Redefining the way the Triangle views retirement

OLLII at Duke • Learning for Life • Fall 2017
Welcome to the Osher Lifelong Learning Institute at Duke!

OLLI at Duke began in 1977 as the Duke Institute for Learning in Retirement, or DILR. Since 2004 the organization has been a member of the Osher Lifelong Learning Network, a group of over 120 institutes across the country dedicated to meeting the needs of older learners and to extending the demographic served by traditional universities. OLLI at Duke is one of the Osher institutes to have received endowments of $2 million.

Our Mission Statement
The Osher Lifelong Learning Institute at Duke, called OLLI at Duke, seeks to engage the minds, elevate the spirits, and foster the well-being of its members through a wide range of educational programs and opportunities for volunteer service, travel, and social activity. We exemplify Duke University’s commitment to community service and lifelong learning through our collaborative work with academic and professional groups, area retirement centers, various research projects on aging, and other institutes for learning in retirement.

We are a community.
We are adults with wide-ranging interests in history, literature, the natural and social sciences, fine arts, and current events. Our courses conform to an arts and sciences curriculum and are selected by a curriculum committee on the basis of member requests, the expertise of class leaders, variety, and balance. OLLI at Duke instructors are a mix of peer teachers, Duke professors, graduate students, independent scholars, and community experts.

Our program exemplifies “learning for the love of it.”
There are no tests, grades, or educational requirements. Participation, however, is essential, ranging from keeping up with assigned readings and contributing to class discussion to sharing the results of one’s own research. Most classes are held in The Bishop’s House on the Duke East Campus and in the education building at Judea Reform Congregation, 1933 W. Cornwallis Road in Durham, meeting once a week for 1½ hours. Class times are usually 9:00am, 11:00am, 1:30pm, and 3:15pm. Please check the detailed course descriptions for exceptions.

OLLI at Duke is a cooperative venture.
We gather together in three terms each year to pursue the topics that we choose. We rely on the contributions and participation, both in class and out, of each member. Members teach classes, coordinate lecture series, lead small-group discussions, organize activities and volunteer projects, serve on the Board of Advisors and committees, act as class assistants, help with data management and administration, make coffee, and volunteer for all the tasks that make us an exemplary organization.

Becoming a member of OLLI at Duke is easy.
We have an annual membership fee of $35. Members may participate in activities and social events, receive mailings, and vote in elections, even if they are not taking classes in a given semester. For more information see the registration page and form in the center of the catalog.

OLLI at Duke is part of Duke Continuing Studies, under the direction of Dr. Paula Gilbert, which sponsors lifelong learning programs and consulting nationwide. Founded in 1977 as the Duke Institute for Learning in Retirement, we began as a joint venture of Continuing Education and the Center for the Study of Aging and Human Development. We have grown from the original 42 members to more than 2200 members per year.
FOOD FOR LIFE KICKSTART: Evidence-Based Nutrition Lessons with Easy Recipes and Food Sampling

A plant-based diet of whole grains, beans, vegetables, and fruits can help prevent diabetes, cardiovascular disease, cancer, and other chronic diseases. According to the American Dietetic Association, “Appropriately planned vegetarian diets, including total vegetarian or vegan diets, are healthful, nutritionally adequate, and may provide health benefits in the prevention and treatment of certain diseases.” This course, developed by physicians and dietitians for preparing evidence-based healthy food, helps participants move toward a healthful diet while maintaining healthy weight. For some, it may be the first time that the guiding principle for losing weight and staying healthy is not restricting the amounts of foods but rather choosing the right types of foods. Additional benefits are lower cholesterol, better diabetes control, and lower blood pressure, as well as improvements in energy and mood. Each class includes a short DVD nutrition lecture, discussion, a demonstration of several recipes, and food sampling.

- Lecture (plus Questions); Facilitated Discussion

Please note: There is a $30 food fee ($5/class) per person. There is also a $5 fee for handouts.

Required text:

DILIP BARMAN is a long-time OLLI photography and philosophy instructor. He is a professional photographer and leads the Triangle Vegetarian Society, hosting the country’s largest vegetarian Thanksgiving with more than eight hundred people from many cities and states. He has taught vegetarian cooking for years and is a certified instructor of the successful Food for Life program of evidence-based nutrition.

6 Sundays, October 1–November 12 (please note dates; no class Oct. 15), 2:00–4:30pm, location TBD (directions will be provided). Maximum: 15. Fee: $90. Course ID: 1049.

NO regular OLLI CLASSES during OLLI’s Fall Break, October 23–27, or Thanksgiving week, November 20–24

EXPLORING CINEMA

Enjoy exploring cinema with an appreciation of film through examination of diverse genres and themes. Each week a complete film will be screened, followed by a class discussion. This semester the course will explore three major topics: Hal Hartley—American Independent: Hartley’s smart, witty films found success with audiences and critics alike in the 1990s, and his quirky, unpredictable films continue to enthrall audiences today (The Unbelievable Truth, Trust, Henry Fool). Traditional Lives / Modern Times: From Amish country, to Tibetan yak herders, to a family circus in Mexico, these eye-opening documentaries examine the conflict between traditional life styles and the relentless approach of modernity (The Devil’s Playground, Circo, Summer Pasture). The Films of Asghar Farhadi: Two-time Oscar winner Farhadi’s thoughtful, compelling films explore the relationships and pressures brought by conflicts involving cultures, class, and religion (About Elly, The Past, Salesman, A Separation).

- Lecture (plus Questions); Facilitated Discussion; Viewing Videos

KEN WETHERINGTON has a lifelong interest in the cinema with experience working in film societies and commercial cinemas and with the academic film collection in Duke’s Lilly Library. He has been teaching OLLI classes since 2007.

10 Sundays, September 10–November 19 (please note dates; class will meet during OLLI’s Fall Break), 2:00–5:00pm, The Bishop’s House. Maximum: 25. Fee: $90. Course ID: 2441.

MEET & GREET

AT THE BISHOP’S HOUSE

Saturday, September 9, 10:30am

New to OLLI at Duke? You are invited to join us for a morning program hosted by our Membership Committee. New OLLI at Duke members will have an opportunity to meet other members and supporters, board of advisor members, and our director, Garry Crites. We’ll have refreshments, and after the program (around 12:30pm), we will tour nearby Lilly Library and the Marketplace dining hall on Duke’s East Campus.

If you are planning to attend, please respond by e-mail to OLLIatDuke@aol.com, with the subject “Meet & Greet.” We look forward to seeing you on September 9.
EARTH, LIFE & MAN:  
An Introduction to Our Planet

This course looks at how the Earth works and the features of our planet that are crucial to the presence of life. The aim is to discuss the unique characteristics of the planet, the geologic processes that shape the planet, the long history of Earth and of life on Earth, and the increasing influence of man on the planet. Topics include the following: (1) the unique nature of planet Earth; (2) moving continents, the Earth as a dynamic system; (3) what drives geologic processes; (4) surface waters and the air we breathe; (5) resources of the Earth; (6) the wonder of life; (7) a condensed version of Earth history; (8) earthly catastrophes; (9) the ascent of man—why are we so special?; and (10) the impact of man on the planet. This is primarily a lecture course, and no prior knowledge is assumed.  
Lecture (plus Questions)
ARCH REID, now retired, graduated from University of St Andrews and has worked as a geologist at University of Western Ontario, Mellon Institute of Industrial Research, University of Pittsburgh, Scripps Institute of Oceanography, Australian National University, NASA Houston, University of Capetown, and University of Houston. His research interests include work on meteorites, moon rocks, and planetary geology.

HOW TO HELP YOUR GRANDCHILDREN LEARN MATH

Helping school-age children learn math requires time and patience; grandparents typically have an ample supply of both, sometimes more than parents. It’s the same math we learned when we were kids, but the approach and terminology used today is very different, and this difference can be a significant barrier when you try to help your grandchildren learn. In this course, we will discuss ways of overcoming this barrier with games and activities oriented to the curriculums used in today’s elementary schools.  
Facilitated Discussion
Professor DONALD BURDICK served on the faculty of Duke University for 40 years in the Departments of Mathematics and Statistics. Since retiring from Duke in 2002, he has served at Lakewood Elementary School in Durham as the coordinator of math volunteers for the Duke University Retiree Outreach (DURO) program.

NEW LENS: A New Way of Looking at Important Topics

Malcolm Gladwell and others have advanced our knowledge by looking at familiar topics in thought-provoking new ways. Getting a new perspective engages students and instructors, broadens our understanding, facilitates civil discourse, and encourages further learning.  
Lecture (plus Questions); Facilitated Discussion; Viewing Videos
The World Is Going to Hell in a Handbasket! Or Maybe Not: Terrorist attacks, war, corrupt politicians, poverty, shootings, hunger, economic crises, environmental disasters, epidemics: it seems like a constant stream of bad news—that things just go from bad to worse! In this session, we will briefly explore our propensity to attend to and recall threatening events. Then, we will examine actual evidence about the state of the world—dare we say “progress”? Maybe things aren’t so bad after all. (Alan Vaux)
The Science of Magic and Why Eyewitnesses Are Unreliable: David Sokal will explain some of the brain’s abilities and limitations that lead to entertaining magic and the unreliability of most eyewitness testimony. You will see a few magic tricks and learn at least one secret. You will be sworn to secrecy. (David Sokal)
The Illusion of Mind—Origins of Consciousness: Every species of plant and animal is capable of astonishing feats of competence, without the plant or animal having any understanding of what it is doing or why. Are humans any different? We appear to have the capacity for deliberate planning and reasoning. Is it merely an illusion, or does it reflect something unique about the human species? Recent theories offer answers that show how language has changed the process of evolution in fundamental ways. (Gordon Pitz)
Why Is Cash Disappearing, What Is Taking Its Place, and How Will It Affect You? This session will look at the dynamics behind the worldwide move to eliminate physical currency and the new technologies that are both facilitating that movement and offering an alternative to physical money. Most
banking transactions are now done electronically, and nontraditional banking forms (like PayPal) have emerged. One of the alternatives to bankless transactions is an electronic currency called Bitcoin, which was introduced in 2009 and has grown in value from a few pennies to more than $1700 per Bitcoin today. This class will offer insights to how banking and financial transactions will be done in the future and how we will be affected. (Brent Ross)

**GMO Foods—Friend or Frankenfood?** This class will touch on the political and nutritional aspects of foodstuffs commonly referred to as “GMOs.” We will touch on how the technology of genetically modified organisms came to be, which crops GMO varieties have represented, how widespread the production is, and to what end these crops are put. We will also address the pro and con arguments of GMO foodstuffs. Students will be presumed to have some knowledge of what genes are and why they are important. (Stuart Kaplan)

**Retirement—These Can be the Best Years of Your Life:** We will discuss the most recent research and studies about ways to be healthy, be in control of life, and have fun in retirement! We will review the work of Dr. Michael Roizen, MD, who has studied longevity for 20 years and at age 71 is the chief wellness officer at Cleveland Clinic. We will learn about the simple daily choices that will make our body and mind years younger. Class members will receive handouts so that they can easily practice these tips for a few minutes per day. The group will also discuss and receive a daily guide about eating, walking, sleeping, having fun, and reducing stress that Dr. Roizen uses and recommends for all ages. Roizen is known as “Young Dr. Mike” on Twitter and is an expert on working health, fun, and happiness into each day at this special time in our lives. (Sandy McClurg)

**What Are You Laughing at and Why?** From the local comedy club to Stephen Colbert, Amy Schumer, and John Oliver, humor is a big-time business. Why do humans laugh and how did the humor industry develop? What are the documented benefits of humor in our daily lives and when we are sick? (Dick Chady)

**Building the (Re)New(ed) American Economy:** Economies are complex, have momentum, are subject to international forces, and are slow and difficult to “get right.” Voters in the US and elsewhere seem to be calling for change yet are deeply divided about the best policies. The current US administration’s policies seem in flux, at times inconsistent, and divergent from traditional policies of either major party. In this session, policy recommendations presented by Jeffrey Sachs in *Building the New American Economy* will be presented and used as a framework for class discussion. (Alan Vaux)

**What Can We Do about Numbers?** Numbers are widely employed whenever someone wants to make a persuasive argument. Unfortunately, many people are confused or intimidated by numerical information. However, by studying a few simple examples and learning to ask a few simple questions, it is possible to meet numerical arguments on their own ground and recognize the difference between the truly persuasive and the nonsense. (Gordon Pitz)

**Beyond Gerrymandering—Proportional Representation Eliminates Wasted Votes:** By this session, the US Supreme Court may have ruled on the issue of partisan redistricting in our current system. However, one of the most promising alternatives to revitalizing our democracy is to change to proportional representation, which is the most common method used in democracies outside of North America. New Zealand switched from a US-type system to proportional representation in 1996 and wasted votes decreased from 11% to less than 4%. *Real Choices / New Voices* by Douglas Amy is recommended reading. (David Sokal)

**Recommended texts:**

Alan Vaux is a retired university professor, researcher, and administrator. His long-standing interest has been the well-being of human populations—how it is conceptualized, measured, and changed.

David C. Sokal, MD, is a semiretired public health researcher who got interested in magic when his father taught him a sleight-of-hand card trick. He teaches, with Lee Werley, the OLLI course “Magic for Grandparents.” He is also a longtime political junkie, who
will explain the basics of proportional representation and how it can improve democratic governments.

GORDON PITZ is a retired instructor of psychology, statistics, and cognitive science. His research area has been the study of thought processes, with recent interests in evolutionary accounts of human behavior.

BRENT ROSS spent more than 40 years in the high technology industry as an engineer and marketing executive, including 26 years with IBM, before retiring in 2013. He remains actively learning through OLLI classes and keeping up with the advances in technology that are changing our daily lives.

STUART KAPLAN, PhD, is a retired crop physiologist who has executed or supervised experiments and field trials in corn, wheat, soybeans, and other crops in most states in the US as well as in Latin America and Europe. In the latter half of his career, he evaluated modifications in corn, with the goal of enhancing its nutritional density as livestock feed and as an industrial feedstock using both conventional plant breeding and molecular biology (i.e., the technology that produces GM0s).

SANDY MCCLURG has been a specialist in both adult and child development for almost 40 years. She taught child development and human resource development at Oakland University in Rochester, Michigan. She also founded Somerset Academy for Young Children in Troy, Michigan, in 1982 and was invited to attend the first Early Childhood Roundtable at Oxford University. Sandy is having great fun in retirement and will share ideas for fun things to do.

DICK CHADY is an experienced journalist, communications director, and advocate for progressive causes. He has developed materials or presented trainings on how nonprofits can improve their public relations efforts, health topics, the living wage, and Medicaid expansion. He organized the “New Lens” classes for spring 2016 and winter 2017. In 2017, he was elected to the OLLI board of advisors.


KNIT A SWEATER THAT FITS

Let’s knit a sweater that actually fits! Everyone has a feature that doesn’t quite match ready-to-wear, so we’ll adjust a knitting pattern to actually fit and learn how to make that pattern a reality. We’ll start by taking measurements and reviewing the knitting skills needed for the project and then progress through the steps to complete a fully assembled basic women’s sweater (details can be modified to make this a men’s pattern). Less-experienced knitters will have options to simplify the pattern to their skill level by omitting details, while more-experienced knitters will learn additional techniques. ☞ Hands-On Activity

Required supplies (approximate cost, $60):
- Copy of “Paddock Cardigan” by Carol Feller (can be purchased online at www.ravelry.com/patterns/library/paddock-cardigan)
- 1120–1540 yds worsted-weight yarn, based on size of sweater (examples include Patons Classic Wool Worsted or Green Mountain Spinnery Mountain Mohair)
- 40” US size 8 circular needles
- Set of US size 8 double point needles
- Seven buttons (1” diameter)
- Flexible tape measure for body measurements
- Stitch markers
- Cable needle, for students with any experience knitting
- Tapestry needle

AMIE PALMER is a lifelong fiber arts enthusiast who has been knitting for almost 30 years. Her favorite projects include making custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.


STRENGTH & POWER FOR 50+:
Resistance Training for Muscular Strength and Endurance

Resistance training is a key component of staying fit as we age, but many of us need the support of a group to be motivated. Fight age-related muscle loss and maintain bone density with a variety of equipment such as dumbbells, tubes, and body weight. Stretching is an integral part of the workout. Students must be able to get down onto and back up from floor mats. ☞ Exercise or Dance

Please note: Students should bring to class light-to-medium-resistance tubes with handles, which can be purchased for $10–$15.

JULIA ROSE is a certified personal trainer with ACE, the American Council on Exercise. She is a senior fitness specialist and TRX suspension trainer, and she has been helping adults get more fit at OLLI since 2006.
INTRODUCTION TO DIGITAL IMAGE EDITING WITH ADOBE LIGHTROOM

The difference between a good digital photograph and a great one can be a simple matter of postprocessing. The tools needed to take your images to the next level are all contained in one application, Adobe Lightroom, which is designed to handle all aspects of image postprocessing, from organizing and editing to printing and publishing. Understanding what the application can do, however, is not the same as knowing how to use it. In this course, students will learn the basics of Lightroom and then put their new skills into practice with hands-on lab work, using Lightroom on the lab's workstations to manipulate their own digital photographs. Students will also have the opportunity to share their “before” and “after” results in noncritical classroom reviews.

Prerequisites: Familiarity with Mac or Windows and use of Internet and e-mail is required. You must be able to navigate within the operating system and use the mouse with ease; knowing how to create folders, save, rename, back up, and retrieve files and documents without assistance is essential. Ability to move files from your camera's memory card to a folder on your laptop are also required skills. Ability to use Dropbox or OneDrive will be important for information and file sharing in class. Prior experience with graphics tools is helpful but not required.

Please note: Students must have a laptop with Lightroom 6 or Lightroom CC installed and registered (a CC subscription costs $10 per month). Students who are unsure if they will use the product long-term may download and use a trial version for the first few classes. Students also need to bring a USB memory stick ($10) to enable sharing of their images during class.

DENNIS SZERSZEN retired from the software industry to become a full-time fine art photographer. He is a member of Triangle Visual Artists and a staff photographer for a local magazine. Dennis also volunteers with the Frank Gallery's Karen Youth Arts Group, mentoring refugee youth in using photography as a means of socialization and self-expression.

THE AMERICAN REVOLUTION & THE DEVELOPMENT OF THE CONSTITUTION

This course will analyze the American Revolutionary period of 1763–1776 to examine how the experience of the American colonists and their relationship with Great Britain. We will consider how that relationship led to the governmental principles of federalism, individual rights, laws of taxation, and the powers of governments that were developed and incorporated into the US Constitution in 1787.

ERIC JOHNSON is a retired high school history and social studies teacher. He has lived in Durham since 2007; from 1988 to 2007, he was a teacher and coach in international schools in Milan, Italy, and Waterloo, Belgium.

SEASONS AT THE FARM: Grace the Table

As late summer transitions to fall, the view and jobs around the farm continue to change, adapting to the shifting sunrise and sunset, falling temperatures, and bird migration. Join us at the farm and be surrounded by all the season has to offer as you fellowship and learn. In this session, the first of three programs, learn what is in season for fall harvesting, a bit of cultural history, and how to create with fresh produce and botanicals to grace your table for celebrating fall's bounty with fresh and fun ideas. Decorative edible dishes and arrangements will be discussed. Who would not love soup topped with edible fall flowers or a vase of glowing bluegreen kale? (See also pages 59 & 60.)

Please note: There will be a $20 fee per student to cover a donation to the farm and supplies for a take-home arrangement.

A 2016 TEDx Speaker, CATHERINE CROSS TSINTZOS has spent a lifetime in the arts as a practicing artist and educator. She was awarded three artist residencies.
to work on her recently completed five-year project on art and agriculture, with exhibits and lectures at Salem College and Cameron Art Museum in North Carolina, and, to continue her work, she has received a 2017 artist residency to develop art and agriculture intersections.

1 Monday, September 25, 9:00am–12:00pm (please note date and times), Duke Campus Farm, 4934 Friends School Rd, Durham. Minimum: 20. Fee: $20. Course ID: 2416.

ANGELA CARTER NOVELS: Feminism Meets Magical Realism

Angela Carter died at age 51 in 1992. Over the course of the next year, the British Academy received 40 proposals for doctoral research into her work—compared with 3 on the literature of the entire 18th century. A prolific and sometimes controversial writer, Carter has always been well known in Great Britain though not in this country (outside of academia, where she is frequently taught). And while many readers are familiar with her feminist—often brutal and shocking—rewritings of such tales as “Bluebeard” and “Beauty and the Beast,” this course will instead read three of her nine novels, an early one and her last two, which have been described as delightful, witty, lyrical, and life-affirming. We will also see one of the two films based on her writings. Considered one of the most important and influential writers of the last 100 years, Carter deserves to be better known in this country.

Lecture (plus Questions); Facilitated Discussion; View Videos

Required texts:

LOUISE MASURAT has a BA from the University of Pennsylvania and an MA from Middlebury’s Graduate School of French in France, and she completed doctoral studies (ABD) at Harvard University in Romance languages, with a specialty in medieval literatures. She especially enjoys teaching fiction with film tie-ins.


THE GIFT OF YEARS: Exploring the Rewards of Conscious Aging

This course will be a series of active two-hour discussions based on the first twenty essays in Joan Chittister’s book The Gift of Years. Chittister says, “My life has been nothing but new beginnings.” We will explore subjects such as fear, newness, joy, and relationships, sharing our own wisdom as we expand our awareness of the gifts of the second half of life. In the OLLI Winter term, a course will be offered to address the remaining twenty essays.

Facilitated Discussion

Required text:

Recommended text:
LOU MILLIN’s experiences during his 85 years include leading large-group discussions in the US Army; leading the Forum, a discussion group at OLLI Asheville for more than 10 years; and volunteering as a mediator and being board chair for the Asheville Mediation Center. He is a cyclist and silver medal winner in the 2016 NC Senior Games.

10 Mondays, September 11–November 27, 11:00–1:00pm (please note times), The Bishop’s House. Maximum: 12. Fee: $90. Course ID: 2437.

A SURVEY COURSE IN HUMAN SEXUALITY

Some 60 years ago, Alfred Kinsey remarked that there is a “conspiracy of silence” around human sexuality, and this silence is still true for many in the OLLI generation. When we were young, there was no sex education. The 21st century and the Internet now provide easily available sexuality information. It is time to bring sex out of the closet and into the classroom (and family) for comfortable discussion. This course, using videos, lectures, and discussion, will explore such previously forbidden topics as sex education; anatomy and physiology of sexual pleasure: desire, arousal, and orgasm; influence of religion; gender versus sexual orientation; new options in sex, love, and marriage; changing times in monogamy and nonmonogamy; and sexuality and aging in continuing care facilities for seniors. Our goal is to provide a comfortable forum for wide examination of human sexuality. No homework. For a list of readings about topics to be covered in class, see OLLIsexualdiversity.weebly.com. Oh, yes—laughter in class is encouraged; we take sex much too seriously.

Recommended texts:

KEN HASLAM, MD, is an aging anesthesiologist who has turned sex educator. For 15 years, he taught human sexuality and alternative relationships and founded the Polyamory Archives at the Kinsey Institute. He understands that human sexuality is complex and often overlaid with negativity from our early education or lack thereof. He encourages an open, honest, science-based, and light-hearted exploration of biopsychosexuality. His teaching motto is “Sex is fun and pleasure is good for you.”

9 Mondays, September 11–November 27 (please note dates; no class Nov. 6), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 20. Fee: $90. Course ID: 2428.

“ARE YOU NOW, OR HAVE YOU EVER BEEN…”:
HUAC and the Hollywood Blacklist

Recent tweets about “McCarthyism”; the call for reinstating the House Un-American Activities Committee (HUAC); last year’s release of the film Trumbo, about the “Hollywood Ten”; and this year’s publication of High Noon, on the making of the film during the HUAC hearings—all reaffirm Faulkner’s comment, “The past is never dead. It’s not even past.” This course will look at the history of HUAC, its impact on Hollywood, and some of the products of the industry’s self-reflection. A number of films will be viewed in their entirety (High Noon, Trumbo, The Front, and The Crucible) as well as selected scenes from other films (On the Waterfront, Spartacus, and The Way We Were). The class itself will bring in introductory material including letters, sections from plays, and rare recordings of HUAC testimony. There will be time for class discussions before and after the film showings.

LARRY CHARNY is a retired NYC principal of special education. He did graduate studies in theater history at Berkeley and in film at NYU. He takes particular pride in having graduated from the same high school attended by both Arthur Miller and Mel Brooks. Larry is increasingly convinced, however, that his best educational experience has been watching movies.

8 Mondays, September 11–November 6 (please note dates), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 15. Fee: $80. Course ID: 2367.

HOW A SYMPHONY WORKS:
The Mechanism behind the Music

It’s 7:55pm and you are settled into your seat in the balcony at the concert hall. The lights are about to dim, and then you will be transported into a world of pure, powerful orchestral sound. A concert can be a magical and transcendent experience, and there are many people working hard every day behind
the scenes to make that magic happen. This course will give you a backstage look at the workings of a modern symphony orchestra—from fundraising to auditions to a day in the life of a librarian. In every session, we’ll focus on a new topic, with a lecture given by one of a group of instructors, including North Carolina Symphony conductors, staff members, orchestra musicians, and other members of the community who work in tandem with the symphony to bring great performances to concertgoers and a solid foundation in music education to students.

THE NORTH CAROLINA SYMPHONY was formed in 1932 under the direction of Pulitzer Traveling Fellow Lamar Stringfield, served as a WPA project in the 1930s, and in the 1940s, became the first orchestra to receive state funding on a continuous basis. Today, the North Carolina Symphony, an orchestra of the highest artistic caliber, continues its tradition of statewide service and music education while also presenting innovative programming and creating internationally acclaimed recordings.

10 Mondays, September 11–November 27, 11:00am–12:30pm, Judea Reform Education Building. Maximum: 60. Fee: $90. Course ID: 0347.

LEARN TO KNIT
A WARM WINTER HAT

Learn to transform a ball of yarn into a warm winter hat in this four-week hands-on course. Instruction is designed to help a beginner learn to cast on, knit, purl, decrease, and bind off stitches, or to provide a refresher for those who haven’t knitted recently. No prior experience required. | Hands-On Activity

Required supplies (approximate cost, $20):
- One skein Super Bulky Weight Yarn in a light, solid color (example: Lion Brand Wool-Ease Thick and Quick)
- 16” US size 11 circular needle
- Set of US size 11 double point needles
- Tapestry needle

AMIE PALMER is a lifelong fiber arts enthusiast who has been knitting for almost 30 years. Her favorite projects include making custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.


KEEPING YOUR MUSCLES & BONES FIT: How to Extend the Quality of Your Life

Exercise, a good diet, relaxation, and socialization all help to extend the quality of your life. You already know as well that it’s important to maintain the basic elements of your physical condition as much as possible to prevent injury as you age. Here’s an opportunity to either kickstart or kick up your programs for doing just these things. This course will focus on strength, flexibility, balance, coordination, and prevention of injury, and we will discuss nutritional needs that change with time. If you are healthy enough to walk to the class and to get down on the floor, this is the place for you to start; if you’re already exercising, we’ll work on making it more effective. Modifications of exercises can be made for those who need them. You’ll leave each 60-minute class feeling good about your progress and meeting the goals that you set.

SHEILA TAYROSE is an occupational therapist and is interested in exercise and fitness as a hobby.

10 Mondays, September 11–November 27, 11:00am–12:00pm (please note times), Judea Reform Education Building. Maximum: 18. Fee: $90. Course ID: 2435.

“AN EYE FOR AN EYE”:
Looking at the Theme of Revenge in Literature

Although revenge may be “a dish best served cold,” its intensity can scorch the pages of classic and contemporary literature. The desire to retaliate when you have been (or feel you have been) wronged governs works as diverse as stories by Poe, Bradbury, and Atwood, the play Medea, and the novels Wuthering Heights and The Round House. In class, selected clips from films such as True Grit and Unforgiven will be shown. After a historical overview of the revenge genre and a discussion of its enduring popularity, we will consider in the above works the role revenge plays in plot and characterizations, the effects of revenge on both the avenger and the reader, and the questions it raises about violence, justice, and morality. | Facilitated Discussion; Viewing Videos

Please note: Required short stories can be accessed online. For further course information and what you need to read by the first class, please see revengeliterature.weebly.com.
Required texts:

MARJORIE LANCASTER taught high school English for 34 years. Reading literature, visiting art museums, and watching movies are lifelong passions; the only thing better is sharing these interests with others in robust discussion. Her passions do not include revenge . . . as of yet.

10 Mondays, September 11–November 27, 11:00am–12:30pm, Westminster Presbyterian Church, 3639 Old Chapel Hill Rd, Durham. Maximum: 15. Fee: $90. Course ID: 2395.

FRONTIERS IN MEDICINE: Exploring the Latest Findings and Controversies
New research results pertaining to health and well-being are constantly being presented in the media. However, new reports often seem to contradict what was previously believed, leading to confusion about the best personal choices. This course will provide a forum for discussion of the latest findings and controversies. Invited experts will speak on topical subjects, and following their presentation, they will entertain questions and discussion. Topics under consideration include the epigenetics of mindfulness; vitamin D, calcium, and osteoporosis; the microbiome as an endocrine organ; overcoming rejection in organ transplantation; international medical work; mechanisms of addiction; the ideal level of salt consumption; medical devices; and understanding and caring for your brain. Look for a full line-up of presentations on our course website at registration time: olliatdukehealth-controversies.weebly.com. Classes are held at The Forest at Duke, and participants are welcome to dine in the cafe after class to continue the discussions.

Lecture (plus Questions); Facilitated Discussion

BERNARD (BOB) GUTIN is an emeritus professor from two universities: at Columbia University, he founded the multidisciplinary Center for Health Promotion; at Medical College of Georgia, he conducted research on prevention of obesity and related disorders. He has authored many scientific publications and a book (The High-Energy Factor, Random House). He has been an OLLI member for 10 years and has taught or coordinated several OLLI courses.

ED COX was in the practice of oncology (cancer chemotherapy) and hematology (blood diseases) for 11 years at Duke University Medical Center and 19 years in private practice in Durham. He was director of Database for Duke Comprehensive Cancer Center, involved in the planning, conduct, and analysis of clinical trials. He now brings this training and experience to bear on contemporary health issues, especially those related to lifestyle, such as diet and physical activity.


WORLD WAR II: Asia and the Pacific
Americans generally consider World War II in the Pacific as a war primarily between the Japanese Empire and the United States for mastery of that great ocean. The reality is that, for Japan, the war with the United States was a sideshow, a war it entered only because the US opposed Japan's attempted domination of China, a conflict engendered by two centuries of China's decline and Japan's rise. While the course will spend the appropriate amount of time on the American war, it will also consider Japan's China war and its war with the British Empire, particularly with the empire's great colony of India. We will conclude with how the war brought an end to the great European empires in Asia, how it brought the communists to power in China, and how the occupation of Japan turned it from a militaristic empire to a flourishing and pacifistic democracy.

Lecture (plus Questions)

(Lt. Col.) JEFFREY GREENHUT has a doctorate in history, with a specialty in military history, and was a program director with the United States Army Center of Military History. He has published in a number of professional and scholarly journals. He is also a retired military officer with service in Vietnam, Somalia, Panama, and Arabia.

9 Mondays, September 18–November 27 (please note dates), 11:00am–12:30pm, Carolina Arbors, Piedmont Hall, 357 Carolina Arbors Dr, Durham. Maximum: 50. Fee: $90. Course ID: 2384.

www.learnmore.duke.edu
AMERICAN REVOLUTION IN THE SOUTH

This program examines the Southern Campaigns of the American Revolution, looking at regional influences and impacts. The reasons of the Southern colonies for joining the revolution were different from those of the Northern colonies. As a result, the war would be fought differently and the seeds of the American Civil War would be sewn. This presentation was originally created to aid newcomers to the region in an understanding of the American Revolution in the South. | Lecture (plus Questions); Facilitated Discussion; Viewing Videos

G. WADE CARMICHAEL, BFA (Indiana University; historic materials and techniques), was the director of exhibits at the Indiana State Museum and the executive director of the Charlotte Museum of History. He has taught fine arts at Indiana University; education through exhibtry at the Indiana State Museum; managing historic sites and properties at Queen's College; and history, arts, and culture for the Cary Senior Center and Wake Tech Community College.


MUSLIM PHILOSOPHERS’ INFLUENCE ON WESTERN THOUGHT

Cultural relations between the Muslims and Christian Europe were established first via Spain and then by way of Sicily and the Kingdom of Naples. Translation of Arabic works into Latin, especially in 12th-century Toledo, where Muslims coexisted peacefully with Jews and Christians, created an interest in the works of Islamic philosophers. Among these translations were Arabic versions of Aristotle's works as well as original works by Kindi, Farabi, Ibn-Sina, and Ibn-Rushd. Christian theologians and philosophers such as Thomas Aquinas, Albertus Magnus, Henry of Ghent, and Duns Scotus used the translated works of Muslim philosophers and borrowed concepts and arguments from them—sometimes building their own thoughts on these concepts, sometimes strongly opposing and building arguments to refute them. In this course, we will review the development of Islamic philosophy; its Aristotelian, Platonic, and Neoplatonic origins; and its influence on European thought from the 12th century through the Renaissance. | Lecture (plus Questions); Viewing Videos

MURAT TASAR hails from the Middle East by way of Spain. He spent his formative college years in Istanbul, dismantling religious dogma with the help of his humanities professors (mostly from the Western world), and spent several years in Spain learning about the influence of Arab philosophers and scientists of Al-Andalus on Medieval European and Renaissance thought.


HISTORY OF CENSORSHIP IN AMERICAN FILM

Travel back in time to the period between 1927 and 1934: the dawn of talking films dominated by women and before the Hayes Code (censorship) was enforced in 1934. Learn how censorship laws changed Hollywood and set women back for decades. This course features an overview of three rare films made during the precode era, followed by films from the 1950s and 1970s for comparison. In each class, we will view and discuss one film. | Lecture (plus Questions); Facilitated Discussion; Viewing Videos

LAURA DEBAR is a screenwriter, director, producer, and actress. She studied film at UCLA and worked for production companies in film finance. She is a 2016 recipient of the NC Arts Council Fellowship in Screenwriting.

6 Mondays, September 18–October 30 1:00–3:00pm (please note dates and times), Judea Reform Education Building. Maximum: 20. Fee: $60. Course ID: 2283.

DUKE SPORTS HISTORY

In this course, we will look back into the history of Duke sports. There will be discussions, video presentations, and many memorable pictures to look at. For example, we will talk about the very first basketball team at Duke, all the way back to 1905, when Duke was known as Trinity College. Then we will learn about the days when Eddie Cameron coached men’s basketball at Duke and when Vic Bubas took Duke to three Final Fours in the 1960s. And, of course, we will talk about the man who may be the best college basketball coach ever—Coach K. We will also discuss men’s football, soccer, and baseball; women’s basketball; and many other Duke sports. | Lecture (plus Questions); Facilitated Discussion; Viewing Videos
LEWIS BOWLING is an assistant professor at NC Central University. He has taught classes at Duke in the Physical Education Department and has taught “Duke Sports History” for OLLI for several years. He is the author of two books on Duke sports history and is a writer for Go Duke Magazine and the Durham Herald-Sun.


In a decade sometimes called America’s “unipolar moment” because of its overwhelming and unrivaled international power, George Bush, Bill Clinton, and George W. Bush nevertheless found it very difficult to articulate and implement coherent and consistent foreign policies that were supported by the American public. Was America during these years the “world’s policeman” or a “reluctant sheriff”? This lecture class with questions will analyze the First Gulf War; the humanitarian interventions in Somalia, Haiti, Bosnia, and Kosovo; the Rwandan genocide; the expansion of NATO; US-Russian relations; efforts to accelerate globalization through NAFTA, the WTO, and other trade pacts; the 9/11 attacks and the ensuing “war on terror”; and the momentous decision to invade Iraq. # Lecture (plus Questions)

RICHARD MELANSON holds a PhD in international relations from Johns Hopkins University and enjoyed a 38-year academic career teaching American foreign policy at UCLA, Kenyon College, Brown University, and the National War College. He has published several books and numerous articles on postwar US foreign policy.


FEYNMAN’S DREAM: An Introduction to Nanotechnology

Richard Feynman’s dream of the future of nanotechnology is the basis of this introductory course in which we will explore the history of nanoscale technologies and their development toward their current state of the art. A week prior to each class, students will be provided with the upcoming lecture presentation slides and notes to bring with them to class if they prefer, thus being free to listen and engage mentally rather than being preoccupied with taking handwritten notes. Occasionally we may take a five-minute deep dive into “science stuff”; however, a background in math/science is not required. # Lecture (plus Questions); Facilitated Discussion

NANCY BIRKNER studies very small materials in order to understand how and why they’re able to do the nifty things that they do as well as if they’re energetically stable. Her research focuses on the fundamental science of anomaterials and factors controlling surface-water interface molecular-scale processes, as measured using experimental thermodynamics and x-ray—and electron—diffraction and scattering techniques. She begins working calculus problems in her head as soon as she awakens.


PAINTING BY DESIGN: Improve Your Painting Skills Using Color, Composition, Design, and More

Want to be a better painter? We all do. This course will cover the basic elements that we appreciate in the paintings of the masters. We will do quick studies to loosen up and lose the fear of the blank surface. We will study color, value, design elements, lighting, and brushwork, and, above all, we will acquire “brush mileage”—the number-one process to improve your painting. This is a course for any media and for all levels. # Lecture (plus Questions); Hands-On Activity; Viewing Videos

Please note: Students will need to bring their own paint, brushes, and small painting surfaces (nothing larger than 9”x12”). No solvents allowed except Gamsol. The instructor is happy to give students advice about supplies.

NANCY DARLING has been painting for more than 30 years in both watercolor and oils, and her paintings have been shown in museums and international shows. She is a signature member of the Society of Animal Artists and a member of Oil Painters of America, the American Impressionist Society, the North Carolina Watercolor Society, and NC Plein Air Painters.

TAKing Your Photography to the Next Level: Photographic Composition

Want to take your photography to the next level? Want to understand why your camera didn’t capture the image wanted? Studying the artistic aspects of photography will help you move from just taking snapshots to producing great images. Developing your ability to see and to focus will help you improve your photography. You will have the opportunity to share your photographs and participate in critiquing other’s images. Understanding the elements of design and the principles of composition will allow you to produce striking images worthy of framing. You will take photographs together and gain a basic understanding of photo editing software to develop your photographs and increase their impact. Come along and take a chance to move outside your zone of comfort to take better photographs. \[Lecture (plus Questions); Facilitated Discussion; Hands-On Activity; Field Trip(s)\]

John Sehon has been an amateur photographer for 70 years and a teacher at OLLI for 15. He adopted digital technology early on and bought his first digital camera in 1994.

5 Mondays, September 11–October 9, 1:30–4:30pm (please note dates and times), Smith Warehouse Computer Lab. Maximum: 10. Fee: $90. Course ID: 0449.

It Did Not Start with Gas Chambers

If you are bothered by seeing biased behavior and increased vitriolic rhetoric toward each other, this interactive course is for you. Learning about the Holocaust might help us understand why this happens and how dangerous such behavior can become. We will take an in-depth look at how and why the Holocaust came about, the roles people played, and the events that led up to the “final solution”—the extermination of Jews. Students will hear stories from survivors and stories about the challenges faced by the instructors’ parents who survived in the open using identities as non-Jews. Students will also hear about the instructor’s journey to Poland and the death camps and what it was like “growing up in the shadow of the Holocaust.” We will examine our own attitudes and behaviors and look at what we can do to make a difference. By exploring human behavior then and now, we hope to answer “How was the Holocaust possible?” and “Could it happen again?” \[Lecture (plus Questions); Facilitated Discussion; Listening to Music or Other Audio; Viewing Videos\]

A child of Holocaust survivors, Shelley Bleiweiss has been teaching about the Holocaust for more than 15 years, including 5 years as a docent at the Houston Holocaust Museum. He is a member of the North Carolina Council on the Holocaust and of the Holocaust Speakers Bureau and is a Holocaust Educator for Adult Education at Temple Beth Or in Raleigh. Since moving to North Carolina in 2014, Shelly has talked to hundreds of school students and numerous community groups and at several teacher workshops throughout North Carolina.


Through the Lens of Laughter: American Humor in Historical, Cultural, and Social Context

Throughout our history, nothing of consequence has evaded the lens of laughter. From colonial days to the present, we have used jokes, comedic stories, graphic arts, literature, drama, performance, film, and broadcast media to explore and to express attitudes, values, and opinions. Humor provides a unique focus and perspective on politics, race, religion, gender, ethnicity, sex, family, regional and class identities, and just about everything else. It is employed to ridicule what we disapprove of and to share a common sense of agreement and community applauding of what we like. This course will take an historical overview, followed by a look at various comedic genres. It will conclude with discussions of contemporary social issues concerning the influence and appropriateness of humor. \[Lecture (plus Questions)\]

Lawrence E. Mintz is Professor Emeritus in American Studies at the University of Maryland. His areas of teaching, research, lecturing, writing, and editing include popular culture, tourism and travel, and (primarily) American humor.

5 Mondays, September 18–October 16 (please note dates), 1:30–3:00pm, Carolina Arbors, Piedmont Hall, 357 Carolina Arbors Dr, Durham. Maximum: 20. Fee: $50. Course ID: 2366.
NORTH CAROLINA & THE AMERICAN CIVIL WAR

This program examines the American Civil War as it applied to, impacted, and influenced North Carolina. What happened in this state during the nineteenth century that still resonates today? The presentation begins with the reasons for North Carolina’s joining the Confederacy and concludes with the state during the Reconstruction era, with the contextual implications for today’s political events. ■ Lecture (plus Questions); Facilitated Discussion; Viewing Videos

G. WADE CARMICHAEL, BFA (Indiana University; historic materials and techniques), was the director of exhibits at the Indiana State Museum and the executive director of the Charlotte Museum of History. He has taught fine arts at Indiana University; education through exhibitry at the Indiana State Museum; managing historic sites and properties at Queen’s College; and history, arts, and culture for the Cary Senior Center and Wake Tech Community College.

5 Mondays, October 23–November 27 (please note dates; class meets during OLLI’s Fall Break), 1:30–3:00pm, Carolina Arbors, Piedmont Hall, 357 Carolina Arbors Dr, Durham. Maximum: 30. Fee: $50. Course ID: 2372.

WOMEN’S DANCE & EXERCISE: Pacific Island Dance

Imagine soft Pacific breezes wafting over you as you dance to graceful tropical melodies and enticing island beats. We will work on basic island-dance moves in a variety of traditional and modern dances from the Pacific Islands. We will include some new dances and some favorites, and we might even add a couple of Caribbean island dances. Beginners are welcome to this low-impact class. Have fun dancing while you strengthen muscles that support abs, back, legs, and posture. ■ Exercise or Dance

Please note: Students should wear comfortable clothes and bring clean, flexible shoes.

MARGARET CLEMEN (Rayahanna) has enjoyed and performed varied international folkloric dance styles, including ethnic belly dance, over the past 40 years, adding Polynesian dance for 10 years. She has taught these popular courses for OLLI for the past 9 years. Margaret loves researching varied dance cultures and works continually on international dance styles through workshops, classes, travel, and videos from the regions (www.olliatduke.org/instructor-profile—margaret).


PROPHETS OF THE 2nd AXIAL AGE & HOW TO JOIN THEM

The Axial Age is the name given to the period when prophets rose up independently around the world, laying the foundations of philosophy and contemporary world religions. These prophets collectively established a paradigm shift in human civilization. Our present day is at the cusp of a second axial age. Using results from contemporary research that show that natural selection favors cooperation, this course will consider the conditions that led to the first Axial Age and use these patterns to order developments in the modern, post-Renaissance period. We will then propose a model to describe the second Axial Age and discuss those identified as its prophets. Examples begin with Adam Smith and Alexis de Toqueville, include Albert Einstein and his colleagues, and end with a cluster of contemporary researchers in the neurosciences, evolutionary anthropology, and positive psychology, including Viktor Frankl, Barbara Fredrickson, Martin Nowak, and Jonathan Haidt. ■ Facilitated Discussion; Viewing Videos

MELISSA MILLS, MBA, MTS, uses science and human experience to focus 21st-century life with historical traditions and evolving cultural trajectories. She served in academic administration at Harvard and Duke Universities for 30 years and holds an undergraduate degree in history from Connecticut College and two Duke degrees: an MBA and a Master of Theological Studies.


PRICELESS: How Is Value Created and How Do We Set Limits on the Sale of What We Value?

Michael Sandel, among others, points out that we are stretching the limits of what we used to believe should be for sale: he mentions a prison cell upgrade ($82 in Santa Ana, CA), access to a car pool lane while driving alone ($8 during rush hour in Minneapolis, MN), and hiring a surrogate mother to carry your baby to term ($24,000 in the US; $8,000 in India). Working from guided reflections on the way your own values have evolved and with readings
by Sandel and others, this course will allow you to explore and critique various theories of value and their impact on public policies. Lecture (plus Questions); Facilitated Discussion

GAIL CORRADO has a PhD in public policy from UNC, an MBA from the University of Chicago, an MA in economics from Ohio University, and an MA in philosophy from Penn State. She is interested in how value theory can help us get a better handle on public policy problems. Most recently, Gail ran the Public Policy Clinic at UNC.


PUNISHMENT & MORAL RESPONSIBILITY:
The Philosophy of H. L. A. Hart

In many countries (including the United States) it is possible both to punish an offender and then, once he has completed his punishment, to continue to hold him indefinitely if he remains dangerous. What gives the state the right to do that? The fact that a person has committed a crime may entail that he deserves to be punished, but that very fact may limit state punishment as much as it authorizes it. If the prison sentence punishes him as much as he deserves, where does the authority come from to go beyond what he deserves and hold him indefinitely? This puzzle has preoccupied criminal justice theorists since the late nineteenth century, and no one has thought more carefully about it than Herbert Hart. In this course we will read and discuss Hart’s book Punishment and Responsibility. Class sessions will be divided between short lectures and discussion of the readings. Lecture (plus Questions); Facilitated Discussion

Required text:

MICHAEL CORRADO has a doctorate in philosophy from Brown University and a law degree from the University of Chicago. He has written extensively about free will and moral responsibility and about the question of preventive detention. He is retired from UNC Law, where he taught the philosophy of criminal law and comparative law.


LOCAL ART IN FOCUS

Explore the vibrant local arts community. In this course, students will practice visual art analysis and interpretation by learning about the works of local and contemporary artists. Students will also learn to identify and explain a variety of art media, such as painting, sculpture, photography, and installation. Sessions in the classroom will alternate with field trips to local visual art institutions. Students will gain context for the concepts and media studied in class by exploring and studying these objects in person. They will also have the opportunity to speak to local artists about their artistic process, methods, and motivation, and may even have the chance to watch the artists at work. Field trip destinations will include the Nasher Museum of Art, Liberty Arts Sculpture Studio and Foundry, and 21C Museum Hotel, as well as local photography and painting galleries Through This Lens, Pleiades, and the Durham Arts Council.

Lecture (plus Questions); Facilitated Discussion; Viewing Videos; Field Trip(s)

Please note: Students may have to pay a small admission fee to enter some of the art museums. Parking fees may also apply.

CHELLIE LAPOINTE has bachelor’s and master’s degrees in art history and has taught about the visual arts and art history at Portland Community College in Oregon and at Durham Tech. She specializes in teaching art analysis and interpretation. Chellie also works for the Durham Art Guild, an organization that showcases and promotes the work of local artists.


WHAT TO EAT—& WHY!
Evidence-based Guide to Healthy Nutrition

Recommendations on what we should eat and drink in order to maximize our longevity and quality of life are abundant. Some are just designed to sell products that are not in our best interest; others come from well-intentioned sources that don’t have long-term results to back up their approach. The last decade has seen several longitudinal studies yield solid results, correlating diet with health outcomes and based on a rational diet. The instructor will present his evidence-based recommendations on what to eat and drink and what to avoid. The research findings supporting benefits and risks will be discussed, as well as the remaining areas of
uncertainty. You can evaluate the nutrient value of your own current diet and calculate the results of changes in your diet using the supplied spreadsheet.

- Lecture (plus Questions); Facilitated Discussion

EDWIN COX practiced hematology and medical oncology in Durham for 30 years and was the director of database for the Duke Comprehensive Cancer Center for 11 years, during which he designed and performed data analysis for clinical trials and research studies. His current focus is the relation between health and lifestyle, including diet and exercise, based on statistically valid evidence from research studies.


OLLI AT NIGHT CLASSES

THE FUNDAMENTALS OF SILVER JEWELRY MAKING

Learn to use basic jeweler’s tools and practice the skills needed to create your own pieces of jewelry. In this course, students will gain an understanding of precious metals, learning a short history of gold and silver along with how to identify, weigh, and price precious metals. The instructor will also go over studio safety, and you will practice using a jeweler’s saw and learn about the types of blades and when to use them and how to use forming mandrels to shape metal into rings, shanks, and bezels. You will also learn about types of solder and various soldering techniques, how and when to use different types of files on metal, how to use a roller mill and embossing plates to texturize metal, and methods of polishing and creating other finishes including liver of sulfur. Use a flex shaft hand set to sand and drill, disc-cutting tools to make shapes, and dapping blocks to transform a flat sheet of metal into a rounded shape; you will also create rivets using wire and tubing, use a drill press and flex shaft hand set to create holes, create a bezel to hold stones onto a piece of jewelry, and learn about some types of stones and how to set them into a bezel. ▶ Hands-On Activity

LYNN OCCHIUZZO graduated from Swain School of Design in New Bedford, MA, in 1978. During her time at Swain she worked for a local jeweler. In 1982, she started working for the Associated Press, beginning a 25-year career in graphics journalism, and in 1998, she helped establish Swarm Interactive, Inc., which she still owns with two partners. In 2011 Lynn went back to making jewelry as a hobby, and in 2015, she built a studio on her property in Hillsborough, where she teaches a jewelry fundamentals workshop.

Please note: There are three sections of this course open for enrollment. When registering online, enter the four-digit Course ID (2417) into the course search. You will then need to choose between the three sections. If registering by paper, write the preferred section on the line.

3 Mondays & 3 Wednesdays, 5:00–8:00pm, OQZO Metalsmith, 1106 Woodgrove Way, Hillsborough. Maximum: 5 each section. Fee: $90.

Section 1: September 11 & 13, 18 & 20, 25 & 27. Course ID: 2417-001.

Section 2: October 9 & 11, 16 & 18, 30 & November 1. Course ID: 2417-002.

Section 3: November 6 & 8, 13 & 15, 27 & 29. Course ID: 2417-003.

POETRY WRITING: Transforming Your Experiences/History into Poetry

Where do poets get their ideas? This course will focus on the raw material of poetry: images, experiences, and triggers and how to transform them into poems. We will discuss the techniques and forms of poetry by exploring works from modern poets and examples of poems published in current journals. Weekly class assignments will include gathering and discussing raw material, writing in different forms, editing poetry, and sharing and discussing the poems in progress. We will also discuss strategies for publishing your work. This is a course for poets of any level and experience; beginners are most welcome. ▶ Facilitated Discussion; Writing

PAUL DEBLINGER taught creative writing at The Writer’s Center–Washington, DC; The Loft, Minneapolis; and Bowling Green State University. He holds an MA and MFA in creative writing and has published poems, stories, interviews, and essays in many journals.

THE ART OF COOKING

Local chef David Sovero believes you can create a gourmet yet good, healthy, and inexpensive meal using ingredients you already have in your pantry. Each week, he will provide a meat (pork, chicken, beef, or seafood); students provide one vegetable and one fruit (or two of one of these). If you have food allergies, please contact David to discuss options—daviraymi@yahoo.com (put “Cooking class” in the subject line); he will provide substitutions if needed. During each class, as we are standing around the kitchen table in the Passmore Center’s kitchen, David will explain different methods of preparing the meat and the different variations on the meal being prepared. This is a hands-on course, with everyone participating in the preparation, dining, and clean-up. ■ Hands-On Activity

DAVID SOVERO was born in Lima, Peru, and graduated from the Peruvian National Arts College. In addition to being an artist who explores his Incan ancestral roots, he also trained and was a chef at the Fearrington House Restaurant. He is presently the head chef at Antonia’s Italian Restaurant in Hillsborough.

Please note: There are two sections of this course open for enrollment. When registering online, enter the four-digit Course ID (1336) into the course search. You will then need to choose between the two sections. If registering by paper, write the preferred section on the line.

4 Mondays, 5:30–8:30pm, Passmore Center, 103 Meadowlands Dr, Hillsborough. Maximum: 10. Fee: $90.

Section 1: September 11–October 2. Course ID: 1336-012.

THIRTY YEARS WITHOUT A PAYCHECK: Navigating Your Way through Retirement

There are many financial stages to each individual’s retirement. The decisions one faces can be overwhelming and confusing, but they are extremely important as one plans for 30 years without a paycheck. It all starts when you leave your last employer and culminates with your leaving a legacy. This course will take you through the major stages of retirement and provide clear guidance on the investments and strategies needed to create a successful financial retirement. ■ Lecture (plus Questions) Facilitated Discussion

JULIE KELLY started her career working at two of the largest asset management firms in New York City. She then spent 3 years coaching financial advisors throughout North Carolina on successful retirement and financial planning strategies. She has been in practice in Durham for 13 years. This will be her seventh year teaching at OLLI.


CONVERSATIONAL SPANISH

Each week we will listen to Spanish music, read a children’s book in Spanish, eat tapas, and learn a bit more culture, grammar, and vocabulary, staying in the present tense. This is a continuation of the Spring 2017 class, but anyone who has had a year of Spanish is welcome to join us. We will start at about Chapter 18 (“The Drug Store and the Pharmacy”) in the Gene Hammitt textbook. ■ Lecture (plus Questions); Facilitated Discussion; Listening to Music or Other Audio

Required text:

CHAR MURPHY has a BA and an MA in Spanish and spent her junior year abroad at the University of Madrid, living with a Spanish Civil War widow and her daughters. She has taught at the junior high, high school, and university levels. Char recently visited the National Cemetery in Cuba, where Fidel Castro and José Martí (whose poetry we will be reading) are buried.
**HUMOR: What We Laugh at and Why**

“Laugh and the world laughs with you,” goes the old adage. But why do different people laugh at different things? Also, our sense of humor changes with age—what we once thought funny now seems stale, and what was once very serious now seems laughable. Norman Cousins said, “Laughter is exercise for our insides,” and modern neuroscience has found humor to be good exercise for our brains. So, come exercise with us in an enjoyable manner as we explore various aspects of humor through film and cartoons. We will focus on American humor forms of our lifetimes and their history—there will be much nostalgia. We will also explore the impact of changes in our culture on what is funny. This is not a serious academic class but an opportunity to spend 90 minutes away from life’s tribulations each week and simply laugh. 

**Lecture (plus Questions); Viewing Videos**

PAUL ROHDE received his BS and MS degrees from the Illinois Institute of Technology and an MBA from the Kellogg School of Management at Northwestern University, with concentrations in economics and finance. He is retired from a career in the business of information technology and has continued a lifelong study of issues involving both science and philosophy.

10 Tuesdays, September 12–November 28, 9:00–10:30am, The Bishop’s House. Maximum: 15. Fee: $90. **Course ID: 1268.**

**VETERINARY MEDICINE FOR PET PEOPLE**

This course, taught by a practicing companion animal veterinarian, covers the following topics: saving money at the vet, how to find legitimate online veterinary pharmacies, and how to read a pet food label; diseases people and pets share, for example, ringworm, scabies, intestinal parasites and rabies; common diagnostic tests, including blood tests, urinalysis, fecal testing, and x-rays; endocrine diseases, such as diabetes, hyperthyroidism, hypothyroidism, Cushing’s disease, and Addison’s disease; skin conditions, including allergic skin disease; and canine and feline behavior problems. Emergency medicine topics include how to recognize an emergency; restraint; toxic emergenc- cies (antifreeze, rodenticides, chocolate, onions); heart, lung, and circulatory emergencies (electrical shock, saddle thromboembolism); stomach and intestinal emergencies (foreign bodies, bloat/GDV); urethral obstruction; nervous system and related emergencies (seizures, intervertebral disc disease, vestibular syndrome); and other emergencies such as wounds, car injuries, broken bones, bee stings, and hypo- and hyperthermia. 

**Lecture (plus Questions); Facilitated Discussion; Hands-On Activity; Viewing Videos; Writing**

Please note: There will be a $5 materials fees for handouts. Please bring the exact amount to the first class; refunds are at the discretion of the instructor.

Veterinarian LEE PICKETT practices companion animal medicine and acupuncture. She writes magazine articles about pet care and, with her pets, writes a weekly veterinary advice column, “Ask the Vet’s Pets.” Dr. Pickett has volunteered with many animal shelters and rescue organizations, and she co-founded PetNet to provide foster care for animals affected by domestic violence.

10 Tuesdays, September 12–November 28, 9:00–10:30am, Judea Reform Education Building. Maximum: 20. Fee: $90. **Course ID: 2386.**

**ALL THINGS BEAUTIFUL . . . TO JAPANESE EYES: Aesthetics**

When the year’s last cherry blossoms flutter to the ground, wistful sighs can be heard throughout Japan. Rough or misshapen tea bowls can elicit reverence and awe, and expanses of raked sand and rocks move admirers to quiet reverie. What fascinates the Japanese about things that may eventually wither, that are imperfect, or that are austere? How does the traditional Japanese love of simplicity explain, or even exist in, the modern world of “Hello Kitty”? This course will trace the development of Japanese concepts of beauty and aesthetics and follow how these ideals continue to permeate daily life as well as art. Together we will see how they shape Japan’s cultural identity. 

**Lecture (plus Questions); Field Trip(s)**

Please note: The course may include participating in a Japanese tea ceremony at Duke Gardens as a field trip, which will cost $20 per student.

ELLEN (MIF) FLAHARTY retired to Hawaii in 2000 after careers as a social studies teacher and as a securities broker. She studied history at Connecticut College (BA 1958) and Wesleyan University (MAT
BEGINNER YOGA

Yoga is a postural alignment practice that draws awareness to our bodies through yoga poses, breath work, and centering techniques. This course will provide you with foundational poses and a glimpse into what yoga is all about. Skills and techniques will be taught and discussed so that you gain an understanding of how to implement the poses as well as how each pose helps you. Clear, concise instructions will guide you through the movements and help you decide if you would like a little more work or not. Yoga is focused on breathing, drawing the awareness inward, and listening to the body; modifications are an option, if needed. Beginner yoga is perfect for everyone!  ■ Exercise or Dance

**Please note:** Students will need a yoga mat, a yoga block, and a yoga strap (a tie will work) for each class. You are encouraged to bring a water bottle.

**JEANNIE MINNICK** is certified with Asheville Yoga Center and is a certified ChildLight Yoga Instructor. She has been teaching yoga in the this area for several years, including yoga through wellness programs, fitness centers, gyms, private lessons, summer camps, and specialty offerings. Through a consistent yoga practice, one can expect to find strength, flexibility, and balance.

10 Tuesdays, September 12–November 28, 9:00–10:30am. **Judea Reform Education Building.** Maximum: 15. Fee: $90. **Course ID: 2387.**

EASY WORDPRESS WEBSITES:
Professional-looking Websites without Advanced Technical Skills

Even if you are a complete beginner, you can learn to build, design, and manage a high-performance WordPress website. WordPress now powers more than 20 percent of the web because it is the easy, flexible, and powerful way to create a blog or full-blown website. WordPress is also free, accessed over the Internet (there is nothing to download), and many of the “themes” and “plugins” that power WordPress are also free. The instructor will provide you with step-by-step class notes along with a “student development site,” equipped with everything you need to make learning WordPress easy and visual. Text, images, video, audio, calendars, slideshows, and much more are built in to WordPress. If you want to make a WordPress website with your own web address, the instructor will show you how to get a privately registered domain name and web hosting for just a few dollars a month.  ■ Lecture (plus Questions); Hands-On Activity

GREG TENHOVER has worked in high-profile positions as a marketing director, an agency art director, and a senior graphic designer. He teaches Adobe Photoshop, InDesign, Dreamweaver, and Illustrator, as well the class “WordPress Websites that Sell,” at Durham Technical College.

10 Tuesdays, September 12–November 28, 9:00–10:30am, **Smith Warehouse Computer Lab.** Maximum: 10. Fee: $90. **Course ID: 2362.**

IMPROV THEATER GAMES WORKSHOP

Let your playfulness emerge using the “Yes . . . and” improv philosophy. Adapted from Viola Spolin’s work, Theater Games are easily learned and fun to play without any reason other than to have a good time. They can also help build improv muscles. Our attitude will be “just play and have fun.” Students new to improv may want to use this one-session workshop as a way to test the “improv waters.” Every Theater Games workshop is unique, so returning students can also enjoy and benefit.  ■ Exercise or Dance

**Please note:** Wear comfortable, sturdy shoes and dress for ease of movement.

**CAROLYN COLE** performs long form improv in local theaters and wherever else she can. She also teaches improv at the Durham Arts Council. Trained at Second City, iO and UCB/NYC, Carolyn believes that improv wisdom can make a positive difference in your everyday life. Her motto is “Try improv. You will become ageless.”

1 Tuesday, September 19, 9:00–11:00am (please note date and times), **Seymour Center,** 2551 Homestead Rd, Chapel Hill. Maximum: 11. Fee: $20. **Course ID: 2443.**

NO regular OLLI CLASSES during OLLI’s Fall Break, October 23–27, or Thanksgiving week, November 20–24
**IMPROV THEATER:**
**Discover Your Creativity**

This course is designed for you to “play” while learning how to create imaginary scenic worlds. Your improv journey includes warm-ups/exercises that promote living in the present moment through self-discovery, laughter, mindfulness, and collaboration. Learn how to build memorable scenes with your classmates in the here and now. Many people find that taking improv classes helps them build social confidence, improve memory, and renew energy. Then again, just having fun may be the best takeaway. Be ready for active physical participation, including frequently alternating between standing and sitting, plus physical movement. Have you taken this class before? Take it again! Improvisers often repeat classes to build their improv skills and keep the fun going. End-of-class performance optional.

- **Exercise or Dance**

**Recommended text:**

CAROLYN COLE performs long-form improv in local theaters and wherever else she can. She also teaches improv at the Durham Arts Council. Trained at Second City, iO and UCB/NYC, Carolyn believes that improv wisdom can make a positive difference in your everyday life. Her motto is “Try improv. You will become ageless.”

5 Tuesdays, October 10–November 7, 9:00–11:00am (please note dates and times; class meets during OLLI’s Fall Break), **Seymour Center**, 2551 Homestead Rd, Chapel Hill. Maximum: 12. Fee: $40.

**Course ID: 1984.**

**STAY PUT OR MOVE ON?**
**Deciding to Age-in-Place or Move to a Retirement Community**

Retirement is not the last of life’s major life-cycle decisions. There is at least one other worthy of careful consideration: how to provide for continued independence and the highest quality of life, even as aging progresses and life-care needs change. This course is designed to address that decision by serving as a guide to understanding the challenges and opportunities that come with aging through surveying the options available for extending independence and promoting quality of life with home, community, and/or continuing-care services. While we will explore the spectrum of choices, our focus will be on two of the most popular: **aging in place** and **retirement communities.** We will consider the suitability of your home and your community for aging in place; explore assistive technologies available for homes that can provide greater ease, comfort, and security; and look at the various options for elder- and home-care services. Turning to retirement communities, we will discuss what differentiates them from other senior/elder communities, their financial models, and the types of contracts and fee structures. We’ll consider both independent living and continuing care retirement communities (ILRCs and CCRCs) and the state’s regulation of CCRCs. Finally, we’ll visit both an ILRC and a number of CCRCs to learn about these communities, the services they provide, their entrance and monthly fees, and the nature and importance of waiting lists.

- **Lecture (plus Questions); Facilitated Discussion; Field Trip(s)**

**Special note:** The material in this course builds toward the site visits. Consequently, we ask that you not sign up for this course unless you are able to attend all class sessions.

- **Please note:** An Internet connection, e-mail address, and access to the web are required, to receive course announcements and materials.

MARGARET RILEY has a BA in education, an MA in international affairs, and a PhD in intercultural communication. She retired from Duke University after 14 years as the director of the Global Education Office (Study Abroad) and the associate dean and assistant vice provost for Undergraduate Global Education. “Stay Put or Move On?” was her first OLLI course.

JOHN DIMICELI moved to Chapel Hill in 2014 after a career in metropolitan city government focused on management, improving service delivery, and the application of information technology to a variety of public sector activities. John holds a BA from Williams College and a MPA from the University of Pittsburgh. His first OLLI course was “Stay Put or Move On?”

12 Tuesdays, September 12–November 28, 10:00am–1:00pm (please note dates and times; class will meet during OLLI’s Fall Break and Thanksgiving week). The first four classes meet at **Judea Reform Education Building;** the remaining classes will be at area retirement communities. Maximum: 24. Fee: $90.

**Course ID: 2371.**
INTRODUCTION TO ESPIONAGE: Methods and Operations

This survey course introduces the discipline of intelligence and provides the student with an understanding of how intelligence systems function and contribute to policymaking and how they are managed and controlled. It will provide an overview of intelligence, including methodology, tools, and techniques. Students will engage in an historical overview of intelligence collection, analysis, and operations. The course reviews espionage case studies and the role of intelligence operatives from Sir Francis Walsingham to Kim Philby. Students will gain an appreciation of and familiarization with various techniques from each of the major collection disciplines, including open-source intelligence, human intelligence, signals intelligence, and geospatial intelligence. 

Lecture (plus Questions); Facilitated Discussion; Viewing Videos

Recommended text:

AUGUST THORNTON is a retired naval officer who has taught intelligence studies and strike warfare at a number of military and civilian institutions, including the Naval War College, the Marine Corps Staff College, the University of Georgia, and UNC–Chapel Hill. He also supported intelligence collection in Operation Iraqi Freedom.


LOVE ACTUALLY

Each week we will investigate different aspects of love, first from a vertical trajectory that expands out from self-love to family love, collective love, and universal love. Then we will look at a horizontal trajectory, investigating the types of loving relationships we encounter throughout our lifetime. Love makes us think of romantic attraction, affection, and desire, but this is only one of love’s countless forms. There is love between parents and children, between student and mentor. There is love of a friend, a pet, nature, a country, a planet, a community, or a higher power, as well as love of self. Through video, poetry, humor, art, and music, we will explore the many different forms of love and what the common denominator is. Eric Fromm writes, “Love is learnable, an art that we can learn to get better at it.” The goal of the course is to expand our understanding of what love is and how we can be more loving. 

Lecture (plus Questions); Facilitated Discussion; Viewing Videos

Recommended text:

A recent article about a course on the many aspects of love piqued JUANITA JOHNSON’s interest. A retired mental health counselor, she delights in finding ideas for new courses, then researching and developing such a course for OLLI students. In her twelfth year of teaching at OLLI, Juanita challenges her students to look inward and expand their possibilities for a more meaningful life.


THE HEALTHY AGING BRAIN: Good News from Modern Neuroscience

Some people seem to “age gracefully,” gliding through the second half of life. How do they do that? Then there are the rest of us. We seem to be slowing down and our senses aren’t as sharp as they used to be. We have memory problems and no longer sleep through the night. Are there things we can do to age more gracefully? It was traditionally thought that the brain was fully formed by adulthood, but in recent years, neuroscience has discovered that our brains change throughout our lives. In this course, we will learn how you can take advantage of this exciting new research to optimize brain fitness to meet everyday challenges and enhance the quality of life at any age.

Lecture (plus Questions); Viewing Videos

Required text:

PAUL ROHDE received his BS and MS degrees from the Illinois Institute of Technology and a master’s degree from Northwestern University. He is retired from a career in information technology and has continued a lifelong study of issues that involve science, finance, and economics.

10 Tuesdays, September 12–November 28, 11:00am–12:30pm, Judea Reform Education Building. Maximum: 30. Fee: $90. Course ID: 1807.
THE LEGACIES OF THE BALLETS RUSSES SERGEI DIAGHILEV: The First Lord of the Dance

In the tangled narrative of 20th-century art, there is no more colorful or influential figure than Sergei Pavlovich Diaghilev. The son of a bankrupt Russian vodka distiller, Diaghilev would reinvent himself as the greatest impresario of all time, conquering Europe first and then the world with the Ballets Russes. This was more than just a ballet company; it was a creative movement that, from its inception, drew to itself the greatest musical, theatrical, and artistic talents of the day. The adventure began in 1909, when Diaghilev arrived in Paris with a troupe of dancers recruited on their summer break from the Imperial Ballet of St Petersburg, taking up residence at the city’s Chatelet Theatre. The dances they performed were all new, created by the young dancer Mikhail Fokine and set among ravishing designs by Leon Bakst. But it was the performances of Anna Pavlovna, Vaslav Nijinsky, and Tamara Karsavina that captivated the audience, and the four-week season was a vast success.

LARRY BERGER, a dance graduate of the Juilliard School, has performed on and off Broadway and on television. His career includes teaching dance at universities and conservatories across the globe. He was a Fulbright Scholar, with academic residencies in Austria, Portugal, and Israel, and he served as the department chair and a professor of dance at the University of South Florida (1981–1993).


TRENDS & PERSPECTIVES IN ECONOMIC DEVELOPMENT: Issues in a Globalized World

Active class participation will be encouraged in a discussion of perspectives, including these questions: How have driving forces of economic growth and development in different countries been affected by recent developments in the global economy? How have recipes for inclusive economic growth changed over time? Have democratic models of government been effective in improving the standard of living in developing countries? How have innovation and technology affected traditional models of trade and development? Are connectivity and globalization still major contributors to development? Does trade continue to play a major role in economic development? What are possible future perspectives on the populist phenomena? Have past populist models been sustainable?

STEPHAN WITTKOWSKY is an economist, a business consultant, an executive, and a professor. He was born and worked in Guatemala and now lives part-time in Chapel Hill. He is a graduate of Cornell University, with extensive experience in the private, public, and academic areas in Latin America and the US.

10 Tuesdays, September 12–November 28, 11:00am–12:30pm, Judea Reform Education Building. Maximum: 25. Fee: $90. Course ID: 2430.

CHINESE BRUSH PAINTING: Flowers, Birds, and Cards

Students will learn to paint some of the most popular brush painting subjects, including flowers (some holiday flowers) and birds. The pictures can be framed or used to make greeting cards. Each student will complete a beautiful painting in every class, while practicing basic brush painting techniques. This course is for both experienced and beginning students.

Required supplies:
- Pad of newsprint and a roll of rice paper
- Small bottle of black ink
- Set of water color
- Small dish to hold the ink and a plastic container to hold water
- Medium-size and small-size brushes

Please note: The instructor has good brushes and rice paper from China that students may purchase, if they choose.

JINXIU ZHAO (ALICE) is a professional brush painting artist who specializes in the teaching of Chinese brush painting and calligraphy to both children and adults. She has taught calligraphy and brush painting in North Carolina for 22 years at all levels of the public schools, in teacher training programs, and in private classes.

SELLING & BUYING TREASURES ON THE INTERNET: Using eBay and Other Sites

If you'd like to sell or buy on eBay, we'll show you how. Learn to navigate around eBay—both selling and buying—and also explore other venues (Craigslist, Amazon, Etsy, RubyLane, Bonanza). We'll research and strategize for maximum effectiveness in achieving our desired results. The course will focus on selling your treasures, including creative marketing and the skills of taking the perfect photo and writing exciting copy. We'll tailor the course to your needs and, using OLLI computers in Smith Warehouse, give you “hands-on” experience for this new adventure.

Prerequisites: Proficiency with the Mac or Windows operating system and use of a web browser (Safari, Chrome, or Firefox) are required.

KATHY DAVIS earned her MBA in marketing and management while raising a family of four. Her “business” since retiring from Duke is called Good Riddance, helping clients downsize and organize. Using eBay showed her a new way to make money for her clients—and now she's moving herself in the same direction by de-shopping on eBay.

THE BLOOD LIBEL & ANTI-SEMITIC SHOW TRIALS

After a historical survey of the origin and extent of the “blood libel,” and its impact on Jews and society since medieval times, this course will focus on so-called anti-Semitic “show trials.” The following are the principal events (among many others from the first century AD to the present) to be analyzed: William of Norwich (1144); Hugh of Lincoln (England, 1255); Simon of Trent (Italy, 1475); The Belis Trial (Ukraine, 1911); Leo Frank (US, 1913). The blood libel as used by radical and terrorist groups to this day in Europe, the Middle East, and the US will also be considered.

ARNOLD GORDON is a retired attorney and tax administration executive, first acting as an IRS senior executive, then, while employed by KPMG, assisting more than 29 foreign countries in improving and computerizing their tax administrative systems. He has a BA (City College of NY) and a JD (NYU Law) and is a retired member of the NY State Bar.

NUCLEAR POWER: An Introduction, Analysis, and Promise for the Future

This course will provide an introduction to the physics and technology utilized to produce electricity with nuclear energy and will review the history of nuclear power facilities in the US and worldwide. The course will include an analysis of the accidents and what we have learned from them, as well as the safety factors designed into nuclear reactors and the regulations administered by the US Nuclear Regulatory Commission. The issue of environmental safety and the processing and storage of spent nuclear fuel will be addressed in detail, along with how nuclear energy might serve us in the future.

JOHN ORTH has a bachelor’s degree in nuclear engineering and was a nuclear weapons officer in the Army before spending 30 years in the nuclear medicine

Please note: There is a materials fee of $10. Please bring the exact amount to the first class; refunds are at the discretion of the instructor.

10 Tuesdays, September 12–November 28, 11:00am–12:30pm, Emily K Center. There is no fee but you must register to attend.

Register by September 1 with instructor Pam Reading, PLReading@gmail.com or 919-815-2249.
imaging field. He was a member of the Midwest Low-level Radioactive Waste Management Commission and served on a review committee of the Yucca Mountain environmental safety study and report. John presented as part of the OLLI 2016 Symposium Series.

5 Tuesdays, October 17–November 28 (please note dates), 11:00am–12:30pm, Carolina Arbors, Piedmont Hall, 357 Carolina Arbors Drive, Durham. Maximum: 40. Fee: $50. Course ID: 2403.

POETRY WRITING
This funshop welcomes everyone who writes or wants to write poetry. We will generate creative writing through personal experience, the use of poetic forms as models, and “stealing” from some of the greats, and we will offer to each other casual, yet thoughtful, critique. Poems will be conceived, birthed, and, for anyone who wants, seen through to maturity. In this funshop, poetry has a sense of humor! ▪ Facilitated Discussion; Writing

JO TAYLOR has published poems in journals, magazines, and anthologies and is the author of five poetry books, most recently How to Come and Go (Chatter House Press, 2016). She chairs the Workshop Committee for the North Carolina Poetry Society, coordinates a poetry reading series at Quail Ridge Books in Raleigh, and freelance edits poetry and prose.

10 Tuesdays, September 12–November 28, 1:00–3:00pm (please note times), The Bishop’s House. Maximum: 10. Fee: $90. Course ID: 1196.

BEGINNING WATERCOLOR PAINTING
This course is a great opportunity to learn the basics of painting with watercolors for those who have never done this before but always wanted to try it. Students will learn about materials, glazing, painting wet-in-wet, color mixing, controlling edges, negative painting, saving whites, masking, producing various textures, composition, values, and more about the technique. ▪ Hands-On Activity

Required supplies:
From an art supply store (the instructor highly recommends www.jerrysartarama.com):
• Paper—Arches #140 cold press, at least 10”x14”. The cost is dependent on the quantity purchased, but figure $40 for paper. $2 will buy one 11”x15” sheet from the instructor.
• Brushes—at least three synthetic-bristle brushes (#14 and #8 round, 1” flat). Cost will be about $35.
• Paints—Tube paints are preferred. Lukas brand colors: magenta red, cyan blue, lemon yellow, sap green, violet, cadmium orange hue, burnt sienna, indigo, burnt umber. Cost is about $4 per 10ml tube.
• Palette—A white plastic plate is okay, but one with wells and cover is preferred. Cost for a larger palette is around $25.

From home:
• Water containers
• Viva paper towels
• Roll of toilet paper
• Board, to back paper
• Masking tape
• Small spray bottle
• Camera

Please note: If you want the instructor to supply a starter kit (paper, paint, brushes) for you for $45, please e-mail her at rrussell6482@nc.rr.com as soon as you know you are registered in this class. Please bring the exact amount to the first class; refunds will be at the discretion of the instructor.

BECKY RAYE RUSSELL is an experienced teacher with students ranging from preschoolers through adults. Although she is educated in biology, her major interest now, in her retirement, is art. She has painted—primarily with watercolors—for more than 30 years, and her paintings are in many private collections and all over her house.

10 Tuesdays, September 12–November 28, 1:00–3:00pm (please note times), Judea Reform Education Building. Maximum: 12. Fee: $90. Course ID: 2047.

THE MANY SIDES OF BOB DYLAN
For more than a half-century, Bob Dylan has been arguably the most influential artistic figure of our time. As a singer-songwriter, he revolutionized popular music. His work spans genres from folk to rock, from blues to country, from gospel to popular standards. He is also an acclaimed poet, nonfiction writer, radio host, and visual artist. This course will feature highlights of Dylan’s long career, from the early 1960s right up to his selection as the 2016 Nobel Prize winner for literature. Together we will explore the many sides of a unique artistic and cultural icon. ▪ Lecture (plus Questions); Facilitated Discussion; Listening to Music or Other Audio; Viewing Videos

CABELL SMITH was the radio-TV manager at Duke University for 15 years. Earlier in his career, he spent
two decades in the music industry as a progressive-rock radio DJ and the creative director for a national music retailer. He has been listening to Bob Dylan since college days, when he should have been in the library.

8 Tuesdays, September 12–November 7 (please note dates), 1:30–3:00pm, The Bishop’s House. Maximum: 25. Fee: $90. Course ID: 2170.

HIGHLIGHTS OF THE 2017–2018 METROPOLITAN OPERA: Live in HD and NC Opera Seasons

Join us for an exciting look at operas that will be performed by both the Metropolitan Opera Live in HD and by the NC Opera in the 2017–2018 season. Through lecture, DVD, and live performance, we’ll learn about the music, composers, and histories of the following operas: Verdi’s Rigoletto and Luisa Miller, Saint-Saëns’ Samson and Delilah, Mozart’s The Magic Flute and Cosi fan Tutti, Rossini’s Semiramide, Donizetti’s Elixir of Love, and more. Our guest list includes Ira Siff, vocalist and commentator for the Metropolitan Opera’s Saturday Radio Broadcasts; Susan Dunn, director of the Duke Opera Workshop; soprano Andrea Edith Moore and baritone Marc Callahan, accompanied by Kate Lewis; mezzo-soprano Martha Anderson, accompanied by Kate Lewis; and mezzo-soprano Jeanine Wagner, accompanied by Margaret Simmons. Seasoned opera goers and those new to opera are all welcome. Facilitated Discussion Required texts:


ARNIE JOHANSON is a retired philosophy professor from Minnesota. Upon moving to Durham, he started reading and writing poetry. He has taught more than 30 classes at OLLI, in religion, philosophy, and poetry.

10 Tuesdays, September 12–November 28, 1:30–3:00pm, Judea Reform Education Building. Maximum: 15. Fee: $90. Course ID: 2394.

MORE CONTEMPORARY LATIN AMERICAN CINEMA: Some Recent Selections

Latin American cinema is today considered among the world’s best. Aided by digital advances, favorable production capacity, and international financing, its technical and artistic merit has brought global recognition. Its major directors (e.g., Mexico’s tres amigos: Cuaron, Gonzalez Innaritu, del Toro) have been wooed to Hollywood and have received the Oscar for Best Director each of the past three years. Chile’s Pablo Larrain is in strong contention this year for his highly-regarded Jackie. We will screen and discuss six outstanding films released since 2013, their social context and production conditions, and the critical national and transnational issues they illuminate: The Club (2015), A Wolf at the Door (2013), Wild Tales (2014), Ixcanul (2015),

Lecture (plus Questions); Facilitated Discussion; Viewing Videos

A specialist on Latin America, KATHLEEN MORRISON taught at UCLA and Stanford University for more than 25 years and received the Gores Prize, Stanford’s top teaching honor. Her primary teaching and research focused on urban poverty and children in Latin America, and she regularly employed feature films in her classes. After moving to Durham in 2008, she co-founded KidzNotes, a classical orchestral music program for underserved children that is based on Venezuela’s renowned El Sistema.

6 Tuesdays, September 12–October 17, 1:30–4:30pm (please note dates and times), Judea Reform Education Building. Maximum: 25. Fee: $90. Course ID: 2369.

FREE AT LAST! FREE AT LAST?
Slavery and US Civil Rights

This course will examine the history of slavery in America, which began before the Pilgrims landed at Plymouth Rock, and will continue through emancipation, segregation, and two aspects of the civil rights movement in the 20th century: the legal challenge of Thurgood Marshall and the moral challenge of Martin Luther King Jr. Students will be assigned readings from three books, Before the Mayflower, Simple Justice, and Parting the Waters and will view a DVD about Marshall based on Simple Justice. Students will be invited as the last class to join a guided tour at the North Carolina Museum of History in Raleigh to explore the state’s collection of blacks’ contributions to North Carolina history.

Lecture (plus Questions); Listening to Music or Other Audio; Field Trip(s)

Recommended texts:


JOHN CANZANELLA left a successful career in banking to return to teaching. After an Outward Bound course in Montana, he graduated from Columbia University Teachers College with two graduate degrees. He taught history, English, philosophy, and economics and coached at Hofstra College and high schools. John has traveled extensively throughout Europe, Russia, and the Middle East, and he lived in Vienna for three months researching history for his book Innocence and Anarchy.


INTRO TO PHOTOSHOP ELEMENTS: Photo Editing for Mac and PC

Learn to use photo-editing software for improving those less-than-perfect shots, retouching photos, cropping and resizing images for the Internet, or other special uses. We will use Photoshop Elements (v14) software for editing our photos and exploring the possibilities for adjusting colors and contrast or adding artistic touches. This eight-session course will include discussion of formats and media for saving image files and making backups. Procedures for special projects such as panoramas and collages will also be addressed. Completion of homework assignments is expected.

Lecture (plus Questions); Facilitated Discussion; Hands-On Activity

Prerequisites: Proficiency with Mac or Windows operating system and use of Internet and e-mail is required. Students must be able to navigate within the operating system and use the mouse with ease; knowing how to save, rename, back up, and retrieve files and documents without assistance is essential. Prior experience with graphics tools will be helpful.

Please note: Students must have Photoshop Elements 14 or newer and a USB memory device with 2G of free space.

MARY JO FICKLE has been using computers for more than 25 years, and she has been teaching photo-editing classes for OLLI for more than 10.


FRANK LLOYD WRIGHT:
The Man and His Architecture

The American Institute of Architects (AIA) hailed Frank Lloyd Wright as the “greatest American architect of all time.” He had great contempt for the AIA, yet he would have agreed with their assessment of
him; he compared himself to Michelangelo. He was a romantic intellectual who was opinionated, eccentric, and arrogant. He was an author, a philosopher, a teacher, and a lover of fast cars, custom-made clothing, intelligent women, and Beethoven symphonies. His residential designs include Fallingwater, called “the greatest home ever designed.” Slides, videos, and handouts will highlight Wright’s designs of places of worship and civic and business buildings, including the Guggenheim Museum, the Johnson Wax headquarters, and the Marin County administrative complex. His legacy, beyond architecture, includes films, plays, books, and a Simon and Garfunkel song about him. His designs grace retail shelves on items from toys to clothing to napkins. Join us as we examine Wright’s philosophy of organic architecture and his colorful life.

Lecture (plus Questions)
PETER BLAUFUEX is a member of the American Institute of Architects, licensed in many states. He received a BFA in design from Temple University and a BArch from City University. He has been the principal of his own firm for almost 20 years. Previously he served as the director of healthcare design in New York for a large multinational corporation.

5 Tuesdays, September 12–October 10, 1:30–3:00pm, Carolina Arbors, Piedmont Hall, 357 Carolina Arbors Drive, Durham. Maximum: 40. Fee: $50. Course ID: 2357.

CIVIL DISCOURSE OR CIVIL DISCORD: Ideas You May Not Hear so Often

If those who disagree politically simply have inaccurate or incomplete information, it is possible to resolve differences between them. If those who disagree believe the other is evil, no resolution is possible. Any serious discussion starts with the assumption that both sides have valid ideas. Ideas on the political right are sometimes not thoroughly presented in the mainstream media, though honestly refuting an idea means understanding it fully. This course is a presentation of conservative viewpoints held by serious people who are concerned about the future of all Americans and are convinced that current policies harm all ethnic groups and fundamental aspects of our society. The goal is to inform, not to debate or convince. The course introduces different ideas and points to sources for further research. Knowledge can help tone down the anger in our political discussions and can create inquiring minds instead of negative assumptions.

Lecture (plus Questions); Facilitated Discussion

DALE STEINACKER has an undergraduate degree in political science and mathematics and a master’s in computer science and MIS. He covered Maryland politics for his college newspaper and has watched the changes in American media and politics over the last 50 years with growing concern. His goal is to add balance to our political conversations.

5 Tuesdays, October 17–November 28 (please note dates), 1:30–3:00pm, Carolina Arbors, Piedmont Hall, 357 Carolina Arbors Drive, Durham. Maximum: 40. Fee: $50. Course ID: 2320.

SYMPOSIA: Scientific Excursions and Diversions

Symposia had become a tradition at OLLI both because of the quality of the speakers who are willing to give us an afternoon of their time, and because with our busy schedules we know if we miss a class we won’t lose course continuity: each lecture is on a different topic. Our speakers do have busy schedules so this program is subject to change, but at press deadline this is our agenda.

September 12
Photosynthesis is one way of converting solar energy into fuel we can use. Ultimately, wood, natural gas, oil, and coal are its byproducts. That’s the natural process, and it didn’t evolve to be efficient. Professor Walter Weare of NC State and his team are developing other kinds of photosynthesis—synthetic photosynthesis—that have the potential of being both less expensive and more efficient than solar cells. He’ll talk about the Weare Lab’s work. With a little imagination, we may get a glimpse of a technology that could be as transforming as wind farms.

September 19
Most of us are familiar with the symptoms of low thyroid hormone levels, like fatigue, cold hands and feet, and weight gain. Less appreciated are symptoms like brittle hair, muscle cramping, and irritability. What is less known is that even if serum levels of TSH (thyroid stimulating hormone), T4, and T3 come back showing normal levels, there could still be a thyroid problem. Dr. Lisa Hogan will be talking with us about how these serum levels may be a poor indication of what is really happening at the cellular level. We may be experiencing hypothyroid symptoms in spite of the clinical data: it’s called Wilson’s Thyroid Syndrome, it’s considered a common malady, and there are treatments.
September 26
So, what is NASA up to these days? Will the moon soon get more human footprints? Will we watch on TV while an astronaut steps from a ladder and says, “One small step . . . ?” as he (or she) makes the first footprint on Mars? NASA works at keeping us informed and involved in its work partly by appointing local experts as NASA Ambassadors, and we caught one! Tony Rise will inform us about what the agency is up to in an up-front and personal way.

October 3
Our laptops and desktop computers know a lot about us, and much of what they know we want to keep private. Several years ago “Symposia” invited Carey Parker, author of Firewalls Don’t Stop Dragons, to tell us about the threats. Carey has since begun hosting a radio show with the same name, and he’s going to be telling us about the new threats and what we can do about them. His more recent motto—“Don’t get caught with your drawbridge down”—is especially relevant for those of us who access the Internet in public places: like at OLLI!

October 10
October 9 was Columbus Day, and this session is going to be a Columbus-myth-busting day. Perhaps this should be called forensic anthropology. In his 25 years of research, Manuel Rosa has pieced together a stunning array of artifacts and data, gathered from Europe, Asia, Africa, and America (including a sword unearthed by a Bulgarian peasant that found its way to a museum in Saint Petersburg) to finally expose the real life of Columbus. Manuel has documented his work in his book Columbus, the Untold Story, which he’ll be highlighting for us.

October 17
A recent study published in JAMA Oncology, written by members of the NC Lineberger Comprehensive Cancer Center (part of the UNC/CH Medical School), found that nearly nine out of ten physicians and researchers who helped develop a leading set of cancer care guidelines in the United States reported financial ties to the pharmaceutical and medical device industries. The majority of those payments were within accepted ethical limits to prevent conflicts of interest, but the relationships do increase doctors’ awareness of the effectiveness of certain drugs as opposed to others, even in the payments are modest. While the study was not designed to explore whether the payments influenced the physician’s clinical practice or the recommendations made in the guidelines, the researchers say the finding of a high prevalence of financial relationships lays the foundation for future studies looking at that question. The lead author of that study, Dr. Aaron Mitchell, will talk about the ethical issues of these subtle influences.

October 24
This is OLLI’s Fall Break week, but we are having a lecture today, and it’s an important one. Every day we’re exposed to environmental risks: they are in the air we breathe, the water we drink, and the food we eat. Just how bad are the risks? How safe are we? Dr. Daniel Vallero, with the Environmental Protection Agency in RTP, is going to give us an afternoon of his time to talk about our environmental safety. He’ll talk about where we are and where we seem to be going.

October 31
Please e-mail the instructors at olli.symposia@gmail.com for current information about this date, which was not resolved by the press deadline.

November 14
Dr. Barton Colbert is the author of several books on the effects and side effects of drugs, including, for example, Colbert’s Manual of Drug Safety and Pharmacovigilance. Several years ago, he talked with us about the FDA-approval process for drugs, and when he was leaving the auditorium, he mentioned he also had a lecture he would like to give about the medical use of marijuana. We want to know more, and he’ll be telling us. (And no, there will not be samples!)

November 28
Please e-mail the instructors at olli.symposia@gmail.com for current information about this date, which was not resolved by the press deadline.

TONY WARAKSA, a long-ago retired CEO, has been arranging and hosting Symposia for 10 years, almost as long as he has been a member of the Duke University Medical Center’s Institution Review Board.

HARRIET SANDER, a retired psychologist, first volunteered as a Guardian At Litum, representing the interests of Durham’s disadvantaged or abused children in the courts. When she left that position, she partnered with Tony in offering the Symposia program for OLLI.

10 Tuesdays, September 12–November 28, 2:00–3:30pm (please note times), The Forest at Duke, 2701 Pickett Rd, Durham. Maximum: 90. Fee: $90. Course ID: 0373.
In this course, students will learn how to compose a story that evokes an emotion in the reader. Chicken Soup for the Soul publishes nonfiction stories that are inspirational—as well as frequently poignant, often humorous, and sometimes thoughtful. Mastering this style of conversational writing benefits students because they can submit their Chicken Soup–like tales to other venues besides this anthology, like magazines and e-zines, that want personal essays. In each session, students will write or edit their 300-word creative nonfiction pieces on an assigned theme. We’ll discuss what works and what doesn’t in each student’s story. We’ll become writers, not just oral storytellers.

ERIKA HOFFMAN taught high school English for 10 years. Her degrees are from Duke University. In 2009, she began writing with the goal of publication, and to date she has been published more than 280 times. Her stories have appeared in 13 Chicken Soup for the Soul anthologies. Her nonfiction has been published in magazines, e-zines, newspapers, and other compilations of essays.

Please note: There are two sections of this course open for enrollment. When registering online, enter the four-digit Course ID (2445) into the course search. You will then need to choose between the two sections. If registering by paper, write the preferred section on the line.


William Butler Yeats (1865–1939), Nobel Prize winner, is sometimes considered the greatest English-language poet of the 20th century. Yeats was a late Romantic, a student of the occult, and a student of Eastern traditions. He was a symbolist, attempting to find unity and completeness in life and art, and an advocate of Irish folklore, culture, and art. Born the year of Yeats’s death and, like Yeats, a recipient of the Nobel Prize, Seamus Heaney (1939–2013) differs from his fellow Irishman. Heaney’s rhythm is more subdued, and he uses more Irish idioms and colloquial language; his poetry sometimes sounds like the speech of an ordinary person. He writes about childhood, farm life, “customs and crafts” of Ireland, the Troubles, and the past. He is not so philosophical as Yeats, but, like Joyce, “found the living world enough.” We will have weekly reading assignments and discuss in class poems from the assignments.

Required texts:

HARRY BROWN holds degrees in English from Davidson College, Appalachian State University, and Ohio University. He has published six poetry collections and co-edited an anthology of Kentucky writing. After teaching for more than 40 years in the English Department at Eastern Kentucky University, he returned to North Carolina and lives with his wife in Glencoe Textile Mill Village, Burlington.

PRESTON MARTIN received his undergraduate degree from Ohio University and a master’s of arts in teaching from the College of Charleston. His poems have received awards or recognition by the North and South Carolina Poetry Societies. He chairs the Brackman-Campbell book competition for the North Carolina Poetry Society.

WOODROW WILSON

This is the story of a contradictory man, outwardly tumultuous, who improbably rose from an obscure teacher of rowdy boys in a rural college to the most famous political leader in the world of his time, changing the course of history in the mirrored halls of the Palace of Versailles. It is an incredible story and a quintessentially American one—the rise of Woodrow Wilson from schoolmaster to statesman, professor to president—but a story that ended in despair and heartbreaking defeat. We will examine Wilson's personal life and the complex events whirling around him, as we try to know and understand this iconic man. Lecture (plus Questions)

WENDELL MUSSER, MD, is a retired academic physician who held faculty positions at Indiana, Duke, George Washington, and Emory Universities and the University of Kentucky. He is a longtime book collector, primarily of books about Winston Churchill and Franklin Delano Roosevelt, and feels that a day away from OLLI is a day away from happiness.


PRACTICAL WISDOM:
How to Be Your Authentic Self in This Changing World

Who are we? How do our thoughts affect our world? How do our surroundings and past experiences affect us? What can Mother Nature teach us? Is there an unseen connection between all of us, and, if so, how can we use that to make this a kinder, gentler world? Common themes of practical wisdom are found across many spiritual traditions, for example, respect, abundance, compassion, forgiveness, and gratitude. In this course, we will use writings from One with All of Thee: Growing Your Sacred Connection and other spiritual books as a jumping-off point for reflective discussion on how to live a more mindful life in harmony with nature and those around us. The instructor will provide simple tools, short exercises, and meditations to fit into your busy lives, as well as short reading assignments and exercises to do during the week that will be discussed in the following class. Lecture (plus Questions); Facilitated Discussion

Recommended text:

A retired Duke University medical researcher, CELINE KOROPCHAK is currently a blueberry farmer and author of the book One with All of Thee: Growing Your Sacred Connection. She speaks and teaches locally, sharing practical tools to help guide others on their personal journeys. Celine has been a repeat guest on Blog Talk Radio and writes a weekly blog, The Tovarysh Connection.


HONORING YOUR STORIES:
A Nonfiction Writing Workshop

Each life contains millions of stories—have you tried writing down yours? With the help of prompts, we will reflect, explore, learn from each other, and create. Come prepared to craft personal narratives from your own life stories, from the everyday to the extraordinary. We will cover such topics as situation versus story, battling writing perfectionism, voice, and revision, among others. Whether you are writing for personal introspection or creating keepsakes for loved ones, a supportive but rigorous setting will ensure feedback from the instructor and peers. Additional prompts and reading assignments will be provided by the instructor between classes. Ideally, this course will enable you to feel more connected to your own life and the lives of those around you. It is open to writers of all genres and levels of experience. Lecture (plus Questions); Facilitated Discussion; Writing

Required materials: Composition book and writing instrument and/or laptop/iPad, depending on your preference.

ALLISON KIRKLAND, editor, writing coach and workshop facilitator, has an undergraduate degree in English from Duke University and a Masters of Fine Arts from The New School in New York City.

READING LITERATURE & ART:
Pairings of Prose, Poetry, Painting, and Photography

Whether they use print on a page or paint on a canvas, writers and visual artists attempt to create their imaginative vision of the world. Juxtaposing works of American literature and art, we will discuss the creators’ craft and speculate on how their work engages their audiences, reflects their times, and deals with themes such as gender, race, and class. Some of the themes and works for our consideration include motherhood depicted in Chopin’s *The Awakening* and Cassatt’s paintings; the urban experience found in Yezierska’s *Bread Givers* and on the canvases of the Ashcan artists; isolation seen in Hemingway’s stories and Hopper’s paintings; and the motif of seeing and being present in Morrison’s *The Bluest Eye* and in the works of contemporary African American painters and photographers.

**Please note:** Some required short stories and poems will need to be accessed online; for further information, including the first class reading assignment, see litandartpairings.weebly.com.

**Required texts:**

MARJORIE LANCASTER taught high school English for 34 years. Reading literature, visiting art museums, and watching movies are lifelong passions; the only thing better is sharing these interests with others in robust discussion.

10 Wednesdays, September 13–November 29, 9:00–10:30am, Judea Reform Education Building. Maximum: 15. Fee: $90. **Course ID: 2438.**

THE SUPREME COURT IN THE 21st CENTURY

This term, special consideration will be given to three themes arising from recent Supreme Court decisions: (1) the ambiguous labels “liberal” and “conservative”; (2) the State of North Carolina’s adventures at SCOTUS; and (3) a reasoned critique of the work of Justice Neil Gorsuch, or is just labeling good enough. Introductory discussions concerning Article III of the US Constitution, the principle of judicial review, and the organization of the federal court system will precede consideration of the 21st-century cases. The goal of the course is to develop an understanding of how the federal judicial system works, how and why the Supreme Court Justices do what they do, and where this current Court might be going based on the history.

**Please note:** Each student should obtain a pocket copy of the US Constitution (approx. $5.00).

DOUGLAS SHRADER received a BA from Yale University and an LLB from Yale Law School, when he received the Francis Weyland Prize for excellence in student advocacy and an Irving M. Engel Fellowship for postgraduate study in the field of civil rights law. He was a federal court law clerk and a teaching assistant in constitutional law at Yale. He practiced in trial and appellate law for more than 40 years and is a Fellow of the American College of Trial Lawyers.

10 Wednesdays, September 13–November 29, 9:00–10:30am, Judea Reform Education Building. Maximum: 20. Fee: $90. **Course ID: 1512.**

GERMAN POLITICAL CURRENTS, 1648 TO PRESENT

This course will be a discussion of main currents in German political history since 1648. Following a brief review of chronology, each session will cover one major topic: militarism peaking in WWI; religion’s impact, especially the Kulturkampf; Austria’s importance, even in decline after 1866; the SPD/Communist parties; dynasties and class-based politics to 1918; Germany and Western Europe from 1949 to 1989; Germany and Europe 1989 to the present; the Nazi era and its aftermath; the influence of the artists (Voltaire, Goethe, Wagner, Mann, Riefenstahl, Boell, Grass); and terrorism (Gestapo, Stasi, BaaderMeinhof).

GEORGE E. O’KEEFE received BA in European history, University of Chicago, 1964; MA, St. Louis University, 1969. He served in the US Army in Germany and Vietnam. He was a CIA officer for 29 years, then a contractor at SAIC for 10. He was overseas for 20 years, 12 of which were in West Germany. He reads German fluently.

10 Wednesdays, September 13–November 29, 9:00–10:30am, Judea Reform Education Building. Maximum: 20. Fee: $90. **Course ID: 2381.**

Courses on Wednesdays continue on page 36...
Challenged by Registration Day? Want to know how to deal with situations that have come up for many of our members before? Read on! We have lots to share that should make your experience easier and less stressful. Here are the answers to some frequently asked questions.

### Where do I go to register online?

Go to URL [learnmore.duke.edu](http://learnmore.duke.edu).

### I'm new to OLLI. How do I join?

You need to create an account first. Go to [learnmore.duke.edu](http://learnmore.duke.edu) and click on “Student Login,” then fill in the information requested under “I am a new user.” After clicking “Continue,” you will be taken to a page where you can create an account.

You can then purchase a membership in one of three ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI membership; (b) purchase your membership when you register for classes (if you do not have an active membership, one will be automatically added to your cart); or (c) call 919-684-6259 and let a registration team member help you purchase it.

**We encourage you to do this before Registration Day.**

### I can't find my User Name or Password. Can I get a new one?

Yes. If you have registered before, you have an account in our registration system. Go to learnmore.duke.edu and click on “Student Login.” On the next page (under the left column labeled “I already have an account”), click “Forgot User Name” above the boxes and enter the e-mail you used when you joined OLLI at Duke. The system will send a User Name to your e-mail. Look in your e-mail to find the User Name and write it down or, better yet, use the copy-and-paste function on your computer.

Now go back to the website, which should have returned you to the Student Login page, and click “Forgot Password” above the second box. Here you will enter your User Name by typing it in or pasting from your clipboard. The system will send a new Password to the same e-mail account. Copy that and enter it into the Password field on the Student Login page, then enter or copy-and-paste your User Name and click “Continue” to log in.

**We encourage you to do this before Registration Day so that you are comfortable logging in.**

### I know my User Name and Password but they don’t seem to be working.

Check to make sure that you are using a capital “X” in your User Name; the characters following the X are all numerals. The system will not accept a small “x.” Also check to see that, if you copied and pasted the User Name, you did not include any blank characters at the end of your User Name. Make sure you include all letters (case sensitive), numbers, and symbols in your password. It is best to copy and paste your password when possible.

**We encourage you to practice logging in before Registration Day.**

### I tried that and it still doesn't work.

Stop! Do not try it a third time or you will be locked out of the system and have to call either the Registration Office at 919-684-6259 or Garry Crites at 919-684-2703 to have someone reset the system. It is better to retrieve your User Name and Password from the system, using the procedure described above, and proceed from there.

**How can I tell if I have a paid membership?**

Log in using the procedure above. Then click on “My Profile” on the left menu. Next, scroll down to “Membership Information” to see what OLLI Membership you have and when it expires. If you do not see “Membership Information,” then you do not have an active OLLI membership. If you do not have an active OLLI membership, you can then purchase a membership in one of three ways: (a) Log in to your account, find “Special Requests” on the left, and click it to purchase an OLLI membership; (b) purchase your membership when you register for classes (if you do not have an active membership, one will be automatically added to your cart); or (c) call 919-684-6259 and let a registration team member help you purchase it.
Our website offers different ways to search courses:

1. **Search Courses Link:** The most direct way to find your course is to go to learnmore.duke.edu, click on the link “Search Courses” located on the second horizontal menu at the far right, and enter either the four-digit course number or a portion of the name. Click on the link to the course, click on the “Add to Cart” button, and follow steps to checkout.

2. **By Day of the Week or by Category:** Go to learnmore.duke.edu, click on “Osher Lifelong Learning,” click the down-triangle labelled “Show” under “Courses,” and click on the tab “View by day” or “View by category.” Click on the course title to get to the course page, click on “Add to Cart,” and follow steps to checkout. **Please note:** Since this is a Google search box refreshed by Google, it may not have the most up-to-date information.

3. **Search Box:** You may also enter the course number or part of the title into the search box that appears on every page at the top right, under the shopping cart symbol. This will search the entire site and may also retrieve results from the .pdf version of the course catalog. Click on the appropriate link for the course, click on “Add to Cart,” and follow steps to checkout.

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**I tried to register for a course I wanted and it was listed as full. What do I do now?**

Almost 40 percent of our courses fill on the first day. If there is a Wait List offered, add your name, but don’t depend on it for getting in. Instead, select another course that interests you.

**Why do I have to give my User Name and Password again when I go to check out?**

Note that if you begin by adding courses to your cart without logging in to your account, you will be prompted to log in once as part of checkout. If you are more comfortable logging in to the Student Portal first, then selecting your courses, you will be prompted to log in a second time for this reason:

In order to protect the personal information stored in your student profile, we require that you log in again as part of the inquiry or registration checkout process. Logging in again also prevents students who share a computer from accidentally enrolling the wrong person.

**I entered my credit card number at checkout but the system seems to have locked up. What happened?**

If you entered a Visa card number and checked MasterCard by mistake, the system will go into a long hold while it tries to reconcile that the number and card don’t match. It will eventually return control. The same is true for any mismatch between card number and card type.

**I’m not comfortable with online registration. Can I get help?**

Yes. Volunteers will be at JRC at 9:00am on Registration Day—Tuesday, August 8—to assist members with online registration.

**Can I register by calling the office or by using the paper form in the catalog?**

Yes, you can also call the Registration Office at 919-684-6259 to register by phone starting at 9:00am on Registration Day—Tuesday, August 8. If your call goes to voicemail because of the high volume of calls expected, leave only one message; your call will be returned as soon as possible.

If you want to submit a paper registration, you can bring it to The Bishop’s House no earlier than 8:00am the day before Registration Day, with a check for the amount of your courses. Staff at the Bishop’s House cannot accept credit card payments on paper forms.

**Will I have the same priority to get classes if I register using a paper form?**

Registering online is the best way of maximizing your chances of getting the courses you desire. Everyone is equal, but registration is a first-come, first-served system. Paper forms and hundreds of phone calls cannot be processed as quickly as instantaneous online registrations. Your best bet to register quickly is to get familiar with the online system by practicing well in advance of Registration Day. You can also either come to JRC or find a friend who is computer savvy to help you.

**Anything else I should check as I register online?**

Click on “My Enrollment History” on the left side of your profile page before you log out to insure that all the courses you registered for are listed.
INTRODUCTION TO 3D PRINTING
Using a consumer-level 3D printer, learn the basic workflow to turn raw ideas into physical objects using computer-aided design software programs (e.g., TinkerCAD and others) and even photographs. Come explore this exciting technology and its practical and artistic uses, such as home/hobby projects and holiday decorations. You'll have an opportunity outside of class sessions to print your own objects on the class 3D printer throughout the Fall term. Visit www.thingiverse.com.

Requirements: Plan to install free, open-source software on your own computer, practice using it on your own, and allot extra time to print your own creations between classes.

Please note: There will be a $30 materials fee for use of the instructor's 3D printer between classes and for the printing materials. Please bring the exact amount to the first class; refunds are at the discretion of the instructor.

HOWARD KOSLOW has more than 30 years' experience as a software developer, mentor, and trainer. After retiring from IBM, he is teaching at OLLI to share his joy of learning and teaching others to embrace technology for creative and productive purposes.

6 Wednesdays, September 13–October 18 (please note dates), 9:00–10:30am, Judea Reform Education Building. Maximum: 10. Fee: $60. Course ID: 1880.

CHANGE YOUR AGE:
Use Your Body and Brain to Feel Younger, Stronger, and More Fit
Baby boomers, did you know that your movement habits at ages 50 and 60 will impact how you feel at age 70 and beyond? You can shed your physically limiting habits and learn new habits that make your body and mind more agile and fit. This ground-breaking Change Your Age program, based on the Feldenkrais Method of Neuromuscular Reeducation, applies the principles of childhood development and neuroplasticity to adult learners. You will learn simple but powerful exercises that train your brain to move your muscles in healthier, stronger, and more coordinated ways. The program is not stressful and does not involve repetitive routines. With a more intelligent body and diminished pain, you will delight in your newfound youthfulness. All who can lie on the floor comfortably are welcome; call 919-967-8013 to discuss any concerns you might have about your ability to participate.

Please note: Bring a mat, thick blanket or sleeping bag on which to lie and two big towels to fold to create support for your head. Wear comfortable clothes for movement and dress in layers.

Recommended text:

KAREN DOLD, Feldenkrais Practitioner and movement educator, has changed her age and delights in watching her students do the same. “The older I get, the younger I feel.” She has been teaching classes throughout the Triangle since 2000 and offers private sessions in her Chapel Hill and Cary offices.


IMPROV THEATER: Scenework
Scenework is the keystone of improvisation. Be prepared to advance your scenework skills to a new level with this course. Our focus will be on building relationships in worlds that you create and living more in the moment, discovering what is present right now and how to work off that. No need to “script” a scene—you already have everything you need to make a scene “work.” It’s simply a matter of discovering what is in you and in front of you (in your partner) and learning what to do from there. Experience the true collaboration that makes improvising wonderful. An end-of-class performance is optional.

Please note: Be ready for active physical participation, including frequently alternating between standing and sitting, plus physical movement.

Prerequisite: You should have completed a beginning improvisation class or have a theater background.

Recommended text:

CAROLYN COLE performs long-form improv in local theaters and wherever else she can. She also teaches improv at the Durham Arts Council. Trained at Second
City, IO ,and UCB/NYC, Carolyn believes that improv wisdom can make a positive difference in your everyday life. Her motto is, “Try improv. You will become ageless.”

5 Wednesdays, September 13 & 20, and October 4, 11 & 25, 10:30am–12:30pm (please note dates and times), Seymour Center, 2551 Homestead Rd, Chapel Hill. Maximum: 8. Fee: $50. Course ID: 2407.

THE HISTORY OF SURGERY: The Quest for Treatment of Injury and Disease

Since early times, surgeons have tried to improve treatment of their patients. Progress for the most part was slow, sometimes erratic, and occasionally chaotic. There were long periods of stagnation, punctuated by moments of brilliance, only to be followed by another period of slow progress. Some advances, especially in European universities, were vigorously opposed by the medical establishment that felt threatened new ideas could change the conventional wisdom. This course will trace the progress of surgery from its early days in the Stone Age to the present, where scientific methods and principles as well as evidence-based medicine are the driving forces toward greater progress. ▪ Lecture (plus Questions)

Recommended texts:


ERNIE KUNDERT is a retired general surgeon. This course offers him the opportunity to combine his love of surgery and his love of history.


HAND EMBROIDERY FOR BEGINNERS

Are you interested in finding out more about stitching by hand? This easy-to-learn artistic craft is a rewarding way to embellish fabric and create something beautiful. In this course, we will learn how to identify and use different needles, threads, and fabric; transfer a design or motif to fabric; set up and use different types of embroidery hoops; and stitch easy basic stitches and combine them for more complex effects. There are many different lovely styles of hand embroidery. We will explore surface stitching (as opposed to cross-stitch or needlepoint) with soft colorful cotton threads and discover how effective even the simplest stitches can be. This course is perfect for absolute beginners as well as those with a little experience who want to brush up on their needlework skills. ▪ Hands-On Activity

Please note: The instructor will provide basic supplies for the first class meeting. For subsequent classes, students will need cotton threads and an embroidery hoop (estimated cost $10–$15).

JO DARBY has been stitching for more than 15 years, exploring many different types of hand embroidery while running her Etsy shop that featured hand embroidered pillows, wall hangings, children’s clothes, and table linens. Her favorite style changes every time she learns a new one. She is a longtime member of the Embroiderers Guild of America and a volunteer needlearts teacher at the Durham Center for Senior Life.

10 Wednesdays, September 13–November 29, 11:00am–1:00pm (please note times), The Bishop’s House. Maximum: 10. Fee: $90. Course ID: 2418.

KING LEAR: Internal and External Storms

Robert Brustein, founding director of the Yale Repertory and the American Repertory theatres, writes, “King Lear may very well be the greatest play ever written. . . . [It] tells us more about the tragedy and triumph of being human than anything in literature.” Compelling, complex, and challenging, King Lear traces the title character’s journey to self-knowledge. In Lear’s story, we may see something of ourselves encountering our own failings and those of the world we inhabit. In this course, we will engage in close analysis of the text, and through a variety of activities and in-depth discussions, we will examine key soliloquies, dialogues, and scenes. In addition to reviewing critical scholarship on the play and viewing film clips of it, we will ask if King
Lear speaks to us in a singular way at this particular point in our own lives. *Facilitated Discussion; Viewing Videos*

**Required text:**

**Please note:** Students should purchase only the Folger Shakespeare Library edition so that all members of the class are using the same text.

JANICE CHING retired from Durham Academy, where she taught Shakespeare’s works for more than 20 years. She studied in Stratford, England, and at the replica of the Globe in London. She has conducted professional workshops on teaching Shakespeare’s plays and been an OLLI instructor for 12 years.

10 Wednesdays, September 13–November 29, 11:00am–12:30pm, Judea Reform Education Building. Maximum: 20. Fee: $90. **Course ID: 2439.**

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**THE WORLD TODAY**

This course is for those interested in current events. Each week we will discuss news from around the world, across the United States, and in the Triangle. The facilitator will provide an agenda of discussion topics, and members of the class are permitted to propose additional discussion topics. Active participation is encouraged (but not mandatory), since it expands our mutual understanding of the many events that might, and do, affect us. Discussions are enriched by the variety of class members’ backgrounds, expertise, and viewpoints. Topics are discussed knowledgeably, respectfully, and, sometimes, with passion, but we always end with humor, looking forward to the next class. And, many of us even continue the discussions over lunch at a nearby restaurant. We offer two sections of this class because of the large number of interested OLLI-ites. Most facilitators rotate between the sections. Each facilitator is a news junkie and has led discussions many times, and each brings his own distinctive style and background to the class, and, most important, each will encourage a wide selection of views from class members. *Facilitated Discussion*

HENRY BLINDER served as city attorney for the City of Durham for many years prior to retirement. He is a past president of the North Carolina Association of Municipal Attorneys and a former deputy attorney general for the State of New Jersey. He has a JD degree from Duke University Law School and has lived in Durham for more than 30 years.

DEAN BLOCK has served in municipal government in three cities, as a budget director, a deputy city manager, and a public works director, prior to retirement. He began his career as an officer in the US Navy. Dean holds a master’s degree and has lived in the Triangle since 2009.

RICHARD ELLMAN is a retired New York CPA who moved to Durham more than 10 years ago. He has been an OLLI member for that entire time, serving as the treasurer, a board member, and then the president. He considers himself a news junkie.

DOUG LONGMAN has taught several courses at OLLI on international political economy, public policy, and economics. He holds a doctorate in business administration from the University of Chicago, and he has taught there and at UNC-Chapel Hill and the University of Texas.

RIC SHEPHERD, originally from the Boston area, has been a CPA for more than 30 years. Since 1988 he has lived and practiced in the Triangle area. Rich’s specialty is financial consulting to businesses, and he teaches at Wake Tech Community College.

**Please note:** There are two sections of this course open for enrollment. When registering online, enter the four-digit Course ID (**0393**) into the course search. You will then need to choose between the two sections. If registering by paper, write the preferred section on the line.

**Section 1:** 10 Wednesdays, September 13–November 29, 11:00am–12:30pm, Judea Reform Education Building. Maximum: 35. Fee: $90. **Course ID: 0393-047.**

**Section 2:** 10 Thursdays, September 14–November 30 (see notice at bottom of page 47), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 35. Fee: $90. **Course ID: 0393-048.**

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**TURKEY: Between Two Worlds**

This course is about Turkey, a predominantly Muslim country located mostly in Asia, though Turkey has been a sturdy member of NATO and a candidate for membership in the EU. The course will move chronologically from the first arrival of Turkic tribes in Anatolia, through the centuries of Ottoman rule, and into the century of the Turkish Republic. It will cover Mustafa Kemal Atatürk, the founding of a secular republic, the evolution of the republic from a single-party oligarchy to an often messy multiparty democracy, the multiple resets.
of the political process by the Turkish military, and the current ascendency of President Erdogan’s Justice and Development Party (AKP). It will attempt to shed light on the relationship between religion and state, Turkey’s Kurdish problem, Turkey’s relations with other nations (Russia, the US, the EU, and others), concerns about diminished human rights in Turkey, and the attempted coup of 2016.

Lecture (plus Questions)

Recommended text:


ROB BAUERNFEIND, a retired cardiologist, was full- or part-time medical school faculty throughout his career. He has longtime interests in history and travel, and his trips to the Turkish region sparked a special interest. Rob previously taught several sections of a popular course about the Ottoman Empire.

10 Wednesdays, September 13–November 29, 11:00am–12:30pm, Judea Reform Education Building. Maximum: 25. Fee: $90. Course ID: 2383.

BASIC DRAWING

You can learn to draw—by learning to see. Maybe you’ve thought about sketching a scene while on vacation, sketching a family member such as a grandchild, or drawing a beautiful flower right in your own yard. You don’t have to be an accomplished artist to do any of those things. We will go slowly, using basic materials, working in black and white, and following exercises given in the classic book by Betty Edwards, *Drawing on the Right Side of the Brain*. You’ll find you can learn much more than you expected and have fun doing it. ■ Hands-On Activity

Required supplies:

- White 11”x16” sketchbook
- #2 and #4 pencils
- Kneaded eraser
- Ruler

Required text:


Recommended text:


MARY KAY HOLTERMAN has been drawing and painting most of her life and has exhibited at various juried shows. She is proficient in a number of mediums, including colored pencil, watercolor, pencil, and pastel. She is a Certified Botanical Illustrator and a member of the Pastel Society of North Carolina, the Colored Pencil Society of America, and the Watercolor Society of North Carolina. She is a former exhibiting artist at the Hillsborough Art Guild.

9 Wednesdays, September 20–November 29 (please note dates), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 10. Fee: $90. Course ID: 2423.

PHOTOGRAPHY, BEAUTY & MEANING

We will start off investigating the nature of photography, working out answers to questions such as, What is unique and essential to photographs? Do they document reality? Tell stories? Why do we value them so much, and how does aesthetics enter the picture? Next we will discuss how to understand beauty, focusing on aesthetic beauty and how it differently animates nature and art. This will invite discussion of how titles function as guides for interpreting artworks and photographs. Then we will explore questions about meaning in photography—not so much why certain photographs may be meaningful to you or for me, but how to regard photographs themselves as embodying meaning. There are two central ways: exhibiting metaphorical content and manifesting character. So we will end up examining both the role of metaphor in photographs and the ways photographic portraits portray character. ■ Lecture (plus Questions); Facilitated Discussion

ROBERT VANCE is an emeritus professor who taught philosophy at UNC for 35 years. Along the way, he acquired an MFA in studio art. His sculptures and photographs have been exhibited widely and have received many awards. His writings focus on the intersection of art and philosophy.

9 Wednesdays, September 13–November 15 (please note dates), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 10. Fee: $90. Course ID: 2360.

Registration opens at 9:00am on August 8

www.learnmore.duke.edu
AMERICAN ART: From Colonial to Modern

In this six-week course, we will use the encyclopedic collection of the North Carolina Museum of Art to survey American Art from colonial times to early 20th-century modernism. Lectures in the Museum Auditorium will alternate with gallery sessions, in which we will look closely at works that were discussed in the lecture. ■ Lecture (plus Questions); Facilitated Discussion

**October 4** (lecture)
Colonial Beginnings

**October 11 & 12** (gallery sessions)
Portraits, Still Life, and Story Paintings

**October 18** (lecture)
Manifest Destiny

**November 1 & 2** (gallery sessions)
American Landscape Painting

**November 8** (lecture)
Early Modern Art in America

**November 15 & 16** (gallery sessions)
The Ash Can School, American Impressionism, Regionalism

KRISTINE DOOR, PhD, taught art history at the University of North Dakota for more than a decade before moving to Raleigh in 1995. Until her retirement, she lectured at the North Carolina Museum of Art and directed the docent program. Kris has offered an OLLI art history class each year since 2007.

**Please note:** You can sign up for the entire course (which includes the three lectures and your choice of available gallery sessions), or you can sign up just for the lectures. All sessions meet at the North Carolina Museum of Art, 2110 Blue Ridge Rd, Raleigh. When registering online, enter the four-digit Course ID (2355) into the course search. You will then need to choose between the four sections that include lectures and gallery sessions or the one section that includes lectures only. If registering by paper, write the preferred section on the line.

**Section 1:** Wednesday lectures, 11:00am–12:30pm, with Wednesday gallery sessions, 10:30–11:30am. Maximum: 20. Fee: $80. **Course ID: 2355-001.**

**Section 2:** Wednesday lectures, 11:00am–12:30pm, with Wednesday gallery sessions, 12:00–1:00pm. Maximum: 20. Fee: $80. **Course ID: 2355-002.**

**Section 3:** Wednesday lectures, 11:00am–12:30pm, with Thursday gallery sessions, 10:30–11:30am. Maximum: 20. Fee: $80. **Course ID: 2355-003.**

**Section 4:** Wednesday lectures, 11:00am–12:30pm, with Thursday gallery sessions, 12:00–1:00pm. Maximum: 20. Fee: $80. **Course ID: 2355-004.**

**Section 5 (lectures only):** Wednesdays, 11:00am–12:30pm; see schedule for dates. Maximum: 100. Fee: $50. **Course ID: 2355-005.**

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**Special Workshop at DAC**

**THE MARRIAGE OF PAINT & COLLAGE: Experimentation in Watermedia Painting**

In this course, we will work on both the technical and aesthetic aspects of using collage elements to enhance watermedia paintings. Classes will be run in the style of a workshop, with the instructor doing some technical demonstrations but mainly working one-on-one to help each student by addressing his or her own unique artistic needs. Additional time will be spent critiquing work done in class or brought from home so students can learn to judge their own work outside of a classroom setting.

■ **Hands-On Activity**

**Please note:** Check the Durham Arts Council website for supplies list.

BERNICE KOFF enrolled in a watercolor class more than 25 years ago to enhance her art knowledge as a museum docent in Columbus, Ohio. Art classes, gallery exhibits, and juried shows began to fill up her life, and she pursued all of them with joy, energy, and a determination to make her art both more skilled and more meaningful. Teaching students the joys of watermedia painting and collage has enhanced her life and her artwork as well.

8 Wednesdays, September 20–November 15, 11:00am–1:00pm (please note dates and times; no class October 25), Durham Arts Council, 120 Morris St, Durham. Fee: $144.

**Special registration required:** This course is a collaboration of the Durham Arts Council and OLLI at Duke. If you are an OLLI member, contact Kathy Parrish (919-681-3476) to get the discount code you should use, and then call the Durham Arts Council (919-560-2787) to register. You cannot register for this workshop through the OLLI registration website or office. Seating is extremely limited.
LEARN TO KNIT AN AFGHAN
Knit a cozy afghan one square at a time. All skill levels are welcome as we learn to create a variety of textured blocks. We’ll finish the course by joining them into a blanket to enjoy for years to come.

Hands-On Activity

Required supplies (approximate cost $30):
- Copy of “Color Block Blanket” available online at www.ravelry.com/patterns/library/color-block-blanket-2
- Approximately 800 yards bulky weight yarn (examples include Lion Brand Wool-Ease or Cascade Eco+). Additional yardage will allow for a larger blanket. All yarn should be a solid color; you can use a single color or five coordinating colors as shown in the pattern.
- US size 11 needles
- Cable needle
- Tapestry needle

AMIE PALMER is a lifelong fiber arts enthusiast who has been knitting for almost 30 years. Her favorite projects include making custom-fit clothing and creating interesting textures using a variety of knitting techniques. She is a Craft Yarn Council Level II certified knitting instructor who loves sharing her craft with others.

10 Wednesdays, September 13–November 29, 11:00am–12:30pm, Emily K Center, 904 W Chapel Hill St, Durham. Maximum: 8. Fee: $90. Course ID: 2422.

PRESIDENTS & POLITICS: From the New Deal to Trumpism
Over the last 85 years, 14 presidents—7 Democrats and 7 Republicans—have led the American nation. Under their combined efforts the nation has become the world’s preeminent military power, its primary economic engine, and its moral avatar. Each of these men (the procession of presidents still does not include a woman) has made unique contributions to the “American century.” Our survey/discussion course will follow the course of events from 1932 to the present and attempt to assess the politics of the presidency, examine the tenure of each of these leaders, and consider how it made us the “way we are today.”

Lecture (plus Questions); Facilitated Discussion

GEORGE LANKEVICH is Professor Emeritus of History at the City University of New York. He has written or edited more than thirty books of history, including surveys of the Carter and Ford Administrations.


CONSCIOUS AGING SERIES
A free lunchtime lecture series with knowledgeable speakers addressing relevant issues and topics:

Sept 27 • The State of the State: NC Politics (State Senator Mike Woodard)
Oct 4 • Medicare 101 (Gary Knutson)
Oct 11 • What’s with All These New Buildings in Durham? (John Schelp)
Oct 18 • Improving Balance and Preventing Falls (Michelle Mosberger)
Nov 1 • Eating for Energy: Getting Older Does Not Mean Slowing Down (Sharon MacGregor)
Nov 8 • Supporting Caregivers of Older Adults through the Duke Elder Family/Caregiver Training (DEFT) Center (Cristina Hendrix, DNS, GNP-BC, FNP, FAAN)
Nov 15 • Social Engagement to Maintain Healthy Cognition (Yvette Garcia Missri)
Nov 29 • Footprints Online (Rochelle Newton)

CONSCIOUS AGING SERIES

FREE Lunchtime Lectures

THE SOVIET STATE: Stalin through Gorbachev
This course covers the rise of Stalin; Soviet industrialization; the Stalinist purges; Soviet diplomacy and conduct during World War II and the Cold War; Khrushchev and peaceful coexistence; Detente, SALT, and Soviet rule under Brezhnev; Gorbachev and “perestroika” and “glasnost”; and the demise of the Soviet state in 1991. The course concludes by focusing on the establishment of the Russian Federation. In a subsequent term, we will look at Russia during the Yeltsin and Putin years.

Lecture (plus Questions)
Recommended text:

Dr. WILLIAM DAVIDSHOFER holds a PhD in political science, with a specialization in Russian and Eastern European studies, from the University of Notre Dame. He has taught many OLLI courses, after finishing a 40-year teaching career at the University of Maine at Presque Isle, and he has recently published *Marxism and the Leninist Revolutionary Model*.


MATTERS OF LIFE & DEATH: An Esoteric Perspective

One’s view of death is not just one of many aspects of how one views life: we view the whole meaning and purpose of life through the lens provided by our view of death. Former secretary-general of the United Nations Dag Hammarskjold observed, “It is our concept of death that decides all our answers to the questions which life poses.” In this course, we will examine the esoteric view of death—that death is only a transition to a different level of consciousness and reality—in order to determine how this view can affect our view of ourselves and of life.

Facilitated Discussion

JEROLD CLACK taught philosophy for more than 30 years, primarily in the Triangle area. He has taught a number of courses at OLLI concerning the spiritual nature of human beings.


INTERMEDIATE DSLR PHOTOGRAPHY: A Hands-On Exploration!

Most people who own a DSLR camera use only a fraction of its capability. This course will help students get the most from their cameras through a combination of classroom lectures and outdoor field trips to practice what they have learned. Understanding aperture, shutter speed, ISO, lens options, depth of field, lighting, and composition are key to getting the most from these wonderfully flexible cameras. For sessions 3, 5, 7, and 9 of this ten-week course, we will meet at a different location (time and place to be decided by the class) with specific photographic goals, such as scensics, landscapes, close-ups, people, and so on. Students will share and discuss their results the following week in the classroom. Basic introduction to the use of Adobe photo-processing software (Lightroom, Elements, Photoshop) and how they can be used to enhance photographs will be included.

Lecture (plus Questions); Hands-On Activity; Viewing Videos; Field Trip(s)

Please note: There will be six sessions in the classroom and four field trips for shooting.

JOHN VAETH was a professional photographer and photography instructor for Kodak for more than fifteen years. He has conducted hundreds of workshops and photo walks in national parks, on cruise ships, and at photography seminars and is passionate about helping others get inspired to do more with their cameras.

10 Wednesdays, September 13–November 29, 1:30–3:00pm, Judea Reform Education Building and photo-shoot locations TBD. Maximum: 12. Fee: $90. Course ID: 2363.

THINK AGAIN: How Our Brains Really Work

The human brain, a remarkable organ with close to 100 billion neurons and trillions of connections, developed through evolution for survival and procreation, not for accuracy. As amazing as its capacities may be, it is equally amazing what our conscious minds cannot do, what we miss, and what we sense that is not there. Why are there optical illusions? Why do we believe obvious lies? How are men’s and women’s or conservatives’ and liberals’ brains different? Advertisers and politicians use knowledge about our brains to take advantage of us. Designed for the lay person, this course does not require a science background and will include presentations, discussions, videos, and demonstrations. We will discuss how to overcome some of the brain’s limitations and how to keep it active and healthy. We will also look at how our brain has evolved and how it is likely to evolve further.

Lecture (plus Questions); Facilitated Discussion; Listening to Music or Other Audio; Viewing Videos

Recommended text:

MATT EPSTEIN’s careers have included law; being executive director of university-based centers; teaching
in high school, college, law, and medical schools; starting various businesses; and working with youth, prisoners, and addicts. He presently teaches math and is a principle in both consulting and nonprofit organizations. He has a BA in psychology from Yale University and law degrees from the University of New Hampshire and Boston University.

10 Wednesdays, September 13–November 29, 1:30–3:00pm, Judea Reform Education Building. Maximum: 30. Fee: $90. Course ID: 2169.

**COMING OF AGE IN THE 1950s: Memory Meets History**

We will study the experiences of Americans growing up in the 1950s. As our main sources we will read memoirs by a male white Southerner, a female black Southerner, and a New York City girlfriend of Jack Kerouac’s, and stories from (fictional) Jews in New Jersey. As additional sources, students will be invited to recount their personal memories of the decade. The instructor will facilitate discussions and also frame them in historical context. Topics will include childrearing, sexuality, gender roles, consumerism, and the Cold War. ■ Facilitated Discussion

**Please note:** There will be a $3 fee to cover the cost of handouts. Please bring exact amount to the first class; refunds are at the discretion of the instructor.

**Required texts:**

When PETER FILENE taught US history at UNC-Chapel Hill, he won six teaching awards and published six books on topics ranging from gender roles to the right to die. Since retiring, he has completed a book on the history of fatherhood, exhibited fine art photographs at the FRANK Gallery, and enjoyed two children and four grandchildren.


**FINANCIAL FITNESS FOR WOMEN**

Get in shape and stay in shape financially. This course will be basic, informative, and fun. Are you confused by acronyms like ETF, OER, PE, and S&P? Do you know what your net worth is, or how much you can afford to spend from your investments? Do you understand your choices for investing and how much you are paying? We will start by learning to calculate our own net worth and cash flow. We will then move into learning about different types of investments, the role each plays in your portfolio, and the risk of each as well as their potential costs. We will have guest speakers who are experts in taxes and estate planning. ■ Lecture (plus Questions); Facilitated Discussion

TERI ROGOWSKI has spent 25+ years working in the investment/financial planning industry. She has always had a strong passion to educate and empower women in their financial lives. In retirement, she continues to hold the CFP designation and to focus her time on providing services to women.


**AFTERLIFE & ESCHATOLOGY—The End of All Things**

This course will be a cultural, religious, historical, contemporary, and lively discussion of the tenets and beliefs of the end of all things: eschatology. We will explore a wide overview of major components thereof: angels, heaven, afterlife, resurrection, the immortality of the soul, paradise, satanism, millenialism, transmigration, reincarnation, nihilism, and near-death. In short, this is a course on the afterlife and its theories, approaches, and proponents. Is there an “intermediate” state? Is there actually life after death? The course is not intended to convert anyone to another’s belief. Religious, secular, scientific, atheist, and humanist views are welcome, from those who “know” there is life after death to those who agree with Lord Byron: “I will have nothing to do with immortality; we are miserable in this life without the absurdity of speculating upon another.” ■ Lecture (plus Questions); Facilitated Discussion; Viewing Videos
Dr. THOMAS N. COLLEY is a retired Lutheran pastor, having served 37 years in parishes in New England and in North Carolina. He has a MDiv from Christ Seminary, Seminex, and a DMin from Drew University. He taught religion and philosophy as adjunct professor at Nathaniel Hawthorne College, Catawba Valley Community College, and Lenoir-Rhyne University. This will be his fourth course for OLLI.


GUIDE TO LOCAL JAZZ:  
The Who, What, When, and Where of Jazz Locally

The local jazz scene is booming! This course will tell you what is happening and where to find local jazz. Several local musicians will come to class for discussions and some performances, and we will go out to selected performances and local university jazz activities. With any luck, this year we'll have an internationally known performer or two as part of the course, in addition to a mix of our fine local musicians. In the spirit of jazz itself, we'll have a set melody and rhythm but will also do some improvising. By the time we finish, you'll be completely up to date on our quietly exploding local jazz scene.

KEVIN RICHARDS has traveled to Lebanon and made contact with different political factions throughout the country. Material from these meetings will add to course materials. He guest-lectured at the University in Beirut in 2003 and in California at Ventura College and CYA, Camarillo, from 2004 to 2007. He worked with an organizational behavior class at Boston University, 1979–1981.


ART & WOMEN:  
19th- and 20th-Century Western Art

In this discussion-based course, we will examine European and American art made by women in the 19th and 20th centuries. We will discuss interdisciplinary trends of feminist scholarship in art history and consider the issue of differences between art made by women and by men. We will evaluate the various strategies employed by successful women artists and consider how their art has been received. We will also examine the feminist art movement and consider issues of essentialism in art, art as protest, and appropriation in art. This course is a continuation of a course taught in the Winter 2017 term but does not require that as a prerequisite. (Men are cordially invited to join this class.)

In celebration of Rosh Hashanah, there will be no classes at Judea Reform Education Building from 4:00pm Wednesday, September 20, through Thursday, September 21.

Check with your instructor to see if your course will be shortened or if a makeup class will be scheduled. Classes will go on as scheduled at The Bishop’s House and off campus.

Please note: There may be one or two evening performances arranged specially for the class (e.g., at the Sharp Nine Gallery). There will be a $15–$20 cover charge for each performance.

PETER BURKE has taught this course since Winter 2014, having discovered how good the local jazz scene has become. He augments this course by managing the Locavore Jazz website, linking folks to jazz venues and performers, while making weekly performance recommendations, reviewing some of those performances, and commenting on the scene.

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Facilitated Discussion
Recommended texts:


Since her move to North Carolina, RUTH CACCAVALE has taught a variety of art history courses for OLLI. She also works in the education department of the Nasher Museum at Duke University. For ten years prior to this, Ruth taught art history at Rutgers University in New Jersey.


OH MY AGING BODY: Using Yoga to Help Manage Health Challenges

Yoga has long been recognized as a path to inner peace and a way to boost strength, balance, and flexibility. New research suggests that it also offers powerful therapeutic benefits, including reducing heart rate and blood pressure, relieving pain, enhancing fitness and function, and boosting mood. Each class will be a mixture of lecture/discussion and practice, exploring how seniors can use the four main tools of yoga—postures, breathing, meditation, and principles—to find ease in body and mind. All practices will be appropriate for any older adult who is living independently; no yoga experience required. Postures can be done while standing or seated in a chair. For those able to get down to and up from the floor, lying-down poses will be offered; for those who need or prefer to stay in a chair, sitting poses will be offered. Lecture (plus Questions); Facilitated Discussion; Exercise or Dance

Recommended text:


CAROL KRUCOFF is a yoga therapist at Duke Integrative Medicine and the co-director of Yoga for Seniors. An award-winning journalist, she was founding editor of the Washington Post’s Health section and is the author of several books, including the just-released Relax into Yoga for Seniors: A Six-Week Program for Strength, Balance, Flexibility, and Pain Relief.


NEW HORIZONS CHORUS

Men and Women: Lift Up Your Voices and Sing!
The New Horizons Chorus invites you to join with fellow OLLI members in a serious, but fun, atmosphere to learn healthy singing techniques. Making music is enjoyable, but it’s serious fun . . . and it can help maintain both good mental and physical health. Experienced as well as novice singers are welcome. Sing favorite music that you remember from the past. Our focus will be on learning basic concepts and vocal technique, reading music, and—most of all—experiencing the joy of singing.

MELODY ZENTNER, recently retired from a career as chorus director at Durham Academy Middle School, is now the interim chancel choir director at Watts Street Baptist Church in Durham. CARMEN WARD is our piano accompanist.

10 Wednesdays, September 13–November 29, 3:30–5:00pm, in the Chorus Room at Durham Academy Middle School Campus, 3116 Academy Rd, Durham. There is ample parking after 3:15pm, when parents have picked up students from school. Fee: $90; covers group instruction and sheet music. Course ID: 0457.

You must be a paid member of OLLI ($35 annual dues) for the 2017–2018 academic year.

NO regular OLLI CLASSES during OLLI’s Fall Break, October 23–27, or Thanksgiving week, November 20–24

Registration opens at 9:00am on August 8
OLLI AT NIGHT CLASSES

WEDNESDAYS

CYBER-SECURITY 101:
Practical Tips for Non-Techies

How secure is your computer right now? At a guess, you probably don't know. Computers and the Internet have revolutionized the modern world, but if you're like most people, you have no clue how these things work or what the real threats are. It's not your fault. Where would you have learned about this? While there are tons of resources on “cybersecurity” for people who already understand computers and networking, there are almost none for regular, everyday folks. That's where this course comes in. The instructor will explain the basics of computers, networking, security, and privacy—in plain English, using simple analogies—and then show what you can do at home to make your computer system (Mac or Windows) and even mobile devices (iPhone or Android) more secure. Optional reading and activities will use the recommended textbook; the instructor will inform students if a new edition is available. ■ Lecture (plus Questions)

Recommended text:

CAREY PARKER has a master's in electrical engineering from Purdue University and has been writing telecom software for more than 22 years, for both large and small companies. Carey is passionate about computer security and online privacy and is the author of the book Firewalls Don't Stop Dragons.


THE ORIGINS OF AMERICAN CONSTITUTIONAL THOUGHT:
A History of Political Ideas

This course and discussion forum explores the ideas that converged in the framing of the US Constitution and the debates leading up to the ratification of the Constitution by the States. These include the purpose of government (Locke, Montesquieu, etc.), historical antecedents (the Roman Republic and Caesar, the Holy Roman and Turkish empires), English Constitutionalism (“Nobility, Aristocracy, and Commons,” Rights, Absolutism), English Commonwealth and Coffee House thinkers (Harrington, Sidney, Trenchard and Gordon), clockwork thinking (the Enlightenment, government as a machine), State Constitutions and the Articles of Confederation (esp. Pennsylvania, Virginia, and New York), the Federalists (beyond Madison and Hamilton), and the Anti-Federalists and the Bill of Rights (Brutus, Cato, the Pennsylvania Minority), as well as other influences (sermons, mercantilism, and the Algonquin Republic). The course is centered on reading primary source documents, short introductory lectures, and a civil and engaging group discussion of the class materials. ■ Lecture (plus Questions); Facilitated Discussion; Hands-On Activity; Writing

CHRISTOPHER CURLEY is a graduate of Penn State University’s Schreyer Honors College with degrees in political science and history. He spent more than 20 years as a program manager in technology working on technical infrastructure—using the ongoing study of constitutional theory and the intellectual history of the Enlightenment. He has worked with the Schreyer Institute for Innovation in Learning, with the International Systems Institute, and on the exploration of democracy in the workplace.


CREATIVE PROSE:
Transforming Your History/Experiences into Creative Writing

Where do writers get their ideas? Do you have family letters, oral histories, stories and experiences you want to express on paper? How does a writer decide to turn an experience, a story, an idea, or research into fiction, nonfiction, memoir, autobiography, and so on. This course will examine the raw material of writing and how to make that decision. We will discuss the techniques of writing in different forms, how to decide which raw material is best suited for a particular form, and how a writer organizes, plans, and begins a draft. The steps in planning and carrying out a writing project from raw material through writing, editing and rewriting will be tried out in class assignments. There will be weekly opportunities to share writing and discuss it. How to publish or
self-publish will be examined. The course is open
to writers of all levels, and beginners are most
welcome. ■ Facilitated Discussion; Writing

PAUL DEBLINGER taught creative writing at The
Writer's Center—Washington, DC; The Loft, Minneapo-
lis; and Bowling Green State University. He holds an
MA and MFA in creative writing and has published
poems, stories, interviews, and essays in many journals.

10 Wednesdays, September 13–November 29,
Fee: $90. Course ID: 2447.

RISKING WORDS: A Circle for Women
Who Write and Those Who Would Like To

“When women gather in a circle with the intent to
support one another in taking personal risks, the
circle is sacred space.” Within such a circle, you will
find validation and freedom from expectations while
exploring the boundaries of your own truth. You
will learn centered writing practice, a body-centered
process that includes writing to prompts, reading,
listening to others, and responding to what has been
read. Bring your notebook and the willingness to
let go of previous definitions of “writing” and of
yourself as a “writer.” This is a safe, supportive
group for both emerging and accomplished writers.
■ Facilitated Discussion; Writing

Recommended text:
■ Peggy Tabor Millin, Women, Writing and Soul-
Making: Creativity and the Sacred Feminine (ISBN:
978-0982371107), Story Water Press, 2009, $14.95.

PEGGY TABOR MILLIN has offered programs in the
written word for women for nearly 20 years. Through
her classes, women gain confidence and learn to trust
their own voices. She is the author of Women, Writing,
and Soul-Making and Mary’s Way, and is the editor
of the anthology Writing in Circles.

10 Thursdays, September 14–November 30, 8:30–
Fee: $90. Course ID: 2440.

READ & DISCUSS: Two Novels—
The Immigrant Experience after 9/11

We will read and discuss two immigrant novels:
The Inheritance of Loss by Kiran Desai (2008) and
Americanah by Chimamanda Ngozi Adiche (2014).
Both female authors were born in the 1970s, Desai
in India and Adiche in Nigeria. Both novels tackle
new territory by having the main characters break
away from the country of adoption and return to the
country of origin. This pattern is not radically new,
but the instability in this country after 9/11 is. The
typical immigrant’s story of a character finding a
way to come to terms with and perhaps thrive in the
country of adoption has been twisted by the funda-
mental instability that comes from divorcing where
you are from but never quite fitting in with where
you have arrived or even back where you have decid-
ed to return. Class members are encouraged to take
an active role in structuring/planning the assigned
readings, and participation is a key ingredient for this
reading experience. ■ Facilitated Discussion

Required texts:
■ Kiran Desai, The Inheritance of Loss (ISBN: 978-
■ Chimamanda Ngozi Adiche, Americanah (ISBN:
978-0307455925), Anchor, 2014 $8.69.

BOBBIE HARDAKER and CAROL SIROTA have been
“Read & Discuss” participants since 2014 and continue
as the course coordinators this fall.

10 Thursdays, September 14–November 30 (please
see notice below), 9:00–10:30am, Judea Reform
Course ID: 2440.

THE DECLINE OF VIOLENCE

Violence seems ubiquitous: terrorist attacks, atroci-
ties of war, and civil unrest, let alone the backdrop
of “routine” homicide, violence against women,
child abuse, and so on. It seems absurd to argue
that violence is declining, that peace and civility are
gaining ground. Yet that is the argument put forth
by Steven Pinker in his exhaustively researched
book The Better Angels of Our Nature. In this five-

In celebration of Rosh Hashanah, there will be no classes at Judea Reform Education Building
from 4:00pm Wednesday, September 20, through Thursday, September 21.
Check with your instructor to see if your course will be shortened or if a makeup class will be scheduled.
Classes will go on as scheduled at The Bishop’s House and off campus.
week course, we will examine Pinker’s thesis, both reviewing the substantial evidence that diverse forms of violence have in fact declined and also exploring why these changes have taken place. We will have ample time to discuss both the history of violence (long-term and recent) and prospects for further peace. (Please note that while an open mind is required, a strong stomach is not; there will be no gratuitous violent imagery in this class.)

ALAN VAUX is a retired university professor, researcher, and administrator. Since retiring, he has been exploring disparate interests (history, economics, politics, technology, and culture) through reading, taking OLLI classes (50+), and, more recently, teaching at OLLI. His long-standing interest has been the well-being of human populations—how to understand, measure, and promote it.

TECHNOLOGY—JUST IMAGINE!

Technology has always changed lives—opening up new opportunities and imposing new constraints. Yet the pace of recent technological change is breathtaking, exciting, and scary. In this five-week course, we will consider forces that influence the development of technology and explore several major arenas of information-age technology. Health: How will we stay well? Transportation: How will we get around? Information: How will we stay informed and educated? Entertainment: How will entertainment change? Manufacturing: How will we make things? Through lectures, videos, and class discussion, we will explore the potential costs and benefits of autonomous vehicles, robots, virtual reality, artificial intelligence, genetic editing, and much more. Can you imagine the near future? ALAN VAUX is a retired university professor, researcher, and administrator. Since retiring, he has been exploring disparate interests (history, economics, politics, technology, and culture) through reading, taking OLLI classes (more than 50 so far), and, more recently, teaching at OLLI. This course reflects a long-standing interest in technology and its impact on society and well-being.

GORDON PITZ is a retired instructor of cognitive psychology and cognitive science. His research area has been the study of thought processes, with recent interests in evolutionary accounts of human behavior.

A WORLD OF TROUBLE: A History of the 1930s

The world faced immense challenges in the 1930s, including the Great Depression, the rise of authoritarian regimes, and conflicts in Ethiopia, China, and Spain. This course will look at the major world powers (the United States, Germany, the Soviet Union, Great Britain, France, Italy, and Japan) as they navigated—and in some cases instigated—major events of the 1930s. Questions that will be explored include: How did the legacy of World War I influence events in the 1930s? How did the Great Depression spread from country to country? What drove Japan to invade Manchuria and become entangled in China? What was the impact of the US decision to withdraw from the world stage? What was life like under Nazism or Stalin's purges? How did a civil war in Spain become a conflict with repercussions far beyond its borders? How and why did countries respond to events as they did? ALAN VAUX is a retired university professor, researcher, and administrator. Since retiring, he has been exploring disparate interests (history, economics, politics, technology, and culture) through reading, taking OLLI classes (50+), and, more recently, teaching at OLLI. His long-standing interest has been the well-being of human populations—how to understand, measure, and promote it.

THE BIRTH OF MODERN AIR POWER: The First Air War, 1914–1945

This course will trace the evolution of air power from its initial uses in the First World War. We will follow the development of reconnaissance and fighter aircraft as the various military organizations discovered the advantages of aerial intelligence gathering. The closely related use of aircraft to conduct interdiction and close air support missions will be described and evaluated. Similar treatment will be provided for the first strategic bombing raids. In all of this discussion, we will focus on the correlation of the new technologies to the efforts to find a way to break the stalemate
of the trench warfare of WWI's conflict. Finally, we will look at the ways this war affected the development of aircraft after the war and into the Second World War. Lecture (plus Questions)

Recommended text:

JOE CADDELL has a PhD in military history from Duke University. He has taught at a number of schools for the Department of Defense and is currently teaching military and naval history at the UNC–Chapel Hill and NC State University.

10 Thursdays, September 14–November 30 (please see notice below), 9:00–10:30am, Judea Reform Education Building. Maximum: 30. Fee: $90. Course ID: 2158.

HARP ENSEMBLE I

Play the harp at last! This course is designed to introduce the novice player to the joy and challenge of playing the harp. Using “Harpsicle” lap harps, you will learn the basics of the “Salzedo” method, explore the range of the repertoire of the instrument, and experience the synergy of the harp ensemble. Music handouts will be provided and will cover children’s songs, classical music, hymns, popular music, Celtic music, and jazz. All musical skill levels are welcome to participate since basic music theory, rhythmic study, and solfege (do-re-mi) will be an integral part of the course offerings. The term will culminate in a concert given by the “OLLI Harp Ensemble.” Lecture (plus Questions) Facilitated Discussion Hands-On Activity

Please note: Students will need to rent a harp. The rental fee for the Fall term is $75 and covers the harp, a carrying case, and a tuning wrench. Please bring to the first class a check made out to “The Harp Studio.” Students will also need to bring a folding music stand.

WINIFRED GARRETT is a graduate of UNCSA and the Manhattan School of Music. The principal harpist for the Fayetteville Symphony, she is also “Harpist in Residence” of the Hayti Heritage Center, the founder and artistic director of the Harp Studio, and a harp instructor for NC State University, the Durham Arts Council, and the Cary School of Music.

10 Thursdays, September 14–November 30 (please see notice below), 9:00–10:30am, Judea Reform Education Building. Maximum: 15. Fee: $90. Course ID: 2433.

A NEW PERSPECTIVE OF ISLAM: Hopeful Visions for Our Time

Muslims are obligated to live true to their identity as defined in the Qur’an and the life of Muhammed the prophet. The lives of the earliest followers of the religion were a reflection of the correct picture of Islam. However, today the behavior of some people who assert that they are Muslims calls into question their faith and suggests a different picture of Muslim life. Today there is no greater struggle for a committed Muslim than to fight for a clear recognition of the true values of Islam. For instance, the religion demands a basic commitment to the preservation of life; yet there are groups of Muslims who claim to obey religious principles while committing violence against innocent people. Islam requires its believers always to tell the truth, especially to themselves and about themselves. This course examines the essential nature of Islam and how it is expressed in today’s world. Lecture (plus questions); Facilitated Discussion; Viewing Videos; Field Trips

Required text:

IMAM WAHEED has been an active member in the community lead by Imam W. Deen Mohammed for 38 years. He has served on the Religious Life staff Chaplain representing Muslims at Duke University for 18 years. For the last 25 years in Durham Imam Waheed has been involved in religious, business, and civic groups. He is a sought-after speaker on Islam at schools and religious groups.


In celebration of Rosh Hashanah, there will be no classes at Judea Reform Education Building from 4:00pm Wednesday, September 20, through Thursday, September 21. Check with your instructor to see if your course will be shortened or if a makeup class will be scheduled. Classes will go on as scheduled at The Bishop’s House and off campus.
YOU KNOW WHO GOT GRANDMA’S PEARLS, BUT WHO GOT HER PEARLS OF WISDOM?

Simply put, how do you want to be remembered? In this course, you will chronicle your beliefs, recall life lessons, and share your hopes for the future. You decide to whom you want to direct your writings: your children, grandchildren, family, friends. In this course, sometimes referred to as “an ethical will class,” you will learn about the ancient custom of writing such a document and how to create and share your legacy of values. The course will require you to be introspective and to complete writing assignments between class meetings. In this process, you will likely gain valuable new self-knowledge about what matters most to you in your life. Typically, a strong sense of community forms within the group. This may truly be the most cherished gift your family could possibly receive from you.

Please note: Students must be present for the introductory class unless they have taken the class before.

At age 14, JUANITA JOHNSON, MA, CT, began to receive writings from her father describing his childhood, family history, the love for his family, and his values. He wrote periodically to her until his death, and she became interested in learning how to encourage people to write a document they could share with their loved ones. A retired mental health counselor, Juanita has taught this course multiple times at OLLI.


GEOMETRIC TOPOLOGY

How can you tell if our universe is infinite or finite? Curved or flat? Why are donuts and coffee cups topologically equivalent? What is a torus? A Klein bottle? Starting with 1D and 2D universes and ending with 3D, we will investigate various properties of a universe and how a person embedded in a universe can discover certain topological properties. This course assumes participants have almost no knowledge of mathematics and approaches topology in a conceptual and qualitative manner with lots of diagrams. We will investigate the impact of various topologies on familiar games, such as tic-tac-toe. Learn about intrinsic and extrinsic properties, manifolds, orient ability, and other topological properties as we explore the weird and crazy world of topology.

Required text:
- Lecture (plus Questions); Facilitated Discussion

Required text:
- Students may buy any version or edition of books containing Shakespeare’s plays.

ALAN DESSEN, UNC–CH Peter G. Phialas Professor of English (Emeritus), is the author of eight books, most of them devoted to theater history in the age of Shakespeare.

10 Thursdays, September 14–November 30 (please see notice at right), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 20. Fee: $90. Course ID: 2396.
THE WORLD TODAY

This course is for those interested in current events. Each week we will discuss news from around the world, across the United States, and in the Triangle. The facilitator will provide an agenda of discussion topics, and members of the class are permitted to propose additional discussion topics. Active participation is encouraged (but not mandatory), since it expands our mutual understanding of the many events that might, and do, affect us. Discussions are enriched by the variety of class members’ backgrounds, expertise, and viewpoints. Topics are discussed knowledgeably, respectfully, and, sometimes, with passion, but we always end with humor, looking forward to the next class. And, many of us even continue the discussions over lunch at a nearby restaurant. We offer two sections of this class because of the large number of interested OLLI-ites. Most facilitators rotate between the sections. Each facilitator is a news junkie and has led discussions many times, and each brings his own distinctive style and background to the class, and, most important, each will encourage a wide selection of views from class members. • Facilitated Discussion

HENRY BLINDER served as city attorney for the City of Durham for many years prior to retirement. He is a past president of the North Carolina Association of Municipal Attorneys and a former deputy attorney general for the State of New Jersey. He has a JD degree from Duke University Law School and has lived in Durham for more than 30 years.

DEAN BLOCK has served in municipal government in three cities, as a budget director, a deputy city manager, and a public works director, prior to retirement. He began his career as an officer in the US Navy. Dean holds a master’s degree and has lived in the Triangle since 2009.

RICHARD ELLMAN is a retired New York CPA who moved to Durham more than 10 years ago. He has been an OLLI member for that entire time, serving as the treasurer, a board member, and then the president. He considers himself a news junkie.

DOUG LONGMAN has taught several courses at OLLI on international political economy, public policy, and economics. He holds a doctorate in business administration from the University of Chicago, and he has taught there and at UNC–Chapel Hill and the University of Texas.

RIC SHEPHERD, originally from the Boston area, has been a CPA for more than 30 years. Since 1988 he has lived and practiced in the Triangle area. Rich’s specialty is financial consulting to businesses, and he teaches at Wake Tech Community College.

Please note: There are two sections of this course open for enrollment. When registering online, enter the four-digit Course ID (0393) into the course search. You will then need to choose between the two sections. If registering by paper, write the preferred section on the line.

Section 1: 10 Wednesdays, September 13–November 29, 11:00am–12:30pm, Judea Reform Education Building. Maximum: 35. Fee: $90. Course ID: 0393-047.

Section 2: 10 Thursdays, September 14–November 30 (please see notice below), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 35. Fee: $90. Course ID: 0393-048.

BALLET SMORGASBORD: A Mixed Bill of Ballet, Tap, and Other Thoughts on Dance

In this course, we will watch all kinds of videos, many of which can’t be classified but which the instructor has always wanted to share. We will watch a variety of ballets—some snippets, some full-length. We will see some clips that are ballet-related (Gene Kelly), some documentaries, and some complete ballets that the instructor has shown only portions of before. This course will stimulate lots of discussions for those interested in dance. • Lecture (plus Questions); Facilitated Discussion; Viewing Videos

Over the past 20 years, BETSY BULLEN has taught a variety of courses about the ballet. She studied in New York City, volunteered for the American Ballet Theater, and currently works as a volunteer for Carolina Ballet. 10 Thursdays, September 14–November 30, 11:00am–1:00pm (please see notice below), Judea Reform Education Building. Maximum: 20. Fee: $90. Course ID: 2404.

In celebration of Rosh Hashanah, there will be no classes at Judea Reform Education Building from 4:00pm Wednesday, September 20, through Thursday, September 21. Check with your instructor to see if your course will be shortened or if a makeup class will be scheduled. Classes will go on as scheduled at The Bishop’s House and off campus.
NATURE IN PEN & INK WITH COLOR
Using a variety of pen-and-ink techniques to represent natural objects, students will explore ways to express their illustration talents. Color will be added to the black-and-white images. Subject matter will range from feathers to flowers, using crow quill and nib pens to Rapidograph and Micron technical pens, while color will be added with inks and watercolors, all done on watercolor paper. ■ Hands-On Activity

Required supplies:
- Micron pen 05 (about $7.00)
- India ink (under $5.00)
- Crow quill pen (under $2.50)
- Arches 140# hot press watercolor paper (comes in a variety of sizes and presentations)

After many years at the North Carolina Botanical Garden, DOT WILBUR-BROOKS enjoys teaching botanical nature and art for OLLI.

10 Thursdays, September 14–November 30, 11:00am–1:00pm (please see notice below), Judea Reform Education Building. Maximum: 12. Fee: $90. Course ID: 2424.

HARP ENSEMBLE II
The harp journey continues! This course is designed to build on the foundational harp techniques introduced in the Harp Ensemble I class. With the repertoire focused on the Holiday Harps concert in December, students will master harp pedagogy, explore music memory techniques, and learn practice techniques. Repertoire for the concert will feature the music of cultures from around the world. This course will be ideal for students who have played the harp, piano, or any other instrument before and are comfortable reading bass and treble clef. The Holiday Harps concert will be performed at two locations TBA. ■ Lecture (plus Questions); Facilitated Discussion; Hands-On Activity

Please note: Students will need to rent a harp. The rental fee for the Fall term is $75 and covers the harp, a carrying case, and a tuning wrench. Please bring to the first class a check made out to “The Harp Studio.” Students will also need to bring a folding music stand.

WINIFRED GARRETT is a graduate of UNCSA and the Manhattan School of Music. The principal harpist for the Fayetteville Symphony, she is also the “Harpist in Residence” of the Hayti Heritage Center, the founder and artistic director of “The Harp Studio,” and a harp instructor for NC State University, the Durham Arts Council, and the Cary School of Music.

10 Thursdays, September 14–November 30 (please see notice below left), 11:00am–12:30pm, Judea Reform Education Building. Maximum: 15. Fee: $90. Course ID: 2406.

INRODUCTION TO DIGITAL PHOTOGRAPHY
This course will provide new or beginning photographers with a broad introduction to digital photography. We will discuss how digital cameras work, the advantages/disadvantages of various megapixel levels in cameras, and the way these cameras store images. This introduction will cover the basics of photography (exposure, composition, and depth of field) and how those concepts relate to the digital imaging we do today. Natural light versus flash photos, exporting of images for social media, how to assure images are “sharp,” and how to do basic editing will also be covered in a hands-on, participatory style. ■ Lecture (plus Questions); Hands-On Activity

Required: A digital camera and at least one storage card that works with the camera. Not required but nice to have, is a computer or tablet device to which you can transfer your images.


TOM BENSON is a local photographer with more than 30 years of experience in a number of disciplines. Now focusing primarily on wildlife and nature photos, he enjoys sharing his images of North Carolina. He also believes firmly that camera choice and equipment are not the answer to better pictures, insisting that “it ain’t the camera” that makes a great image.

JUSTICE

We all see injustice in convicting a person of some crime he didn’t commit or in giving stiffer sentences to people of color. Some people think justice demands a flat tax rate, others that the rate should be progressive. But though people have opinions about “justice” and “injustice,” they often find it challenging to say how those ideas are grounded. This class will explore what philosophers through the ages have written about justice. We will begin with the two most prominent contemporary philosophers on justice, Robert Nozick (whom most conservatives will like) and John Rawls (hero to the liberals). Then we will dip back into history to see how our current ideas evolved. We’ll read some ancient accounts (Plato and Aristotle), one from the Middle Ages (Aquinas), and several from modern times (Leibniz, Hume, Kant, Mill, and Marx). This will be largely a discussion course, so join up if you like challenging reading and scintillating conversation. 

Facilitated Discussion

Required text:


RICHARD PRUST taught philosophy at St. Andrews University for many years, having retired a few years ago to settle down to write, read, and teach at OLLI. His chief interest is in issues about personal identity and how we deal with identity in moral and legal reasoning. He is an active member of the International Conference on Persons.

10 Thursdays, September 14–November 30, 11:00am–12:30pm, Carol Woods Retirement Community, 750 Weaver Dairy Rd, Chapel Hill. Maximum: 15. Fee: $90. Course ID: 2413.

LE XVIIe SIÈCLE EN FRANCE

This course is geared to students with an intermediate-high-level knowledge of French. It will give an outline of important dates in the period and present key figures, such as cardinals Richelieu and Mazarin and Kings Louis XIII and Louis XIV. The absolute monarchy of divine right, a weak nobility, the rise of the bourgeoisie, and the suppression of the Huguenots will be studied. France serves as the model for Europe, and literature, art, and music will serve to illustrate the ideas and beliefs of the century.

Students will be invited to present a historical figure of their choice: a king, a queen, a king’s mistress, a bourgeois, a peasant, a writer, an artist, and so on, and tell us what they imagine their thoughts, fears, and hopes were at the time. 

Lecture (plus Questions); Facilitated Discussion; Listening to Music or Other Audio; Viewing Videos

CLAIRE DAVIDSHOFER, a native of France, has lived in Africa, France, England, and Maine. She has an MA in English and American literature from L’Université d’Aix-en-Provence. Her experience includes teaching high school, adult education, and college French, as well as translating and interpreting. She lives in Durham and teaches French online courses for the University of Maine at Presque Isle.


THE EVOLUTION OF MUSIC 101:
A Broad Overview of Classical Music from Chant to What’s Cooking Now

This course will involve a lot of listening as we trapse through the development of classical music and observe how music evolves from modal scales to enriched melody to counterpoint to harmony to dissonance (dis-harmony). The role of rhythm and the importance of form will be considered. We will explore musical periods from Plainsong to Renaissance to Baroque to Classical to Romantic to Modern and to whatever comes next. We will hear music by the great masters and by obscure artists, who, though seldom heard, are brilliant nonetheless. This course offers the pleasure of great music as well as the keys to its sometimes hidden deeper treasures.

Lecture (plus Questions); Facilitated Discussion; Listening to Music or Other Audio; Viewing Videos

KEN HOOVER has been involved in classical music ever since he heard the NBC Symphony Orchestra conducted by Toscanini, in 1950. He has been a church choir director and a classical music radio host (WCPE); he has sung in community choruses and currently reviews classical music concerts for CVNC. He has taught at OLLI for ten years and is the president of the Triangle Wagner Society.

TALKING BACK TO EMPIRE: Postcolonial Fiction and Poetry from Africa, Latin America, and the Black Atlantic

Readings and discussions of literature from post-colonial Africa and the Black Atlantic, with excursions into contemporaneous projects of writers from Latin America, beginning with two foundational, thematic pieces: Joseph Conrad’s “An Outpost of Progress,” and Albert Memmi’s The Colonizer and the Colonized. We will be reading short novels and poetry, as per the syllabus. With some modifications as needed, readings and discussions are designed to occur within two class meetings per title. Students will need to purchase the texts, unless specified otherwise by the instructor. This course intends to be a book club for committed readers who are curious about world literature. The only requirements are to read and to share your questions and insights with all of us.

Required texts:

Please note: Hard copies of selections from the poetry of Neruda and Zurita will be furnished as PDFs by the instructor and downloadable by students.

MARIA ROUPHAIL, PhD, is Emerita Senior Lecturer and a writer. Recently retired from the faculty of the English Department at NC State University, she taught courses in world literature (with emphases on Latin America and Africa) and served as academic advisor to the literature major. She is also a published poet, with two books of verse, and is currently working on a third collection.

In celebration of Rosh Hashanah, there will be no classes at Judea Reform Education Building from 4:00pm Wednesday, September 20, through Thursday, September 21. Check with your instructor to see if your course will be shortened or if a makeup class will be scheduled. Classes will go on as scheduled at The Bishop’s House and off campus.
10 Thursdays, September 14–November 30 (please see notice on page 54), 1:30–3:00pm, Judea Reform Education Building, plus local field trips. Maximum: 60. Fee: $90. **Course ID: 2361.**

**MAGIC TRICKS FOR GRANDPARENTS: Impress Your Grandkids**

In this course, you will learn tricks to impress the children in your life, including tricks with cards, ropes, coin, and even mind-reading. The skills are not technically difficult, and you will learn how to make some of the materials needed for the tricks. The instruction will include a performance and how-to-do-it learning, and you will have a chance to try out the tricks on your fellow students. Come prepared to have fun. **Lecture (plus Questions); Hands-On Activity; Viewing Videos**

**Please note:** There will be a $30 fee to cover the cost of magic tricks and materials. Please bring the exact amount to the first class; refunds are at the discretion of the instructor.

LEE WERLEY has performed numerous magic shows in the area, including at hospital and schools and for scouts and children's parties.

8 Thursdays, September 28–November 30, 1:30–3:00pm, Judea Reform Education Building. Maximum: 10. Fee: $90. **Course ID: 1750.**

**CHESS FOR SENIORS**

Exercise your mind while having fun with this ancient game. The element of competition will be removed during classtime as we examine openings and strategy. Discovery—not lecture or demonstration—provides the best teaching of chess, and this is what we will strive to achieve. Guest speakers will contribute knowledge of the game and provide a wealth of opportunities to play locally. Should you wish, you can stay extra time to engage in competitive play or just observe. Play and study outside of this program is encouraged, but nothing is mandated—except for joy. A general knowledge of how to play chess is expected, though expertise is not. **Facilitated Discussion; Hands-On Activity; Viewing Videos**

**Please note:** After the 90-minute class, time will be available for optional play.

ROSALYN B. KATZ used her expertise in instructional design to develop this 10-lesson course designed specifically for seniors in the Triangle. A devoted chess competitor and enthusiast for many years, Roz's writing includes “Start Playing Chess Today,” “Play Better Chess Today,” “Mensa Chess,” “Chess in the Classroom,” and the cartoon “Zaria,” about an eight-year-old chess player.

CHARLES J. POLE is an expert chess player who actively competes in local clubs. His passions include games of all kinds, military history, Napoleon, and Alexander the Great. Charles will generously critique games played by participants during free play.

8 Thursdays, September 14–November 30, 1:30–4:30pm (please note dates and times; no class Sept. 21 and Oct. 5), Judea Reform Education Building. Maximum: 10. Fee: $80. **Course ID: 2388.**

**THRIVE IN YOUR “THIRD ACT”: Develop your Passion, Embrace a New Purpose**

Midlife marks the beginning of what is known as the “third age.” The instructor of this course likes to refer to it as the “the third act.” It is an emerging life stage, ranging from ages 50 to 75, made possible by our longer life expectancy. In essence, it is a life bonus of 30+ years. Delve into some exciting methods for creating a lifestyle of profound change, full of rich possibilities and potential. This course offers fresh, vibrant perspectives and interactive techniques to guide you to realizing your hopes and confronting aging maladies as you journey through your own “third act.” **Lecture (plus Questions); Facilitated Discussion; Exercise or Dance; Listening to Music or Other Audio**

**Please note:** Participants should wear comfortable clothes for some Zumba Gold, Latin, and international dance rhythms designed for the active older adult, the beginner participant, and other special populations that may need modifications for success. Call 919-391-8049 to discuss any concerns you might have about your ability to participate.

GRACE MCCALL is a board-certified, traditional naturopath/doctor of naturopathy (ND), with a BA in sociology and an MS in business/healthcare management. As a colon cancer and stroke survivor, she focuses on women's health in her holistic health practice, Grace Holistic Solutions, in Chapel Hill. She is an adjunct professor and a certified Zumba Gold instructor for seniors and special populations.

10 Thursdays, September 14–November 30 (please see notice on page 54), 1:30–3:00pm, Judea Reform Education Building. Maximum: 15. Fee: $90. **Course ID: 2391.**
NEW HORIZONS BANDS

Concert Band: Where can one expect to play music written by such greats as Gershwin, Sousa, Beethoven, and even The Jersey Boys? Look no farther than the New Horizons Concert Band directed by Jeff Zentner. In true band fashion, a variety of interesting and fun music is the play list for this band comprised of musicians aged 50 and up.

All skill levels are welcome, and musicians range in ability from accomplished to beginning. Even if one has never played before, our mentoring system allows for their integration into the band in a comfortable and sensitive way. Because of the variety of music, the easy pieces allow the newer players to play with ease, and the harder pieces satisfy the more advanced players. The band is comprised of more than 75 musicians, and all instruments normally found in a concert band are represented.

The New Horizons Band is part of the New Horizons International Music Association, which includes more than two hundred bands in the US and Canada as well as eight international bands. It is designed to encourage seniors to learn to play an instrument, to welcome back those who may not have played in a long time, and to engage those who may have played all their lives. Its philosophy is one that is accepting of each player’s level of accomplishment in a noncompetitive and enjoyable atmosphere.

Contra Band: The Contra Band is for beginners, players who are starting back or players who want to learn another instrument. This is a fine opportunity for beginners to learn basic skills and experienced player to get back in shape. This band also offers members of the Concert Band an opportunity to get an extra day of rehearsal. Directors will be Donna Goldstein and Al Silverman.

Swing Band: The New Horizons Band umbrella also includes a swing band, which plays many of the war-time songs by such iconic musicians as Glenn Miller and Tommy Dorsey. Its repertoire also includes newer jazz and pop pieces suitable for dancing or just listening. This band demands a higher level of musical ability, and participation must be approved by the director.

Dixie Dukes: In the same fashion, The Dixie Dukes is an additional band playing New Orleans–style Dixieland music. This small band is comprised of one instrument per part and plays scored music that features individual soloists. Participation requires director approval.

Requirements: Members of Swing Band and the Dixie Dukes must be members of the New Horizons Concert Band. In some cases where certain instrumentation is required in the swing or Dixie but not in the concert band, the policy may be waived at the discretion of the director.

Participation in any of the bands requires you to be a paid member ($35 annual dues) of OLLI at Duke for the current year, in addition to band fees.

Rehearsals & Cost:

Concert Band: 10 Thursdays, September 14–November 30, 3:30–5:30pm. Durham Academy Middle School. Fee: $60. Course ID: 0455.


Swing Band and/or Dixie Dukes: 10 Wednesdays, September 13–November 29. Swing Band, 3:30–5:00pm; Dixie Dukes, 5:00–6:30pm. Durham Academy Middle School. Fee: $40 for either or both, in addition to the $60 Concert Band fee. Course ID: 0436.

All rehearsals are held at Durham Academy Middle School Campus, Band Room #307, 3116 Academy Road, Durham. (There is ample parking after 3:15pm when parents have picked up students from school.) For further information, contact the director.

JEFFERY ZENTNER manages all of the New Horizons bands, not only directing the bands but organizing rehearsals and concerts, selecting music, and generally keeping things running smoothly. His musical talent, charisma, and organizational skills define this successful band program. Having learned to play the trumpet at age six, Jeff went on to attend college at SUNY Fredonia, majoring in music education, and later attended Ithaca College School of Music, with a master’s in trumpet performance. He has been teaching band for thirty-nine years, with the past eighteen of those years at Durham Academy Middle School. 919-489-9118 x 4342 or Jeff.zentner@da.org.
IF YOU CAN WALK, YOU CAN DANCE: Endless Duet with Space

As sure as we can walk, we will dance to celebrate special occasions and to just have fun in this dance/exercise class. Beginning with ballet barre (great for improving posture and balance and increasing core strength and flexibility), we will relevé, plié, and twirl our bodies from head to toe. Next, we will go to the dance floor, where each week we will move to a different beat, song, and style. We will end each class on the floor, for exercises designed to relax, rejuvenate, and revitalize our spirits (these exercises can be done in a chair, if you choose). No prior dance experience is necessary, just the willingness to explore the exciting and challenging ways we can move our bodies. ▪ Exercise or Dance

SUE WARTELL has been in love with dance and movement of all kinds since she was a four-year-old ballerina/tomboy. She has a BS in physical education, an MS in elementary education, and an MA in health education. She has taught PE/health and elementary school for more than 30 years and is currently a mat/equipment instructor and personal trainer.

10 Thursdays, September 14–November 30, 2:00–3:30pm (please note times), Carolina Dance, 3101 Guess Rd, #E, Durham. Maximum: 20. Fee: $90. Course ID: 0442.

WRITING CHICKEN SOUP FOR THE SOUL

In this course, students will learn how to compose a story that evokes an emotion in the reader. Chicken Soup for the Soul publishes nonfiction stories that are inspirational—as well as frequently poignant, often humorous, and sometimes thoughtful. Mastering this style of conversational writing benefits students because they can submit their Chicken Soup—like tales to other venues besides this anthology, like magazines and e-zines, that want personal essays. In each session, students will write or edit their 300-word creative nonfiction pieces on an assigned theme. We’ll discuss what works and what doesn’t in each student’s story. We’ll become writers, not just oral storytellers. ▪ Writing

ERIKA HOFFMAN taught high school English for 10 years. Her degrees are from Duke University. In 2009, she began writing with the goal of publication, and to date she has been published more than 280 times. Her stories have appeared in 13 Chicken Soup for the Soul anthologies. Her nonfiction has been published in magazines, e-zines, newspapers, and other compilations of essays.

Please note: There are two sections of this course open for enrollment. When registering online, enter the four-digit Course ID (2445) into the course search. You will then need to choose between the two sections. If registering by paper, write the preferred section on the line.


BOOK CULTURE IN EUROPEAN HISTORY: From Cuneiform to Gutenberg

From clay tablets, the scroll, moveable type, and mechanized printing, this course will follow changes in European book culture from 1500 BCE to 1575 CE. We’ll study such transitions as the move from oral to written culture, how the codex replaced the scroll, and what role the book played when literacy was limited. Artists’ portrayals of books will reveal cultural attitudes. Students will do Internet searches outside of class and bring images to discuss, and we will visit the Rubenstein Rare Book and Manuscript Library on Duke’s West Campus. Our path will go from northern Africa and the Middle East to Irish illuminated manuscripts, Charlemagne, and the rise of European universities. We’ll talk about the impact of the “Gutenberg revolution” on European political and religious history. Reading lists will be available, but outside work won’t be essential to this course. By the conclusion of the 10 class sessions, we hope to have gained perspective on ways electronic book formats are affecting contemporary society. ▪ Lecture (plus Questions); Facilitated Discussion; Viewing Videos; Field Trip(s)

Recommended texts:
BARBARA WILLIAMS ELLERTSON produced and designed hundreds of books in her four decades of work in publishing. Now on her second career as an independent researcher, she co-founded in 2013 the BASIRA Project: Books as Symbols in Renaissance Art. Having earned a BA from Duke University, with a double major in history and religion, long ago, she’s been reading and writing intensively about book history for the past four years.


ENGLAND’S TREASURE HOUSE: Chatsworth

You’ve seen it in film and television, you know you’ve seen it, but do you know the secrets held within the walls and grounds of this stateliest of England’s stately homes? In this course, we will learn about the architecture of Chatsworth from its beginnings in the 16th century, with the notorious social climber Bess of Hardwick. We’ll read the gossip of the house’s ménage à trois and the plans of England’s most prolific garden designer, Capability (such a delightful name) Brown. We will enjoy a social and architectural exploration of the home of the Dukes and Duchesses of Devonshire. This special two-hour course will highlight artwork inside the home, hidden political messaging in the house’s framework, and the fame associated with the home from tsars of Russia to the Kennedy family. Whether you’re a military buff or a master gardener or have an interest in traveling England’s countryside, there’s something grand in this course for everyone. ■ Lecture (plus Questions); Viewing Videos

With a classical education in studio art and interior design, as well as a master’s degree in architectural history, ALVA HORTON owns and operates Gingham Creative, a marketing firm dedicated to promoting the building, design, and historic preservation sectors in both the US and the UK.

1 Thursdays October 5, 6:30–8:30pm (please note date and times), The Bishop’s House. Maximum: 20. Fee: $10. Course ID: 2354.
DOWN HOMES: More Varieties of the Southern Experience

While it is self-contained, this course is also a continuation from the Winter 2017 course of the same title. It continues an exploration of various aspects of the American South and the “Souths” within it, expanding on some themes from the earlier classes and introducing some not brought up before. The roots of Southern Conservatism(s) and the civil rights movement, blues and basketball, Low Country and High Country, ladies and gentlemen, and literature all figure into this survey of Southern cultures past, present, and (maybe) passing away, along with the question of whether the South itself is all that Southern anymore. It’s by no means necessary to have taken the Winter course to have some fun with this autumnal sequel. = Lecture (plus Questions); Listening to Music or Other Audio; Viewing Videos; Field Trip(s)

Recommended texts:

Southern born and bred, JIM WISE worked 34 years at Durham newspapers, with a particular interest in local history, and holds a master’s degree in folklore from UNC–Chapel Hill. He has taught OLLI classes on regional history since 1999 and is author of several books of local lore, including *On Sherman’s Trail: The Civil War’s North Carolina Climax* and *Durham Tales*.


THE PLAYS OF TENNESSEE WILLIAMS: Sex, Subjectivity, and the South from *The Glass Menagerie* to *A House Not Meant to Stand*

Widely hailed as one of the greatest American dramatists of the 20th century, Tennessee Williams (1911–1983) wrote rich, intensely poetic, and brutally honest plays. *The Glass Menagerie, A Streetcar Named Desire*, and *Cat on a Hot Tin Roof* marked watersheds in the theatrical representation of the lives of ordinary men and women. In this course, we will read one play per week, spanning the entirety of Williams’ career, beginning with *Glass Menagerie* and ending with the last play produced in his lifetime, *A House Not Meant to Stand*. While literary, cultural, historical, and biographical contexts will be discussed, class discussions will focus on the themes that best characterize Williams’ plays: sex (love, desire, and the relations between men and woman), subjectivity (the interior, frequently lyrical imagination of the unconscious mind), and the South (the primary setting, both utopian and dystopian, haunting Williams then and us now). = Lecture (plus Questions), Facilitated Discussion

Required texts:

CHARLES JOSEPH DEL DOTTO received his undergraduate education at Princeton University and completed a PhD in English at Duke University, specializing in Renaissance drama and modern/contemporary drama. He has been teaching courses with OLLI continuously since 2014.


SEASONS AT THE FARM: Plein Air Art at the Farm

As late summer transitions to fall, the view and jobs around the farm continue to change, adapting to the shifting sunrise and sunset, falling temperatures, and bird migration. Join us at the farm and be surrounded by all the season has to offer as you fellowship and learn. In this session, the second of three programs, enjoy the changing light and the effects

NO regular OLLI CLASSES during OLLI’s Fall Break, October 23–27, or Thanksgiving week, November 20–24
of light on color when outdoors. Artists and enthusiasts are invited to sketch, paint, write, or photograph. All levels are welcome for an exploration of art and agriculture at the Duke Campus Farm. (See also page 8 and below.)

Hands-On Activity

Please note: There will be a $20 fee per student to cover a donation to the farm and art supplies. The instructor will provide drawing supplies, watercolors, pastels, papers, acrylic paints with small canvases, and a brush selection. Artists who paint with oils and acrylics will need to bring their own supplies.

A 2016 TEDx Speaker, CATHERINE CROSS TSINTZOS has spent a lifetime in the arts as a practicing artist and educator. She was awarded three artist residencies to work on her recently completed five-year project on art and agriculture, with exhibits and lectures at Salem College and Cameron Art Museum in North Carolina, and, to continue her work, she has received a 2017 artist residency to develop art and agriculture intersections.

1 Friday, September 15, 9:00am–12:00pm (please note date and times), Duke Campus Farm, 4934 Friends School Rd, Durham. Maximum: 20. Fee: $20. Course ID: 2426.

SEASONS AT THE FARM:
Celebrate the Autumn Equinox

As late summer transitions to fall, the view and jobs around the farm continue to change, adapting to the shifting sunrise and sunset, falling temperatures, and bird migration. Join us at the farm and be surrounded by all the season has to offer as you fellowship and learn. In this session, the third of three programs, it’s time to celebrate the end of summer and the Autumn Equinox by dyeing with indigo and a few other natural plant dyes in fall colors. Check out the indigo growing at the farm and learn how a vat is created using the plant. Bring your own small quantity of pre-washed 100% cotton, linen, hemp, or silk (no protein fibers, please) and create four luncheon napkins. Pack a lunch or snacks; water and warm water for tea will be available. (See also pages 8 & 59.)

Please note: There will be a $30 fee per student to cover a donation to the farm and the dyeing supplies and materials. Students should bring their own small quantity of prewashed 100% cotton, linen, hemp, or silk (no protein fibers, please).

A 2016 TEDx Speaker, CATHERINE CROSS TSINTZOS has spent a lifetime in the arts as a practicing artist and educator. She was awarded three artist residencies to work on her recently completed five-year project on art and agriculture, with exhibits and lectures at Salem College and Cameron Art Museum in North Carolina, and, to continue her work, she has received a 2017 artist residency to develop art and agriculture intersections.

1 Friday, September 22, 10:00am–2:00pm (please note date and times), Duke Campus Farm, 4934 Friends School Rd, Durham. Maximum: 20. Fee: $20. Course ID: 2419.

THE SOUND OF MUSIC:
American Style

From the beginning of recorded time, music has been a master influence on the hearts, minds, identities, and attitudes of all humanity. American music has served as the taproot of our culture. It speaks to who we are and serves as a signature for those outside our American culture. However, we must understand that “American” music is a product of music from around the world, and what we claim today as “American” music is the intertwining of music genes that were formed thousands of years before America’s founding in 1607. This course examines the age-old influences of contemporary music as it has guided our culture over the past four hundred years. We will first explore music that was brought to our shores, then examine that music as it was flavored and reflavored into what we hear today. The course will feature music via audio/video, lectures, and guest performers. Class members are invited to share their talents, if they wish.

Lecture (plus Questions); Listening to Music or Other Audio; Viewing Videos

BILLY YEARGIN has taught OLLI courses since 1995. He studied religion and literature at UNC and earned a master’s from Duke University. He served as headmaster/president of Oak Ridge Military Academy in North Carolina, as well as staff advisor to US Senator Robert Morgan, NC Governor Jim Hunt, and NC Attorney General Rufus Edmisten.


Registration opens at 9:00am on August 8

www.learnmore.duke.edu
USING THE 12-STEP PROGRAM AS A WAY OF LIFE

Millions of people throughout the world now rely on the 12-Step Program approach to recover from alcoholism, drug addiction, compulsive overeating, and other problems. This course discussing the 12 steps as a way of life will describe the origination of the steps and the consequent development and application of this spiritually based program for overcoming many personal and societal problems. This course will ask students to study brief descriptions of each of the steps and participate in class discussions to understand each step's content and intention. ■ Lecture (plus Questions); Facilitated Discussion; Viewing Videos

Required text:

Recommended text:

BILL RICKARD, MBA, MS, MA, spent nearly 30 years working for the US Government in Washington, DC, as an analyst, a manager, and a career development counselor. Since retiring in 1994, he has taught at several universities and pioneered the course “Right Livelihood in Recovery.”


THE “MIND WARS” DEBATE OVER THE SOURCE OF CONSCIOUSNESS

The prevailing opinion is that consciousness arises from the physical brain and ceases to exist when we die. This course presents a nonspiritual array of empirical and strong anecdotal evidence suggesting that such an assertion is either false or incomplete. By encouraging the suspension of disbelief in favor of critical examination of evidence, the instructor will lead students to arrive at their own opinions on the matter. Students are encouraged to discuss the material and are expected to read short abstracts or articles and view short videos before most classes. ■ Lecture (plus Questions); Facilitated Discussion; Viewing Videos; Filed Trip(s)

STEVE BARRELL’s fascination with paranormal phenomena began at age ten, when he learned his grandparents’ house was haunted. He is the director of Haunted North Carolina and a “ghost hunter” for Duke University’s Rhine Research Center, as well as an ordained minister, a hypnotherapist, and the curator of a 7,500-book library on the Nature of Man. Having graduated magna cum laude, he holds a fairly useless master’s degree in musicology from Duke.

BOOK GROUP
This informal group reading contemporary literature meets on the second Monday of every month at 3:15pm in The Bishop's House.

**September**  Story of a New Name by E. Ferrante
**October**   The Assassination of Margaret Thatcher by H. Mantel
**November** Just Mercy by B. Stevenson
**December** My Name Is Lucy Barton by E. Strout
Coordinator: Judy Grauer at judygrauer@gmail.com or 919-416-0755.

CRAFT GROUP
It's time to dig out that unfinished project from the back of the closet. Knitting, quilting, crocheting, sewing . . . whatever. All are welcome. We will meet every Monday at 3:15pm in The Bishop's House. For more information, contact Judy Grauer at judygrauer@gmail.com or 919-416-0755. See page 24 for the Fall Crafts Workshop.

INTERNATIONAL FOLK DANCE
Join us for a fun way to get exercise, both physical and mental, and improve your balance. The folk dances we practice are done in a line or circle (no partner is needed) and are low impact (not highly strenuous). Most of the dances originated in Eastern Europe. Our ongoing class meets on Tuesdays, 1:30–2:45pm, at Croasdaile Village Retirement Community. Newcomers are welcome at any time. There is no charge, but you will need to contact coordinator Judy Stafford at 919-383-7172 or judy.stafford@dm.duke.edu for more information.

LANGUAGE TABLES
La table française se réunit le mardi de midi à 13 heures dans l'atelier à “The Forest at Duke Retirement Center.” En ce moment, le groupe est complet, et il y a une liste d'attente. Si vous parlez français couramment et vous voulez que nous y mettions votre nom, envoyez un mail à Emily Lees (emilylees@bellsouth.net) ou à George Entenman (olli@entenman.net). Les résidents de la “Forest” qui parlent français sont toujours bienvenus. Nous sommes heureux aussi de répondre à vos questions. **Spanish Table** with Margaret Riley (mrileync@gmail.com) meets from 12:45–2:30pm on the third Friday of each month at local Hispanic-themed restaurants.

MAC COMPUTER USERS GROUP
Mac users will gather for Q&A and short presentations on topics of interest. The group will meet periodically at a day, time, and place to be announced. Coordinators: Mary Jo Fickle, fickle5@aol.com, and Susan Eure, asure@bellsouth.net.

RECORDEER GROUP
Bring your instrument and join the group, called the Baillie Branslers. All voice categories are welcome, and we are now welcoming viola di gamba players. It is led by Kay Bailey (kaybailey01@yahoo.com) and meets Fridays at 1:15pm at Carol Woods Retirement Community, 750 Weaver Dairy Rd, Chapel Hill.

RETIREMENT TRANSITION GROUP
This informal drop-in group is for all OLLI members who are going through transitions in retirement and perhaps experiencing some challenges. The group meetings will provide an opportunity to share concerns, offer ideas that have worked, share resources we are aware of, connect with other OLLI members who are going through the same experiences, and get ideas we can try on our own. People can drop in at any of the meetings. There is no charge. The group meets on the second Friday of the month, 3:15–4:45pm, at The Bishop's House. To learn more and to be put on a mailing list, contact Corinne Schillin at cschillin@yahoo.com or 919-537-8450.

SCIENCE BOOK CLUB
We read and discuss books of substance on topics ranging from biology, evolution, and the physical sciences to medicine, the environment, and biographies of famous scientists. You do not have to have a science degree to participate, and no registration is required. You must be an OLLI member to participate in this book club. The group usually meets the first Thursday of the month at 3:15pm at The Bishop's House. Coordinator: Dan Oldman, daniel.oldman@gmail.com or 919-544-2686.
OLLI BOARD OF ADVISORS
& ADMINISTRATION

OLLI at Duke is one of the programs under the auspices of Duke Continuing Studies and operating within Duke policies. Officers of the board of advisors of this membership organization are elected at the annual membership meeting, held at the end of the OLLI Winter term. Board members elected by the membership serve as advisors to OLLI staff. They operate under their own by-laws and meet as a board ten times a year. The president appoints committee chairpersons. Board members and countless other volunteers provide the experience and hard work that guide, enrich, and maintain the organization. We often need leaders and committee chairs. Please contact Garry Crites at 919-684-2703 to find out more about volunteer and leadership opportunities.

2017–2018 Officers (one-year elected term)
President: Ginny Knight
Vice-President: Margaret Riley
Past President: Gregg McPherson

Advisors at Large (three-year elected term)
To 2018: Mary Ellen Walkama, Margaret Riley
To 2019: Dick Chady, Alan Vaux

Committee Chairpersons (one-year appointed term)
Board Development: Gregg McPherson
Communications: Jackie Scott
Curriculum: Jonathan House
Instructor Relations: Mike Bahnaman
Membership: Margaret McKeon
Recording Secretary: Mike Bahnaman
Space: Eugene Brown

Staff
Director: Garry J. Crites
Assistant to the Director: Kathy Parrish
Representatives at Judea Reform Education Building:
    Susanna Chabinak-Uhlig, Jo Ann Dubberley,
    Beth Bowling

REGISTRATION

You can register online or by phone (with credit card) starting 9:00am on Tuesday, August 8, or by the traditional registration form (with check) starting August 7. See the insert for registration details.

www.learnmore.duke.edu

REFUND POLICY

If you want a refund for a course you will not attend, please request it from the OLLI office (919-681-3476) by the end of the first week of class (September 15). There is a $20 processing fee for each dropped course. Membership fees are not refundable.

SCHOLARSHIPS

We want OLLI at Duke courses to be available to all who wish to participate, so there are a limited number of need-based scholarships available. If you need financial help to attend OLLI classes, please contact Garry Crites at 919-684-2703. All requests are confidential.

ACCESS

Duke University encourages persons with disabili- ties to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call the OLLI office at 919-681-3476 in advance of your participation or visit.

DUKE PRIVILEGES

1. Permission to eat in the faculty dining area of the Market Place in the East Campus Union.

OLLI AT DUKE IS A COOPERATIVE VENTURE

Your suggestions for classes and activities are welcome and are necessary to maintain the vitality of our organization. If you are considering coordinating a class or activity, please contact Kathy Parrish, kathy.parrish@duke.edu or 919-681-3476.

We value your ideas!
# Fall 2017 OLLI Class Schedule

## Monday

**at Judea Reform**

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00</td>
<td>Introduction to Our Planet</td>
</tr>
<tr>
<td>9:30</td>
<td>Intro to Adobe Lightroom*</td>
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<tr>
<td>10:00</td>
<td>The Revolution &amp; Constitution*</td>
</tr>
<tr>
<td>10:30</td>
<td>The Other Revolution: Poetry with The Poetess *</td>
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<tr>
<td>11:00</td>
<td>Food for Life Kickstart*</td>
</tr>
<tr>
<td>11:30</td>
<td>Conversational Spanish</td>
</tr>
<tr>
<td>1:30</td>
<td>Easy WordPress Websites*</td>
</tr>
<tr>
<td>2:00</td>
<td>Improv Theater Game Workshop*</td>
</tr>
<tr>
<td>2:30</td>
<td>Improv Theater Basics*</td>
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<tr>
<td>3:15</td>
<td>The Healthy Aging Brain</td>
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<tr>
<td>3:45</td>
<td>Legacies of the Ballets Russes</td>
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<tr>
<td>4:15</td>
<td>Chinese Brush Painting</td>
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<tr>
<td>4:45</td>
<td>Introduction to Our Planet</td>
</tr>
<tr>
<td>5:15</td>
<td>The Other Revolution: Poetry with The Poetess *</td>
</tr>
<tr>
<td>5:45</td>
<td>HIV/AIDS: What We Laugh at &amp; Why</td>
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<tr>
<td>6:15</td>
<td>Veterinary Medicine</td>
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<tr>
<td>6:45</td>
<td>Japanese Aesthetics</td>
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<tr>
<td>7:15</td>
<td>Beginnings of the Modern Era</td>
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## Tuesday

**at Judea Reform**

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>9:00</td>
<td>Thirty Years without a Paycheck</td>
</tr>
<tr>
<td>9:30</td>
<td>Grandparent Math</td>
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<tr>
<td>10:00</td>
<td>How a Symphony Works</td>
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<tr>
<td>10:30</td>
<td>Knit a Warm Winter Hat*</td>
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<tr>
<td>11:00</td>
<td>Keeping Fit for Life*</td>
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<tr>
<td>11:30</td>
<td>Human Sexuality</td>
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<tr>
<td>1:30</td>
<td>How a Symphony Works</td>
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<tr>
<td>2:00</td>
<td>Sell &amp; Buy on the Internet*</td>
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<tr>
<td>2:30</td>
<td>Anti-Semitic Show Trials*</td>
</tr>
<tr>
<td>3:15</td>
<td>Nuclear Power: An Analysis*</td>
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<tr>
<td>3:45</td>
<td>The Revolution &amp; Constitution*</td>
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<tr>
<td>4:15</td>
<td>Humor: What We Laugh at &amp; Why</td>
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<tr>
<td>4:45</td>
<td>Veterinary Medicine</td>
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<tr>
<td>5:15</td>
<td>Japanese Aesthetics</td>
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<td>5:45</td>
<td>Beginnings of the Modern Era</td>
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## Wednesday

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>9:00</td>
<td>Woodrow Wilson</td>
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<tr>
<td>9:30</td>
<td>Practical Wisdom</td>
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<tr>
<td>10:00</td>
<td>Improv Theater Scenework*</td>
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<td>11:00</td>
<td>History of Surgery</td>
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<tr>
<td>11:30</td>
<td>Hand Embroidery for Beginners*</td>
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<td>11:30</td>
<td>American Art*</td>
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<tr>
<td>1:30</td>
<td>Watermedia Paint &amp; Collage*</td>
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<tr>
<td>2:00</td>
<td>Learn to Knit an Afghan*</td>
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<tr>
<td>2:30</td>
<td>From the New Deal to Trumpism*</td>
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<tr>
<td>3:15</td>
<td>Soviet State: Stalin–Gorbachev</td>
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<td>3:45</td>
<td>Matters of Life &amp; Death</td>
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<td>4:15</td>
<td>Roads to the Afterlife</td>
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<td>4:45</td>
<td>Understanding the Middle East</td>
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<tr>
<td>5:15</td>
<td>New Horizons Swing Band*</td>
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<tr>
<td>5:45</td>
<td>New Horizons Dixie Dukes*</td>
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<tr>
<td>6:15</td>
<td>New Horizons Chorus*</td>
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## OLLI at Night

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<tr>
<th>Time</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>9:00</td>
<td>Cyber-Security for Non-Techies*</td>
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<tr>
<td>9:30</td>
<td>American Constitutional Thought</td>
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<tr>
<td>10:00</td>
<td>Your History into Writing</td>
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## Sunday

- Food for Life Kickstart*
- Exploring Cinema*
<table>
<thead>
<tr>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>at Judea Reform</strong></td>
<td><strong>at Judea Reform</strong></td>
<td><strong>Read &amp; Discuss: Immigrant Experience</strong></td>
<td><strong>Southern Experience</strong></td>
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<tr>
<td>Life Stories</td>
<td>Risking Words</td>
<td>The Decline of Violence*</td>
<td>Plays of Tennessee Williams</td>
</tr>
<tr>
<td>Writing Workshop</td>
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<td>Technology—Just Imagine!*</td>
<td>Plein Air Art at the Farm*</td>
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<tr>
<td>Paired Readings of Lit &amp; Art</td>
<td></td>
<td>History of the 1930s</td>
<td>Celebrate the Autumn Equinox*</td>
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<tr>
<td>The Supreme Court</td>
<td>A New Perspective of Islam</td>
<td>The First Air War, 1914–1945</td>
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<tr>
<td>Modern</td>
<td>Sharing Pearls of Wisdom</td>
<td>Harp Ensemble I</td>
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<tr>
<td>German History</td>
<td>Intro to Digital Photography*</td>
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<tr>
<td>Intro to 3D Printing*</td>
<td>Justice*</td>
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<td>Change Your Age</td>
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<tr>
<td>Shakespeare’s King Lear</td>
<td>A New Perspective of Islam</td>
<td>Geometric Topology</td>
<td>Music: American Style</td>
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<tr>
<td>The World Today, Sec. 1</td>
<td>Sharing Pearls of Wisdom</td>
<td>Shakespeare’s Other Comedies</td>
<td>The 12-Step Way</td>
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<tr>
<td>Turkey: Between Two Worlds</td>
<td>Intro to Digital Photography*</td>
<td>The World Today, Sec. 2</td>
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<tr>
<td>Basic Drawing*</td>
<td>Justice*</td>
<td>Ballet</td>
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<tr>
<td>Photography, Beauty, Meaning*</td>
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<td>Smorgasbord</td>
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<td>Nature in Pen &amp; Ink with Color*</td>
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<td>Harp Ensemble II</td>
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<tr>
<td>Intermediate DSLR Photography*</td>
<td>Le XVIIe siècle en France</td>
<td>Postcolonial Fiction &amp; Poetry</td>
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<tr>
<td>How Our Brains Really Work</td>
<td>Evolution of Music 101</td>
<td>Threads of History</td>
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<tr>
<td>Coming of Age in the 1950s</td>
<td>Endless Duet with Space*</td>
<td>Magic Tricks for Grandparents</td>
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<td>Financial Fitness for Women</td>
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<td>Chess Refresh*</td>
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<td>Thrive in Your “Third Act”</td>
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<td>Guide to Local Jazz</td>
<td>Chicken Soup for the Soul* (Sec. 2)</td>
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<td>Art &amp; Women</td>
<td>Book Culture in European History</td>
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<td>Healthy Aging with Yoga</td>
<td>New Horizons Concert Band*</td>
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<td><strong>OLLI at NIGHT:</strong></td>
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<td>Chatsworth*</td>
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For classes marked by an asterisk, please read course descriptions carefully—the times, dates, and/or class locations do not follow the standard class schedule.

2017-2018 IMPORTANT DATES

**FALL 2017**
- **Tues, Aug 8**: Registration for Fall courses begins at 9:00am
- **Mon, Sept 11**: OLLI Fall classes begin
- **Wed, Sept 20 (after 4:00pm)** & **Thurs, Sept 21**: Rosh Hashanah—no classes at JRC
- **Sun, Sept 24**: 40th Anniversary Kickoff Celebration
- **Mon–Fri, Oct 23–27**: OLLI Fall Break—no classes
- **Mon–Fri, Nov 20–24**: Thanksgiving Break—no classes
- **Fri, Dec 1**: Last day for most OLLI Fall classes

**WINTER 2018**
- **Tues, Dec 5**: Registration for Winter courses begins at 9:00am
- **Mon, Jan 8**: OLLI Winter classes begin
- **Mon, Jan 15**: Martin Luther King Jr Day—no classes
- **Mon–Fri, Feb 19–23**: OLLI Winter Break—no classes
- **Mon, Mar 26**: Last day for most OLLI Winter classes

**SPRING 2018**
- **Thurs, Mar 29**: Registration for Spring courses begins at 9:00am
- **Mon, Apr 16**: OLLI Spring classes begin
- **Fri, May 25**: Last day for most OLLI Spring classes
FROM DURHAM:
The Bishop’s House (GPS: N. Buchanan Blvd. and Dacian Ave.) is on the edge of Duke’s East Campus, near the intersection of Markham and Buchanan. From Buchanan, enter the campus at the drive opposite Dacian Avenue, following the drive around until it ends at the white frame house marked “Continuing Studies: The Bishop’s House.”

FROM CHAPEL HILL & PITTSBORO ON 15-501:
As you approach Durham on 15-501 (Durham-Chapel Hill Blvd.), take the fork marked “15-501 North - To I-85” toward Duke University. Take Exit 108-B (the Durham Freeway, NC 147); then take Exit 14, marked Swift Avenue/East Campus. Turn left onto Swift and then right onto Main Street. Go to the second light and turn left onto Buchanan Blvd. Go 0.4 mile and turn left, opposite Dacian Avenue, into the campus. Follow the drive until you reach The Bishop’s House.

FROM RALEIGH ON I-40:
As you approach Durham, take exit 279-B (the Durham Freeway, NC 147) and exit at Chapel Hill Street. Turn right and go two blocks to Buchanan. Turn right onto Buchanan and go nearly 1 mile to Dacian Ave. At that intersection, turn left into the campus and follow the drive around to the right until you reach The Bishop’s House.

PARKING:
There are a limited number of parking spaces around The Bishop’s House, including three handicapped spaces. The OLLI parking permit should be kept on your dashboard. For the handicapped spaces, you need an official NC handicapped parking tag. DO NOT park in the lower lot that you pass through before reaching The Bishop’s House. Your permit is also valid for the East employee parking lot just inside the Trinity Avenue entrance to East Campus. You may only park in the sections where the signs “EAE Permit Required” or “EAE/RED Permit Required” are located, not where there is a “RED Zone Permit Required” sign. You may also park at Asbury United Methodist Church at the corner of Markham and Sedgefield, or for two hours on the streets adjacent to East Campus.

Under the Federal Campus Security Act (20 USC1092f), prospective students may obtain a copy of the University’s annual security report by visiting the Duke University Police Department at 502 Oregon St., Durham, NC, or by calling (919) 684-4602. This report includes campus crime statistics and the University’s safety and security policies.
Judea Reform Congregation, **1933 W. Cornwallis Road**, is conveniently located on the west side of Durham. For our students who come from Orange and Chatham counties, it is 6 miles and ten minutes closer than The Bishop’s House. OLLI at Duke contact number at JRC is 919-812-7160.

**FROM CHAPEL HILL & PITTSBORO ON 15-501:**
Take 15-501 North. Just past the La Quinta Inn on the left, 15-501 will split; take the right split onto 15-501 Bypass North. Take Exit 106 / Cornwallis Road and turn right onto Cornwallis. After the Western Bypass Service Road, take the third driveway on the right.

**FROM RALEIGH ON I-40:**
From I-40 West, take the Durham Freeway (Hwy. 147 North). Go about 10 miles to Exit 16-B / 15-501 South / Chapel Hill. Take 15-501 South to Exit 106 / Cornwallis Road. Turn left onto Cornwallis Road and go under 15-501. After the Western Bypass Service Road, take the third driveway on the right.

**FROM GREENSBORO:**
Take I-40 East (stay on I-40 after I-40 and I-85 split) to the exit for 15-501 / Chapel Hill. Turn left (north) onto 15-501. Continue as above “From Chapel Hill.”

**PARKING:**
If you sign up for a course that meets at Smith Warehouse, you will be issued a special Duke parking pass for the Smith Warehouse parking lot, accessed via Maxwell Avenue (see map at left), good for one semester only.

*Please note:* You will not be able to park at Smith if you leave the pass at home. Also, a lost parking pass will require a $30 replacement fee. Once your class finishes each day, you will need to vacate the lot to make room for OLLI members in the next class.
OSHER LIFELONG LEARNING INSTITUTE

Please join us Sunday, September 24, 2017

40th Convocation

2:00 Welcome  •  Ciompi Quartet

2:45 Keynote Speaker  •  Trinity Ballroom

Grant Llewellyn
Conductor, North Carolina Symphony

3:15 Reception  •  University Ballroom

Durham Hilton, 3800 Hillsborough Road, Durham

Cash Bar & Complimentary Hors d’oeuvres