tue, Jan 14-Mar 17, 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 18; Fee: $100; Course ID: 2652

Becoming a Creative Genius (Again): For Boomers and Older Friends

Being the most creative versions of ourselves is important in all times and in all places. This course is rooted in the great news found in a series of recent neuroscience studies that a fifty-five-plus-year-old brain is going through biological changes that invite major creative growth and renewal. Principles and practices proven to help folks grow their creative capacity and develop their entrepreneurial instincts and behaviors will be shared to help you accelerate that growth. Each class will be fast paced and filled with fun creative exercises. Students will be invited to identify an important personal creative project that they want to work on over the semester. Students will be guided in keeping a creative journal to accelerate their growth. • Lecture (plus questions); Facilitated discussion; Active participation.

Required supplies/fee: Students will purchase a notebook/journal and colored pencils for an estimated cost of $15. The instructor will provide additional art supplies. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

Carl Nordgren is a serial entrepreneur; he helped launch Cellular One of the Triangle. He taught sixty-one courses in creativity and entrepreneurship at Duke over fourteen years and is an award-winning novelist. He helps business leaders, creative professionals, entrepreneurs, engineers, and scientists grow their creative and entrepreneurial qualities and achieve their goals. It is his calling.

• 10 Tue, Jan 14-Mar 17, 11:00am-12:30pm
• St. Thomas More Church, Chapel Hill
• Maximum: 25; Fee: $100; Course ID: 2973

Writing for Health

Wellness and writing are connected in ways we are only beginning to understand. Writing has been proven to boost emotional, physical, and spiritual health. It helps people in coping with stressful situations, improves self-esteem, and aids in overcoming obstacles. Writing supports a lowered heart rate, improves blood glucose management, and provides a boost to the immune system. This course presents an overview of the research on the connection between writing and wellness and teaches the Write to Be Well method—four steps to support you in getting well, being well, and staying well, whether you are
dealing with stress, a life change, or a chronic or acute health condition or you simply want to be more proactive with your health. Writing to heal is even for people who don’t like to write, since it is for your eyes only, free-form, without attention to being grammatically correct or following any particular style. There will be lectures, plus questions and hands-on writing exercises. • Lecture (plus questions); Active participation; Writing.

**Recommended text:**
- Diane Hartingh Price and Susan Ives McCollum, *Write Your Stress Away: Tame the Tension in Your Life* (9781538117989)

**Diane Hartingh Price** is a veteran consultant with over thirty years’ experience helping individuals, groups, and organizations achieve desired change. Drawing on her experience, she became an integrative health coach in 2013. Diane cocreated the Write to Be Well method with Susan Ives McCollum. She is passionate about empowering others to get well, be well, and stay well through writing.

**Hilary Williams** is a literacy specialist with over twenty years’ experience with K-12 teaching and curriculum development in Cobb County School District in Georgia. She served as the county area lead teacher responsible for training school administrators and faculty. She enjoys working with lifelong learners.

- 10 Thu, Jan 16-Mar 19, 1:30-3:00pm
- St. Thomas More Church, Chapel Hill
- Maximum: 25; Fee: $100; Course ID: 3033

**Qigong: Energy for Life**

Qigong (pronounced “chee-goong”) refers to traditional Chinese exercise designed to enhance personal life force for healing, wellness, vitality, physical power, emotional balance, or spiritual progress. “Qi,” literally internal energy or bioelectricity, is formulated in us from air, food, the environment, and our own inborn essence. In nature, it is the vibration of yin and yang, the source of both change and continuance. This course will focus on deepened breathing, whole-body movement, and visualization, as we practice Rising Lotus Medical Qigong and selections from the ancient Eighteen Immortals Qigong and Five Animal Frolics. • Exercise or dance; Active participation.

**Recommended text:**
- Kenneth Cohen, *The Way of Qigong* (9780345421098)

**Jay Dunbar**, MA (English literature, Duke), PhD (education, UNC-Chapel Hill), is director of the Magic Tortoise Taijiquan School. He has studied and taught qigong for over forty years with many teachers, including Ken Cohen (The Way of Qigong), Yang Jwing-Ming (The Root of Chinese Qigong), and Liang Shou-Yu (Qigong Empowerment). He has also studied qigong therapy with Master Lisa O’Shea.

- 10 Mon, Jan 13-Mar 23 (no class Jan 20), 3:15-4:45pm
- Judea Reform Congregation, Durham
- Maximum: 24; Fee: $100; Course ID: 2151

**T’ai Chi: Mindfulness in Motion**

Taijiquan (t’ai chi ch’uan), a Chinese movement system, arose out of the belief that slow, continuous motion combined with an internal focus on subtle changes enhances energy, well-being, and mental, emotional, and physical balance. Scientific studies have verified many of its benefits, and medical professionals now endorse it for arthritis, Parkinson’s disease, fibromyalgia, balance difficulties, pulmonary and cardiovascular diseases, and a wide variety of other conditions. It is easy to practice, requires no special space or equipment, and integrates natural, easy exercise with a joyful, reflective approach to daily life. We practice energy-enhancing exercises and a sequence of movements from the traditional Wu/Hao style taijiquan long form to serve as the basis of a regular personal routine. • Exercise or dance; Active participation.

**Required supplies/fee:** The instructor will
Diversity in Durham: Connecting and Partnering in the Triangle

With the current socioeconomic environment and the population growth in the Triangle, citizens are being challenged as new people move in from diverse communities around the world. As citizens, the goal is to think locally but act globally in interactions. People must adapt to the ever-changing demographics in the Research Triangle. Triangle communities have had an explosion in growth and diversity, especially as it relates to family, faith, work, and educational opportunities. As new populations are introduced into neighborhoods, residents must become more culturally sensitive. This course will seek to bring into focus improved human relations. Throughout these sessions, participants will dialogue, explore, and become transformed in their thinking. This region has been struggling with urban sprawl and light rail and other transportation concerns and must find synergy and consensus with this demographic shift. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings; Viewing videos.

Recommended text:  
- Patricia Cranton, Understanding and Promoting Transformative Learning (9780787976682)

Magic Tortoise Taijiquan School (magictortoise.com). An “indoor” student of Grandmaster Jou Tsung Hwa, he has studied taijiquan and qigong since 1975 and has taught in the Triangle area since 1979 and with OLLI since 2003.

- 10 Thu, Jan 16-Mar 19, 9:00-10:30am
- Barriskill Dance Theatre School, Durham
- Maximum: 35; Fee: $100; Course ID: 0420

George Catlett Marshall

In World War II, a war unparalleled in magnitude and in honor, millions of Americans gave their country outstanding service. The general of the United States Army, George C. Marshall, gave it victory. Statesman and soldier, he had courage, fortitude, vision, and, best of all, self-effacement. He had been a tower of strength as counselor to two commanders in chief. His standards of character, conduct, and efficiency inspired the entire army, the nation, and the world. He was a notable exception to the rule in American history that great soldiers do not make great statesmen. Marshall was a key participant in every significant event contributing to the nation’s status as a
superpower. To him, as much as to any individual, the United States owes its future. He takes his place at the head of the great commanders in history. • Lecture (plus questions); Listening to audio recordings; Viewing videos.

Wendell Musser, MD, is a retired academic physician who held faculty positions at Indiana, Duke, George Washington, and Emory Universities and the University of Kentucky. He is a longtime book collector, primarily of books about Winston Churchill and Franklin Delano Roosevelt, and believes that a day away from OLLI is a day away from happiness.

• 10 Wed, Jan 15-Mar 18, 9:00-10:30am
• The Bishop’s House, Duke University, Durham
• Maximum: 35; Fee: $100; Course ID: 2987

Diplomacy—Part 1: A Roundtable Discussion

In this seminar/discussion course we will read the first ten chapters of Henry Kissinger’s classic work “Diplomacy.” Discussion topics will include William of Orange and William Pitt, the post-Napoleonic Concert of Europe, Europe’s descent into World War I, Theodore Roosevelt and Woodrow Wilson, and the Treaty of Versailles and its immediate aftermath. Students will be expected to read approximately twenty-five pages each week and actively participate in class.

• Facilitated discussion; Active participation.

Required text:
• Henry Kissinger, Diplomacy (9780671510992)

Richard Melanson holds a PhD in international relations from Johns Hopkins University and enjoyed a thirty-eight-year career at the University of California, Los Angeles; Kenyon College; Brown University; and the National War College. He has published several books and numerous articles on post-WW II US foreign policy. Since retiring, he has taught at OLLI at George Mason and OLLI at Duke.

• 10 Thu, Jan 16-Mar 19, 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 12; Fee: $100; Course ID: 2977

Durham’s Dukes: The Family and the University

Residents of the Research Triangle have a general sense of the history of Durham, Duke University, and the Duke family. But myths, misinformation, and confusion abound. Let’s run through a history of our homegrown Dukes. Do you know Ben from Buck from Brodie? And the four Marys—the patriarch’s wife, daughter, granddaughter, and great granddaughter—can you tell one from the other? How does the university fit into the Duke family’s long history of philanthropy? What was Duke before it was a university? Who selected the name for the new university? Is it possible that the chief architect of the university never visited the campus to view his creation? How has such a relatively young university risen to world renown so quickly? Add your questions to the mix as we tour the history of Durham’s Dukes and place this fascinating local story in context. • Lecture (plus questions).

Please note: For the final class, participants will visit Duke’s Abele Quad, West Campus.

Recommended text:
• Robert F. Durden, The Dukes of Durham, 1865-1929 (9780822303305)


• 8 Tue, Jan 14-Mar 3, 11:00am-12:30pm
• St. Thomas More Church, Chapel Hill
• Maximum: 25; Fee: $90; Course ID: 2483

See page 7 for venue addresses
First Civil War: American Revolution in the South

This five-part course presents an examination of the American Revolution in the South as the first American civil war. Against the backdrop of the Revolution, the Southern colonies were torn apart, as communities, congregations, and families were drawn into the fray. A combination of multimedia presentations, interpolations, and open discussions explore the premise. Student interaction is key to enhancing the course.

- Lecture (plus questions); Facilitated discussion; Active participation; Listening to audio recordings.

G. Wade Carmichael is a graduate of Indiana University, where he studied historic materials and techniques. He served as director of exhibits at the Indiana State Museum and executive director at the Charlotte Museum of History. He has taught art and history at Indiana University, Queens College, OLLI, and Wake Technical Community College, as well as senior programs at Cary, Apex, and Garner.

- 5 Fri, Jan 17-Feb 14, 9:00-10:30am
- The Bishop’s House, Duke University, Durham
- Maximum: 20; Fee: $60; Course ID: 2373

German Political Currents: 1648 to Present

This course is intended as a discussion of the main currents in German political history since 1648. After a brief review of chronology, each class will cover one large topic, such as militarism, religion in politics, the importance of Austria/South Germany, Socialist and Communist parties, dynasties and class, Germany in Europe, and the Nazi era. A half class will be spent on East Germany, before and after the GDR, and a final half class will be spent on post-Merkel Germany.

- Lecture (plus questions).

George O'Keefe graduated from the University of Chicago, served in the US Army, and received an MA from Saint Louis University. He spent twenty-nine years in the CIA and ten years as a consultant with SAIC. He lived overseas for about twenty-one years, twelve of which were in Germany. He reads German fluently.

- 10 Wed, Jan 15-Mar 18, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 15; Fee: $100; Course ID: 2381

It Didn’t Start with Auschwitz

With the rise in hate groups, hate crimes, and anti-Semitic incidents, many believe our society is showing signs similar to those in 1930s Germany that led to the Holocaust. So what did happen then? Why were the Jews targeted, and why are they still being targeted? Why is the Holocaust still relevant today? What lessons can we learn from the Holocaust? In this interactive course, we will explore the process of human actions and events that led to the mass murder of six million Jews. There will be pictorial evidence of events and video testimonies from survivors. The instructor will share the challenges faced by his parents as they survived in the open by passing as non-Jews and what it was like growing up as a child of survivors. We will look at our own attitudes and behaviors toward others and learn what we can do to help fulfill the promise of “Never Again.”

- Lecture (plus questions); Facilitated discussion; Viewing videos.

Please note: Some information may be emotionally difficult for participants to hear, but there will be time allowed for processing.

A child of Holocaust survivors, former docent at the Holocaust Museum, Houston, and retired clinical social worker, Shelly Bleiweiss has been a Holocaust educator for twenty years. A member of the North Carolina Council on the Holocaust and North Carolina’s Holocaust Speakers Bureau, he has spoken to teachers, hundreds of school students, and numerous community, church, and civic organizations.

- 10 Mon, Jan 13-Mar 23 (no class Jan 20), 11:00am-12:30pm
- The Bishop’s House, Duke University, Durham
- Maximum: 20; Fee: $100; Course ID: 2994
Jews in the New World: 1492-1812

This course is a survey of the emigration of Jews to the New World from the time of Columbus’s discoveries to the American War of 1812. The course will include: how Jews influenced events that culminated in the creation of the American nations; their independence from colonial powers; and their contributions to the thirteen colonies in America and their independence. • Lecture (plus questions).

Arnold Gordon is a retired attorney and senior executive of the Internal Revenue Service and retired colonel US Army Reserve. He assisted in the improvement of tax administrations in thirty countries and has devoted many years to researching the history of the Jews. He has taught three previous OLLI courses, including the Anti-Semitic Blood Libel Trials, the Jews of Spain, and the Jews of France.

• 5 Mon, Jan 13-Feb 17 (no class Jan 20), 11:00am-12:30pm
• Carolina Arbors, Durham
• Maximum: 40; Fee: $60; Course ID: 2995

Preparing for Victory

The United States exited World War I in debt and questioning why the country had entered a European conflict that should never have happened. In the 1920 election, Warren Harding ran against Woodrow Wilson’s legacy and won easily. Harding’s administration and those of his successors, Calvin Coolidge and Herbert Hoover, were marked by fiscal austerity and a desire to disarm the world, thereby creating an era of isolationism. In this era, the United States Navy sought to create an aviation capability to accompany its fleet into action. Although limited by the provisions of the Washington Naval Conference, the Navy converted a collier and two battle cruisers to aircraft carriers and employed them in annual fleet problems. These ships performed admirably, and from their performance in these exercises came the tactics and knowledge that proved so useful in World War II. This course will cover the development of the country’s carrier force based on their performance in fleet problems. • Lecture (plus questions).

Since retiring, Tom McGreevey has spent a considerable amount of time studying naval aviation. The course material is based on research at the National Archives and Naval History and Heritage Command. After receiving his commission at Newport in 1959, he was assigned to VF-114, a night fighter squadron based at NAS Miramar. The squadron made a Western Pacific cruise onboard the USS Hancock.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 9:00-10:30am
• The Bishop’s House, Duke University, Durham
• Maximum: 20; Fee: $100; Course ID: 3010

Religions of NC: A History

This is a survey course on the history and heritage of religious groups that have existed and continue to exist in North Carolina. We will look at the beliefs of each religious group as well as their historical presence in the Old North State. Our focus will be on groups such as the Quakers, the Moravians, and the Waldensians. Likewise, we will study those denominations that were born of the Great Awakening, the Methodists and the Baptists. Also covered in this course are African Methodist Episcopal and African Methodist Episcopal Zion, Anglican/Episcopal, Lutheran, Presbyterian, Catholic, Jewish, and Islamic religious traditions. • Lecture (plus questions).

Joel Wuliger is a recently retired middle and high school history teacher who taught in Cleveland, Ohio, and Durham, North Carolina. He holds an MEd from John Carroll University, an MA from Ashland Theological Seminary, and a bachelor’s from Ohio University. He is currently the owner of a themed history and heritage guided tour company, Old North State Tours, LLC.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 3:15-4:45pm
• The Bishop’s House, Duke University, Durham
• Maximum: 25; Fee: $100; Course ID: 3014
Industrialization of Sea Power

In this course, we will trace the evolution of naval technologies and doctrines from the Industrial Revolution to the First World War, 1800 to 1914. We will follow the development of steam power, new weapons, improved metallurgy, and advanced hull designs. We will examine how these new technologies influenced the ways naval power was conceptualized. We will review the new tactics and doctrines that emerged and how they affected national strategies. We will look specifically at the ideas of Alfred Thayer Mahan, Julian Corbett, and the Jeune Ecole. Finally, we will evaluate the extent to which naval warfare in this period reinforced or contradicted these theorists.

• Lecture (plus questions); Facilitated discussion.

Recommended text:
• Lawrence Sondhaus, Naval Warfare, 1815-1914 (9780415214780)

Joe Caddell has a PhD in military history from Duke. He is a professor emeritus of the National Intelligence University and, as a teaching associate professor, is currently teaching military and naval history at UNC-Chapel Hill and as an adjunct at NC State University.

• 10 Thu, Jan 16-Mar 19, 9:00-10:30am
• Judea Reform Congregation, Durham
• Maximum: 50; Fee: $100; Course ID: 2992

Shakespeare’s England: A World Turned Upside Down

Shakespeare lived from 1564 to 1616, during the reigns of Elizabeth I and James I. In popular imagination, this was an era bursting into the modern age, full of scientific and geographic discoveries, military victories, and literary masterpieces. But for the people who lived it, this was a time of extreme uncertainty, wracked with religious conflict and poverty and threatened by enemies internal and external. There were profound changes in society and culture that are reflected in Shakespeare’s plays. In this course, we will explore the government, religion, society, culture, and daily life of England (and to some extent Scotland) during this time, from the perspective of ordinary people as well as royalty and the aristocracy. Please note that this is a history course that should appeal to those with a general interest in the period as well as to lovers of Shakespeare.

• Lecture (plus questions); Viewing videos.

Margaret Brill was the British history librarian at Duke. She was also head of reference, maps librarian, and librarian for medieval and Renaissance studies at different times. Margaret has a BA in history from the University of London, a master’s in library science from North Carolina Central University, and a master’s in liberal studies from Duke. Her primary interest is social history.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 25; Fee: $100; Course ID: 3017

Socialism, Communism, Terrorism: Russia, France, and Finland

This course will follow the tension between dictatorial governments and attempts at social and political reform in late nineteenth-century Europe. Actual historical events, people, and movements will be woven together in an analysis of the monumental changes that occurred in Russia and Europe during the years before the Revolution of 1917. We will examine the foundations of socialism, anarchism, communism, populism, terrorism, and nationalist movements, which altered the course of history for three nations. Historical events will be supplemented with music, art, and literature of that period. These events planted the seeds of the twentieth century and still reverberate today. Jill Lepore, in her book These Truths, wrote, “To study the past is to unlock the prison of the present.” Perhaps history might help us to know who we are, and how we became who
we are. • Lecture (plus questions); Facilitated discussion; Viewing videos.

John Canzanella had a successful career in banking then left the world of finance to take an Outward Bound course in Montana. John earned two graduate degrees at Teachers College. He taught history, English, and philosophy as well as coached baseball and soccer at private and public schools. He has taught four different subjects at OLLI and is a docent at the North Carolina Museum of History.

• 10 Tue, Jan 14-Mar 17, 1:30-3:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 20; Fee: $100; Course ID: 1509

The Cold War & Other Adventures

The Cold War as we typically view it ended in 1991. Activity in various streams of influence suggests the war is not entirely over. This course is intended to review the beginnings of the Cold War and how politics and economics shaped the actions of the participants. The course content includes a dive into some of the significant past activities of the “warring” parties as well as activities potentially occurring today. Key events covered in the course include a discussion on the workings of NATO forces (past and present), the Intermediate-Range Nuclear Forces (INF) Treaty, and other influences such as the armistice in Korea. The discussion includes topics about lessons learned and where to go from here.

• Lecture (plus questions); Facilitated discussion.

Tim Parker served in the US Air Force for twenty-four years, retiring as a lieutenant colonel, including seven in Europe, including at NATO headquarters; one with UN Forces, Korea; and at NATO headquarters in Norfolk, Virginia. He specialized in the security of special weapons. He earned engineering, MSBA, and DBA degrees. He has fifty-four graduate credits in political-military affairs.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 3:15-4:45pm
• Westminster Presbyterian Church, Durham
• Maximum: 25; Fee: $100; Course ID: 3021

The Sound of Music: American Style

From the beginning of recorded time, music has been a master influence on the hearts, minds, identities, and attitudes of all humanity. American music has served as the taproot of our culture. It speaks to who we are and serves as a signature for those outside of our American culture. However, we must understand that “American” music is a product of music from around the world, and what we claim today as “American” music is the intertwining of music genres that were formed thousands of years before America’s founding in 1607. This course will examine the influences of contemporary music that has guided our culture over the past four hundred years. It will first explore music that was brought onto our shores, then examine that music as it was flavored and reflavored into what we hear today. The course will feature music via audio/video, lectures, and guest performers. Class members are invited to share their talents, if they wish.

• Lecture (plus questions); Listening to audio recordings; Viewing videos.

Billy Yeargin has taught OLLI courses since 1995. He studied religion and literature at UNC and earned a master’s degree from Duke. He served as headmaster/president of Oak Ridge Military Academy in North Carolina, as well as staff adviser to Senator Robert Morgan, North Carolina governor Jim Hunt, and North Carolina attorney general Rufus Edmisten.

• 10 Fri, Jan 17-Mar 20, 11:00am-12:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 15; Fee: $100; Course ID: 2382

The American Colonies, 1607-1776

This course will take a look at the development of the American colonies from 1607 to 1776. It will analyze the establishment of each of the thirteen British colonies in North America and the social, political, economic, and religious
History & Current Affairs

contributions of each of those colonies. In analyzing these contributions, we will discover how a unique political, social, economic, and religious system was created—ultimately leading to the creation of a new and unique country. • Lecture (plus questions); Facilitated discussion.

Eric Johnson has been in the OLLI program since 2015 and has offered courses on colonial American development, the history of the European Union, and the Battle of Waterloo. Eric is a retired high school history teacher who taught in New Hampshire public schools, in a North Carolina private school, and in international schools in Milan, Italy, and Waterloo, Belgium, for a total of forty years.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 9:00-10:30am
  • Westminster Presbyterian Church, Durham
  • Maximum: 20; Fee: $100; Course ID: 2131

The “Pause Period” in the US: 1919-1941

The bloodbath of the Great War was over but not forgotten in the “time of pause” before another major conflagration ignited the smoldering ashes left by the war. The two decades between the world wars differ dramatically. The first, on the surface, was prosperous and full of new inventions, attitudes, and fads; the second was mired in a deep depression that led the government to abandon its philosophy of laissez-faire and set the US on the path of welfare capitalism. At the same time, the US had to face new rumblings in Asia and Europe—rumblings the US tried to ignore. “Never Again” became the slogan of most Americans. • Lecture (plus questions).

Ginger Wilson has three degrees from Duke. She served as the dean of humanities at the North Carolina School of Science and Mathematics and taught history there for thirty years.

• 10 Fri, Jan 17-Mar 20, 11:00am-12:30pm
  • The Bishop’s House, Duke University, Durham
  • Maximum: 25; Fee: $100; Course ID: 3019

The Story of the Ottoman Empire

This course is about the Ottoman Empire, from its founding in Anatolia in about 1300 to its ultimate collapse in the aftermath of World War I. The course will examine the dynastic, military, economic, political, and social aspects of this empire that, at its pinnacle, controlled vast lands on three continents. Just some of the topics that will be covered are the expansion of the empire into Europe and the Middle East, the evolving relationship between the Muslim empire and its non-Muslim subjects, the conquest of Constantinople in 1453, the reign of Sultan Suleyman “the Magnificent,” the causes of imperial decline, the “Sultanate of Women,” the failed Siege of Vienna in 1683 and subsequent losses of territories, the desperate attempts to reform and modernize the empire by the “Young Turks” and others, Ottoman involvement in World War I, and the rise of Mustafa Kemal (Ataturk) and the Turkish War of Independence. • Lecture (plus questions); Viewing videos.

Please note: The instructor will discuss reading options during the first class.

Rob Bauernfeind, a retired cardiologist, has long-time interests in travel and history. Trips to Turkey and the Balkans sparked a special interest in the region. Rob has taught several previous courses about the Ottoman Empire and the Republic of Turkey.

• 10 Wed, Jan 15-Mar 18, 11:00am-12:30pm
  • The Bishop’s House, Duke University, Durham
  • Maximum: 20; Fee: $100; Course ID: 1598

History & Current Affairs courses continue on page 41...
The World Today

This course is for those interested in current events. Each week we will discuss news from around the world and at home. The facilitator will provide an agenda, and members of the class are permitted to propose additional discussion topics. Active participation is encouraged (but not mandatory), since it expands our understanding of the many events that might, and do, affect us. Discussions are enriched by the variety of class members’ backgrounds, expertise, and viewpoints. Topics are discussed knowledgeably, respectfully, and, sometimes, with passion, but we always end with humor. And many of us even continue the discussions over lunch. Each facilitator is a news junkie and has led discussions many times. Each brings his or her own distinctive style and background to the class and, most importantly, will encourage a wide range of views from class members. This term we are especially looking for members who represent points of view from across the political spectrum. • Facilitated discussion.

Henry Blinder served as city attorney for the City of Durham for many years prior to retirement. He is past president of the North Carolina Association of Municipal Attorneys and a former deputy attorney general for the State of New Jersey. He has a JD from Duke University School of Law and has lived in Durham for more than thirty-five years.

Dean Block served in municipal government in three cities prior to retirement, as budget director, deputy city manager, and public works director. He began his career as an officer in the US Navy. Dean holds a master’s degree and has lived in the Triangle since 2009.

Ginnie Gruendel is a retired human resource professional and change management leader who has held senior level positions in Fortune 100 companies as well as in biotech start-ups from New Jersey to California. After retiring, she started a career coaching practice to continue helping individuals find their best-fit career. Originally from Philadelphia, she came to Wake Forest thirteen years ago.

Stuart Kaplan earned his BS in plant science from the University of Connecticut and his MS and PhD in crop physiology from Purdue University. He performed agricultural research for over forty years across the US and in several countries in Europe and South America. Since retiring, Stuart volunteers weekly at Red Cross blood drives throughout the Triangle. He has lectured on GMO crops at OLLI.

Doug Longman has taught more than thirty courses at OLLI, including international political economy, public policy, economics, and politics/political science. He holds a doctorate in business administration and has taught at the University of Texas, UNC-Chapel Hill, and the University of Chicago. He also spent twenty-five years in marketing management for Fortune 100 firms.

Ric Shepherd has been a CPA for over thirty years and is originally from the Boston area. Since 1988 he has lived and practiced in the Triangle area. Ric’s specialty is financial consulting to businesses. He recently retired from teaching at Wake Technical Community College.

Section 1
• 10 Wed, Jan 15-Mar 18, 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 30; Fee: $100; Course ID: 0393-063

Section 2
• 10 Thu, Jan 16-Mar 19, 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 30; Fee: $100; Course ID: 0393-064

The WWII Diary of Odd Nansen

Hailed by the New Yorker magazine as one of the most compelling documents to come out of World War II, From Day to Day is a concentration camp diary written by a Norwegian named Odd Nansen. Nansen, the son of the famous polar explorer and humanitarian Fridtjof Nansen (1922 Nobel Peace Prize laureate), was arrested in 1942 and spent the remainder of the war in German captivity in Norway and Germany. Nansen’s inspiring diary eloquently depicts one man’s struggle not only to survive as a prisoner in Nazi camps but to preserve his humanity in the face
of unrelenting terror. In the words of William L. Shirer, noted author of *The Rise and Fall of the Third Reich*, Nansen’s diary “reminds us in never-to-be-forgotten pages how noble and generous the human spirit can be in the face of terrible adversity.” Out of print for over sixty years, Timothy Boyce will tell how he rediscovered, edited, and republished the diary and why it is as relevant today as it was when it was first written. • Lecture (plus questions).

Timothy Boyce practiced law for many years with Dechert LLP, a global law firm. He holds an MBA from the Wharton School and a JD from the University of Pennsylvania Law School. He received a BS from Georgetown University’s School of Foreign Service. Tim, who currently lives in Tryon, North Carolina, retired in 2014 to devote himself full time to writing.

- 1 Tue, Feb 25, 1:30-3:00pm
- St. Thomas More Church, Chapel Hill
- Maximum: 40; Fee: $25; Course ID: 3028

Theodore Roosevelt & Family

This course covers the extraordinary life and family of Theodore Roosevelt, the youngest and one of the most admired US presidents. Key topics: traumatic events in TR’s early years that shaped his lifelong thinking; the Spanish-American War, which led him to the presidency; the expansion of the presidency and the role of the federal government. Questions to be answered: why, at the age of only fifty-one and at the height of his popularity, he did not seek another presidential term; why he launched a third party in 1912 and ran against William Howard Taft, his friend and handpicked successor; why the acrimony between TR and Woodrow Wilson; why he escaped to the wilderness; how TR’s wife and children extended his legacy through heroics, notoriety, and personal tragedies; and, finally, why the bitter rivalry between TR’s family and his cousins Eleanor and Franklin Roosevelt. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Mitchell Haber holds a BA in American history from Oberlin College and an MBA and JD from the University of Michigan. Mitch first visited Theodore Roosevelt’s home at Sagamore Hill at age eight, and his attraction to TR and his family increased significantly since then. He considers studying “larger than life” historical figures and their progeny to be both fascinating and fun.

- 9 Thu, Jan 16-Mar 12, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: $100; Course ID: 2802
**La France de 1900 a 1938**

This course, taught entirely in French and geared to students with an intermediate-high or advanced-low level of French proficiency, will teach the history and culture of France from 1900 to 1938. After the disastrous Franco-Prussian War and the Paris Commune, France chooses to be a republic and not a monarchy. Rich and prosperous, France knows “La Belle Epoque,” but workers’ conditions are horrendous. Anticlericalism ushers in the separation of church and state. Antisemitism is on the rise, and scandals rock the republic. And then, the First World War begins! In 1936, the Front Populaire votes for good laws for workers. Writers, artists, and composers reflect the times. In the course, students will be invited to impersonate people of the period. Handouts, videos, music, and PowerPoint presentations will be posted on the course’s website, making a good Internet connection at home a must to view them.

- Lecture (plus questions); Facilitated discussion; Listening to audio recordings; Viewing videos.

*Claire Davidshofer,* a native of France, has lived in Africa, France, England, and Maine. She has an MA in English and American literature from L’Université d’Aix-en-Provence. Her experience includes teaching high school, adult education, and college French at the University of Maine at Presque Isle; interpreting; and translating. This is her fourteenth different course taught at OLLI.

- 10 Thu, Jan 16-Mar 19, 1:30-3:00pm
- The Bishop’s House, Duke University, Durham
- Maximum: 15; Fee: $100; Course ID: 2996

**Let’s Read in French:**

**Le bonheur n’a pas de rides**

Anne-Gaelle Huon is a young, popular French writer whose books are on the best-seller lists. Her novel *Le bonheur n’a pas de rides* is filled with colorful characters. It is written with humor and with insight into human frailties. It is about the pursuit of happiness, meaningful relationships, and forgiveness. It speaks of love and friendship at a stage of life when it may no longer be expected. The vocabulary in the book is current. It will enrich the student’s vocabulary with its usage of idiomatic expressions.

- Lecture (plus questions); Facilitated discussion; Active participation; Writing.

*Please note:* Discussions in class will be in French, therefore it is important for students to have a high proficiency in French. Students may bring to class a hard copy or a Kindle version of the text.

**Required text:**

- Anne-Gaelle Huon, *Le bonheur n’a pas de rides* (9782253906803)

Amazon offers very reasonably priced used copies of this book. Please make sure that you order at least two weeks ahead so you can have this book in time for the first class.

*Paulette Terwilliger* is a native of France and a retired French teacher who taught for twenty-five years. Her experience includes teaching at the Berlitz Language Center in Boston, in middle and high school, and in adult education courses. More recently, she taught a French literature course at Shared Learning and the last four winters taught OLLI courses on mysteries written by Georges Simenon.

- 8 Tue, Jan 28-Mar 17, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 12; Fee: $90; Course ID: 2998

**Indonesia**

This course is a chance for you to learn about the world’s fourth most populous nation. Indonesia contains about three hundred ethnic groups, and some 740 languages and dialects are spoken there. Indonesia is a part of the Pacific “Ring of Fire,” with four hundred volcanoes, one third of which are active. In 1816, “the year without a summer” dominated Europe and North America, an event apparently caused by the eruption of Mount Tambora, which was larger than 1883’s Krakatoa eruption—also in Indonesia. Besides these topics, you’ll learn the culture, traditions,
music, and dance of two of the largest Indonesian tribes, Javanese and Batakneese. We won't forget Bali, one of the world's top tourist spots. You'll enjoy gamelan music and learn how batik is made. You'll read and discuss some of Indonesia's traditional and modern literature and learn some simple sentences in the Indonesian language, which has neither tenses nor gender. This is a repeat of Ms. Lubis's spring 2019 term course. • Lecture (plus questions); Facilitated discussion; Active participation; Viewing videos.

Listra Lubis grew up on the island of Sumatra. She holds a diploma from the Indonesian School of Accountancy and a law degree from Sahid University of Jakarta. She came to Durham with her husband, a student at Duke, and is on leave from the Ministry of Finance of Indonesia. You can hear her singing with the Duke Chapel Choir.

• 6 Sat, Jan 18-Feb 22, 10:00-11:00am
• The Bishop's House, Duke University, Durham
• Maximum: 15; Fee: $70; Course ID: 2833

Moby-Dick: Chasing the White Whale

Herman Melville's canonical American novel only became the object of critical acclaim and widespread popularity more than seventy years after its 1851 publication. The dramatic, harrowing story of a charismatic, totalitarian demagogue's power over his crew may speak more to twentieth- and twenty-first-century readers than it did to its contemporaries. Framed as the story of a monomaniacal captain's pursuit of revenge against a great white whale, it's more than a maritime adventure tale; it's also a treatise on seagoing ecosystems and a philosophical exploration of issues of class, labor, race, masculinity, suffering, conquest and destruction, good and evil, and the existence of God. With styles ranging from encyclopedic to poetic, Melville reflects Western literature from Homer and the Bible to Shakespeare, Milton, and Coleridge. Marked by ambiguity, the novel presents many opportunities for interpretation. We'll see at least part of the 1956 movie with Gregory Peck as Captain Ahab. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Please note: To facilitate class discussion, students are expected to acquire the specified edition of the text.

Required text:
• Herman Melville, Moby-Dick; or, The Whale (9780143105954)

Louise Masurat has a BA from the University of Pennsylvania and an MA from Middlebury College's School of French in France, and she completed doctoral studies (abd) at Harvard University in romance languages, with a specialty in medieval literatures. She has taught more than twenty-five OLLI lit courses and especially enjoys teaching fiction with film tie-ins.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 10:30am-12:00pm
• Galloway Ridge Retirement Community, Pittsboro
• Maximum: 11; Fee: $100; Course ID: 3000

Selected Poetry of Robert Frost

Robert Frost spent his early childhood in the bustling streets of San Francisco. Later, after a decade as a part-time farmer, he found his first success in England at the age of thirty-eight. Often thought of as the most American of writers, Robert Frost wore the mask of a simple pastoral poet. Like Emerson, he saw in nature a spiritual analog, but like Darwin, Frost also saw the evidence of violence in nature's plan. From an early age, he experienced tragedy; a biographer said Frost suffered from depression, anxiety, self-doubt, and confusion throughout his long life. Frost won four Pulitzer Prizes and became the quintessential New England poet. A poem “starts in delight, ends in wisdom [and] . . . is a momentary stay against confusion,” he wrote. “Poetry is a way of taking life by the throat.” Frost was humorous, wry, and wise, a master of lyric and narrative poetry. There
is much to enjoy, discover, and discuss among his decades of wonderful poetry. • Lecture (plus questions); Facilitated discussion; Viewing videos.

**Required text:**

Used paperback copies can be purchased cheaply online.

**Preston Martin** received his undergraduate degree from Ohio University and an MA in teaching from the College of Charleston. His poems have received awards or recognition from the North Carolina Poetry Society and the Poetry Society of South Carolina. He chairs the Brockman-Campbell Book Award competition for the North Carolina Poetry Society.

**Harry Brown** holds degrees in English from Davidson College, Appalachian State University, and Ohio University. He has published six poetry collections and coedited an anthology of Kentucky writing. He retired from the English Department at Eastern Kentucky University after teaching there for more than forty years.

**Poems of William Butler Yeats: Heroes, Lovers, Mystics, and Crazy Jane**

William Butler Yeats is one of the great poets of the English language. He published his first work in 1886, when he was twenty-one; his last volumes appeared in 1939, the year of his death. He celebrated Irish heroes, brought classical figures to life, sang of love and politics and nobility and grief. In his last years he invented Crazy Jane, a rough country woman who detested politicians and priests, loved Ireland and her own past lovers, and spoke straight from her heart. Yeats received the Nobel prize in literature in 1923. We will discuss some of his many poems, choosing from different periods of his life and styles of his poetry. The course will reward close reading and listening, an interest in lively conversation, and the ability to change one’s mind. This instructor has given an earlier course on Yeats’s poems. This one will overlap with the first when the poems are so good that they can’t be ignored, but there will be a lot of new material as well.

**Required text:**
- Students need to acquire a complete collection of Yeats’s poetry, such as Finneran’s.

**Recommended text:**

**Joel Martin** taught English for ten years, practiced law for twenty-three, and from 2000 to 2018 led legal education projects for judges and lawyers on four continents. He has taught OLLI courses on Faulkner, Yeats, Shakespeare, Frost, opera, songs made from poems, novels of self-discovery, literature about getting older, and poetry from World War I.

**Three American Poets**

We will read from the works of three outstanding mid-twentieth-century poets: James Wright (1927-1980), Anne Sexton (1928-1974), and William Matthews (1942-1997). The lives of all three were tragically cut short, by cancer (Wright and Matthews) or by suicide (Sexton). Matthews once said that “one of the primary reasons for being alive is to experience the pleasure of being alive.” All three drew heavily from the events of their lives, writing poems that enhance our pleasure (and sometimes our sorrow) in life and the ups and downs of love and marriage, of being a woman (or a man), of watching basketball, listening to jazz, lying in a hammock, or nuzzling horses. Their poems are lucid and easy to read, and
always repay repeated readings. The classes will consist of reading poems aloud and talking about them. • Facilitated discussion.

Required texts:
• James Wright, *Above the River* (9780374522827)
• William Matthews, *Search Party* (9780618565856)
• Anne Sexton, *The Complete Poems* (9780395294758)

Arnie Johanson is a retired philosophy professor from Minnesota. He moved to Durham in 1999 and promptly became involved with OLLI. He has taught more than thirty OLLI courses in philosophy, religion, and poetry, and has published three chapbooks of poetry.

• 10 Tue, Jan 14-Mar 17, 3:15-4:45pm
• Judea Reform Congregation, Durham
• Maximum: 15; Fee: $100; Course ID: 3029

The Latin Language: Delving Deeper

This course will take a close look at the mechanics of the Latin language: its morphology and syntax. Topics to be discussed include: noun/adjecive cases and declensions, past-tense verbs used in relating stories, subject-verb agreement, indicative clauses, and word order. Those with some knowledge of Latin, including those who attended any About the Latin Language courses, are encouraged to attend. About the Latin Language alumni will discover new linguistic challenges in the same delightful textbook set in Pompeii. Additionally, there will be mini topics concerning Latin’s influences throughout Western culture. One subject will be covered per week: How Greek Influenced Latin; How the Latin Bible Came to Be Written; How Latin Came, Left, and Returned to the British Isles; How Classical Latin Differs from Ecclesiastical Latin; How Scientific Nomenclature Keeps Latin Up to Date; How Latin Shows Up in Some Odd Places in the Twenty-First Century. There will be no homework.

The Latin Language: Delving Deeper

Bob Shaw graduated from Williams College where he almost majored in English lit. Ever since, he has read these poems. Over all those years, he has come to love them more and more. He has been teaching OLLI courses since 2010.

• 10 Wed, Jan 15-Mar 18, 11:00am-12:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 15; Fee: $100; Course ID: 1053
Please note: Textbooks will be provided. They may be borrowed at no fee or purchased for $5.

Sara Morris is newly retired from teaching Latin to students ages ten to eighteen. She taught for five years in England, then thirty-seven years in Connecticut. She has degrees from Franklin and Marshall College and the University of London and has widely traveled throughout the Roman Empire.

- 6 Tue, Jan 14-Feb 18, 9:00-10:30am
- The Bishop’s House, Duke University, Durham
- Maximum: 15; Fee: $70; Course ID: 3023

Pulitzer Poets Kumin & Hass: Celebrated Voices

The poetry of Robert Hass and Maxine Kumin extends into the twenty-first century. Both were US poets laureate. Kumin, a New England writer, won the Pulitzer Prize in 1973. In nineteen books of poetry, her work powerfully engages what she described as the “stuff of life.” Wife, mother, farmer, and teacher, she writes with clarity. She works in the tradition of Robert Frost and has been compared to Elizabeth Bishop. She is a meticulous observer and considered a formalist. Her humor is wry. Robert Hass, a native Californian, has won two Pulitzers. He writes muscular poetry in the nuanced voice of free verse in articulation informed by curiosity and study. An ardent environmentalist, his poems are inspired by prose writers in the tradition of John Muir. Hass covers it all—nature, the spiritual, social, political, philosophical, and historical—what Emily Dickinson called the “heft” of life. We will devote five weeks to each poet, reading deeply and engaging in wide-ranging discussions. • Facilitated discussion.

Required texts:

Jane Seitel is an expressive arts therapist, writer, and teacher. She received an MEd from Lesley University and an MFA from Drew University, focusing on poetry and poetry in translation. She studied briefly with Maxine Kumin in 2011 and with Robert Hass in 2019. She founded a poetry press for women over fifty. Her poems and creative nonfiction appear in national and international journals.

- 10 Wed, Jan 15-Mar 18, 1:30-3:00pm
- Judea Reform Congregation, Durham
- Maximum: 14; Fee: $100; Course ID: 3011

Read & Discuss: Unsheltered and The Overstory

“I was keen to write about the times like the present when many things we’ve counted on—like civil governance and unselfish patriotism (and even reliable ice on the North and South poles)—are vanishing.” explains acclaimed author Barbara Kingsolver of her 2018 novel, *Unsheltered*. Similarly, Richard Powers, winner of a MacArthur genius grant and acclaimed Pulitzer Prize-winning author of *The Overstory*, also complicates the way the reader thinks about the environment, activism, and our frail connections with nature and each other. To Kingsolver, Powers’s work is “monumental. . . , a gigantic fable of genuine truths.” Join us to read and discuss these socially, politically, and environmentally alert novels that engage with the wider world and its complications and vulnerabilities. Participation is a key ingredient for this reading experience. • Facilitated discussion; Active participation.

Required texts:
- Barbara Kingsolver, *Unsheltered* (9780062684738)
- Richard Powers, *The Overstory* (9780393356687)

Bobbie Hardaker and Carol Sirota have been Read & Discuss participants since 2014 and Read & Discuss coordinators since the fall of 2015.

- 10 Thu, Jan 16-Mar 19, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: $100; Course ID: 3012
The Plays of Henrik Ibsen: Self and Society from Brand to When We Dead Awaken

No one did more to inaugurate modern drama than the Norwegian playwright Henrik Ibsen (1828-1906). That revivals of plays such as Hedda Gabler, The Wild Duck, and The Master Builder are mounted regularly around the world testifies to the enduring power of his theatrical vision. Students will begin this course by reading one of the three “dramatic poems” that brought Ibsen to fame, Brand, and then move on to some of the works in the twelve-drama cycle of prose realist plays, starting with A Doll’s House and ending with When We Dead Awaken, that marks his mature work and that stands as his legacy. While biographical, historical, cultural, and philosophical contexts will be discussed, class discussions will focus on issues of self and society and the ways and means by which the characters in Ibsen’s plays try to define their place in the social order and make sense of the world they inhabit. • Lecture (plus questions); Facilitated discussion.

Required texts:
• Henrik Ibsen, Peer Gynt and Brand (9780141197586)
• Henrik Ibsen, Ibsen: The Complete Major Prose Plays (9780452262058)

Charles Joseph Del Dotto received his undergraduate education at Princeton University and holds a PhD in English from Duke, having specialized in Shakespeare and modern drama. He has been teaching continuously with OLLI since 2014.

• 10 Fri, Jan 17-Mar 20, 9:00-10:30am
• The Bishop’s House, Duke University, Durham
• Maximum: 20; Fee: $100; Course ID: 1292

Language, Literature & Drama

“An Eye for an Eye” in the Arts: Revenge in Literature, Theater, and Paintings

Revenge, as the adage goes, is a dish best served cold. Nonetheless, the intensity of this subject heats up the page, stage, and canvas of classic and contemporary art. The desire to retaliate for grievous wrongs governs works as diverse as the novels True Grit and The Round House, the tragedy Medea, and the Sondheim musical Sweeney Todd. Stories by Poe, Dahl, and Atwood (which can be found online) and paintings by Caravaggio and Gentileschi vividly portray this need to let no transgression (real or imagined) go unpunished. After a brief historical overview of the revenge genre, we shall speculate on reasons for its enduring popularity and examine the role revenge plays in the above works; the questions it raises about justice, violence, and morality; and the ways artists craft their materials to engage the reader. It is my hope that the subject Francis Bacon described as a “kind of wild justice” that is seen in these works will generate lively and thoughtful discussions.

• Facilitated discussion; Viewing videos.

Please note: To facilitate class discussion, students are expected to acquire the three specified editions. Used copies of them can be found online.

Required texts:
• Euripedes, Medea, trans. Michael Collier and Georgia Machemer (9780195145663)
• Louise Erdrich, The Round House (9780062065254)
• Charles Portis, True Grit (9781590204597)

Marjorie Lancaster has an undergraduate degree from Duke and a graduate degree from Tulane University. Since 2015, she has taught several interdisciplinary courses at OLLI. She believes that a good class is fueled by the participants’ curiosity, a guided scrutiny of the text and the image, and inclusive participation that brings out the many facets of the artistic work.

• 9 Tue, Jan 14-Mar 17, 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 13; Fee: $100; Course ID: 2395

See also . . .

Shakespeare’s England: A World Turned Upside Down (page 38)
Shakespeare & Marlowe: A Midsummer Night’s Dream, Doctor Faustus, and Hamlet

This course will start with A Midsummer Night’s Dream, Shakespeare’s early use of the supernatural (the fairy world) to provide a delightful comedy. Next is Marlowe’s best-known play, Doctor Faustus, in which the protagonist makes a bargain with the Devil and, after twenty-four years, must face the consequences. We end with Hamlet, a tragedy that begins with a call for revenge from a ghost that leads to disastrous results for the hero and others. In all three plays, otherworldly figures play a major though often very different role. What can we learn from the comparison? How do scenes from productions available on DVD affect your understanding of characters, recurring motifs, and the presence of the supernatural? • Lecture (plus questions); Facilitated discussion; Viewing videos.

Please note: It is recommended that students read A Midsummer Night’s Dream, Doctor Faustus, and Hamlet; any editions are acceptable.

Alan Dessen, UNC-Chapel Hill Peter G. Phialas Professor of English (Emeritus), is the author of eight books, most of them devoted to theater history in the age of Shakespeare.

• 10 Thu, Jan 16-Mar 19, 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 25; Fee: $100; Course ID: 3016

Lifestyles

Alsace, Germany & Austria: An Exploration of Wines

Join us for a four-week journey through Alsace, Germany, and Austria. Each week, we will focus on one of these areas that offers wines with long names from cold climates. We will examine the beverage styles and learn the basics of production. We will taste four of the region’s wines per class and discuss food pairings and cultural elements that affect production. • Lecture (plus questions).

Required supplies/fee: The instructor will collect a tasting fee of $28, due at the first class in cash.

Thomas N. Thorne has been a professional sommelier for twenty-five years. He owns Wine Fifty Five, a local wine consulting company focused on education, sales, and sommelier services. He has headed wine programs at the Fearrington House, the Carolina Inn, and the Siena Hotel, and is a previous owner of Hope Valley Bottle Shop. He is accredited through the Court of Master Sommeliers.

Section 1
• 4 Thu, Jan 16-Feb 6, 1:30-3:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 22; Fee: $40; Course ID: 2970-001

Section 2
• 4 Thu, Jan 16-Feb 6, 3:15-4:45pm
• The Bishop’s House, Duke University, Durham
• Maximum: 22; Fee: $40; Course ID: 2970-002

Dance/Exercise for Women: Ethnic Dances from the Mediterranean

Core exercise! Dance to world music! In this course, we learn ethnic dance styles that build core muscles and strengthen backs, abs, legs, and graceful arms. We will focus on dance styles that exercise the whole body and that come from the Mediterranean region, such as Roma (Gypsy), Greek, Middle Eastern, and North African
dances. In each class session, some dances will be enthusiastic with an earthy beat, while others will be graceful and melodic. Exercises and dance moves will be practiced and then used in choreographed dances that build on each other. Long full skirts or other props are often used and will be provided. Beginners are welcome! Previous students will find that the course builds on what they have already learned. The exercises and dance moves are carefully adapted for healthy, mature bodies.  

**Required:** Wear any comfortable clothes and bring clean, flexible, soft-soled shoes to wear on the dance floor.

**Margaret Clemen** (Rayahanna) has enjoyed and performed international dance styles, including belly dance and Polynesian dance, for over forty years. She has taught popular dance courses for OLLI for the past ten years. She loves researching varied dance cultures and works continuously to develop her ethnic dance styling through workshops with foreign teachers, classes, and videos from the regions.

- 10 Mon, Jan 13-Mar 23 (no class Jan 20), 1:30-2:50pm
- Carolina Dance Academy, Durham
- Maximum: 16; Fee: $100; Course ID: 2976

**Happiness & Well-Being: A Practical Guide**

Social scientists suggest that approximately 40 percent of our happiness comes from intentional activities we do in everyday life. This course will provide science-based theory and easy-to-do activities to help us improve our quality of life. Using a positive psychology model based on the work of Martin Seligman and others, we’ll consider how positive emotions, engagement, relationships, meaning, and achievement help us build well-being. Our text is *Positive Psychology: A Practical Guide*, in which “you’ll find sure-handed guidance on developing habits of happiness,” per the flyleaf. We will supplement this short and easy-to-read book with outstanding TED Talks, internet articles, and relevant self-discovery inventories. You can expect lively, engaging discussion, laughter, and new insights among friends who have similar interests, as well as time for personal reflection to put it all together for yourself.

**Required text:**

**Gates Vrooman**, MDiv, DMin, is a retired pastor and an open and progressive thinker who has enjoyed taking and teaching OLLI courses since retiring to the area in 2004. As a volunteer, he tutors third graders and works with inmates at Orange Correctional Center. He enjoys hiking, memoir writing, and leading small groups.

- 10 Tue, Jan 14-Mar 17, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 18; Fee: $100; Course ID: 2989

**Navigating Widowhood**

Is anyone ever prepared for widowhood? Widows and widowers grieve for their spouse and grieve for their former way of life. Widowhood is a time of transition. How might the challenges in the first year of widowhood be different from those in the years that follow? How does the surviving partner adjust to living alone and being an uncouple? Every widowhood journey is unique. Presentations and group discussions will reflect on different ways that individuals may progress through stages of widowhood, usually emerging with a new identity. The focus is on creating a positive approach in moving forward with your life. Topics include: widowhood journey, wid-
owhood identity, dealing with loneliness and living alone, handling holidays and anniversary dates, rebuilding your live as an uncouple, searching for happiness, and building resilience in widowhood. The course will include lectures, exercises, and facilitated group discussions.

• Lecture (plus questions); Facilitated discussion.

Please note: Widows and widowers in their first three years of widowhood are welcome.

Jill Kaufman, PhD, had a technology career at IBM and taught classes all over the world. She became a widow in 2015 and read over thirty books on widowhood as part of her widow journey. Since then, Jill has presented on widowhood at a hospice grief center and for the last two years has been the facilitator for a church-based widow support group.

• 6 Thu, Jan 30-Mar 5, 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 15; Fee: $70; Course ID: 3003

Keeping Muscles & Bones Fit: How to Extend the Quality of Your Life

What do exercise, a good diet, relaxation, and socialization have in common? They all help to extend the quality of life. Added together, they can add sixteen years of more quality. You already know it’s important to maintain strength, flexibility, balance, and coordination to prevent injury and increase the quality of your life. Here’s an opportunity to either kick-start or kick up your program for doing just that. This course will include both exercise and discussion with a focus on strength, flexibility, balance, coordination, and prevention of injury. If you are healthy enough to walk to the class, this is the place for you to start. If you’re already exercising, we’ll make it more effective. Modifications of exercises can be made, if needed. You’ll leave each class feeling good about your progress and meeting goals you set for yourself. Please note that this is a sixty-minute class. • Exercise or dance.

Sheila Tayrose was an occupational therapist and is interested in exercise and fitness as a hobby.

• 6 Thu, Feb 6-Mar 12, 9:00-10:00am
• Judea Reform Congregation, Durham
• Maximum: 20; Fee: $70; Course ID: 2435

Magic Tricks for Grandparents

Have you always wanted to know how to do magic tricks? Well, two magicians have teamed up to bring you a magic course at OLLI. They will cover card and rope tricks, coin magic, tricks with everyday items, and math magic. Tricks will be demonstrated and explained, and the class will have the opportunity to perform the tricks. Written explanations for each trick and websites that show the tricks will be provided. The performance of each trick is as important as the trick itself. We encourage everyone to put their own
spin on the tricks. Most materials will be provided, and at the end of the course you will literally have a “bag of tricks.” Bring your own tricks to share with the class. Whether you have done magic before or always wanted to learn, come to the magic course and have fun. You will impress not only your grandchildren but family and friends as well. Remember, magic is a vanishing art. It is still magic, even if you know how it’s done. • Active participation.

**Required supplies/fee:** The instructor will provide magic supplies for a fee of $40, due at the first class.

**Lee Werley** is a retired pharmacist who spent the last twenty-two years in public health. He went to clown school near Atlanta and started doing magic during his clown days. He prefers magic to clown makeup. He loves teaching magic and watching the joy and excitement it can bring to others. He has taught magic for OLLI and others for many years and has performed locally and internationally.

**David Sokal** has been doing magic ever since his father taught him a sleight-of-hand card trick. He did shows for his children’s birthday parties and has since performed at numerous gatherings of family and friends for the enjoyment of young and old. Before retiring, David led international clinical studies of family planning methods and HIV prevention.

- 10 Wed, Jan 15-Mar 18, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 15; Fee: $100; Course ID: 1750

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### The Art of Cooking

David Sovero believes you can create a gourmet yet good, healthy, and inexpensive meal using ingredients you already have in your pantry. Each week, he will provide a protein (seafood, pork, chicken, beef, or vegetarian) and students will provide one vegetable and one fruit. The chef will provide substitutions, if needed. The chef will show you how to prepare, cook, and present a meal using the fruits and vegetables provided by fellow class members and the protein he provid-
ed. During each class, as we are standing and working around the table in the center’s kitchen, the chef will explain different methods of preparing the meat/protein and different variations on the meal being prepared. This is a hands-on course with everyone participating in the preparation, dining, and cleanup. The class will enjoy eating a delicious dinner together after the lesson. • Active participation.

**Please note:** Please restrain hair and wear closed-toe shoes for safety. Aprons will be supplied.

**Required supplies/fee:** Students bring food items to each class at an estimated cost of $4 to $8 per week. For additional information on supplies, please see the course details at learnmore.duke.edu/olli.

**David Sovero** was born in Lima, Peru, and graduated from the Peruvian National Arts College. He trained and was a chef at the Fearrington House Restaurant and was the head chef at Antonia’s Italian restaurant in Hillsborough. Presently, he is sous chef at Tarantini Italian Restaurant and Flair Restaurant & Wine Bar near the Governors Club.

- 5 Mon, Feb 3-Mar 2, 5:30-8:30pm
- Passmore Center, Hillsborough
- Maximum: 10; Fee: $100; Course ID: 1336

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### Pinot Noir: The Heartbreak Grape

Join us for a four-week journey through the regions where the world’s best pinot noir is produced. Each week, we will focus on areas known for their pinot noir, such as Burgundy, California, and New Zealand. We will examine the beverage styles and learn the basics of production. We will taste four to five pinot noir wines per class and discuss food pairings and cultural elements that affect production. • Lecture (plus questions).

**Required supplies/fee:** The instructor will collect a tasting fee of $28, due at the first class in cash.
Thomas N. Thorne has been a professional sommelier for twenty-five years. He owns Wine Fifty Five, a local wine consulting company focused on education, sales, and sommelier services. He has headed wine programs at the Fearrington House, the Carolina Inn, and the Siena Hotel, and is a previous owner of Hope Valley Bottle Shop. He is accredited through the Court of Master Sommeliers.

Section 1
- 4 Thu, Feb 20-Mar 19, 1:30-3:00pm
- The Bishop’s House, Duke University, Durham
- Maximum: 22; Fee: $40; Course ID: 3007-001

Section 2
- 4 Thu, Feb 20-Mar 19, 3:15-4:45pm
- The Bishop’s House, Duke University, Durham
- Maximum: 22; Fee: $40; Course ID: 3007-002

The Language of Bridge: A Modern Approach to Bidding

This course is designed for people who dabbled with bridge in college or played socially and are seeking to improve their knowledge and skills. In this hands-on course, participants will learn the modern language of bidding and how the partnership communicates their hand strength and shape to reach an optimum contract. The course will cover how to differentiate between forcing and nonforcing bids and how to enter the auction by examining modern competitive bidding techniques, such as doubles, overcalls, and other conventional tools, to help improve participants’ enjoyment of the game. Each class will consist of a mini-lecture followed by playing practice hands to apply the concepts learned. • Lecture (plus questions); Facilitated discussion; Active participation.

Required supplies/fee: The instructor will provide photocopies of lectures and homework assignments for a fee of $15, due at the first class.

Henry Meguid is the president of the American Bridge Teachers’ Association (ABTA) and the ABTA 2018 Teacher of the Year, the highest certification in North America. In 2012, he founded the Bridge Academy, an ACBL-sanctioned club devoted to offering classes and games to all levels of players. The club motto “Have Fun, Play Better” captures Henry’s approach to teaching and playing bridge.

- 10 Wed, Jan 15-Mar 18, 9:30-11:30am
- The Bridge Academy, Durham
- Maximum: 48; Fee: $100; Course ID: 2820

Performing Arts

50+ Improvisers—FUNdamentals+

Want to have fun with others while expanding your creativity and sense of joy? That’s what 50+ Improvisers is all about. Did you take the fall 2019 course or a previous one? This course will have different activities, so sign up again! You’ll live more in the moment and put your life experiences to good use. You don’t need the cleverness found in Whose Line Is It Anyway? We play specially tailored games/exercises where “there are no mistakes.” This course approaches improv with a “yes . . . and” attitude. You’ll also have a chance to see where improv applies to life. We’ll use some easy-to-learn tools to help you build on your life experiences and maybe even find that inner comic you didn’t know existed. No prior experience is necessary, just a willingness to have fun with others. This course does involve active physical participation and movement, including frequently alternating between standing and sitting. • Exercise or dance; Active participation.
Recommended texts:


Carolyn Cole is an adult educator-turned-improviser. She trained at major theater schools, including UCB-NYC, Second City, iO, and Loose Moose. She also teaches improv at the Durham Arts Council and the PIT Chapel Hill. In 2019, she produced and directed Wild Card Improv, a new show in the Triangle. Carolyn founded and performs with the ECHOES, a local improv troupe. Her website is ImprovNow.org.

- 5 Wed, Jan 15-Feb 12, 11:00am-1:00pm
- Judea Reform Congregation, Durham
- Maximum: 14; Fee: $60; Course ID: 2659

### Listening to Music: Modern and Postmodern

A composer of very complex music writes, “I think the listening experience is extraordinarily complex, spontaneous, intuitive, naive, and sophisticated, all at the same time.” Sharing the joy of new music, whether you’re discovering a masterpiece or having an interesting experience with music, we’ll explore many ways to listen to and learn about modern and postmodern music. Each class will focus on one work of music chosen from favorite works, ranging from Debussy’s *Prelude to the Afternoon of a Faun* and Stravinsky’s *The Rite of Spring* to the minimalist “anthem” in C, with works by Ives, Gershwin, Ravel, Messiaen, Copland, Cage, Reich, and Glass to the present. The course does not assume the music lover brings any previous knowledge; it offers insights intended to enrich the experience of all listeners (including knowledgeable students who may be interested in the text listed below). • Lecture (plus questions); Listening to audio recordings.

Recommended text:


### Anne Parks

Anne Parks was a professor at the University of Michigan-Dearborn and, since moving to North Carolina, has taught music history at five universities and colleges throughout the Triangle. Her specialty is music of the twentieth century. She is particularly interested in how music expresses the time in which it was created. Her most recent OLLI course was Glass and the Minimalists.

- 10 Mon, Jan 13-Mar 23 (no class Jan 20), 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: $100; Course ID: 1279

### In Their Own Words: Conversations with Dancers

Documentaries about ballet dancers can give an inside view of their world. From famous dancers such as Rudolf Nureyev to those whose names you may not recognize, we’ll focus on a different dancer each week, getting an opportunity to enjoy their dancing and gain some insight into the world of professional ballet. • Facilitated discussion; Viewing videos.

Betsy Bullen has studied ballet all her life and has introduced hundreds of OLLI students to the joys of this art form. She delights in sharing her enthusiasm with everyone. She currently works in the costume shop at Carolina Ballet, where she is the prima volletera assoluta.

- 10 Thu, Jan 16-Mar 19, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: $100; Course ID: 1446

### The Movies Go to War: 1939-1946 (Part 2)

For the boomer generation, the Second World War grows increasingly distant—and yet, for some of us, it remains present in the hundreds of movies made in the United States during the war years. These films are often dismissed as so much propaganda, phony exhortations to support
“the good war.” But there is much to be learned from these movies about the fears, hopes, and ambitions of Americans who fought and endured the war. This course seeks to demonstrate the evolution of Hollywood’s wartime role and how these films expressed and, sometimes, betrayed American ideals. Each class will feature a relevant movie, with an introductory lecture and post-film discussion. Part 2 continues the course from the fall 2019 term and will cover the period 1943-46. However, new enrollees are welcome. A knowledge of US motion picture history and of the Second World War is useful but not required.

• Lecture (plus questions); Facilitated discussion; Viewing videos.

Edison McIntyre earned an MA in American history at UNC-Chapel Hill and has been a longtime student of “the cinema,” especially films that deal with the past. He has previously taught OLLI courses on music in motion pictures.

• 10 Wed, Jan 15-Mar 18, 5:30-8:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 25; Fee: $100; Course ID: 3024

The Golden Age of Rock Music: May I Introduce to You the Act You’ve Known for All These Years

The ten-year period from 1964 to 1973 was a time during which many things changed. In popular music, we experienced a surge of creativity and artistry that was unprecedented before and unequaled since. Join us as we explore the music of those glory days together and discover something new in music that’s familiar and some things you may have missed. You’re likely to find that much of this music is timeless and still sounds fresh today. We’ll recall the major bands of the British Invasion from both the first wave and later years. We’ll delve into the musical chemistry that took root and flowered in Greenwich Village, Los Angeles, San Francisco, Detroit, and Memphis. We’ll also explore how blues, jazz, R&B, and classical forms all found a place in the musical tapestry of rock. And we’ll listen to audio and view video samples from every part of that spectrum. • Lecture (plus questions); Listening to audio recordings; Viewing videos.

Marv Meyer majored in chemical engineering in the 1960s while he minored in Fillmore East. That legendary concert venue was just a few blocks from Cooper Union, his alma mater. He’s since continued to attend many concerts and amassed a vast collection of vinyl and CDs in a relentless search for the lost chord.

• 9 Wed, Jan 22-Mar 18, 1:30-3:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 15; Fee: $100; Course ID: 3022

The Road to Full Frame 2020

The twenty-third annual Full Frame Documentary Film Festival will be held April 2-5, 2020, in downtown Durham. This course will provide a “behind the screens” view of the festival. The sessions are designed to prepare you either to attend the festival or just to enjoy more fully the documentaries you’re already watching. We’ll begin with the most basic question: what is a documentary? We’ll then explore the unique documentary ecosystem that Durham provides, including Duke’s Center for Documentary Studies (producer of the festival) and the Southern Documentary Fund (a nonprofit founded to support filmmakers). As the festival approaches, you’ll learn about the actual films and programs to be featured. You’ll also have opportunities to participate in conversations with documentarians, teachers, and festival organizers. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Please note: This course is designed for first-time course participants; those who have previously taken this course with Alan should take the Part 2 course listed separately.

Alan B. Teasley retired from Durham Public Schools in 2006 after a thirty-one-year career as a teacher and administrator. He served on the board of Duke’s Center for Documentary Studies from 1999 to 2018
Performing Arts

and on the board of the Southern Documentary Fund from 2012 to 2015. For seventeen years, he has served on the selection committee of the Full Frame Documentary Film Festival.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20 and Feb 10), 9:00-10:30am
• Judea Reform Congregation, Durham
• Maximum: 50; Fee: $100; Course ID: 3025

The Road to Full Frame: Part 2

The twenty-third annual Full Frame Documentary Film Festival will be held April 2-5, 2020, in downtown Durham. This course is designed for those who have already taken the course The Road to Full Frame with Alan. This course will further explore the history, aesthetics, and ethics of documentary films. As the festival approaches, you'll learn about the actual films and programs to be featured. Along the way, you'll have opportunities to attend free screenings of previous festival favorites and to participate in conversations with local documentarians and festival organizers. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Alan B. Teasley retired from Durham Public Schools in 2006 after a thirty-one-year career as a teacher and administrator. He served on the board of Duke's Center for Documentary Studies from 1999 to 2018 and on the board of the Southern Documentary Fund from 2012 to 2015. For seventeen years, he has served on the selection committee of the Full Frame Documentary Film Festival.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20 and Feb 10), 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 50; Fee: $100; Course ID: 3026

Religion & Philosophy

Hot Topics in Islam II

No religion in the world is as feared and misinterpreted as Islam. It is conceived in the Western world as an extreme faith that affects not only its followers but also the lives of so many others. In this course, we will cover the hottest topics, themes, and concepts, such as sharia, the status of non-Muslims, the role of Jesus, and the concepts of good and evil in Islam, in a comprehensive way. This course will be a learning opportunity for all who want to challenge their preconceived ideas about these concepts in a safe place where they can share their prejudices and thoughts about these issues. This will be an extension of the course Hot Topics in Islam I. It will cover a variety of topics not covered in that course. Hot Topics in Islam I is not a prerequisite for this course. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings; Viewing videos.

Please note: We will have a dinner or breakfast in a Muslim home and a field trip to a local mosque. These are optional learning opportunities to meet and greet people in person.

Required supplies/fee: The instructor will provide all supplies (weekly photocopies and handouts) for a fee of $10, due at the first class.

Recommended text:
• Ali Unal, The Qur’an with Annotated Interpretation in Modern English (9781597841443)

Tuba Fatma Kaya is a graduate of Hartford Seminary with a master's degree in Islamic studies and Christian-Muslim relations and dialogue with
a graduate certificate in Islamic chaplaincy. She worked as a university chaplain intern at Cornell University and completed her clinical pastoral education at SUNY Upstate Medical University in Syracuse, New York, as a hospital chaplain.

- 10 Thu, Jan 16-Mar 19, 11:00am-12:30pm
- Judea Reform Congregation, Durham
- Maximum: 15; Fee: $100; Course ID: 3036

**Personal Identity: In Moral and Legal Reasoning**

In this course, the instructor, a philosopher and a teacher of philosophy, wants to merge the two roles for the first time in his career and make his own just-published book the topic of discussion. How do we reason when we identify people as personally responsible for some action, or claim that someone has a personal right to do something? We don’t follow scientific or cause-effect reasoning. Rather, we use the same kind of reasoning as when we follow the actions of a narrative. Topics include the difference between juvenile and criminal justice, the nature of contracts, the meaning of civil disobedience, what correctional institutions should be doing, and many others. Your role in class will be different from that of most courses. You’ll be invited to be the instructor’s critic. The book is short but challenging. If you’d like to read more about it, consult the Vernon Press website. • Facilitated discussion.

**Please note:** You can read the first chapters of the recommended book on Google Books. If you register for the course, the instructor will send you a code for a discounted price (contact prust@yahoo.com).

**Recommended text:**
- Richard Prust and Jeffery Geller, *Personal Identity in Moral and Legal Reasoning* (9781622736287)

**Richard Prust** is professor emeritus of philosophy at St. Andrews University. His chief interests are in how people are identified by what they do and how our sense of someone’s identity leads us to reason about him or her, particularly in assigning rights and responsibilities.

- 10 Thu, Jan 16-Mar 19, 11:00am-12:30pm
- Carol Woods Retirement Community, Chapel Hill
- Maximum: 15; Fee: $100; Course ID: 3005

**Pagan Origins of Monotheism**

Monotheistic Near Eastern religions have their origins in earlier polytheistic religions. While religious traditions claim direct contact with god or revelation through supernatural messengers as their source, philosophers and historians have sought more rational explanations. In the late nineteenth century, archaeologists started excavating in the Near East looking for clues to confirm (or to disprove) biblical stories. Recent archaeological discoveries and interpretations of their historical origins appear to confirm an evolution of religion from tribal cults of multiple gods, each with limited jurisdiction, toward a single creator god with all necessary powers to rule the universe and individuals’ destinies. The path this evolution took is still a subject of debate. In this course, we will explore the pagan-polytheistic religions that were precursors of Judaism, Christianity, and Islam. We will also explore the evolution of the concept of divine power and the creator’s relation to his (her?) creation. • Lecture (plus questions); Facilitated discussion; Viewing videos.

**Murat Tasar** grew up in Turkey, where he was exposed to all three major monotheistic religions as well as the Mesopotamian myths. In his college years, he studied under humanities professors from the West and discovered the works of classical philosophers. In Spain, he studied the influence of Arab and Jewish philosophers and scientists of al-Andalus on medieval European and Renaissance thought.

- 6 Thu, Jan 16-Feb 20, 3:15-4:45pm
- The Bishop’s House, Duke University, Durham
- Maximum: 20; Fee: $70; Course ID: 2760
**Intergenerational Ethics: A Millennial Perspective**

This course explores generational perspectives on today’s ethical issues through an interactive approach. Ten Duke undergraduates partner with ten OLLI “overgrads” to lead discussions and to pursue and share perspectives on current issues. The emphasis of the course is to consider how your personal ethics are being formed and to fine-tune your own ethical code. Topics of social and civic interest with ethical grounding will be explored, guided by Socrates’s inquiry: “How, then, shall we live?” Each week we explore an ethical issue from one of the following fields: health care: womb to tomb, how we eat, energy and climate, wealth and responsibility, technology and privacy, justice, social relationships, and lessons learned. • Facilitated discussion; Active participation.

**Please note:** The first class meets on January 12, and, because Duke’s spring break differs from OLLI’s, the class will not meet on March 8 or 15 but will continue from March 22 to April 5 for all OLLI members who can come.

**Required texts:**
- The required weekly reading assignments will be available on the course website. They can be read online or printed

_Betsy Alden_, faculty with the Kenan Institute for Ethics at Duke, has led this course for twenty years—the only “intergenerational” academic course offered at Duke—along with two undergraduate co-instructors who have previously taken the course. She is also an ordained United Methodist minister and taught women’s leadership at the Sanford School of Public Policy before her “retirement.”

• 11 Sun, Jan 12-Apr 5 (no class Mar 8 & 15), 2:00-3:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 10; Fee: $100; Course ID: 2255

**Philosophy in Islamic Lands/East: House of Wisdom to al-Ghazali**

In the early medieval period, as Christian Europe lost interest in pagan philosophers, scholars in the Islamic world started studying them. Baghdad, Bukhara, and Alexandria became new centers of enlightenment. Translations of Greek philosophy were studied, commented on, and expanded upon in the Islamic world from the ninth through the thirteenth centuries. Arabic versions of Greek and Hellenistic philosophers’ works as well as original works by al-Kindi, al-Razi, al-Farabi, and Ibn-Sina provided the bridge from antiquity to late medieval scholastic philosophy. Muslim, Jewish, and Christian scholars in the Eastern lands under Islamic rule made significant contributions to philosophic sciences and medicine. In this course, we will review the development of Islamic philosophy; its Aristotelian, Platonic, and Neoplatonic origins; and its influence on European thought. • Lecture (plus questions); Viewing videos.

_Murat Tasar_ grew up in Turkey, where he was exposed to all three major monotheistic religions. In his college years, he studied under humanities professors from the Western world and discovered the works of classical philosophers. In Spain, he studied the influence of Arab and Jewish philosophers and scientists of al-Andalus on medieval European and Renaissance thought.

• 6 Fri, Jan 17-Feb 21, 1:30-3:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 20; Fee: $70; Course ID: 2939

**Philosophy of Art & Aesthetics**

A reasoned investigation into the nature of art and the nature of aesthetics. How do the two interrelate? Is there an objective basis for either one, or do they reside in our subjective experiences? What role do our emotions play? Just what is it to be a work of art? What about bad art
and “meh” art? What is it to be aesthetically beautiful? When beauty is what moves us to appreciate certain works of art, are they superior to other works? If beauty makes us value things we like, can ugliness move us to value things we dislike? This course will search out answers to these and associated questions. • Lecture (plus questions); Facilitated discussion.

Robert Vance is an emeritus professor who taught philosophy at UNC for thirty-five years. Along the way, he acquired an MFA in studio art. His sculptures and photographs have been exhibited widely and have received many awards. His writings focus on the intersection of art and philosophy.

• 10 Wed, Jan 15-Mar 18, 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 30; Fee: $100; Course ID: 3006

Political Philosophy & Governing: Part 2

This course is Part 2 of Political Philosophy & Governing, which follows Part 1 and covers eight political thinkers from Niccolo Machiavelli through Edmund Burke and modern schools of political thought that follow their philosophical foundations of government rule. Part 2 will be followed by Part 3 in the fall 2020 term, covering the most recent political thinkers from those of the Federalist Papers to the present, to include the political philosophies of Hegelianism, Marxism, nihilism, Fascism, Soviet Communism, postmodernism, and feminism. As in Part 1, treatment will feature government policy making and its connection to differing views on the essence of human nature. We will use the same textbook as was used in Part 1. • Lecture (plus questions).

Please note: Part 1 of this course is not a prerequisite for taking this course.

Recommended text:
• David Boucher and Paul Kelly, Political Thinkers from Socrates to the Present, 3rd ed. (9780198708926)

William Davidshofer holds a PhD in political science with a specialization in Russian and Eastern European studies from the University of Notre Dame. He has taught many OLLI courses, after finishing a forty-year teaching career at the University of Maine at Presque Isle. He has recently published a work entitled “Marxism and the Leninist Revolutionary Model.”

• 10 Wed, Jan 15-Mar 18, 1:30-3:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 25; Fee: $100; Course ID: 3009

The Mind Wars Debate: Evidence on the Source of Consciousness

Mainstream scientific materialism posits that consciousness arises from the physical brain and ceases upon death. Considerable evidence from science, medicine, and the study of extraordinary human experiences suggests that this opinion is either false or incomplete. Participants will be encouraged to examine the evidence critically and to arrive at their own opinions on the matter. Students will be asked to read short abstracts and articles and/or view videos before each class. Ten minutes of Q&A and discussion will end each class. • Lecture (plus questions); Listening to audio recordings; Viewing videos.

Recommended text:
• Mario Beauregard, Brain Wars: The Scientific Battle Over the Existence of the Mind (9780062071224)

Steve Barrell’s fascination with ghosts and hauntings began at his grandparents’ haunted house at age ten, which led to a lifelong search for evidence of survival. He directs Haunted NC paranormal investigations; is a certified hypnotherapist, mental medium, remote viewer, dream interpreter, and ordained minister in the metaphysical tradition; and curates an 11,700-volume library on these topics.

• 10 Thu, Jan 16-Mar 19, 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 25; Fee: $100; Course ID: 2410
Reimagining Religion for Today

The imminent end of religious America is here and now. Many people no longer identify with any spiritual tradition; churches are losing members, and some are closing; more people are identifying as atheists oragnostics. Our religious traditions need to be reimagined in ways relevant to today’s world, with new structures that provide community for people. This course will show some positive ways this is beginning to happen in Christianity and other religions. We will show how progressive religious thinkers are reimagining issues such as God, sacred texts, Jesus and other wisdom teachers, human nature, religious communities, ethics, spiritual experience, and social justice, as well as how new community practices are emerging. Students of all religions or no religion are welcome. The class style will be democratic, providing a safe space for conversation among all participants. It will be interactive and open to all points of view and will promote respect and understanding. • Facilitated discussion; Active participation.

Please note: There is no required text, but brief articles will be provided for each class discussion. Many of these will be distributed via e-mails, so you will need to have a working computer and printer.

Mark Rutledge is a United Church of Christ campus minister, recently retired from the Religious Life staff of Duke, and an associate member of the Jesus Seminar. He is also a licensed clinical psychologist who has taught courses on the Bible, the historical Jesus, interfaith dialogue, science and religion, and the psychology of religion.

• 10 Tue, Jan 14-Mar 17, 11:00am-12:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 15; Fee: $100; Course ID: 3013

Religious Diversity: A Strength or Weakness in Our Society

We are blessed to be living in the most religiously diverse society in human history. Respect for and appreciation of various religious identities, perceptions, and views should be able to be expressed freely and comfortably. The climate today in our country challenges these freedoms. In this course, a number of Imams, rabbis, and pastors will explore both commonalities and differences in their traditions. The goal of the course is to demonstrate how diversity does enable humans to build authentic relationships, learn about each other, and participate in common action in community despite our differences. Students will learn about the essential beliefs and practices of these Abrahamic faiths and how they are scripturally connected. Students will also learn models of how diverse traditions can work together practically in the community. • Lecture (plus questions); Facilitated discussion.

Please note: There will be a variety of guest speakers from various religious traditions who will participate in the discussion.

Imam Abdul Hafeez Waheed has been an active student of Imam W. Deen Mohammed for forty-one years. For twenty-eight years, the religious community in Durham has valued his leadership. Imam Waheed is an active instructor in OLLI. He is a frequent guest at religious institutions in the Triangle, presenting a series of lectures/discussions titled “Community and Public Education on Islam.”

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 1:30-3:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 15; Fee: $100; Course ID: 2850

See also . . .

Religions of NC: A History (page 37)
10-Week Medical School
This course will cover, in an obviously abbreviated fashion, much of what is taught in the first two years of medical school. The history of medicine and medical terminology will be covered first, in order to be able to navigate the language of medicine. The remainder of the course will explore the anatomy, physiology, and pathological conditions of the organs and systems of the human body. Taking a medical history and some of the approaches to the diagnostic thought process will be addressed. Other topics such as pharmacology, biochemistry, microbiology, and the like will be addressed within the context of the systems being discussed. Although a general knowledge of biology would be helpful, no scientific background is necessary for this course.

• Lecture (plus questions); Active participation; Viewing videos.

Dennis Swartout’s education includes a BSE degree in industrial engineering and an MD degree, both from the University of Michigan. He held board certifications in family practice and addiction medicine. Retired after thirty years of practice at the Dartmouth-Hitchcock Clinic in Keene, New Hampshire, he is an avid woodworker.

• 10 Tue, Jan 14-Mar 17, 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 40; Fee: $100; Course ID: 2965

Artificial Intelligence: From the Cognitive Revolution to Flying Cars (Part 1)
AI is incrementally creeping into nearly every aspect of our everyday lives. Those who do not understand AI run the risk of being left behind. Understanding AI requires a steep learning curve and can be overwhelming, even for scientists. By breaking AI down into smaller components, the complexity is reduced. From the perspective of a technology analyst, students will explore AI as an emerging technology. First, students will acquire the necessary background in big data, data analytics, algorithms, computer science, neuroscience, and relevant legal and ethical issues. Then, using the tools of the analyst’s trade—hindsight, forecasting, and foresight—students will learn from the past and project scenarios for the future that inform the planning process. With this acquired knowledge, students should feel confident discussing AI’s development and its implications and make better decisions about their future regarding business, public policy, and planning in their personal lives. • Lecture (plus questions).

Please note: This is an introductory AI course. Neither a scientific nor a technical background is required.

Randall Mayes is a technology analyst. He wrote for the Futurist, had fellowships with STATS and the Institute for Ethics and Emerging Technologies, and is the author of two books, The Cybernetics of Kenyan Running and Revolutions: Paving the Way for the Bioeconomy, and a forthcoming book on AI. He has a master’s degree from the Nicholas School of the Environment in earth sciences at Duke.

• 6 Thu, Jan 16-Feb 20, 5:30-7:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 25; Fee: $70; Course ID: 2972

Evolution Revisited
It has been over 150 years since Darwin published his revolutionary theory of natural selection and gradual species transformation. Yet “Darwinism” remains a much-debated hypothesis. Fossil finds, biochemical evidence, computer-simulated programs, court cases, and intellectual debates have muddied the waters of total acceptance of Darwin’s theories. In this eight-week lecture/discussion course, we will delve into controversial topics: Darwin’s theories, punctuated equilibrium, symbiosis, creationism, intelligent design, epigenetics. Join us for an open-minded approach to evaluating these theories. For instance, is there enough fossil evidence to believe wholeheartedly
in incremental change as a mechanism for species development? More importantly, how much evidence does one need to accept or reject any theory? We will examine the strengths and weaknesses of each theory. My hope is that each one of us will expand our knowledge and critical-thinking skills. • Facilitated discussion.

Recommended text:
• Charles Darwin, *Origin of the Species* (9781593080778)

Pip Merrick came to UNC School of Medicine for a postdoc in burn surgery after completing an MS and PhD in cell biology and anatomy at New York University. She continued her research into stem cells and taught physiology and evolution for UNC’s Department of Biology. Her outside interests include hiking, pottery, and singing.

• 8 Wed, Jan 15-Mar 18, 11:00am-12:30pm
• Galloway Ridge Retirement Community, Pittsboro
• Maximum: 12; Fee: $90; Course ID: 2980

**Groundwater Hydrogeology in North Carolina**

This is a general introductory course on “big picture” subsurface groundwater hydrogeology processes. The course will include eight one-and-a-half-hour lectures that will cover: surface and groundwater flow, wells, water development, an overview of natural groundwater contaminant chemistry, and a brief introduction to regulatory oversight of groundwater issues in North Carolina. Time permitting, the last topic will be induced seismicity and formation stimulation (fracking). Lectures will use PowerPoint slides with brief discussions including student questions as each lecture moves along. The instructor will hand out reference/reading/geology website lists and e-mail PDF copies of references to students. There will be no homework assignments and no items will need to be purchased prior to class. The course goal is for students to learn more about groundwater hydrogeology and how it affects everyone’s drinking water supply and its protection from contaminants. • Lecture (plus questions).

**Please note:** No previous course work is required, but general knowledge of geology and chemistry may be helpful.

**Recommended text:**

Chris Palmer is an engineering geologist and hydrogeologist with forty years of applied consulting experience. His projects have included groundwater supply; contamination and site remediation assessments; and courses on contaminant hydrogeology and subsurface investigation for academic, industrial, and regulatory groups, 1988-2002. He is the author of *Principles of Contaminant Hydrogeology*.

• 10 Tue, Jan 14-Mar 17, 9:00-10:30am
• Judea Reform Congregation, Durham
• Maximum: 20; Fee: $100; Course ID: 2988

**Foundations of Animal Behavior**

Do you love watching nature documentaries but wish David Attenborough would tell you more? If so, this course is for you. This survey course will cover the foundations of animal behavior—from bees to baboons, mechanisms to evolution. We’ll tackle some of the most fun and intriguing questions in the field: How can cooperation evolve? Why do male birds tend to be flashy and females “drab”? How do animals find food and evade predators? And what is behavior, anyway? Classes will be a mix of lecture, discussion, and activities. We will focus on a different topic every week, and you will have the opportunity to suggest topics that you’d like to learn about. Topics will include how behavior evolves, mechanisms of behavior, learning, how to eat but not get eaten, sexual selection, mating systems, and social behavior. Soon, you’ll be narrating the nature documentaries... to the awe and/or woe of your friends and family. • Lecture (plus questions);
Facilitated discussion; Active participation; Viewing videos.

Emily Levy studies the animal behavior, physiology, and ecology of wild baboons in Kenya. Emily has also tried her hand at studying lemurs, rats, bee mimics, arctic flowers, and humans. Aside from all things biology, Emily also loves to hike, bike, and bake desserts. She is a PhD candidate in biology at Duke.

- 10 Tue, Jan 14-Mar 17, 5:30-7:00pm
- The Bishop’s House, Duke University, Durham
- Maximum: 35; Fee: $100; Course ID: 2983

Scientific Symposium: Excursions (and Diversions)

Symposia is one of OLLI’s longest running invited speaker series. Among its not-so-secrets of success is that each lecture is presented by a different speaker, often one taking an afternoon off from a busy professional schedule to talk with us about their work. Symposia fits in well with the lifestyle of busy OLLI members—because each week is about a different topic, missing a lecture does not mean losing course continuity. Our classmates often enjoy lunch together at Café at the Forest or a different restaurant, then satisfy their intellectual hunger by coming to the lecture.

Because our speakers have ever-changing schedules, the program is subject to change, but at press time these speakers and topics are scheduled.

- Jan 7 • Hospitals Are Dangerous: Protect Yourselves!
- Did you know nearly one thousand patients a day die from accidental hospital harm? Preventable harm in hospital care is the third leading cause of death in the US, after cancer and heart disease. Today Nancy Ruffner, a board-certified patient advocate, will be talking with us about the risks, and the questions we should be asking about the care of our loved ones when they are in the hospital. (arranged by Tony Waraksa)

- Jan 14 • NEXUS: Ethics and the Environment
  “Facing the Anthropocene: Rethinking Humanity’s Place in the World.” How do social, political, legal, and economic orders affect land, ocean, and atmospheric conditions? Mari Joerstad, a researcher at Duke’s Kenan Ethics Institute, works with others who view the Anthropocene with philosophical, religious, and ethical considerations. She will share her views on ethics of the environment. (arranged by Jim Hollowood)

- Jan 21 • Journalism & Public Policy
  Bill Adair will speak of political reporting and fact-checking. His research on automation and new technologies in journalism will be included. He is the director of Duke’s DeWitt Center for Media and Democracy, and his work was cited in “Autocorrect” (Atlantic, June 2019). (arranged by Jim Hollowood)

- Jan 28 • Our Violent World . . . or Is It?
  Violence seems ubiquitous: war, terrorist attacks, civil unrest, mass shootings, let alone the backdrop of “routine” homicide, violence against women, child abuse, and so on. Yet Alan Vaux, the immediate past president of OLLI and a retired professor and academic researcher, reminds us that Steven Pinker, in his book The Better Angels Among Us, claims that violence is declining. In this session, Alan will examine the main points of Pinker’s thesis: reviewing the substantial evidence that diverse forms of violence have declined, and very briefly exploring why these changes have taken place. (arranged by Tony Waraksa)

- Feb 4 • College Sports Are for Student Athletes, unless . . .
  . . . unless they play in revenue sports like basketball and football. Then, they are bound by different rules imposed by the NCAA. Retired Superior Court Judge Robert Orr will offer his insights on the physical dangers of playing and the seemingly unfair way these elite athletes
are compensated as they play their sports. (arranged by Mike Smith)

Feb 11 • The Atlantic Ocean Is Taking Our Shoreline!
Robert George was a professor of marine biology at UNC-Wilmington before he retired to form the George Institute in Wake Forest. He will be talking about the need for prudent coastal resilience and improved infrastructure to resist the inevitable storms and hurricanes. He did not quite phrase it this way, but it appears that if we take the cartoon ostrich posture and keep our heads in the sand, there will soon be no sand left. (arranged by Tony Waraksa)

Feb 18 • 20/20: Legacy, Lenses and Lasers—Cataract Surgery in the Year 2020
Julia Rosdahl, MD, PhD, is an associate professor of ophthalmology at the Duke Eye Center. She will present an overview of cataract surgery and what it means to have 20/20 vision—covering the legacies of surgical innovators from the past, advances in lens technologies, and how lasers are changing the paradigm. (arranged by Ed Cox)

Feb 25 • A Step Beyond Reparation & Restitution
William Darity, founding director of the DuBois Cook Center for Social Equity (Duke), will invite us to think about “baby bonds” as a “leg up for everyone.” He may also touch on other aspects of his research, namely, stratification economics and inequality by race, class, and ethnicity. He has researched and written on a range of topics being discussed by presidential hopefuls. (arranged by Jim Hollowood)

Mar 3 • Sunshine—Is It the Best Alternative Energy?
John E. P. Morrison, senior VP for North American operations of Ecoplexus Inc., will discuss the evolution and future of solar energy in North Carolina, in recent years second only to California in rate of new installations. John has played a major role in the NC renewable energy revolution while overseeing the engineering, procurement, construction, and operations and maintenance of over seventy ground-mounted solar facilities totaling approximately 600 MW. (arranged by Ed Cox)

Mar 17 • Science & Society & Communication
For the last several years there have been a range of issues and problems with science writing. Misha Angrist, senior fellow in Duke Initiative for Science and Society, will speak of disruption in science publishing. He works with students across a range of challenges with science communication. (arranged by Jim Hollowood)

Tony Waraksa had been the CEO of small high-tech companies and, since retiring, served more than a dozen years on the Duke Med Institutional Review Board and about as many arranging OLLI’s Symposia programs.

• 10 Tue, Jan 7-Mar 17 (no class Mar 10), 2:00-3:15pm
• The Forest at Duke Retirement Community, Durham
• Maximum: 120; Fee: $100; Course ID: 0373.030

Molecules: Nature’s Superb Building Blocks
The beautiful and complex universe around us is created from relatively few building blocks. Molecules are building blocks. Everything we see around us and we ourselves are made of molecules. What makes a molecule? What holds them together? Why do different combinations of atoms make molecules so amazingly different? Don’t be concerned if you haven’t studied science, you can understand the basic principles and come to appreciate the underlying foundations of our wonderful natural world. We will begin
with water (my favorite molecule) and finish with DNA—the signature molecule of life. We will also talk about the molecules of iron, diamonds, food, air pollution, and global warming—nearly everything we see is governed by the properties of molecules. The instructor last taught this OLLI course in 2010. • Lecture (plus questions).

Bob Shaw has a PhD in physical chemistry (University of Washington). He has published research in nuclear and chemical physics, physical and analytical chemistry, and environmental science. He is a fellow of the American Association for the Advancement of Science and was awarded the Silver Medal of the EPA and the Lifetime Achievement Award of the Army Research Laboratory.

• 10 Thu, Jan 16-Mar 19, 11:00am-12:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 20; Fee: $100; Course ID: 0847

Flying Small Aircraft

Many of us have, on occasion, looked up at the sound of a small airplane overhead and thought about what it would be like to be in it, or even to fly it. In this course, we will take a look at the many aspects of flight and flying, with special attention given to small airplanes, those with two to six seats. No special technical knowledge is assumed. Some of the topics we will be covering include general principles of flight, aerodynamics and aircraft design, airports and runways, aviation weather, airspace and controllers, navigation and instrumentation, FAA flight rules and certification requirements, and accidents and safety. • Lecture (plus questions).

Stanley Munsat is an FAA-certified flight instructor in single- and multi-engine airplanes and instrument flight. He has logged over 3,500 flying hours, including two thousand hours as an instructor. He is also professor of philosophy emeritus at UNC-Chapel Hill, where he taught for twenty-nine years.

• 6 Thu, Jan 16-Feb 20, 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 20; Fee: $70; Course ID: 2982

Climate Change: The Challenge

This course will present a comprehensive analysis of the global climate challenge and will substantiate and discuss the following. Global warming has accelerated in recent years, approaching 1.2 degrees Celsius warming from the preindustrial era. Greenhouse gas emissions are the primary driver of the observed warming. Humanity’s growing population and increasing demand for resource-intensive goods and services have driven the dramatic emission growth over the last fifty years. Serious impacts are already occurring; more serious ones appear inevitable. The Paris climate accord is a modest but important first step in the right direction. It appears unlikely we will be able to limit warming to 2 degrees Celsius or less. Near term, aggressive action is needed to minimize the warming and related impacts. Local households can take actions that will substantially reduce their carbon footprint. • Lecture (plus questions); Viewing videos.

Please note: It is suggested students read the instructor’s paper “We Are Losing the Climate Change Mitigation Challenge. Is It Too Late to Recover?” (MRS Energy & Sustainability)

Frank Princiotta is a retired EPA research director. He has a degree in chemical engineering from the City University of New York and a Nuclear Engineering Certificate from ORSORT. He played a leadership role in developing SO2 pollution control technology, is an author of scientific papers on climate change, is a frequent speaker before technical societies, and has testified before Congress.

• 5 Tue, Jan 14-Feb 11, 11:00am-12:30pm
• Carolina Arbors, Durham
• Maximum: 60; Fee: $60; Course ID: 2858

Immunity & the Environment

The immune system is not a standalone system and can be strongly influenced by environmental factors. This course will familiarize students with the classical functions of the immune system as
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well as with exciting and revolutionary state-of-the-science findings. Have you wondered why there is such an increase in allergic diseases in recent times? We will consider the hygiene hypothesis, a promising theory that addresses the rise in allergic diseases. Are you concerned about the role of environmental pollutants such as ozone and particulate matter and the consequences of global climate change on the immune system? In our course, we will examine these global health challenges. Are you curious as to how the revolutionary gene-editing and checkpoint inhibitor therapies contributed to novel cancer immunotherapy? We will tell the story and outline the 2018 Nobel Prize-winning discoveries. • Lecture (plus questions); Facilitated discussion; Listening to audio recordings.

Please note: The course is intended for people who have little or no background in biology or a medical field.

Recommended text:
• Lauren Sompayrac, How the Immune System Works, 5th ed. (9781118997772)

Hillel Koren served on the Duke faculty (1975-1984). In 1984, he joined the EPA, where he became the director of the Human Studies Division. He has made significant contributions to the understanding of immunological mechanisms and environmental factors involved in disease. He has published extensively in the areas of immunology, as well as in cell and molecular biology.

• 6 Mon, Jan 13-Feb 24 (no class Jan 20), 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 30; Fee: $70; Course ID: 2991

Mathematics of Voting

Elections and voting are crucial to the proper functioning of a democracy. And underpinning our election procedures is mathematics. In this course, we explore voting systems as mathematicians see them. We investigate the history of various voting systems, and we look to understand whether there is a “perfect” voting system. History and mathematics undergird two election issues of great import to our time: apportionment and the electoral college. Learn the history and mathematics behind these important processes. Learn how mathematics is used to gerrymander voting districts and how mathematics can be used to quantify gerrymandering. Come learn more about the strengths and weaknesses of our voting systems as we enter into this important presidential election season. • Lecture (plus questions).

Prerequisites: A level of mathematics equivalent to a GED is assumed.

Recommended text:

Frank Brown has a BS from Duke, an MA in mathematics from East Carolina University, and a PhD in organic chemistry from Caltech. He worked at DuPont for nearly twenty years, as a research chemist and systems analyst, then at Computer Sciences Corporation as a systems analyst. He previously taught OLLI courses on cryptography, geometric topology, Galois theory, and the history of calculus.

• 10 Tue, Jan 14-Mar 17, 11:00am-12:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 25; Fee: $100; Course ID: 2999

See also . . .

Genealogy VI A—Beginner Course: Applying DNA to Your Family Tree (page 69)

Genealogy VI B—Intermediate Course: Applying DNA to Your Family Tree (page 70)

Industrialization of Sea Power (page 38)

Philosophy in Islamic Lands/East: House of Wisdom to al-Ghazali (page 58)
Social Science & Culture

2020 Trends in Psychology
This course will look at a number of emerging issues in psychology, including but not limited to tele-health, virtual reality, artificial intelligence, social media influence, advances in the treatment of depression, PTSD and associated mood disorders, suicide prevention measures, the opioid crisis, and gender issues, as well as other possible areas of interest. • Lecture (plus questions); Facilitated discussion.

Helen Reiner has a doctorate in clinical psychology from Columbia University and has been in private practice for over thirty-five years. In addition, she was the director of the Psychology Training Clinic at Wichita State University as well as the supervising training psychologist for doctoral students.

• 5 Mon, Jan 13-Feb 17 (no class Jan 20), 9:00-10:30am
• Carolina Arbors, Durham
• Maximum: 22; Fee: $60; Course ID: 2966

Adult Attachment: The History and Science of Love
In this three-session course, we will begin with the history of pair-bonding throughout the centuries, including the changing expectations over the past one hundred years (from rural life to industrialization), the 1950s, the feminist movement, and the all-or-nothing marriage of the twenty-first century. We will discuss the science of adult attachment: the anatomy of falling in love and mature love (using the research of psychologist John Gottman and anthropologist Helen Fisher), and attachment theory and neuroscience (using the research of Stan Tatkin on secure functioning). We’ll conclude with mindfulness exercises for couples, including educational videos, didactics, and exercises to enhance communication, understanding, and intimacy. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Beth Newton, LCSW, is a licensed clinical social worker in private practice in Durham. Susan Orenstein, PhD, is a licensed psychologist in private practice in Cary. Combined, these clinicians have over forty years of experience specializing in relationship issues, couples counseling, and sex therapy.

• 3 Tue, Feb 4-18, 9:30am-12:00pm
• Eno River Unitarian Universalist Fellowship, Durham
• Maximum: 40; Fee: $50; Course ID: 2968

Addicted, Homeless, or Imprisoned
Join us as we explore this often misunderstood world. We will be introduced to the interesting faces, stories, and facts surrounding the opioid crisis, street people, the imprisoned, and often banished people within our community. A host of uniquely qualified speakers will share their knowledge, research, and personal discoveries. We will investigate the history of laws, proposed legislation, and the costs (human and financial) associated with each area. Why don’t they help themselves? Just get a job? Stay out of trouble? Leave the alcohol and drugs alone? Become law-abiding citizens? We will look at possible solutions and challenges in trying to answer these questions. We will have open discussions, and questions, comments, and concerns will be encouraged. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Recommended text:
• Bryan Stevenson, Just Mercy: A Story of Justice and Redemption (9780812984965)

Mark Hall recently completed a ten-year prison journey that has given him a unique perspective into the world of addiction, homelessness, and incarceration. At fifty, after a life of privilege and career status, he found himself behind prison walls. During his time of incarceration he made many discoveries worth sharing. He will complete an MBA in 2020 and has earned a Duke Nonprofit Certificate.

• 10 Wed, Jan 15-Mar 18, 9:00-10:30am
• Judea Reform Congregation, Durham
• Maximum: 40; Fee: $100; Course ID: 2967
Down Homes: Variations on the “Southern Thing”

In his 1941 classic *The Mind of the South*, journalist W. J. Cash remarked, “If it can be said there are many Souths, the fact remains that there is also one South.” Flip that sentence around, and it’s equally true. This course explores aspects of the American South as one phenomenon, and some “Souths” within it—folk cultures and football, race and racin’, and comparative Carolinas, for instance—along the way looking at Southern conservatism and Southern religion, memorials and mythology, the idea of “the South,” and to what extent the region is not peculiarly “Southern” anymore. • Lecture (plus questions); Listening to audio recordings; Viewing videos.

Recommended texts:
- Nancy Isenberg, *White Trash: The 400-Year Untold History of Class in America* (9780143129677)
- William Faulkner, *Absalom, Absalom* (9780679732181)

Southern born and bred, Duke alumnus Jim Wise wrote for Durham newspapers for thirty-four years with a particular bent toward local history. He holds a master’s degree in folklore from UNC-Chapel Hill and has taught OLLI courses on regional culture since 1999. He is the author of several books of local lore, including *On Sherman’s Trail: The Civil War’s North Carolina Climax* and *Durham Tales*.

- 10 Tue, Jan 14-Mar 17, 9:00-10:30am
- Judea Reform Congregation, Durham
- Maximum: 20; Fee: $100; Course ID: 1546

From Highlanders to Tar Heels: Scottish Highland Heritage in the Carolinas

Thousands of families emigrated from the Scottish Highlands to Cape Fear in the Carolinas between the 1730s and early 1800s. There is still a high density of people of Scottish Highland ancestry in the region, but more fantasy than fact pervades the popular imagination about their heritage. The popularity of the Outlander book and TV series has brought renewed attention to this ethnic strand in our national story, but many historical and cultural questions remain unanswered. This course will help students understand who Scottish Highlanders were as a people in Scotland, the daily lives of clans-folk in the Highlands, the circumstances of the subjugation of Highland society and emigration to the Carolinas, and the issues around the representation of Scottish Highland heritage today. • Lecture (plus questions); Facilitated discussion; Viewing videos.

Recommended text:
- Michael Newton, *We're Indians Sure Enough: The Legacy of the Scottish Highlanders in the United States* (9780971385801)

Michael Newton earned a PhD in Celtic studies from the University of Edinburgh in 1998. He has written a multitude of books and articles about Gaelic culture and history and is a leading authority on Scottish Gaelic heritage in North America. In 2018 he was recognized with the International Award at the annual Scottish Gaelic Awards in Glasgow, Scotland.

- 6 Thu, Jan 16-Feb 20, 9:00-10:30am
- St. Thomas More Church, Chapel Hill
- Maximum: 25; Fee: $70; Course ID: 2985

Book History in Western Europe

From clay tablets to the scroll to movable type and mechanized printing, this course will follow changes in European book culture from 1500 BCE to 1575 CE. We'll study such transitions as the move from oral to written culture and how the codex replaced the scroll. Artists’ portrayals of books will be used to reveal cultural attitudes. One session will include a demonstration of medieval book-making techniques, using a sewing frame. In another class, we’ll visit the Rubenstein Rare Book & Manuscript Library on Duke’s West Campus. Our path will take us from northern
Africa and the Middle East to Irish illuminated manuscripts, to Charlemagne, to the rise of European universities. We'll examine the profound impact of the “Gutenberg revolution.” Reading lists will be available, but work outside of class won't be essential to this survey course. By the conclusion of the ten class sessions, we hope to gain perspective on ways that books mirror society, and the impact of electronic books. • Lecture (plus questions); Viewing videos.

Recommended texts:
• Keith Houston, *The Book: A Cover-to-Cover Exploration of the Most Powerful Object of Our Time* (9780393244793)
• Frederick Kilgour, *The Evolution of the Book* (9780195118599)

Barbara Williams Ellertson produced and designed hundreds of books in her four decades of work in publishing. Now on her second career as an independent researcher, she cofounded the BASIRA Project: Books as Symbols in Renaissance Art in 2013. She’s been reading and writing intensively about book history for six years.

10 Tue, Jan 14-Mar 17, 3:15-4:45pm
The Bishop’s House, Duke University, Durham
Maximum: 20; Fee: $100; Course ID: 2092

Genealogy V: More Effective Computer Research

This how-to genealogy course will help participants discover online resources to further their family history projects. You will learn how to more effectively use online databases (using better search techniques) and will be introduced to new databases to help you be more efficient and effective when you search the Internet. In addition to helping you find information, you will also learn how to detect unreliable information. We will discuss what to do when you cannot find desired information online. During class you will have access to several subscription genealogy databases, databases available through Duke University Libraries, and free databases. Each three-hour class will include up to thirty minutes of lecture and two-plus hours of hands-on computer work. Participants are encouraged to ask questions, answer questions, and share success stories, tips, and tricks. Each student is expected to understand standard genealogy research methods. This is not a beginning genealogy course.

• Lecture (plus questions); Active participation.

Prerequisites: Completion of at least one beginning genealogy course is required. Completion of intermediate and more advanced courses is strongly suggested. If you have a research plan, please use it to help guide your research in this course.

Required supplies/fee: The instructor provides access to genealogical databases at a cost of $10, due at the first class.

Tamara Burkett has been an OLLI member since 2011, when she took her first genealogy class. She caught family history fever quickly and has taken multiple classes and attended multiple conferences to improve her research skills. Her brief lectures will share some of that knowledge with fellow genealogists.

• 10 Wed, Jan 15-Mar 18, 9:30am-12:30pm
• Smith Warehouse, Duke University, Durham
• Maximum: 12; Fee: $100; Course ID: 1654

Genealogy VI A—Beginner Course: Applying DNA to Your Family Tree

After testing for genealogy with a DNA testing company, what do you do? How do you use the information from the company to identify relatives and build relationships in your family tree? This course will start with developing an understanding of genealogy DNA results. We will then discuss the tools available on the websites of the following companies: Ancestry, 23andMe, MyHeritage, FamilyTreeDNA (family finder), and GEDCOM. This course is for beginners in genetic genealogy. • Lecture (plus questions); Facilitated discussion; Active participation.
Social Science & Culture

Please note: Attendees should have done a DNA test for genealogy and either have the results or be waiting for the results.

Recommended text:


**Beth Balkite** is a retired genetic counselor with over thirty years’ experience educating consumers and professionals about human genetics. For the past six years she has studied genetic genealogy—applying DNA to one’s family tree. She has been an OLLI instructor for the past four years and has taught at the Genealogical Research Institute of Pittsburgh (GRIP).

In the late 1980s, **Melanie Crain** began pursuing her family’s genealogy, a passion she has followed ever since. She worked as a volunteer at the North Carolina state archives, was a registrar for her DAR chapter, and edited a family genealogy e-newsletter for twelve years. She has taught Mac users for OLLI for several years.

• 4 Wed, Jan 15-Feb 5, 11:00am-1:00pm
• Judea Reform Congregation, Durham
• Maximum: 16; Fee: $50; Course ID: 3034

See also . . .

**Cutting the Cable Cord** (page 18)
**First Civil War: American Revolution in the South** (page 36)
**Happiness & Well-Being: A Practical Guide** (page 50)
**Indonesia** (page 43)
**Intergenerational Ethics: A Millennial Perspective** (page 58)
**Jews in the New World: 1492-1812** (page 37)
**Socialism, Communism, Terrorism: Russia, France, and Finland** (page 38)
**The Art of the Album** (page 17)

**Genealogy VI B—Intermediate Course: Applying DNA to Your Family Tree**

Once you have used the genealogy tools available on your DNA test company’s website, what more can you do to gain a greater understanding of the results? This course is intended for individuals with some experience using DNA genetic genealogy tools to identify relatives and build a family tree, but who feel they still have a need for greater in-depth analysis. We will be discussing ThruLines (Ancestry), Theory of Family Relativity (MyHeritage), DNA Painter, and the Leeds Method and/or GEDCOM Genesis Tier 1. We will also dig a bit deeper with Y-DNA and mtDNA. This course is for intermediate genetic genealogists.

• Lecture (plus questions); Facilitated discussion; Active participation.

**Required:** Experience with DNA company reports and some of the tools used to analyze DNA genealogy test results is required, as is a smartphone, laptop, or tablet.

**Recommended text:**


**Beth Balkite** is a retired genetic counselor with over thirty years’ experience educating consumers and professionals about human genetics. For the past six years she has studied genetic genealogy—applying DNA to one’s family tree. She has been an OLLI instructor for the past three years and has also taught at the Genealogical Research Institute of Pittsburgh.

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• 6 Wed, Feb 19-Mar 25, 1:30-3:30pm
• Judea Reform Congregation, Durham
• Maximum: 16; Fee: $70; Course ID: 3035
Work as the Pleasure-Driven Life: Theory and Practice

From our first efforts to hold up our heads, our lives involve work. Our work forms us. Though sometimes understood as the curse of Genesis 3, Abraham Maslow wrote, “Duty is pleasant, and the fulfillment of duty is pleasure.” How do we experience “work” as the pleasure that drives us? This course tells a cosmic story of work, starring the autonomous human joyfully acting in collaboration with others. The course explores contemporary research echoing ancient wisdom and a win-win trajectory that requires only our personal work. The course provides scaffolding for the work: a place to discuss and practice new ways of thinking and listening, to share our failures and successes, and to experience for ourselves work as the pleasure-driven life. Readings, short videos, and podcasts provide a common background for discussion. Class members are invited to apply the theory in their own lives, journal their reflections, and share and compare their observations. • Lecture (plus questions); Facilitated discussion; Viewing videos; Writing.

Melissa Mills, MBA, MTS, uses human experience and science to focus on twenty-first-century life with historical traditions and cultural trajectories. Her motto is “Just try.” An academic administrator at Harvard University and Duke for thirty years, she holds an undergraduate degree in history from Connecticut College and two Duke degrees: an MBA and a master’s in theological studies.

• 10 Tue, Jan 14-Mar 17, 3:15-4:45pm
• The Bishop’s House, Duke University, Durham
• Maximum: 20; Fee: $100; Course ID: 3032

Writing

Creative Prose: Writing, Editing, and Publishing Workshop

Do you have stories from your life or the history of your family you want to share? Do you use your imagination to create stories? This course will cover all aspects of prose writing from short stories and novels to memoirs and personal essays. In addition, the course will include readings and discussions focusing on key aspects of the writing craft, including transforming your raw material, developing your own voice, writing scenes and dialogue, developing characters, establishing a narrative point of view, and structuring longer works. A series of exercises will give you a chance to practice these skills. We will examine the editing process and also look at different methods of publishing your writing. Class members will have their writing critiqued by the class in a professional, nonthreatening workshop format. The course is open to all levels of writers from beginners to published writers. The goal is to have fun and share our stories. • Facilitated discussion; Active participation; Writing.

Paul Deblinger is a writer and actor. He has an MA in creative writing from Hollins College and an MFA from Bowling Green State University. He has published stories, essays, poems, and articles in many publications and served as marketing director for Eclipse Press. He was cofounder of Window and Mid-American Review. His story “Kafka’s Team” was nominated for a Pushcart Prize in 2019.

• 10 Wed, Jan 15-Mar 18, 6:30-8:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 10; Fee: $100; Course ID: 2697

See page 7 for venue addresses
Erotic Writing for Women

This course will explore erotic writing as a life-affirming practice. The activities in the course are designed for women who are new to writing, as well as for experienced writers who are new to erotica. We will draw on memory and imagination to write about the creative energy of older women. Each class will begin with a warm-up, often a game like limerick writing. In each session we will use a structured activity to develop a particular story element (character, plot, dialogue, etc.). We will also consult the existing canon of late-life erotica for inspiration. We will develop a shared approach to giving each other positive feedback and encouragement for these first drafts. Classes will include time when those who wish to do so may read their work to one another. In subsequent sessions, participants will integrate their story elements. By the end of the course, each participant can expect to have developed at least one full-length story that celebrates this vivid aspect of her life. • Facilitated discussion; Active participation; Writing.

Recommended text:
• Stella Fosse, Aphrodite’s Pen: The Power of Writing Erotica after Midlife (9781623174057)

Stella Fosse is the author of Aphrodite’s Pen: The Power of Writing Erotica after Midlife and founded the Elderotica Writers’ Group in Oakland, California, before moving to the Triangle in 2018. Her work has appeared in the Dirty Old Women Anthology. She is a retired biotech professional. Stella blogs at stellafosse.com and is on social media as well.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 1:30-3:00pm
• Judea Reform Congregation, Durham
• Maximum: 10; Fee: $100; Course ID: 2979

Fantastic Forms: Writing New Poetry

Poetry forms, ancient and modern, have long been used to inspire poets to create new exciting work. Here we will briefly study a form by reading outstanding examples of that form, then do some in-class warm-ups to prepare to write our own poems at home during the week. In the next class, we will each share our poems and will briefly look at the merits and possible ways to strengthen our poems. We will write poems using between four and five forms guided by the interests of the students as expressed during the first class. We will consider various forms, from the abecedarian (using an alphabetical acrostic in which each letter starts a new line), to structured templates such as the envelope poem or common measure (Emily Dickinson’s preferred form), to more modern forms such as the Golden Shovel, to mixed forms of prose and poetry as in the haibun. In this outward bound poetic adventure, the potential to develop line, repertoire, and craft will guide our journey. • Lecture (plus questions); Facilitated discussion; Active participation; Writing.

Please note: You will need a computer and the ability to print out copies of your poems. Please bring your writing materials to each class.

Recommended text:
• Edward Hirsch, The Essential Poet’s Glossary (9780544931237)

Jane Seitel is an expressive arts therapist, writer, and teacher. She received her MEd from Lesley University and her MFA from Drew University, where she studied poetry, poetry in translation, and the art of the essay. She founded a poetry press for women over fifty and has published her poems and creative nonfiction in national and international journals.

• 10 Wed, Jan 15-Mar 18, 11:00am-12:30pm
• Judea Reform Congregation, Durham
• Maximum: 10; Fee: $100; Course ID: 2981
Creative Writing: How to Unlock Your Strengths

Take this interactive workshop to boost your writing confidence, improve your writing process, create and experiment, all with no grades—just fun! You will write from prompts in any form you wish: free writing, short story, lyrics, journal, poem, essay, and more. You will receive lessons in craft that will help you create plots, develop characters, and draft poems. The workshop provides a safe space for all writers where everything is kept in confidence by the group. In addition, all feedback will be positive and supportive. Participants will grow as creative writers as a result of constructively responding to each other’s writing in this confidential space. No one is required to share their writing, and written pieces will not be discussed outside the workshop. You will write in a nonhierarchical setting because the workshop leader writes with participants; all participants and the leader are treated as equals. The workshop is appropriate for experienced and novice writers. • Facilitated discussion; Active participation; Writing.

Required supplies/fee: Students are required to come to the first class with a double pocket folder, a composition book or journal, and a pen. Estimated cost $10. No additional fees.

Recommended text:
• Abigail Thomas, Two Pages (9781494420635)

Kay Bosgraaf has BA, MA, and PhD degrees and has taught creative writing, creative writing of poetry, other writing courses, and literature courses for forty years. She has published a book of poetry and a chapbook of poetry and has another book of poetry forthcoming. She has had two fellowships at the Vermont Studio Center and one at the MacDowell Colony.

• 8 Mon, Jan 13-Mar 9 (no class Jan 20), 1:30-4:00pm
• The Bishop’s House, Duke University, Durham
• Maximum: 8; Fee: $100; Course ID: 2955

Poetry Writing: Lifting Your Voice

“No ideas but in things.”—William Carlos Williams. Poets through the centuries have created their own unique voices to express what is in their hearts or to use their voices as transformative vehicles. Poetry expresses both simple and complex things in image, metaphor, tone, style, rhythm, sound, and more. The best poets go against the grain—they turn what is common on its head and stand out from the crowd paying careful attention to word, line, form, image, and the other elements that enrich poetry. This course will encourage poets to expand their voices to become more fearless in the things they want to express. Using a workshop-style setting, class members will discuss each other’s poetry as well as share examples of the poems each reads and enjoys. The course will examine craft, the poetry revision and self-editing process, as well as how to prepare and how and where to publish a manuscript. It is open to all levels of experience. The goal is to have fun, share poems and ideas, and work together. • Facilitated discussion; Active participation; Writing.

Paul Deblinger has been teaching writing for decades in Ohio, Minnesota, Prague, and North Carolina. He holds an MA in creative writing from Hollins College and an MFA in creative writing from Bowling Green State University. He has published poems, stories, essays, interviews, and columns in many magazines and newspapers. He founded Window Poetry: Washington DC and was cofounder of the Mid-American Review.

• 10 Mon, Jan 13-Mar 23 (no class Jan 20), 6:30-8:30pm
• The Bishop’s House, Duke University, Durham
• Maximum: 10; Fee: $100; Course ID: 2446

See also . . .

Writing for Health (page 32)
Special Offerings

**New Horizons Bands**

**CONCERT BAND**

Where can one expect to play music written by such greats as Gershwin, Sousa, Beethoven, and even The Jersey Boys? Look no farther than the New Horizons Concert Band directed by Jeff Zentner. In true band fashion, a variety of interesting and fun music is the play list for this band comprised of musicians aged 50 and up.

All skill levels are welcome, and musicians range in ability from accomplished to beginning. Even if one has never played before, our mentoring system allows for their integration into the band in a comfortable and sensitive way. Because of the variety of music, the easy pieces allow the newer players to play with ease, and the harder pieces satisfy the more advanced players. Comprised of over 75 musicians, all instruments normally found in a concert band are represented. Director is Jeffery Zentner.

The New Horizons Band is part of the New Horizons International Music Association which includes over 200 bands in the U.S. and Canada as well as eight international bands. It is designed to encourage seniors to learn to play an instrument; to welcome back those who may not have played in a long time; as well as those who may have played all their lives. Its philosophy is one that is accepting of each player’s level of accomplishment in a non-competitive and enjoyable atmosphere.

**CONTRA BAND**

The Contra Band is for beginners, players who are starting back or players who want to learn another instrument. This is a fine opportunity for beginners to learn basic skills and experienced players to get back in shape. This band also offers members of the Concert Band an opportunity to get an extra day of rehearsal. Director will be Collin Williams.

**SWING BAND**

The New Horizons Band umbrella also includes a swing band which plays many of the war-time songs by such iconic musicians as Glenn Miller and Tommy Dorsey. Its repertoire also includes newer jazz and pop pieces suitable for dancing or just listening. Please note: This band demands a higher level of musical ability and participation must be approved by the director, Donovan Cheatham.

**DIXIE DUKEs**

In the same fashion, The Dixie Dukes is an additional band playing New Orleans-style Dixieland music. This small band is comprised of one instrument per part, playing scored music which features individual soloists. Please note: This band demands a higher level of musical ability and participation must be approved by the director, Jeffery Zentner.

**Requirements:**

Members of the swing band and Dixieland band must be members of the New Horizons Concert Band. In some cases where certain instrumentation is required in the swing or Dixie, but not in the concert band, the policy may be waived at the discretion of the director.

Participation in any of the bands requires you to be a paid member ($45 annual dues) of OLLI for the current year, in addition to band fees.

**Rehearsals & Cost:**

**CONCERT BAND:**
- 10 Thu, Jan 16-Mar 19, 3:30-5:30pm
- Durham Academy Middle School
- Fee: $100; Course ID: 0455

**CONTRA BAND:**
- 10 Tue, Jan 14-Mar 17, 3:30-5:30pm
- Durham Academy Middle School
- Fee: $100; Course ID: 0454
Activities & Special Interest Groups (SIGs)

Activities and Special Interest Groups are an integral part of the OLLI learning community and provide opportunities to connect outside the classroom. If you have general questions or suggestions for activities, call Kathy Parrish at 919-681-3476. If you want to find out more about any of the listed groups, please contact the designated coordinator for that activity.

**Book Group**
This informal group reads contemporary literature and meets on the second Monday of every month at 3:15pm at Westminster Presbyterian Church, 3639 Old Chapel Hill Rd, Durham. For more information, please contact Judy Grauer at judygrauer@gmail.com or 919-416-0755.

Nov 11  *Gradle Bird*, by J. C. Sasser
Dec 9  *The Woman Who Smashed Codes*, by Jason Fagone

**Craft Group**
It’s time to dig out that unfinished project from the back of the closet. Knitting, quilting, crocheting, sewing . . . whatever. All are welcome to our Craft Group, which meets year round, every Monday at 3:15pm at the Durham Senior Center, 406 Rigsbee Ave, Durham. For more information, please contact Judy Grauer at judygrauer@gmail.com or 919-416-0755.

**International Folk Dance**
Join us for a fun way to get exercise, both physical and mental, and improve your balance. The

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SWING BAND and/or DIXIE DUKES:
- 10 Wed, Jan 15-Mar 18; Swing Band, 3:30-5:00pm; Dixie Dukes, 5:00-6:30pm
- Durham Academy Middle School
- Fee: $60 for either or both, in addition to the $100 Concert Band Fee; Course ID: 0456

All rehearsals are held at Durham Academy Middle School Campus, Band Room #307, 3116 Academy Rd, Durham. There is ample parking after 3:15pm when parents have picked up students from school. For additional information, contact the director.

The Director:
Jeffery Zentner manages all of the New Horizons bands. As such, he not only directs the bands, but organizes rehearsals and concerts, selects music, and generally keeps things running smoothly. His musical talent, charisma and organizational skills define this successful band program. Having learned to play the trumpet at age six, Jeff went on to attend college at SUNY Fredonia majoring in Music Education, and later attended Ithaca College School of Music with a Masters in Trumpet Performance. He has been teaching band for forty-three years and recently retired this past June from twenty years at Durham Academy Middle School.

Jeffery Zentner, Director
919-218-5015,
Jzent1952@gmail.com
Activities & Special Interest Groups (SIGS)

folk dances we practice are done in a line or circle (no partner is needed) and are low impact (not highly strenuous). Most of the dances originated in Eastern Europe. Our ongoing class meets on Tuesdays, 1:30-2:45pm, at Croasdaile Village Retirement Community. Newcomers are welcome at any time. There is no charge, but you will need to contact coordinator Judy Stafford at 919-383-7172 or judy.stafford@alumni.duke.edu for more information.

Language Tables
La Table Française se réunit le mardi de midi à 13 heures dans l'atelier à “The Forest at Duke Retirement Center.” En ce moment, le groupe est complet, et il y a une liste d'attente. Si vous parlez français couramment et vous voulez que nous y mettions votre nom, envoyez un mail à Emily Lees (emilyjlees@gmail.com) ou à George Entenman (oli@entenman.net). Les résidents de la “Forest” qui parlent français sont toujours bienvenus. Nous sommes heureux aussi de répondre à vos questions.

Spanish Table meets 12:45-2:00pm on the second Friday of each month (Sep-Apr) at Mi Peru restaurant, 4015 University Dr, Durham (miperupci.com). We welcome Spanish speakers from all levels to join in practice of conversational Spanish. Please contact Margaret Riley (mrileync@gmail.com) if you are interested in joining us.

Mac Computer Users Group
Mac users will gather for Q&A and short presentations on topics of interest. The group will meet periodically at a day, time, and place to be announced. Coordinators: Mary Jo Fickle, fickle5@aol.com, and Susan Eure, asure@bellsouth.net.

Mystery Book Club
Whether you HAVE a clue or not, this book club may be for you. We meet once a month to discuss mystery books our members have designat-ed worthy and interesting to share with the group. We have read and discussed books by authors: Ann Cleeve, Arnaldur Indrioason, Ruth Rendell and Ausam Zehant, to name a few. We are an adventurist group looking for new and exciting authors. For more information, please contact Madeline “Maddy” Kalstein, madkalstein@gmail.com.

The OLLI Public Policy Special Interest Group
Policy Group is designed for those who have an interest in discussing and pursuing important international, national and local public policy issues. We attend lectures/events at the Sanford School for Public Policy, and meet monthly near Duke Campus. The coordinators are Larry Reed, lgreed3@gmail.com or 919-452-3896, and Jim Hollowood, jhollowood@gmail.com.

Science Book Club
We read and discuss nonfiction science books on topics including biology, evolution, the physical sciences, medicine, the environment, economics, and biographies of famous scientists. The group is open to all regardless of background, and no registration is required. You DO NOT have to be an OLLI member to participate in this book club. The group usually meets the first Thursday of the month, 3:15-4:45pm, at Blacknall Memorial Presbyterian Church, 1902 Perry St, Durham. Coordinator: Dan Oldman, daniel.oldman@gmail.com or 919-544-2686.

OLLIday Luncheon
Sunday, December 8, 12:30pm
Parizade
2200 W Main St, Durham
Registration opens November 1
Despite moving to a Two Day Registration, members can often find registration to be challenging. To make your registration experience easier and less stressful, here are answers to some frequently asked questions.

Where do I go to register online?
Go to URL learnmore.duke.edu and click on “Student Login.”

I’m new to OLLI. How do I join?
You need to create an account first. Go to learnmore.duke.edu and click on “Student Login,” then fill in the information requested under “I am a new user.”

After clicking “Continue,” you will be taken to a page where you can create an account.

You can purchase a membership in one of three ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI membership; (b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart); or (c) call 919-684-6259 and let a registration team member help you purchase it.

We encourage you to do this before Registration Day.

I can’t find my User Name or Password. Can I get a new one?
Yes. If you have registered before, you have an account in our registration system. Go to learnmore.duke.edu and click on “Student Login.” On the next page (under the left column labeled “I already have an account”), click “Forgot User Name” above the boxes and enter the email you used when you joined OLLI at Duke. The system will send a User Name to your email. Look in your email to find the User Name and write it down or, better yet, use the copy-and-paste function on your computer.

Now go back to the website, which should have returned you to the Student Login page, and click “Forgot Password” above the second box. Here you will enter your User Name by typing it in or pasting from your clipboard. The system will send a new Password to the same email account. Copy that and enter it into the Password field on the Student Login page, then enter or copy-and-paste your User Name and click “Continue” to log in. We encourage you to do this before Registration Day so that you are comfortable logging in.

I know my User Name and Password but they don’t seem to be working.
Check to make sure that you are using a capital “X” in your User Name; the characters following the X are all numerals. The system will not accept a small “x.” Also check to see that, if you copied and pasted the User Name, you did not include any blank characters at the end of your User Name. Make sure you include all letters (case sensitive), numbers, and symbols in your password. It is best to copy and paste your password when possible. We encourage you to practice logging in before Registration Day.

I tried that and it still doesn’t work.
Stop! Do not try it a third time or you will be locked out of the system and have to call either the Registration Office at 919-684-6259 or Kathy Parrish at 919-681-3476 to have someone reset the system. It is better to retrieve your User Name and Password from the system, using the procedure described above, and proceed from there.

How can I tell if I have a paid membership?
Log in using the procedure above. Then click on “My Profile” on the left menu. Next, scroll down to “Membership Information” to see what OLLI Membership you have and when it expires. If you do not see “Membership Information,” then you do not have an active OLLI membership. If you do not have an active OLLI membership, you can then purchase a membership in one of three ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI mem-
Registration FAQs

(b) purchase your membership when you register for courses (if you do not have an active membership, one will be automatically added to your cart); or (c) call 919-684-6259 and let a Registration Team member help you purchase it.

What's the fastest way to add courses to my Shopping Cart?

Our website offers different ways to search courses:

1. Search Courses Link: The most direct way to find your course is to go to learnmore.duke.edu, click on the link “Search Courses” located on the second horizontal menu at the far right, and enter either the four-digit course number or a portion of the name. Click on the link to the course, click on the “Add to Cart” button, and follow steps to checkout.

2. By Day of the Week or by Category: Go to learnmore.duke.edu, click on “Osher Lifelong Learning,” click the down-triangle labeled “Show” under “Courses,” and click on the tab “View by day” or “View by category.” Click on the course title to get to the course page, click on “Add to Cart,” and follow steps to checkout.

3. Search Box: You may also enter the course number or part of the title into the search box that appears on every page at the top right, under the shopping cart symbol. This will search the entire site and may also retrieve results from the PDF version of the course catalog. Click on the appropriate link for the course, click on “Add to Cart,” and follow steps to checkout. Please note: Since this is a Google search box refreshed by Google, it may not have the most up-to-date information.

I tried to register for a course I wanted and it was listed as full. What do I do now?

Almost 40 percent of our courses fill on the first day. If there is a Wait List offered, add your name, but don’t depend on it for getting in. Instead, select another course that interests you.

Why do I have to give my User Name and Password again when I go to check out?

Note that if you begin by adding courses to your cart without logging in to your account, you will be prompted to log in once as part of checkout. If you are more comfortable logging in to the Student Portal first, then selecting your courses, you will be prompted to log in a second time for this reason: In order to protect the personal information stored in your student profile, we require that you log in again as part of the inquiry or registration checkout process. Logging in again also prevents students who share a computer from accidentally enrolling the wrong person.

I entered my credit card number at check-out but the system seems to have locked up. What happened?

If you entered a Visa card number and checked MasterCard by mistake, the system will go into a long hold while it tries to reconcile that the number and card don’t match. It will eventually return control. The same is true for any mismatch between card number and card type.

Can I register by calling the office or by using the paper form in the catalog?

Yes, you can also call the Registration Office at 919-684-6259 to register by phone starting at 9:00am on both Registration Days—Tuesday, December 3 (for Sat, Sun, Mon, Tues courses), and Wednesday, December 4 (for Wed, Thurs, Fri courses). If your call goes to voicemail because of the high volume of calls received, leave only one message. Your call will be returned as soon as possible.

If you want to submit a paper registration, you can deliver or send it to The Bishop’s House no earlier than 9:00am on Monday, December 2, and it will be processed on the appropriate Registration Day in the order received. Please note: No checks will be accepted with the paper form; you will be invoiced after registration. At that time, you can pay
one of four ways; see details on the Registration Form. You must pay your invoice within five (5) business days, or you will lose your course registration. We charge a fee of $30 for all returned checks. **Please do not submit any payment until after you are invoiced.**

**Will I have the same priority to get courses if I register using a paper form?**

Registering online is the best way of maximizing your chances of getting the courses you desire. Registration is a first-come, first-served system. Paper forms and hundreds of phone calls cannot be processed as quickly as instantaneous online registrations. Your best bet to register quickly is to get familiar with the online system by practicing well in advance of Registration Days. You can also find a friend who is computer savvy to help you.

**Anything else I should check as I register online?**

Click on “My Enrollment History” on the left side of your profile page before you log out to ensure that all the courses you registered for are listed.

*Please see the Registration Insert for registration information and forms and information on Volunteer Opportunities with OLLI at Duke.*

Use this form to create your winter term schedule. Refer to it while registering online or transfer the information from it to the enclosed registration form to bring with you to The Bishop’s House. You can also use the form to track course confirmations or wait-list status.

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**Course Schedule Worksheet**

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<th>Day</th>
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Meet & Greet

Friday, January 10, 10:00am-12:00pm
Judea Reform Congregation

New to OLLI at Duke? We invite you to join us for a morning program hosted by our Member Relations Committee. New OLLI at Duke members will have an opportunity to meet other members and supporters, members of the Board of Advisors, and our Director, Chris McLeod. Refreshments will be served.

If you are planning to attend, please respond by email to MeetAndGreet@olliatduke.org.

We look forward to seeing you.